Yu Lun Tai

List of Publications by Year in descending order

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ΥΠΕΠΝ ΤΑΙ

#	Article	IF	CITATIONS
1	Arterial Stiffness and Autonomic Modulation After Free-Weight Resistance Exercises in Resistance Trained Individuals. Journal of Strength and Conditioning Research, 2016, 30, 3373-3380.	2.1	33
2	Freeâ€weight resistance exercise on pulse wave reflection and arterial stiffness between sexes in young, resistanceâ€trained adults. European Journal of Sport Science, 2017, 17, 1056-1064.	2.7	17
3	Acute resistance exercise using free weights on aortic wave reflection characteristics. Clinical Physiology and Functional Imaging, 2018, 38, 145-150.	1.2	16
4	Autonomic modulation following an acute bout of bench press with and without blood flow restriction. European Journal of Applied Physiology, 2019, 119, 2177-2183.	2.5	6
5	Freeâ€weight versus weight machine resistance exercise on pulse wave reflection and aortic stiffness in resistanceâ€trained individuals. European Journal of Sport Science, 2020, 20, 944-952.	2.7	6
6	Autonomic Modulation in Older Women: Using Resistance Exercise as a Countermeasure. International Journal of Exercise Science, 2017, 10, 178-187.	0.5	6
7	Vascular Responses to High-Intensity Battling Rope Exercise between the Sexes. Journal of Sports Science and Medicine, 2021, 20, 349-356.	1.6	4
8	Hemodynamic response and pulse wave analysis after upper―and lowerâ€body resistance exercise with and without blood flow restriction. European Journal of Sport Science, 2022, 22, 1695-1704.	2.7	3
9	Changes in Endothelial Function after Acute Resistance Exercise Using Free Weights. Journal of Functional Morphology and Kinesiology, 2018, 3, 32.	2.4	2
10	The Effects of Machine-Weight and Free-Weight Resistance Exercise on Hemodynamics and Vascular Function. International Journal of Exercise Science, 2020, 13, 526-538.	0.5	0