

# Brigitte Holzinger

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/184246/publications.pdf>

Version: 2024-02-01

56  
papers

1,833  
citations

516710

16  
h-index

361022

35  
g-index

68  
all docs

68  
docs citations

68  
times ranked

2367  
citing authors

#	ARTICLE	IF	CITATIONS
1	Dealing with sleep problems during home confinement due to the COVID-19 outbreak: Practical recommendations from a task force of the European CBT Academy. <i>Journal of Sleep Research</i> , 2020, 29, e13052.	3.2	688
2	Sleep and quality of life in the Austrian population. <i>Acta Neurologica Scandinavica</i> , 2000, 102, 249-257.	2.1	197
3	Insomnia, anxiety, and depression during the COVID-19 pandemic: an international collaborative study. <i>Sleep Medicine</i> , 2021, 87, 38-45.	1.6	177
4	The European Academy for Cognitive Behavioural Therapy for Insomnia: An initiative of the European Insomnia Network to promote implementation and dissemination of treatment. <i>Journal of Sleep Research</i> , 2020, 29, e12967.	3.2	138
5	Aetiology and treatment of nightmare disorder: State of the art and future perspectives. <i>Journal of Sleep Research</i> , 2019, 28, e12820.	3.2	119
6	Sleep and circadian problems during the coronavirus disease 2019 (COVID-19) pandemic: the International COVID-19 Sleep Study (ICOSS). <i>Journal of Sleep Research</i> , 2021, 30, e13206.	3.2	54
7	Psychophysiological correlates of lucid dreaming.. <i>Dreaming</i> , 2006, 16, 88-95.	0.5	50
8	Studies with lucid dreaming as add-on therapy to Gestalt therapy. <i>Acta Neurologica Scandinavica</i> , 2015, 131, 355-363.	2.1	50
9	Evening-types show highest increase of sleep and mental health problems during the COVID-19 pandemic – multinational study on 19 267 adults. <i>Sleep</i> , 2022, 45, .	1.1	42
10	Sleep and daytime problems during the COVID-19 pandemic and effects of coronavirus infection, confinement and financial suffering: a multinational survey using a harmonised questionnaire. <i>BMJ Open</i> , 2021, 11, e050672.	1.9	41
11	The association between high risk of sleep apnea, comorbidities, and risk of COVID-19: a population-based international harmonized study. <i>Sleep and Breathing</i> , 2021, 25, 849-860.	1.7	37
12	How our Dreams Changed During the COVID-19 Pandemic: Effects and Correlates of Dream Recall Frequency - a Multinational Study on 19,355 Adults. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 1573-1591.	2.7	30
13	Sleep habits and sleep complaints in Austria: current self-reported data on sleep behaviour, sleep disturbances and their treatment. <i>Acta Neurologica Scandinavica</i> , 2010, 122, 398-403.	2.1	28
14	Nightmares in People with COVID-19: Did Coronavirus Infect Our Dreams?. <i>Nature and Science of Sleep</i> , 2022, Volume 14, 93-108.	2.7	25
15	Social Jetlag Changes During the COVID-19 Pandemic as a Predictor of Insomnia – A Multi-National Survey Study. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 1711-1722.	2.7	21
16	Disturbances in sleep, circadian rhythms and daytime functioning in relation to coronavirus infection and Long COVID – A multinational ICOSS study. <i>Journal of Sleep Research</i> , 2022, 31, e13542.	3.2	21
17	Cognitions in Sleep: Lucid Dreaming as an Intervention for Nightmares in Patients With Posttraumatic Stress Disorder. <i>Frontiers in Psychology</i> , 2020, 11, 1826.	2.1	12
18	Self reported prevalence and treatment of sleep disorders in Austria.. <i>Journal of Epidemiology and Community Health</i> , 1995, 49, 645-646.	3.7	11

