

# Maria Gacek

## List of Publications by Year in descending order

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Version: 2024-02-01

38  
papers

108  
citations

1478505

6  
h-index

1474206

9  
g-index

38  
all docs

38  
docs citations

38  
times ranked

86  
citing authors

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | Personality Determinants of Diet Quality among Polish and Spanish Physical Education Students. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 466.  | 2.6 | 11        |
| 2  | Personality-Related Determinants of Physical Activity Among Polish and Spanish Physical Education Students. <i>Frontiers in Psychology</i> , 2021, 12, 792195.  | 2.1 | 6         |
| 3  | Quality of diet, health behaviours, and level of physical activity in physical education students from Poland and Spain. <i>Journal of Kinesiology and Exercise Sciences</i> , 2021, 31, 17-24.   | 0.3 | 0         |
| 4  | The impact of Aqua Pilayoga program on functional fitness in elderly women. <i>Journal of Kinesiology and Exercise Sciences</i> , 2021, 31, 55-60.  | 0.3 | 0         |
| 5  | Alcoholic beverage preferences and consumption among Polish professional athletes. <i>Human Movement</i> , 2020, 21, 71-77.   | 0.9 | 0         |
| 6  | Preparation of Teachers and of Teaching Specialisation Students for the Implementation of School Health Education – a Review of Research. <i>PrzełÅ...d BadaÅ,, Edukacyjnych</i> , 2020, 1, 161.  | 0.2 | 1         |
| 7  | Consuming Selected Groups of Products Among Polish and Spanish Physical Education Students Within the Context of the Assumptions Proposed by the Mediterranean Diet. <i>Journal of Kinesiology and Exercise Sciences</i> , 2020, 30, 15-16. | 0.3 | 0         |
| 8  | Personality Determinants of Pro-health Behaviours Among Polish and Spanish Physical Education Students. <i>Studies in Sport Humanities</i> , 2020, 27, 35-48.   | 0.0 | 0         |
| 9  | Selected determinants of the frequency of consuming particular food product groups among regional-level football referees. <i>Central European Journal of Sport Sciences and Medicine</i> , 2020, 32, 5-14.                                 | 0.1 | 0         |
| 10 | Sense of generalised self-efficacy and pro-health behaviours of Polish and Spanish physical education students. <i>Central European Journal of Sport Sciences and Medicine</i> , 2020, 31, 95-105.  | 0.1 | 1         |
| 11 | Dietary mistakes of Polish athletes in relation to the frequency of consuming foods recommended in the Swiss food pyramid for active people. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2020, 71, 97-104.                                | 0.7 | 10        |
| 12 | Frequency of consuming selected product groups among Polish and Spanish physical education students. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2020, 71, 261-270.   | 0.7 | 3         |
| 13 | Selected personal conditions determining the frequency of consuming groups of products among athletes professionally training individual sports disciplines. <i>Human Movement</i> , 2019, 20, 56-65.                                       | 0.9 | 6         |
| 14 | Life satisfaction and other determinants of eating behaviours among women aged 40-65 years with type 2 diabetes from the Krakow population. <i>PrzełÅd Menopauzalny</i> , 2019, 18, 74-81.  | 1.3 | 5         |
| 15 | Vital values and physical activity of future teachers. <i>Human Movement</i> , 2019, 20, 75-82.   | 0.9 | 4         |
| 16 | Level of knowledge regarding health as well as health education and pro-health behaviours among students of physical education and other teaching specialisations. <i>Baltic Journal of Health and Physical Activity</i> , 2019, 11, 83-95. | 0.5 | 18        |
| 17 | Readiness to change and pro-health behaviours among students of physical education and other teaching specialisations. <i>Central European Journal of Sport Sciences and Medicine</i> , 2019, 28, 53-65.                                    | 0.1 | 4         |
| 18 | Selected determinants of eating behaviours among preschool children from the KrakÅ³w environment. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2019, 70, 137-145.  | 0.7 | 1         |

