

Cristina Blasco-Lafarga

List of Publications by Year in descending order

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Version: 2024-02-01

42
papers

546
citations

840119

11
h-index

676716

22
g-index

44
all docs

44
docs citations

44
times ranked

542
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical exercise in the prevention and treatment of Alzheimer's disease. <i>Journal of Sport and Health Science</i> , 2020, 9, 394-404.	3.3	230
2	Heart rate variability and pre-competitive anxiety in BMX discipline. <i>European Journal of Applied Physiology</i> , 2012, 112, 113-123.	1.2	70
3	Pedaling Power and Speed Production vs. Technical Factors and Track Difficulty in Bicycle Motocross Cycling. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 3248-3256.	1.0	23
4	Effect of polyphenol supplements on redox status of blood cells: a randomized controlled exercise training trial. <i>European Journal of Nutrition</i> , 2015, 54, 1081-1093.	1.8	22
5	Skinfold Sum: Reference Values for Top Athletes. <i>International Journal of Morphology</i> , 2012, 30, 803-809.	0.1	21
6	Resistance Training with Blood Flow Restriction Compared to Traditional Resistance Training on Strength and Muscle Mass in Non-Active Older Adults: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11441.	1.2	17
7	Short and Long-Term Trainability in Older Adults: Training and Detraining Following Two Years of Multicomponent Cognitive Physical Exercise Training. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5984.	1.2	16
8	Cardiovascular and Autonomic Responses to a Maximal Exercise Test in Elite Youngsters. <i>International Journal of Sports Medicine</i> , 2017, 38, 666-674.	0.8	15
9	Beneficial Effects of Inspiratory Muscle Training Combined With Multicomponent Training in Elderly Active Women. <i>Research Quarterly for Exercise and Sport</i> , 2019, 90, 547-554.	0.8	15
10	Multicomponent Exercise Training Combined with Nutritional Counselling Improves Physical Function, Biochemical and Anthropometric Profiles in Obese Children: A Pilot Study. <i>Nutrients</i> , 2020, 12, 2723.	1.7	15
11	Is Baseline Cardiac Autonomic Modulation Related to Performance and Physiological Responses Following a Supramaximal Judo Test?. <i>PLoS ONE</i> , 2013, 8, e78584.	1.1	13
12	Linear and nonlinear heart rate dynamics in elderly inpatients. Relations with comorbidity and depression. <i>Medicina (Lithuania)</i> , 2010, 46, 393.	0.8	11
13	Changes in plantar pressure and spatiotemporal parameters during gait in older adults after two different training programs. <i>Gait and Posture</i> , 2020, 77, 250-256.	0.6	10
14	Strategies to change body composition in older adults: do type of exercise and dose distribution matter?. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, 60, 552-561.	0.4	7
15	Does a non-circular chaining improve performance in the bicycle motocross cycling start sprint?. <i>Journal of Sports Science and Medicine</i> , 2014, 13, 97-104.	0.7	6
16	Desaturation Patterns Detected by Oximetry in a Large Population of Athletes. <i>Research Quarterly for Exercise and Sport</i> , 2009, 80, 241-248.	0.8	5
17	Continuous Compared to Accumulated Walking-Training on Physical Function and Health-Related Quality of Life in Sedentary Older Persons. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6060.	1.2	5
18	Reducción de la sobrecarga del cuidador tras entrenamiento supervisado en ancianos pluripatológicos y paliativos. <i>Cuadernos De Psicología Del Deporte</i> , 2021, 21, 271-281.	0.2	5