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19	Dreamâ€enactment behaviours during the <scp>COVID</scp>â€19 pandemic: an international <scp>COVID</scp>â€19 sleep study. Journal of Sleep Research, 2023, 32, .	3.2	10
20	Dream Content in Patients With Sleep Apnea: A Prospective Sleep Laboratory Study. Journal of Clinical Sleep Medicine, 2018, 14, 41-46.	2.6	9
21	COVID-19 lockdown â€“ Are Austrians finally able to compensate their sleep debt?. Sleep Medicine: X, 2021, 3, 100032.	1.5	9
22	Lucid Dreaming Brain Network Based on Tholeyâ€™s 7 Klartraum Criteria. Frontiers in Psychology, 2020, 11, 1885.	2.1	8
23	Lucid dreaming â€“ dreams of clarity. Contemporary Hypnosis, 2009, 26, 216-224.	0.7	7
24	Sleep Quality and Daytime Functioning in Older European Adults. European Psychologist, 2020, 25, 186-199.	3.1	7
25	Sleep coaching: non-pharmacological treatment of non-restorative sleep in Austrian railway shift workers. Arhiv Za Higijenu Rada I Toksikologiju, 2019, 70, 186-193.	0.7	6
26	Dream content analysis: methodological and theoretical approaches. Psychotherapie Forum, 2014, 19, 121-129.	0.0	5
27	The Dreamland: Validation of a Structured Dream Diary. Frontiers in Psychology, 2020, 11, 585702.	2.1	4
28	Albtraume. , 2020, , 339-348.		3
29	Dreams and nightmares during the pandemic. Somnologie, 2022, 26, 106-110.	1.5	3
30	Night today, day tomorrow: how irregular work shifts interfere with our psychological health. Chronobiology International, 2021, 38, 1-7.	2.0	2
31	Personality Traits and Insomnia Symptoms in Shift Workers. Frontiers in Psychology, 2021, 12, 689741.	2.1	2
32	Managing daytime sleepiness with the help of sleepcoaching, a non-pharmacological treatment of non-restorative sleep. Sleep and Breathing, 2020, 24, 253-258.	1.7	1
33	&lt;em>&gt;DreamSenseMemory&lt;/em>&lt;/em> - a Gestalt-based dream-work approach embracing all our senses. Research in Psychotherapy: Psychopathology, Process and Outcome, 2021, 24, 529.	0.8	1
34	Traum. Psychotherapie Forum, 2014, 19, 96-97.	0.0	0
35	Case Report: Why Sleep and Dream Related Psychological Treatments, Such as Sleepcoaching (According to Holzinger&KlÄ¶sch) and CBT-I Should Be Implemented in Treatment Concepts in the Public Health Systemâ€”Description of the Nightmare Treatment Process in the Context of PTSD. Frontiers in Psychology, 2021, 12, 733911.	2.1	0
36	Schlafbezogene AtmungsstÄ¶rungen und internistische Erkrankungen. , 2018, , 95-100.		0

#	ARTICLE	IF	CITATIONS
37	Die 4 Elemente des Schlafcoachings auf dem Boden von Gestalt. , 2018, , 127-130.		0
38	Was ist Schlaf?. , 2018, , 11-15.		0
39	Schlaf physiologisch betrachtet. , 2018, , 17-26.		0
40	Zirkadiane Schlaf-wach-Rhythmusstörungen. , 2018, , 81-94.		0
41	Medikamentöse und apparative Behandlungsansätze bei Schlafstörungen. , 2018, , 115-124.		0
42	Schlaf und Persönlichkeit. , 2018, , 153-159.		0
43	Entspannungstechniken und deren Anwendbarkeit bei Schlafstörungen. , 2018, , 189-196.		0
44	Schlafcoaching ist Gestaltcoaching. , 2018, , 135-139.		0
45	Wenn der Schlaf gestört ist. , 2018, , 53-60.		0
46	Schlaf und Sucht. , 2018, , 161-167.		0
47	Traumarbeit und Alptraubewältigung im Schlafcoaching. , 2018, , 205-213.		0
48	Ein- und Durchschlafhilfen. , 2018, , 197-203.		0
49	Kommunikation im Schlafcoaching. , 2018, , 141-145.		0
50	Kognitiv-behaviorale Behandlungskonzepte. , 2018, , 177-181.		0
51	Schlaf bei Kindern und Jugendlichen. , 2018, , 101-113.		0
52	Hypnose, Selbsthypnose und Autosuggestion. , 2018, , 183-187.		0
53	Schlaf " kulturelle Einflüsse. , 2018, , 3-9.		0
54	Schlaf psychologisch betrachtet. , 2018, , 27-38.		0

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55	Neurologische Schlafstörungen: Diagnostik und Therapie. , 2018, , 61-73.		0
56	Psychiatrische Schlafstörungen: Diagnostik und Therapie. , 2018, , 75-80.		0