

Carsten Wrosch

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1842458/publications.pdf>

Version: 2024-02-01

90
papers

7,180
citations

87723

38
h-index

58464

82
g-index

91
all docs

91
docs citations

91
times ranked

4914
citing authors

#	ARTICLE	IF	CITATIONS
1	A motivational theory of life-span development.. Psychological Review, 2010, 117, 32-60.	2.7	1,104
2	Adaptive Self-Regulation of Unattainable Goals: Goal Disengagement, Goal Reengagement, and Subjective Well-Being. Personality and Social Psychology Bulletin, 2003, 29, 1494-1508.	1.9	746
3	The Importance of Goal Disengagement in Adaptive Self-Regulation: When Giving Up is Beneficial. Self and Identity, 2003, 2, 1-20.	1.0	477
4	The Life Engagement Test: Assessing Purpose in Life. Journal of Behavioral Medicine, 2006, 29, 291-298.	1.1	359
5	Self-Regulation Processes and Health: The Importance of Optimism and Goal Adjustment. Journal of Personality, 2006, 74, 1721-1748.	1.8	288
6	Primary and secondary control strategies for managing health and financial stress across adulthood.. Psychology and Aging, 2000, 15, 387-399.	1.4	246
7	Personality and quality of life: the importance of optimism and goal adjustment. Quality of Life Research, 2003, 12, 59-72.	1.5	239
8	Giving Up on Unattainable Goals: Benefits for Health?. Personality and Social Psychology Bulletin, 2007, 33, 251-265.	1.9	236
9	Developmental regulation before and after a developmental deadline: The sample case of "biological clock" for childbearing.. Psychology and Aging, 2001, 16, 400-413.	1.4	211
10	Control processes before and after passing a developmental deadline: Activation and deactivation of intimate relationship goals.. Journal of Personality and Social Psychology, 1999, 77, 415-427.	2.6	181
11	Developmental regulation across the life span: Toward a new synthesis.. Developmental Psychology, 2013, 49, 964-972.	1.2	165
12	Regret and quality of life across the adult life span: The influence of disengagement and available future goals.. Psychology and Aging, 2005, 20, 657-670.	1.4	136
13	Health stresses and depressive symptomatology in the elderly: The importance of health engagement control strategies.. Health Psychology, 2002, 21, 340-348.	1.3	125
14	You've Gotta Know When to Fold 'Em. Psychological Science, 2007, 18, 773-777.	1.8	115
15	Agency and Motivation in Adulthood and Old Age. Annual Review of Psychology, 2019, 70, 191-217.	9.9	115
16	Perceived control of life regrets: Good for young and bad for old adults.. Psychology and Aging, 2002, 17, 340-350.	1.4	109
17	Depressive symptoms can be useful: Self-regulatory and emotional benefits of dysphoric mood in adolescence.. Journal of Personality and Social Psychology, 2009, 96, 1181-1190.	2.6	105
18	Goal Adjustment Capacities, Subjective Well-being, and Physical Health. Social and Personality Psychology Compass, 2013, 7, 847-860.	2.0	105

#	ARTICLE	IF	CITATIONS
19	Changes in social support predict emotional well-being in breast cancer survivors. <i>Psycho-Oncology</i> , 2017, 26, 664-671.	1.0	102
20	An Exploration of the Generational Differences in Levels of Control Held Among Family Businesses Approaching Succession. <i>Family Business Review</i> , 2007, 20, 337-354.	4.5	86
21	Self-Regulation of Normative and Non-Normative Developmental Challenges. <i>Human Development</i> , 2001, 44, 264-283.	1.2	84
22	Emotional aging: a discrete emotions perspective. <i>Frontiers in Psychology</i> , 2014, 5, 380.	1.1	76
23	Physical health problems, depressive mood, and cortisol secretion in old age: Buffer effects of health engagement control strategies.. <i>Health Psychology</i> , 2007, 26, 341-349.	1.3	75
24	Health Stresses and Depressive Symptomatology in the Elderly. <i>Current Directions in Psychological Science</i> , 2004, 13, 17-20.	2.8	73
25	Goal disengagement, functional disability, and depressive symptoms in old age.. <i>Health Psychology</i> , 2011, 30, 763-770.	1.3	73
26	Goal adjustment capacities, coping, and subjective well-being: The sample case of caregiving for a family member with mental illness.. <i>Journal of Personality and Social Psychology</i> , 2011, 100, 934-946.	2.6	73
27	A Lines-of-Defense Model for Managing Health Threats: A Review. <i>Gerontology</i> , 2013, 59, 438-447.	1.4	68
28	Self-Regulation of Common Age-Related Challenges: Benefits for Older Adults. <i>Psychological and Physical Health. Journal of Behavioral Medicine</i> , 2006, 29, 299-306.	1.1	63
29	Health-Engagement Control Strategies and 2-Year Changes in Older Adults' Physical Health. <i>Psychological Science</i> , 2008, 19, 537-541.	1.8	62
30	Regret intensity, diurnal cortisol secretion, and physical health in older individuals: Evidence for directional effects and protective factors.. <i>Psychology and Aging</i> , 2007, 22, 319-330.	1.4	56
31	Associations between dispositional optimism and diurnal cortisol in a community sample: When stress is perceived as higher than normal.. <i>Health Psychology</i> , 2014, 33, 382-391.	1.3	56
32	Chronic illness and loneliness in older adulthood: The role of self-protective control strategies.. <i>Health Psychology</i> , 2015, 34, 870-879.	1.3	56
33	Family Business Succession: What's Motivation Got to Do With It?. <i>Family Business Review</i> , 2021, 34, 154-167.	4.5	54
34	Goal adjustment, physical and sedentary activity, and well-being and health among breast cancer survivors. <i>Psycho-Oncology</i> , 2013, 22, 581-589.	1.0	53
35	Optimism versus pessimism as predictors of physical health: A comprehensive reanalysis of dispositional optimism research.. <i>American Psychologist</i> , 2021, 76, 529-548.	3.8	51
36	Perceptions and implications of received spousal care: Evidence from the Caregiver Health Effects Study.. <i>Psychology and Aging</i> , 2003, 18, 593-601.	1.4	46

