

Maria Gacek

List of Publications by Year in descending order

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38
papers

108
citations

1478505

6
h-index

1474206

9
g-index

38
all docs

38
docs citations

38
times ranked

86
citing authors

#	ARTICLE	IF	CITATIONS
1	Level of knowledge regarding health as well as health education and pro-health behaviours among students of physical education and other teaching specialisations. <i>Baltic Journal of Health and Physical Activity</i> , 2019, 11, 83-95.	0.5	18
2	Personality Determinants of Diet Quality among Polish and Spanish Physical Education Students. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 466.	2.6	11
3	Dietary mistakes of Polish athletes in relation to the frequency of consuming foods recommended in the Swiss food pyramid for active people. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2020, 71, 97-104.	0.7	10
4	Soy and legume seeds as sources of isoflavones: selected individual determinants of their consumption in a group of perimenopausal women. <i>Przegląd Menopauzalny</i> , 2014, 1, 27-31.	1.3	8
5	Individual differences as predictors of dietary patterns among menopausal women with arterial hypertension. <i>Przegląd Menopauzalny</i> , 2014, 2, 101-108.	1.3	7
6	Selected personal conditions determining the frequency of consuming groups of products among athletes professionally training individual sports disciplines. <i>Human Movement</i> , 2019, 20, 56-65.	0.9	6
7	Personality-Related Determinants of Physical Activity Among Polish and Spanish Physical Education Students. <i>Frontiers in Psychology</i> , 2021, 12, 792195.	2.1	6
8	Life satisfaction and other determinants of eating behaviours among women aged 40-65 years with type 2 diabetes from the Krakow population. <i>Przegląd Menopauzalny</i> , 2019, 18, 74-81.	1.3	5
9	Vital values and physical activity of future teachers. <i>Human Movement</i> , 2019, 20, 75-82.	0.9	4
10	Readiness to change and pro-health behaviours among students of physical education and other teaching specialisations. <i>Central European Journal of Sport Sciences and Medicine</i> , 2019, 28, 53-65.	0.1	4
11	Selected individual determinants of cereal, fruit and vegetable consumption among menopausal women in view of potential health risks. <i>Przegląd Menopauzalny</i> , 2013, 5, 385-391.	1.3	3
12	FREQUENCY OF CONSUMPTION OF FOOD PRODUCTS BY A GROUP OF POLISH ATHLETES IN RELATIONSHIP TO THE QUALITATIVE RECOMMENDATIONS INCLUDED IN THE SWISS FOOD PYRAMID. <i>Medicina Sportiva</i> , 2013, 17, 12-16.	0.3	3
13	Health-Related Behaviours, Physical Activity and Perceived Life Satisfaction in the Academic Youth of Pedagogical Subjects in Cracow. <i>Studies in Sport Humanities</i> , 2016, 20, 6-15.	0.0	3
14	Frequency of consuming selected product groups among Polish and Spanish physical education students. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2020, 71, 261-270.	0.7	3
15	Association between self-efficacy and dietary behaviours of American football players in the Polish Clubs in the light of dietary recommendations for athletes. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2015, 66, 361-6.	0.7	3
16	Selected aspects of life style of women with secondary and higher education employed as shift workers. <i>Medycyna Ogólna i Nauki o Zdrowiu</i> , 2018, 24, 25-30.	0.2	2
17	Eating habits of female students of the University of the Third Age in Kraków – selected conditionings. <i>Medycyna Ogólna i Nauki o Zdrowiu</i> , 2018, 24, 257-263.	0.2	2
18	Selected individual differences as predictors of milk product consumption in a group of perimenopausal women in the light of health hazards. <i>Przegląd Menopauzalny</i> , 2013, 4, 300-306.	1.3	1

