

# Cristina Blasco-Lafarga

## List of Publications by Year in descending order

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Version: 2024-02-01

42  
papers

546  
citations

840585

11  
h-index

677027

22  
g-index

44  
all docs

44  
docs citations

44  
times ranked

542  
citing authors

#	ARTICLE	IF	CITATIONS
1	Validity of a novel device for indoor analysis of cyclists's drag area. <i>European Journal of Sport Science</i> , 2023, 23, 1-7.	1.4	1
2	High versus low motivating music on intermittent fitness and agility in young well-trained basketball players. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 777-793.	1.1	3
3	Comment on: "Assessment of Metabolic Flexibility by Means of Measuring Blood Lactate, Fat, and Carbohydrate Oxidation Responses to Exercise in Professional Endurance Athletes and Less-Fit Individuals". <i>Sports Medicine</i> , 2022, , 1.	3.1	1
4	Metabolic Flexibility and Mechanical Efficiency in Women Over-60. <i>Frontiers in Physiology</i> , 2022, 13, 869534.	1.3	3
5	Fuerza inspiratoria, fuerza de prensi3n y masa muscular en mujeres mayores activas. <i>Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte</i> , 2022, 21, 763-778.	0.1	0
6	Reducci3n de la sobrecarga del cuidador tras entrenamiento supervisado en ancianos pluripatol3gicos y paliativos. <i>Cuadernos De Psicologia Del Deporte</i> , 2021, 21, 271-281.	0.2	5
7	120 min/week of neuromotor multicomponent training are enough to improve executive function and functional fitness in older women. <i>Experimental Gerontology</i> , 2021, 145, 111199.	1.2	3
8	Inspiratory Muscle Strength and Cardiorespiratory Fitness Association With Health-Related Quality of Life in Healthy Older Adults. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 624947.	0.9	1
9	Hypovitaminosis D in Young Basketball Players: Association with Jumping and Hopping Performance Considering Gender. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5446.	1.2	1
10	Determinants of dynamic inspiratory muscle strength in healthy trained elderly. <i>Postgraduate Medicine</i> , 2021, 133, 807-816.	0.9	1
11	Heart rate dynamics and lactate following high-intensity race-pace continuous vs interval workouts in highly trained athletes. <i>Physiology International</i> , 2021, 108, 303-316.	0.8	1
12	Multicomponent Physical Exercise Training in Multimorbid and Palliative Oldest Adults. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8896.	1.2	0
13	Exploring Potential Benefits of Accumulated Multicomponent-Training in Non-Active Older Adults: From Physical Fitness to Mental Health. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9645.	1.2	3
14	Fuerza muscular inspiratoria din3mica y aptitud cardiorrespiratoria en funci3n de edad y sexo. <i>Revista Andaluza De Medicina Del Deporte</i> , 2021, 14, 93-97.	0.1	0
15	Resistance Training with Blood Flow Restriction Compared to Traditional Resistance Training on Strength and Muscle Mass in Non-Active Older Adults: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11441.	1.2	17
16	Evaluation of impact-shock on gait after the implementation of two different training programs in older adults. <i>Clinical Biomechanics</i> , 2020, 80, 105131.	0.5	2
17	Short and Long-Term Trainability in Older Adults: Training and Detraining Following Two Years of Multicomponent Cognitive-Physical Exercise Training. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5984.	1.2	16
18	Continuous Compared to Accumulated Walking-Training on Physical Function and Health-Related Quality of Life in Sedentary Older Persons. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6060.	1.2	5

