

# Saleh Rahmati-Ahmadabad

## List of Publications by Year in descending order

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Version: 2024-02-01

33  
papers

300  
citations

1039880

9  
h-index

940416

16  
g-index

33  
all docs

33  
docs citations

33  
times ranked

349  
citing authors

#	ARTICLE	IF	CITATIONS
1	Exercise against SARS-CoV-2 (COVID-19): Does workout intensity matter? (A mini review of some) Tj ETQq1 1 0.784314 rgBT /Overload	0.5	65
2	Effects of non-linear resistance training and curcumin supplementation on the liver biochemical markers levels and structure in older women with non-alcoholic fatty liver disease. Journal of Bodywork and Movement Therapies, 2020, 24, 154-160.	0.5	34
3	Effects of exercise on reverse cholesterol transport: A systemized narrative review of animal studies. Life Sciences, 2019, 224, 139-148.	2.0	22
4	The effects of high-intensity interval training on reverse cholesterol transport elements: A way of cardiovascular protection against atherosclerosis. Life Sciences, 2018, 209, 377-382.	2.0	20
5	Irisin interaction with adipose tissue secretions by exercise training and flaxseed oil supplement. Lipids in Health and Disease, 2019, 18, 15.	1.2	18
6	High-intensity interval training has a greater effect on reverse cholesterol transport elements compared with moderate-intensity continuous training in obese male rats. European Journal of Preventive Cardiology, 2021, 28, 692-701.	0.8	17
7	Eccentric resistance training and $\beta$ -Hydroxy- $\beta$ -methylbutyrate free acid affects muscle PGC-1 $\alpha$ expression and serum irisin, nesfatin-1 and resistin. Journal of Experimental Biology, 2019, 222, .	0.8	14
8	Effects of a fixed-intensity of endurance training and pistacia atlantica supplementation on ATP-binding cassette G4 expression. Chinese Medicine, 2013, 8, 23.	1.6	12
9	ABCG8 Gene Responses to 8 Weeks Treadmill Running With or Without Pistachia atlantica (Baneh) Extraction in Female Rats. International Journal of Endocrinology and Metabolism, 2012, 10, 604-610.	0.3	11
10	Effects of resistance training and nigella sativa on type 2 diabetes: implications for metabolic markers, low-grade inflammation and liver enzyme production. Archives of Physiology and Biochemistry, 2023, 129, 913-921.	1.0	11
11	A study of possible role of exercise and some antioxidant supplements against coronavirus disease 2019 (COVID-19): A cytokines related perspective. Apunts Sports Medicine, 2020, 55, 115-117.	0.3	10
12	Effects of endurance training and herb supplementation on tissue nesfatin-1/nucleobindin-2 and ghrelin mRNA expression. International Journal of Applied Exercise Physiology, 2017, 6, 71-84.	0.4	9
13	The Effects of High-Intensity Interval Training with Supplementation of Flaxseed Oil on BDNF mRNA Expression and Pain Feeling in Male Rats. Annals of Applied Sport Science, 2017, 5, 1-12.	0.4	9
14	<p><p>Attenuated Renal and Hepatic Cells Apoptosis Following Swimming Exercise Supplemented with Garlic Extract in Old Rats<p><p>. Clinical Interventions in Aging, 2020, Volume 15, 1409-1418.	1.3	7
15	Comparative effects of high-intensity interval training and moderate-intensity continuous training on soleus muscle fibronectin type III domain-containing protein 5, myonectin and glucose transporter type 4 gene expressions: a study on the diabetic rat model. Molecular Biology Reports, 2021, 48, 6123-6129.	1.0	7
16	Effects of 2-week HMB-FA supplementation with or without eccentric resistance exercise on expression of some genes related to muscle protein turnover and serum irisin and IGF-1 concentrations. Gene, 2020, 760, 145018.	1.0	5
17	Effects of glycyrrhizic acid supplementation during nonlinear resistance training on inflammatory markers and muscular damage indices in overweight young men. Obesity Medicine, 2020, 17, 100178.	0.5	5
18	Effects of upper- and lower-extremity resistance training on serum vascular endothelial growth factor, myostatin, endostatin and follistatin levels in sedentary male students. Science and Sports, 2021, 36, 139.e1-139.e6.	0.2	4