#	ARTICLE	IF	CITATIONS
37	Body-Related Self-Conscious Emotions Relate to Physical Activity Motivation and Behavior in Men. <i>American Journal of Men's Health</i> , 2015, 9, 209-221.	0.7	45
38	The different roles of perceived stress in the association between older adults' physical activity and physical health.. <i>Health Psychology</i> , 2012, 31, 164-171.	1.3	43
39	Goal adjustment capacities and quality of life: A meta-analytic review. <i>Journal of Personality</i> , 2020, 88, 307-323.	1.8	42
40	Retiring From the Family Business. <i>Family Business Review</i> , 2011, 24, 292-304.	4.5	40
41	I'm better off than most other people: The role of social comparisons for coping with regret in young adulthood and old age.. <i>Psychology and Aging</i> , 2008, 23, 800-811.	1.4	39
42	The why and how of goal pursuits: Effects of global autonomous motivation and perceived control on emotional well-being. <i>Motivation and Emotion</i> , 2013, 37, 675-687.	0.8	32
43	Challenges to developmental regulation across the life course. <i>International Journal of Behavioral Development</i> , 2016, 40, 145-150.	1.3	32
44	Health stresses and depressive symptomatology in the elderly: the importance of health engagement control strategies. <i>Health Psychology</i> , 2002, 21, 340-8.	1.3	32
45	Diurnal cortisol secretion and 2-year changes in older adults' physical symptoms: The moderating roles of negative affect and sleep.. <i>Health Psychology</i> , 2008, 27, 685-693.	1.3	30
46	Cortisol Secretion and Functional Disabilities in Old Age: Importance of Using Adaptive Control Strategies. <i>Psychosomatic Medicine</i> , 2009, 71, 996-1003.	1.3	29
47	Making Up for Lost Opportunities: The Protective Role of Downward Social Comparisons for Coping With Regrets Across Adulthood. <i>Personality and Social Psychology Bulletin</i> , 2011, 37, 215-228.	1.9	29
48	Self-esteem change and diurnal cortisol secretion in older adulthood. <i>Psychoneuroendocrinology</i> , 2014, 41, 111-120.	1.3	28
49	Perceived control of life regrets: good for young and bad for old adults. <i>Psychology and Aging</i> , 2002, 17, 340-50.	1.4	26
50	Associations Between Health-Related Self-Protection, Diurnal Cortisol, and C-Reactive Protein in Lonely Older Adults. <i>Psychosomatic Medicine</i> , 2012, 74, 937-944.	1.3	25
51	Conscientiousness and stress exposure and reactivity: a prospective study of adolescent females. <i>Journal of Behavioral Medicine</i> , 2013, 36, 153-164.	1.1	25
52	Do the Emotional Benefits of Optimism Vary Across Older Adulthood? A Life Span Perspective. <i>Journal of Personality</i> , 2017, 85, 388-397.	1.8	24
53	Speaking about feelings: Further evidence for multidirectional age differences in anger and sadness.. <i>Psychology and Aging</i> , 2017, 32, 93-103.	1.4	24
54	Body-Related Shame and Guilt Predict Physical Activity in Breast Cancer Survivors Over Time. <i>Oncology Nursing Forum</i> , 2017, 44, 465-475.	0.5	23