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19	Multicomponent Exercise Training Combined with Nutritional Counselling Improves Physical Function, Biochemical and Anthropometric Profiles in Obese Children: A Pilot Study. <i>Nutrients</i> , 2020, 12, 2723.	1.7	15
20	The use of accelerometry to evaluate the BMX cycling starting hill. Effect of the Q-Ringâ„¢ on the acceleration profile. <i>Sports Biomechanics</i> , 2020, , 1-15.	0.8	3
21	Physical exercise in the prevention and treatment of Alzheimer's disease. <i>Journal of Sport and Health Science</i> , 2020, 9, 394-404.	3.3	230
22	Changes in plantar pressure and spatiotemporal parameters during gait in older adults after two different training programs. <i>Gait and Posture</i> , 2020, 77, 250-256.	0.6	10
23	Strategies to change body composition in older adults: do type of exercise and dose distribution matter?. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, 60, 552-561.	0.4	7
24	Pruebas T vs an�alisis categorial: evoluci�n de la agilidad en los adultos mayores tras dos a�os de entrenamiento (T test vs categorical analysis: evolution of agility in older adults following two) <i>Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 53</i>	0.0	0
25	Autonomic Modulation Improves in Response to Harder Performances While Playing Wind Instruments. <i>Archives of Neuroscience</i> , 2020, 7, .	0.1	3
26	Retos y an�alisis de un programa municipal de prescripci�n de ejercicio f�sico para la salud: El programa VIU-ACTIU (Challenges and analysis of a local program of exercise prescription for health: The) <i>Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 457</i>	0.0	0
27	Quantifying performance impairment, specificity and fatigue in young soccer professionals: UIRFIDE Soccer test vs. Bangsbo Test. <i>Gazzetta Medica Italiana Archivio Per Le Scienze Mediche</i> , 2020, 179, .	0.0	0
28	Beneficial Effects of Inspiratory Muscle Training Combined With Multicomponent Training in Elderly Active Women. <i>Research Quarterly for Exercise and Sport</i> , 2019, 90, 547-554.	0.8	15
29	Entrenamiento Neuromotor en pacientes ancianos pluripatol�gicos en las Unidades de Hospitalizaci�n a Domicilio: estudio piloto. <i>Cuadernos De Psicologia Del Deporte</i> , 2018, 19, 95-105.	0.2	4
30	Cardiovascular and Autonomic Responses to a Maximal Exercise Test in Elite Youngsters. <i>International Journal of Sports Medicine</i> , 2017, 38, 666-674.	0.8	15
31	Effect of polyphenol supplements on redox status of blood cells: a randomized controlled exercise training trial. <i>European Journal of Nutrition</i> , 2015, 54, 1081-1093.	1.8	22
32	Does a non-circular chainring improve performance in the bicycle motocross cycling start sprint?. <i>Journal of Sports Science and Medicine</i> , 2014, 13, 97-104.	0.7	6
33	Is Baseline Cardiac Autonomic Modulation Related to Performance and Physiological Responses Following a Supramaximal Judo Test?. <i>PLoS ONE</i> , 2013, 8, e78584.	1.1	13
34	Six Hundred Meter�Run and Broken 800�m's Contribution to Pacing Improvement in Eight Hundred Meter�Athletics. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 2405-2413.	1.0	4
35	Skinfold Sum: Reference Values for Top Athletes. <i>International Journal of Morphology</i> , 2012, 30, 803-809.	0.1	21
36	Heart rate variability and pre-competitive anxiety in BMX discipline. <i>European Journal of Applied Physiology</i> , 2012, 112, 113-123.	1.2	70

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37	Notational Analysis of European, World, and Olympic BMX Cycling Races. <i>Journal of Sports Science and Medicine</i> , 2012, 11, 502-9.	0.7	2
38	Pedaling Power and Speed Production vs. Technical Factors and Track Difficulty in Bicycle Motocross Cycling. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 3248-3256.	1.0	23
39	Linear and nonlinear heart rate dynamics in elderly inpatients. Relations with comorbidity and depression. <i>Medicina (Lithuania)</i> , 2010, 46, 393.	0.8	11
40	Linear and nonlinear heart rate dynamics in elderly inpatients. Relations with comorbidity and depression. <i>Medicina (Lithuania)</i> , 2010, 46, 393-400.	0.8	3
41	Desaturation Patterns Detected by Oximetry in a Large Population of Athletes. <i>Research Quarterly for Exercise and Sport</i> , 2009, 80, 241-248.	0.8	5
42	Valoraci3n de la fuerza 4til en tenis. <i>Apunts Medicine De L'Esport</i> , 2007, 42, 82-87.	0.5	0