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19	Assessment of the Nutritive Value of Dishes Designed for Athletes – Grilled Chicken Salad and Spaghetti with Tomatoes and Parmesan Cheese. Polish Journal of Food and Nutrition Sciences, 2013, 63, 261-266.	1.7	1
20	Sense of generalized self-efficacy versus dietary choices of young women engaged in fitness for recreational purposes. Medycyna Ogólna i Nauki o Zdrowiu, 2016, 22, 227-231.	0.2	1
21	THE EFFECT OF NORDIC WALKING TRAINING ON THE PARAMETERS OF GAIT AND PHYSICAL FITNESS IN POSTMENOPAUSAL WOMEN. Polish Journal of Sports Medicine, 2016, 32, 219-230.	0.1	1
22	The Sense of Dispositional Optimism vs the Frequency of Consuming Selected Groups of Products and Performance Enhancers among Soccer Players. Medycyna Ogólna i Nauki o Zdrowiu, 2017, 23, 95-99.	0.2	1
23	Wartości witalne w hierarchii wartości a styl życia studentów w kierunkach nauczycielskich. Przegląd Badań Edukacyjnych, 2017, 1, 21.	0.2	1
24	Selected determinants of eating behaviours among preschool children from the Kraków environment. Roczniki Państwowego Zakładu Higieny, 2019, 70, 137-145.	0.7	1
25	Sense of generalised self-efficacy and the nutritional behaviour of district-level football referees. Journal of Kinesiology and Exercise Sciences, 2019, 29, 53-58.	0.3	1
26	Preparation of Teachers and of Teaching Specialisation Students for the Implementation of School Health Education – a Review of Research. Przegląd Badań Edukacyjnych, 2020, 1, 161.	0.2	1
27	Sense of generalised self-efficacy and pro-health behaviours of Polish and Spanish physical education students. Central European Journal of Sport Sciences and Medicine, 2020, 31, 95-105.	0.1	1
28	Alcoholic beverage preferences and consumption among Polish professional athletes. Human Movement, 2020, 21, 71-77.	0.9	0
29	Aktywność fizyczna a ruchliwość dzieci przedszkolnych ze środowiska wielkomiejskiego w opinii rodziców. Journal of Kinesiology and Exercise Sciences, 2013, 23, 37-44.	0.3	0
30	Eating habits of young male long-distance runners. Medycyna Ogólna i Nauki o Zdrowiu, 2017, 23, 57-61.	0.2	0
31	Analysis of nutritional behaviors of males – competitive and recreational volleyball players. Publishing House Sport i Turystyka, 2018, 1, 93-102.	0.3	0
32	SENSE OF SATISFACTION WITH LIFE VERSUS DIETARY CHOICES OF FEMALE FITNESS INSTRUCTORS FROM FITNESS CLUBS IN KRAKOW. Journal of Kinesiology and Exercise Sciences, 2018, 28, 69-74.	0.3	0
33	Physical activity and other selected determinants of the body mass index (BMI) in women aged 40–65 with type 2 diabetes from the Krakow population. Baltic Journal of Health and Physical Activity, 2019, 11, 53-65.	0.5	0
34	Consuming Selected Groups of Products Among Polish and Spanish Physical Education Students Within the Context of the Assumptions Proposed by the Mediterranean Diet. Journal of Kinesiology and Exercise Sciences, 2020, 30, 15-16.	0.3	0
35	Personality Determinants of Pro-health Behaviours Among Polish and Spanish Physical Education Students. Studies in Sport Humanities, 2020, 27, 35-48.	0.0	0
36	Selected determinants of the frequency of consuming particular food product groups among regional-level football referees. Central European Journal of Sport Sciences and Medicine, 2020, 32, 5-14.	0.1	0

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37	Quality of diet, health behaviours, and level of physical activity in physical education students from Poland and Spain. <i>Journal of Kinesiology and Exercise Sciences</i> , 2021, 31, 17-24.	0.3	0
38	The impact of Aqua Pilayoga program on functional fitness in elderly women. <i>Journal of Kinesiology and Exercise Sciences</i> , 2021, 31, 55-60.	0.3	0