#	ARTICLE	IF	CITATIONS
55	Adaptive self-regulation, subjective well-being, and physical health: The importance of goal adjustment capacities. <i>Advances in Motivation Science</i> , 2020, , 199-238.	2.2	21
56	Tracking affect and academic success across university: Happy students benefit from bouts of negative mood.. <i>Developmental Psychology</i> , 2016, 52, 2022-2030.	1.2	19
57	Comparing the body to superior others: Associations with daily exercise and body evaluation in men and women. <i>Psychology of Sport and Exercise</i> , 2016, 27, 120-127.	1.1	19
58	Well-being as a resource for goal reengagement: Evidence from two longitudinal studies.. <i>Motivation Science</i> , 2021, 7, 21-31.	1.2	16
59	The roles of negative affect and goal adjustment capacities in breast cancer survivors: Associations with physical activity and diurnal cortisol secretion.. <i>Health Psychology</i> , 2017, 36, 320-331.	1.3	16
60	Is anger, but not sadness, associated with chronic inflammation and illness in older adulthood?. <i>Psychology and Aging</i> , 2019, 34, 330-340.	1.4	16
61	Age-related changes in older adults' anger and sadness: The role of perceived control.. <i>Psychology and Aging</i> , 2018, 33, 350-360.	1.4	15
62	Self-Regulation of Unattainable Goals and Pathways to Quality of Life. , 2010, , .		14
63	Sleep duration buffers diurnal cortisol increases in older adulthood. <i>Psychoneuroendocrinology</i> , 2012, 37, 1029-1038.	1.3	14
64	Goal disengagement capacities and severity of disease across older adulthood. <i>International Journal of Behavioral Development</i> , 2016, 40, 137-144.	1.3	14
65	Self-compassion, chronic age-related stressors, and diurnal cortisol secretion in older adulthood. <i>Journal of Behavioral Medicine</i> , 2018, 41, 850-862.	1.1	14
66	Comment: The Emotion-Health Link: Perspectives From a Lifespan Theory of Discrete Emotions. <i>Emotion Review</i> , 2018, 10, 59-61.	2.1	13
67	Satisfaction with social support in older adulthood: The influence of social support changes and goal adjustment capacities.. <i>Psychology and Aging</i> , 2013, 28, 875-885.	1.4	12
68	Life after breast cancer: moving on, sitting down or standing still? A prospective study of Canadian breast cancer survivors. <i>BMJ Open</i> , 2018, 8, e021770.	0.8	12
69	Negative emotions and chronic physical illness: A lifespan developmental perspective.. <i>Health Psychology</i> , 2019, 38, 949-959.	1.3	12
70	Systemic inflammation among breast cancer survivors: the roles of goal disengagement capacities and health-related self-protection. <i>Psycho-Oncology</i> , 2014, 23, 878-885.	1.0	10
71	Stress-Related Trajectories of Diurnal Cortisol in Older Adulthood Over 12 Years. <i>Psychoneuroendocrinology</i> , 2020, 121, 104826.	1.3	10
72	Intra-individual cortisol variability and low-grade inflammation over 10 years in older adults. <i>Psychoneuroendocrinology</i> , 2017, 77, 141-149.	1.3	9

#	ARTICLE	IF	CITATIONS
73	Downgrading goal-relevant resources in action crises: The moderating role of goal reengagement capacities and effects on well-being. <i>Motivation and Emotion</i> , 2019, 43, 535-553.	0.8	9
74	A tale of two emotions: The diverging salience and health consequences of calmness and excitement in old age.. <i>Psychology and Aging</i> , 2021, 36, 626-641.	1.4	9
75	Changes in physical activity behavior and C-reactive protein in breast cancer patients. <i>Annals of Behavioral Medicine</i> , 2018, 52, 545-551.	1.7	8
76	Changes in self-esteem and chronic disease across adulthood: A 16-year longitudinal analysis. <i>Social Science and Medicine</i> , 2019, 242, 112600.	1.8	8
77	The Value of Adaptive Regret Management in Retirement. <i>International Journal of Aging and Human Development</i> , 2013, 76, 99-121.	1.0	7
78	Discrete negative emotions and goal disengagement in older adulthood: Context effects and associations with emotional well-being.. <i>Emotion</i> , 2022, 22, 1583-1594.	1.5	7
79	Does Child Gender Predict Older Parents' Well-Being?. <i>Social Indicators Research</i> , 2014, 118, 285-303.	1.4	6
80	Emotional Development in Old Age. , 2015, , 1-11.		6
81	Emotional Development in Old Age. , 2017, , 752-762.		5
82	Control Strategies for Managing Physical Health Problems in Old Age. , 2016, , 281-308.		4
83	Why are we together? A dyadic longitudinal investigation of relationship motivation, goal progress, and adjustment. <i>Journal of Personality</i> , 2020, 88, 464-477.	1.8	4
84	Marital quality and inflammation: The moderating role of early life adversity.. <i>Health Psychology</i> , 2020, 39, 58-67.	1.3	3
85	Self-compassion as predictor of daily physical symptoms and chronic illness across older adulthood. <i>Journal of Health Psychology</i> , 2021, , 135910532110023.	1.3	2
86	Self-regulation of bitterness across the lifespan. , 2011, , 129-141.		1
87	It remains meaningful to distinguish optimism from pessimism: Reply to VanderWeele and Kubzansky (2021).. <i>American Psychologist</i> , 2021, 76, 1194-1195.	3.8	1
88	Age differences in sadness reactivity and variability.. <i>Psychology and Aging</i> , 2022, 37, 163-174.	1.4	1
89	Introduction to the special section on motivational self-regulation across the lifespan. <i>International Journal of Behavioral Development</i> , 2016, 40, 97-99.	1.3	0
90	Purpose in life and chronic low-grade inflammation across older adulthood. <i>Psychoneuroendocrinology</i> , 2020, 119, 105033.	1.3	0