

Andrew Williams

List of Publications by Year in descending order

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55
papers

2,676
citations

218381

26
h-index

189595

50
g-index

55
all docs

55
docs citations

55
times ranked

4109
citing authors

#	ARTICLE	IF	CITATIONS
1	Consumer-Based Wearable Activity Trackers Increase Physical Activity Participation: Systematic Review and Meta-Analysis. <i>JMIR MHealth and UHealth</i> , 2019, 7, e11819.	1.8	394
2	Moderate-intensity resistance exercise training in patients with chronic heart failure improves strength, endurance, heart rate variability, and forearm blood flow*1. <i>Journal of Cardiac Failure</i> , 2004, 10, 21-30.	0.7	191
3	Effect of Intradialytic Versus Home-Based Aerobic Exercise Training on Physical Function and Vascular Parameters in Hemodialysis Patients: A Randomized Pilot Study. <i>American Journal of Kidney Diseases</i> , 2010, 55, 88-99.	2.1	162
4	The Effect of Whey Isolate and Resistance Training on Strength, Body Composition, and Plasma Glutamine. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2006, 16, 494-509.	1.0	136
5	Skeletal muscle phenotype is associated with exercise tolerance in patients with peripheral arterial disease. <i>Journal of Vascular Surgery</i> , 2005, 41, 802-807.	0.6	124
6	Exercise & Sports Science Australia (ESSA) position statement on exercise and chronic kidney disease. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, 406-411.	0.6	111
7	Effects of Whey Isolate, Creatine, and Resistance Training on Muscle Hypertrophy. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, 298-307.	0.2	105
8	Defects in Mitochondrial ATP Synthesis in Dystrophin-Deficient Mdx Skeletal Muscles May Be Caused by Complex I Insufficiency. <i>PLoS ONE</i> , 2014, 9, e115763.	1.1	103
9	Creatine supplementation enhances muscle force recovery after eccentrically-induced muscle damage in healthy individuals. <i>Journal of the International Society of Sports Nutrition</i> , 2009, 6, 13.	1.7	78
10	Effects of Resistance- and Flexibility-Exercise Interventions on Balance and Related Measures in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2009, 17, 444-454.	0.5	76
11	The Effect of Ephedra and Caffeine on Maximal Strength and Power in Resistance-Trained Athletes. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 464-470.	1.0	71
12	Yoga management of breast cancer-related lymphoedema: a randomised controlled pilot-trial. <i>BMC Complementary and Alternative Medicine</i> , 2014, 14, 214.	3.7	66
13	The Effect of Aging on Skeletal-Muscle Recovery from Exercise: Possible Implications for Aging Athletes. <i>Journal of Aging and Physical Activity</i> , 2008, 16, 97-115.	0.5	64
14	The Effects of High-Intensity Interval Training in Well-Trained Rowers. <i>International Journal of Sports Physiology and Performance</i> , 2009, 4, 110-121.	1.1	64
15	The long-term benefits of a multi-component exercise intervention to balance and mobility in healthy older adults. <i>Archives of Gerontology and Geriatrics</i> , 2011, 52, 211-216.	1.4	63
16	Circuit Resistance Training in Chronic Heart Failure Improves Skeletal Muscle Mitochondrial ATP Production Rate—A Randomized Controlled Trial. <i>Journal of Cardiac Failure</i> , 2007, 13, 79-85.	0.7	60
17	Exercise & Sports Science Australia Position Statement on exercise training and chronic heart failure. <i>Journal of Science and Medicine in Sport</i> , 2010, 13, 288-294.	0.6	58
18	Reduced exercise tolerance in CHF may be related to factors other than impaired skeletal muscle oxidative capacity. <i>Journal of Cardiac Failure</i> , 2004, 10, 141-148.	0.7	57

