

# Alice Anne Gibson

## List of Publications by Year in descending order

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Version: 2024-02-01

36  
papers

1,454  
citations

471061

17  
h-index

344852

36  
g-index

39  
all docs

39  
docs citations

39  
times ranked

2306  
citing authors

#	ARTICLE	IF	CITATIONS
1	Do ketogenic diets really suppress appetite? A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2015, 16, 64-76.	3.1	261
2	Effect of dietary carbohydrate restriction on glycemic control in adults with diabetes: A systematic review and meta-analysis. <i>Diabetes Research and Clinical Practice</i> , 2018, 139, 239-252.	1.1	184
3	Do intermittent diets provide physiological benefits over continuous diets for weight loss? A systematic review of clinical trials. <i>Molecular and Cellular Endocrinology</i> , 2015, 418, 153-172.	1.6	152
4	Strategies to Improve Adherence to Dietary Weight Loss Interventions in Research and Real-World Settings. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2017, 7, 44.	1.0	114
5	Does Diet-Induced Weight Loss Lead to Bone Loss in Overweight or Obese Adults? A Systematic Review and Meta-Analysis of Clinical Trials. <i>Journal of Bone and Mineral Research</i> , 2015, 30, 2168-2178.	3.1	104
6	Examining Internet and eHealth Practices and Preferences: Survey Study of Australian Older Adults With Subjective Memory Complaints, Mild Cognitive Impairment, or Dementia. <i>Journal of Medical Internet Research</i> , 2017, 19, e358.	2.1	75
7	Junk Food on Demand: A Cross-Sectional Analysis of the Nutritional Quality of Popular Online Food Delivery Outlets in Australia and New Zealand. <i>Nutrients</i> , 2020, 12, 3107.	1.7	71
8	Effect of Weight Loss via Severe vs Moderate Energy Restriction on Lean Mass and Body Composition Among Postmenopausal Women With Obesity. <i>JAMA Network Open</i> , 2019, 2, e1913733.	2.8	68
9	Does severe dietary energy restriction increase binge eating in overweight or obese individuals? A systematic review. <i>Obesity Reviews</i> , 2015, 16, 652-665.	3.1	43
10	Effect of diet-induced weight loss on muscle strength in adults with overweight or obesity – a systematic review and meta-analysis of clinical trials. <i>Obesity Reviews</i> , 2016, 17, 647-663.	3.1	32
11	Accuracy of hands-on household measures as portion size estimation aids. <i>Journal of Nutritional Science</i> , 2016, 5, e29.	0.7	32
12	High or low intensity text-messaging combined with group treatment equally promote weight loss maintenance in obese adults. <i>Obesity Research and Clinical Practice</i> , 2016, 10, 680-691.	0.8	28
13	Hunger for Home Delivery: Cross-Sectional Analysis of the Nutritional Quality of Complete Menus on an Online Food Delivery Platform in Australia. <i>Nutrients</i> , 2021, 13, 905.	1.7	26
14	Does weight loss reduce the incidence of total knee and hip replacement for osteoarthritis? A prospective cohort study among middle-aged and older adults with overweight or obesity. <i>International Journal of Obesity</i> , 2021, 45, 1696-1704.	1.6	25
15	Effects of energy restriction on activity of the hypothalamo-pituitary-adrenal axis in obese humans and rodents: implications for diet-induced changes in body composition. <i>Hormone Molecular Biology and Clinical Investigation</i> , 2013, 15, 71-80.	0.3	22
16	Fast versus slow weight loss: development process and rationale behind the dietary interventions for the TEMPO Diet Trial. <i>Obesity Science and Practice</i> , 2016, 2, 162-173.	1.0	20
17	Nutritional Qualities of Commercial Meal Kit Subscription Services in Australia. <i>Nutrients</i> , 2019, 11, 2679.	1.7	19
18	Comparison of Very Low Energy Diet Products Available in Australia and How to Tailor Them to Optimise Protein Content for Younger and Older Adult Men and Women. <i>Healthcare (Switzerland)</i> , 2016, 4, 71.	1.0	17

