Ãsa von Berens

List of Publications by Year in descending order

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1478505 1588992 8 212 8 6 citations h-index g-index papers 12 12 12 409 citing authors docs citations times ranked all docs

#	Article	IF	CITATIONS
1	Functional improvements to $6\hat{A}$ months of physical activity are not related to changes in size or density of multiple lower-extremity muscles in mobility-limited older individuals. Experimental Gerontology, 2022, 157, 111631.	2.8	3
2	Sarcopenic obesity and associations with mortality in older women and men – a prospective observational study. BMC Geriatrics, 2020, 20, 199.	2.7	35
3	ââ,¬Å"Feeling More Self-Confident, Cheerful and Safe. Experiences from a Health-Promoting Intervention in Community Dwelling Older Adults ââ,¬â€•A Qualitative Study. Journal of Nutrition, Health and Aging, 2018, 22, 541-548.	3.3	8
4	Physical Performance and Serum 25(OH)Vitamin D Status in Community Dwelling Old Mobility Limited Adults: A Cross-Sectional Study. Journal of Nutrition, Health and Aging, 2018, 22, 1-7.	3.3	10
5	Nutritional Supplementation With Physical Activity Improves Muscle Composition in Mobility-Limited Older Adults, The VIVE2 Study: A Randomized, Double-Blind, Placebo-Controlled Trial. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2018, 73, 95-101.	3.6	110
6	Effect of exercise and nutritional supplementation on health-related quality of life and mood in older adults: the VIVE2 randomized controlled trial. BMC Geriatrics, 2018, 18, 286.	2.7	19
7	Nutritional supplementation with physical activity improves muscle composition in mobilityâ€limited older adults, the VIVE2 study: a randomized, doubleâ€blind, placeboâ€controlled trial. FASEB Journal, 2017, 31, 460.3.	0.5	5
8	The Vitality, Independence, and Vigor in the Elderly 2 Study (VIVE2): Design and methods. Contemporary Clinical Trials, 2015, 43, 164-171.	1.8	22