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19	A Creatine-Protein-Carbohydrate Supplement Enhances Responses to Resistance Training. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, 1960-1968.	0.2	51
20	Exaggerated blood pressure response to early stages of exercise stress testing and presence of hypertension. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 1039-1042.	0.6	38
21	Postexercise Fat Oxidation: Effect of Exercise Duration, Intensity, and Modality. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2009, 19, 607-623.	1.0	37
22	Progressive resistance training might improve vascular function in older women but not in older men. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, 76-81.	0.6	33
23	Cardiac Rehabilitation for Patients With Coronary Artery Disease: A Practical Guide to Enhance Patient Outcomes Through Continuity of Care. <i>Clinical Medicine Insights: Cardiology</i> , 2017, 11, 117954681771002.	0.6	32
24	The Effects of Chronic Sodium Bicarbonate Ingestion and Interval Training in Highly Trained Rowers. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2013, 23, 40-47.	1.0	31
25	The effect of yoga on women with secondary arm lymphoedema from breast cancer treatment. <i>BMC Complementary and Alternative Medicine</i> , 2012, 12, 66.	3.7	30
26	Ghostman: Augmented Reality Application for Telerehabilitation and Remote Instruction of a Novel Motor Skill. <i>BioMed Research International</i> , 2014, 2014, 1-7.	0.9	30
27	Cardiovascular and metabolic effects of community based resistance training in an older population. <i>Journal of Science and Medicine in Sport</i> , 2011, 14, 331-337.	0.6	29
28	Serum [25(OH)D] status, ankle strength and activity show seasonal variation in older adults: relevance for winter falls in higher latitudes. <i>Age and Ageing</i> , 2013, 42, 181-185.	0.7	28
29	The Effects of Serial and Acute NaHCO ₃ Loading in Well-Trained Cyclists. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 2791-2797.	1.0	26
30	The effect of ongoing feedback on physical activity levels following an exercise intervention in older adults: a randomised controlled trial protocol. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2017, 9, 1.	0.7	26
31	The effects of yoga on shoulder and spinal actions for women with breast cancer-related lymphoedema of the arm: A randomised controlled pilot study. <i>BMC Complementary and Alternative Medicine</i> , 2016, 16, 343.	3.7	23
32	Intradialytic versus home based exercise training in hemodialysis patients: a randomised controlled trial. <i>BMC Nephrology</i> , 2009, 10, 2.	0.8	21
33	Exercise in CKD: Why Is It important and How Should It Be Delivered?. <i>American Journal of Kidney Diseases</i> , 2014, 64, 329-331.	2.1	21
34	Clinical Application of Forced Oscillation Technique (FOT) in Early Detection of Airway Changes in Smokers. <i>Journal of Clinical Medicine</i> , 2020, 9, 2778.	1.0	19
35	Reliability of Isokinetic Strength and Aerobic Power Testing for Patients With Chronic Heart Failure. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2002, 22, 282-289.	0.5	18
36	Accidental Fall Rates in Community-Dwelling Adults Compared to Cancer Survivors During and Post-Treatment: A Systematic Review With Meta-Analysis. <i>Oncology Nursing Forum</i> , 2016, 43, E64-E72.	0.5	18

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37	The combination of exercise training and Zataria multiflora supplementation increase serum irisin levels in postmenopausal women. <i>Integrative Medicine Research</i> , 2018, 7, 44-52.	0.7	18
38	Effects of Activity Tracker Use With Health Professional Support or Telephone Counseling on Maintenance of Physical Activity and Health Outcomes in Older Adults: Randomized Controlled Trial. <i>JMIR MHealth and UHealth</i> , 2021, 9, e18686.	1.8	18
39	Effect of 3 weeks of detraining on the resting metabolic rate and body composition of trained males. <i>European Journal of Clinical Nutrition</i> , 1999, 53, 126-133.	1.3	15
40	The Association between Seasonal Variation in Vitamin D, Postural Sway, and Falls Risk: An Observational Cohort Study. <i>Journal of Aging Research</i> , 2013, 2013, 1-6.	0.4	15
41	Yoga, breast cancer-related lymphoedema and well-being: A descriptive report of women's participation in a clinical trial. <i>Journal of Clinical Nursing</i> , 2017, 26, 4685-4695.	1.4	15
42	Novel approaches for the promotion of physical activity and exercise for prevention and management of type 2 diabetes. <i>European Journal of Clinical Nutrition</i> , 2017, 71, 858-864.	1.3	13
43	Exercise Professionals with Advanced Clinical Training Should be Afforded Greater Responsibility in Pre-Participation Exercise Screening: A New Collaborative Model between Exercise Professionals and Physicians. <i>Sports Medicine</i> , 2018, 48, 1293-1302.	3.1	13
44	Exercise in the Fight Against Thrombosis: Friend or Foe?. <i>Seminars in Thrombosis and Hemostasis</i> , 2009, 35, 261-268.	1.5	12
45	Circulating Adiponectin Concentration and Body Composition Are Altered in Response to High-Intensity Interval Training. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 2213-2218.	1.0	10
46	Effect of whole-body mild-cold exposure on arterial stiffness and central haemodynamics: a randomised, cross-over trial in healthy men and women. <i>European Journal of Applied Physiology</i> , 2013, 113, 1257-1269.	1.2	9
47	Evaluating the influence of different modes of administration of a pre-exercise screening tool. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, 94-98.	0.6	9
48	Practical application of the Sports Medicine Australia pre-exercise screening system. <i>Journal of Science and Medicine in Sport</i> , 2008, 11, 182-184.	0.6	8
49	Differential response to resistance training in CHF according to ACE genotype. <i>International Journal of Cardiology</i> , 2011, 149, 330-334.	0.8	8
50	Cycling Efficiency and Performance Following Short-Term Training Using Uncoupled Cranks. <i>International Journal of Sports Physiology and Performance</i> , 2009, 4, 18-28.	1.1	7
51	Ventilatory efficiency slope as a predictor of suitability for surgery in chronic obstructive pulmonary disease patients with lung cancer. <i>Annals of Translational Medicine</i> , 2016, 4, 296-296.	0.7	6
52	Exercise Causing Thrombosis. <i>Physician and Sportsmedicine</i> , 2009, 37, 124-130.	1.0	5
53	Exercise for preventing falls in people with cancer living in the community. <i>The Cochrane Library</i> , 2015, , .	1.5	1
54	Study protocol for a multicentre, controlled non-randomised trial: benefits of exercise physiology services for type 2 diabetes (BEST). <i>BMJ Open</i> , 2019, 9, e027610.	0.8	0

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55	Effect of lifestyle modifications on patients with chronic kidney disease. , 2015, , 824-829.		0