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|----|--|-----|-----------|
| 19 | Sense of generalised self-efficacy and the nutritional behaviour of district-level football referees. <i>Journal of Kinesiology and Exercise Sciences</i> , 2019, 29, 53-58.   | 0.3 | 1         |
| 20 | Physical activity and other selected determinants of the body mass index (BMI) in women aged 40-65 with type 2 diabetes from the Krakow population. <i>Baltic Journal of Health and Physical Activity</i> , 2019, 11, 53-65.   | 0.5 | 0         |
| 21 | Analysis of nutritional behaviors of males - competitive and recreational volleyball players. <i>Publishing House Sport i Turystyka</i> , 2018, 1, 93-102.   | 0.3 | 0         |
| 22 | Selected aspects of life style of women with secondary and higher education employed as shift workers. <i>Medycyna Ogólna i Nauki o Zdrowiu</i> , 2018, 24, 25-30.   | 0.2 | 2         |
| 23 | SENSE OF SATISFACTION WITH LIFE VERSUS DIETARY CHOICES OF FEMALE FITNESS INSTRUCTORS FROM FITNESS CLUBS IN KRAKOW. <i>Journal of Kinesiology and Exercise Sciences</i> , 2018, 28, 69-74.                                      | 0.3 | 0         |
| 24 | Eating habits of female students of the University of the Third Age in Krakow - selected conditionings. <i>Medycyna Ogólna i Nauki o Zdrowiu</i> , 2018, 24, 257-263.  | 0.2 | 2         |
| 25 | Eating habits of young male long-distance runners. <i>Medycyna Ogólna i Nauki o Zdrowiu</i> , 2017, 23, 57-61.   | 0.2 | 0         |
| 26 | The Sense of Dispositional Optimism vs the Frequency of Consuming Selected Groups of Products and Performance Enhancers among Soccer Players. <i>Medycyna Ogólna i Nauki o Zdrowiu</i> , 2017, 23, 95-99.                      | 0.2 | 1         |
| 27 | Wartości witalne w hierarchii wartości a styl życia studentów w kierunkach nauczycielskich. <i>Przeegląd Badań Edukacyjnych</i> , 2017, 1, 21.   | 0.2 | 1         |
| 28 | Sense of generalized self-efficacy versus dietary choices of young women engaged in fitness for recreational purposes. <i>Medycyna Ogólna i Nauki o Zdrowiu</i> , 2016, 22, 227-231.   | 0.2 | 1         |
| 29 | THE EFFECT OF NORDIC WALKING TRAINING ON THE PARAMETERS OF GAIT AND PHYSICAL FITNESS IN POSTMENOPAUSAL WOMEN. <i>Polish Journal of Sports Medicine</i> , 2016, 32, 219-230.  | 0.1 | 1         |
| 30 | Health-Related Behaviours, Physical Activity and Perceived Life Satisfaction in the Academic Youth of Pedagogical Subjects in Cracow. <i>Studies in Sport Humanities</i> , 2016, 20, 6-15.                                     | 0.0 | 3         |
| 31 | Association between self-efficacy and dietary behaviours of American football players in the Polish Clubs in the light of dietary recommendations for athletes. <i>Roczniki Państwowego Zakładu Higieny</i> , 2015, 66, 361-6. | 0.7 | 3         |
| 32 | Individual differences as predictors of dietary patterns among menopausal women with arterial hypertension. <i>Przeegląd Menopauzalny</i> , 2014, 2, 101-108.  | 1.3 | 7         |
| 33 | Soy and legume seeds as sources of isoflavones: selected individual determinants of their consumption in a group of perimenopausal women. <i>Przeegląd Menopauzalny</i> , 2014, 1, 27-31.                                      | 1.3 | 8         |
| 34 | Selected individual differences as predictors of milk product consumption in a group of perimenopausal women in the light of health hazards. <i>Przeegląd Menopauzalny</i> , 2013, 4, 300-306.                                 | 1.3 | 1         |
| 35 | Assessment of the Nutritive Value of Dishes Designed for Athletes - Grilled Chicken Salad and Spaghetti with Tomatoes and Parmesan Cheese. <i>Polish Journal of Food and Nutrition Sciences</i> , 2013, 63, 261-266.           | 1.7 | 1         |
| 36 | Selected individual determinants of cereal, fruit and vegetable consumption among menopausal women in view of potential health risks. <i>Przeegląd Menopauzalny</i> , 2013, 5, 385-391.  | 1.3 | 3         |

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|----|--|-----|-----------|
| 37 | FREQUENCY OF CONSUMPTION OF FOOD PRODUCTS BY A GROUP OF POLISH ATHLETES IN RELATIONSHIP TO THE QUALITATIVE RECOMMENDATIONS INCLUDED IN THE SWISS FOOD PYRAMID. <i>Medicina Sportiva</i> , 2013, 17, 12-16. | 0.3 | 3         |
| 38 | Aktywność fizyczna a ruchliwość dzieci przedszkolnych ze środowiska wielkomiejskiego w opinii rodziców. <i>Journal of Kinesiology and Exercise Sciences</i> , 2013, 23, 37-44.                             | 0.3 | 0         |