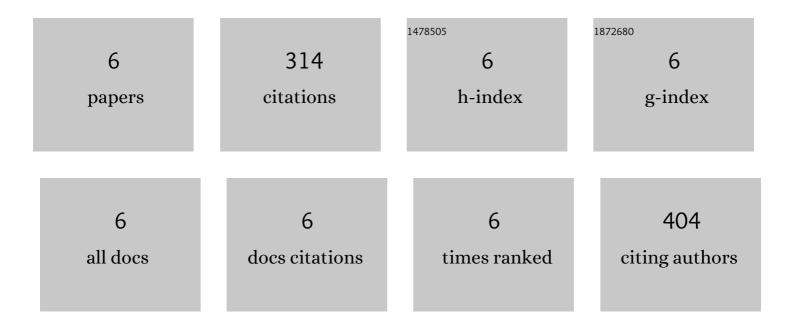
Lampros Bisdounis

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/1828436/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Cognitive behavioral therapy for insomnia: A meta-analysis of long-term effects in controlled studies. Sleep Medicine Reviews, 2019, 48, 101208.	8.5	158
2	The impact of cognitive behavioural therapy for insomnia on objective sleep parameters: A meta-analysis and systematic review. Sleep Medicine Reviews, 2019, 47, 90-102.	8.5	83
3	The effects of digital cognitive behavioral therapy for insomnia on cognitive function: a randomized controlled trial. Sleep, 2020, 43, .	1.1	36
4	The acute effects of sleep restriction therapy for insomnia on circadian timing and vigilance. Journal of Sleep Research, 2021, 30, e13260.	3.2	15
5	Psychological and behavioural interventions in bipolar disorder that target sleep and circadian rhythms: A systematic review of randomised controlled trials. Neuroscience and Biobehavioral Reviews, 2022, 132, 378-390.	6.1	12
6	Hypnotic and Melatonin/Melatonin-Receptor Agonist Treatment in Bipolar Disorder: A Systematic Review and Meta-Analysis. CNS Drugs, 2022, 36, 345-363.	5.9	10