#	ARTICLE	IF	CITATIONS
19	Combined Effects of High-Intensity Aerobic Exercise Training and Ziziphus jujuba Extract on Tissue Nesfatin-1 in Rats. <i>Frontiers in Endocrinology</i> , 2022, 13, 845014.	1.5	4
20	The effect of essential oil of rosemary on eccentric exercise-induced delayed-onset muscle soreness in non-active women. <i>Comparative Exercise Physiology</i> , 2020, 16, 129-136.	0.3	3
21	Effects of simultaneous intake of chamomile and ibuprofen on delayed-onset muscle soreness markers and some liver enzymes following eccentric exercise. <i>German Journal of Exercise and Sport Research</i> , 2020, 50, 395-405.	1.0	2
22	Effects of high-intensity interval training and flaxseed oil supplement on learning, memory and immobility: relationship with BDNF and TrkB genes. <i>Comparative Exercise Physiology</i> , 2021, 17, 273-283.	0.3	2
23	The Effect of Regular Aerobic Exercise Training and Pumpkin Seed Extract on the Heart and Aorta Apoptosis Biomarkers in Arsenic-Intoxicated Rats. <i>Gene, Cell and Tissue</i> , 2021, 8, .	0.2	2
24	The effects of high-intensity interval training and orlistat on selected adipokines and cytokines in obese women. <i>German Journal of Exercise and Sport Research</i> , 2022, 52, 87-96.	1.0	2
25	Effects of vibration therapy and vitamin D supplement on eccentric exercise-induced delayed onset muscle soreness in female students. <i>Comparative Exercise Physiology</i> , 2020, 16, 267-275.	0.3	2
26	The Independent and Combined Effects of Aerobic Exercise Training and Eugenol Consumption on Cardiac Acetylcholinesterase (AChE) in Chlorpyrifos Poisoned Rats. <i>Thrita</i> , 2021, 9, .	0.4	1
27	Phoenix dactylifera pollen does not affect eccentric resistance exercise-induced delayed-onset muscle soreness (DOMS) in female athletes. <i>Sport Sciences for Health</i> , 2021, 17, 615-624.	0.4	1
28	Comparison of the Effects of 6 Weeks of Traditional and Wrestling-Technique-Based Circuit Training on the Blood Levels of Lactate, Lactate Dehydrogenase, Glucose, and Insulin in Young Male Wrestlers. <i>Thrita</i> , 2022, 10, .	0.4	1
29	Effect of 1-week <i>Calendula officinalis</i> consumption before high-intensity interval exercise on some delayed onset muscle soreness (DOMS) elements in male rowers. <i>Comparative Exercise Physiology</i> , 2021, 17, 493-500.	0.3	0
30	Effect of Voluntary Exercise Training on Corticosterone Level and Immobility Behavior Induced by Chronic Stress in Rats. <i>Caspian Journal of Neurological Sciences</i> , 2020, 6, 164-169.	0.1	0
31	Effect of Endurance Training with Coriander Seed Consumption on Caspase-3 and Cytochrome-C in the Heart Tissue of H <sub>2</sub> O <sub>2</sub> -Poisoned Rats. <i>Modern Care Journal</i> , 2020, 17, .	0.2	0
32	Comparison of the Effect of Phoenix Dactylifera Extract and Testosterone Enanthate with and without Resistance Training on the Expression of FOXO3 $\pm$ and Ctnn1 <sup>2</sup> 1 Genes and Apoptosis in Rat Gastrocnemius Muscle. <i>PizhÅ«hish-i SalÅ«mat</i> , 2021, 6, 319-330.	0.2	0
33	The Complementary Role of Exercise and Fasting in the Treatment of Cancer: A Narrative Review of Mechanisms Related to Metabolic Stress Elements. <i>Disease and Diagnosis</i> , 2022, 11, 77-85.	0.1	0