

# Lampros Bisdounis

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1828436/publications.pdf>

Version: 2024-02-01

6  
papers

314  
citations

1478505

6  
h-index

1872680

6  
g-index

6  
all docs

6  
docs citations

6  
times ranked

404  
citing authors

#	ARTICLE	IF	CITATIONS
1	Cognitive behavioral therapy for insomnia: A meta-analysis of long-term effects in controlled studies. <i>Sleep Medicine Reviews</i> , 2019, 48, 101208.	8.5	158
2	The impact of cognitive behavioural therapy for insomnia on objective sleep parameters: A meta-analysis and systematic review. <i>Sleep Medicine Reviews</i> , 2019, 47, 90-102.	8.5	83
3	The effects of digital cognitive behavioral therapy for insomnia on cognitive function: a randomized controlled trial. <i>Sleep</i> , 2020, 43, .	1.1	36
4	The acute effects of sleep restriction therapy for insomnia on circadian timing and vigilance. <i>Journal of Sleep Research</i> , 2021, 30, e13260.	3.2	15
5	Psychological and behavioural interventions in bipolar disorder that target sleep and circadian rhythms: A systematic review of randomised controlled trials. <i>Neuroscience and Biobehavioral Reviews</i> , 2022, 132, 378-390.	6.1	12
6	Hypnotic and Melatonin/Melatonin-Receptor Agonist Treatment in Bipolar Disorder: A Systematic Review and Meta-Analysis. <i>CNS Drugs</i> , 2022, 36, 345-363.	5.9	10