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19	Six Hundred Meterâ€™Run and Broken 800â€™s Contribution to Pacing Improvement in Eight Hundred Meterâ€™Athletics. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 2405-2413.	1.0	4
20	Entrenamiento Neuromotor en pacientes ancianos pluripatolÃ³gicos en las Unidades de HospitalizaciÃ³n a Domicilio: estudio piloto. <i>Cuadernos De Psicología Del Deporte</i> , 2018, 19, 95-105.	0.2	4
21	The use of accelerometry to evaluate the BMX cycling starting hill. Effect of the Q-Ringâ„¢ on the acceleration profile. <i>Sports Biomechanics</i> , 2020, , 1-15.	0.8	3
22	120 min/week of neuromotor multicomponent training are enough to improve executive function and functional fitness in older women. <i>Experimental Gerontology</i> , 2021, 145, 111199.	1.2	3
23	High versus low motivating music on intermittent fitness and agility in young well-trained basketball players. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 777-793.	1.1	3
24	Exploring Potential Benefits of Accumulated Multicomponent-Training in Non-Active Older Adults: From Physical Fitness to Mental Health. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9645.	1.2	3
25	Autonomic Modulation Improves in Response to Harder Performances While Playing Wind Instruments. <i>Archives of Neuroscience</i> , 2020, 7, .	0.1	3
26	Linear and nonlinear heart rate dynamics in elderly inpatients. Relations with comorbidity and depression. <i>Medicina (Lithuania)</i> , 2010, 46, 393-400.	0.8	3
27	Metabolic Flexibility and Mechanical Efficiency in Women Over-60. <i>Frontiers in Physiology</i> , 2022, 13, 869534.	1.3	3
28	Evaluation of impact-shock on gait after the implementation of two different training programs in older adults. <i>Clinical Biomechanics</i> , 2020, 80, 105131.	0.5	2
29	Notational Analysis of European, World, and Olympic BMX Cycling Races. <i>Journal of Sports Science and Medicine</i> , 2012, 11, 502-9.	0.7	2
30	Inspiratory Muscle Strength and Cardiorespiratory Fitness Association With Health-Related Quality of Life in Healthy Older Adults. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 624947.	0.9	1
31	Hypovitaminosis D in Young Basketball Players: Association with Jumping and Hopping Performance Considering Gender. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5446.	1.2	1
32	Determinants of dynamic inspiratory muscle strength in healthy trained elderly. <i>Postgraduate Medicine</i> , 2021, 133, 807-816.	0.9	1
33	Heart rate dynamics and lactate following high-intensity race-pace continuous vs interval workouts in highly trained athletes. <i>Physiology International</i> , 2021, 108, 303-316.	0.8	1
34	Pruebas T vs anÃ¡lisis categorial: evoluciÃ³n de la agilidad en los adultos mayores tras dos aÃ±os de entrenamiento (T test vs categorical analysis: evolution of agility in older adults following two) <i>Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 13</i>		
35	Validity of a novel device for indoor analysis of cyclistsâ€™ drag area. <i>European Journal of Sport Science</i> , 2023, 23, 1-7.	1.4	1
36	Comment on: "Assessment of Metabolic Flexibility by Means of Measuring Blood Lactate, Fat, and Carbohydrate Oxidation Responses to Exercise in Professional Endurance Athletes and Less-Fit Individuals". <i>Sports Medicine</i> , 2022, , 1.	3.1	1

#	ARTICLE	IF	CITATIONS
37	Valoración de la fuerza útil en tenis. Apunts Medicine De L'Esport, 2007, 42, 82-87.	0.5	0
38	Multicomponent Physical Exercise Training in Multimorbid and Palliative Oldest Adults. International Journal of Environmental Research and Public Health, 2021, 18, 8896.	1.2	0
39	Retos y análisis de un programa municipal de prescripción de ejercicio físico para la salud: El programa VIU-ACTIU (Challenges and analysis of a local program of exercise prescription for health: The) Tj ETQq1 1 0.784314.orgBT /Overlock 10	0.784314	0
40	Fuerza muscular inspiratoria dinámica y aptitud cardiorrespiratoria en función de edad y sexo. Revista Andaluza De Medicina Del Deporte, 2021, 14, 93-97.	0.1	0
41	Quantifying performance impairment, specificity and fatigue in young soccer professionals: UIRFIDE Soccer test vs. Bangsbo Test. Gazzetta Medica Italiana Archivio Per Le Scienze Mediche, 2020, 179, .	0.0	0
42	Fuerza inspiratoria, fuerza de prensión y masa muscular en mujeres mayores activas. Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte, 2022, 21, 763-778.	0.1	0