Lampros Bisdounis

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Psychological and behavioural interventions in bipolar disorder that target sleep and circadian rhythms: A systematic review of randomised controlled trials. Neuroscience and Biobehavioral Reviews, 2022, 132, 378-390.	6.1	12
2	Hypnotic and Melatonin/Melatonin-Receptor Agonist Treatment in Bipolar Disorder: A Systematic Review and Meta-Analysis. CNS Drugs, 2022, 36, 345-363.	5.9	10
3	The acute effects of sleep restriction therapy for insomnia on circadian timing and vigilance. Journal of Sleep Research, 2021, 30, e13260.	3.2	15
4	The effects of digital cognitive behavioral therapy for insomnia on cognitive function: a randomized controlled trial. Sleep, 2020, 43, .	1.1	36
5	Cognitive behavioral therapy for insomnia: A meta-analysis of long-term effects in controlled studies. Sleep Medicine Reviews, 2019, 48, 101208.	8.5	158
6	The impact of cognitive behavioural therapy for insomnia on objective sleep parameters: A meta-analysis and systematic review. Sleep Medicine Reviews, 2019, 47, 90-102.	8.5	83