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19	Less Waste on Waist Measurements: Determination of Optimal Waist Circumference Measurement Site to Predict Visceral Adipose Tissue in Postmenopausal Women with Obesity. <i>Nutrients</i> , 2018, 10, 239.	1.7	17
20	Effectiveness and Characterization of Severely Energy-Restricted Diets in People with Class III Obesity: Systematic Review and Meta-Analysis. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2019, 9, 144.	1.0	16
21	#SupportLocal: how online food delivery services leveraged the COVID-19 pandemic to promote food and beverages on Instagram. <i>Public Health Nutrition</i> , 2021, 24, 4812-4822.	1.1	16
22	The safety and efficacy of weight loss via intermittent fasting or standard daily energy restriction in adults with type 1 diabetes and overweight or obesity: A pilot study. <i>Obesity Medicine</i> , 2018, 12, 13-17.	0.5	13
23	3-Year effect of weight loss via severe versus moderate energy restriction on body composition among postmenopausal women with obesity - the TEMPO Diet Trial. <i>Heliyon</i> , 2020, 6, e04007.	1.4	13
24	Urine dipsticks are not accurate for detecting mild ketosis during a severely energy restricted diet. <i>Obesity Science and Practice</i> , 2020, 6, 544-551.	1.0	12
25	Adherence to eye examination guidelines among individuals with diabetes: An analysis of linked health data. <i>Clinical and Experimental Ophthalmology</i> , 2020, 48, 1229-1238.	1.3	11
26	Brief report: Ramadan as a model of intermittent fasting: Effects on body composition, metabolic parameters, gut hormones and appetite in adults with and without type 2 diabetes mellitus. <i>Obesity Medicine</i> , 2017, 6, 15-17.	0.5	10
27	Attitudes and Approaches to Use of Meal Replacement Products among Healthcare Professionals in Management of Excess Weight. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2020, 10, 136.	1.0	10
28	Perspective: Are Online Food Delivery Services Emerging as Another Obstacle to Achieving the 2030 United Nations Sustainable Development Goals?. <i>Frontiers in Nutrition</i> , 2022, 9, 858475.	1.6	10
29	Rationale and Protocol for a Randomized Controlled Trial Comparing Fast versus Slow Weight Loss in Postmenopausal Women with Obesityâ€”The TEMPO Diet Trial. <i>Healthcare (Switzerland)</i> , 2018, 6, 85.	1.0	7
30	Dietary adherence and program attrition during a severely energy-restricted diet among people with complex class III obesity: A qualitative exploration. <i>PLoS ONE</i> , 2021, 16, e0253127.	1.1	7
31	Recruitment Strategies for a Randomised Controlled Trial Comparing Fast Versus Slow Weight Loss in Postmenopausal Women with Obesityâ€”The TEMPO Diet Trial. <i>Healthcare (Switzerland)</i> , 2018, 6, 76.	1.0	6
32	Diet Quality following Total Meal Replacement Compared with Food-Based Weight-Loss Diets in Postmenopausal Women with Obesity: A Secondary Analysis of the TEMPO Diet Trial. <i>Journal of Nutrition</i> , 2021, 151, 3299-3312.	1.3	4
33	Real World Adherence to a Severely Energy Restricted Meal Replacement Diet in Participants with Class II and III Obesity. <i>Obesities</i> , 2022, 2, 8-20.	0.3	3
34	Effect of severe versus moderate energy restriction on physical activity among postmenopausal female adults with obesity: a pre-specified secondary analysis of the TEMPO Diet randomized controlled Trial. <i>American Journal of Clinical Nutrition</i> , 2022, , .	2.2	2
35	Primary analysis of the Mandarin-speaking sub-study within the Sydney diabetes prevention program. <i>Diabetes Research and Clinical Practice</i> , 2017, 132, 118-126.	1.1	1
36	Obesity. <i>World Review of Nutrition and Dietetics</i> , 2014, 111, 104-109.	0.1	0