

Azita Hekmatdoost

List of Publications by Year in descending order

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Version: 2024-02-01

178
papers

5,484
citations

101384

36
h-index

110170

64
g-index

185
all docs

185
docs citations

185
times ranked

6651
citing authors

#	ARTICLE	IF	CITATIONS
1	Prospective Epidemiological Research Studies in Iran (the PERSIAN Cohort Study): Rationale, Objectives, and Design. <i>American Journal of Epidemiology</i> , 2018, 187, 647-655.	1.6	366
2	Synbiotic supplementation in nonalcoholic fatty liver disease: a randomized, double-blind, placebo-controlled pilot study. <i>American Journal of Clinical Nutrition</i> , 2014, 99, 535-542.	2.2	315
3	Resveratrol supplementation improves inflammatory biomarkers in patients with nonalcoholic fatty liver disease. <i>Nutrition Research</i> , 2014, 34, 837-843.	1.3	261
4	Synbiotic supplementation in lean patients with non-alcoholic fatty liver disease: a pilot, randomised, double-blind, placebo-controlled, clinical trial. <i>British Journal of Nutrition</i> , 2017, 117, 662-668.	1.2	165
5	Anti-Inflammatory Effects of Resveratrol in Patients with Ulcerative Colitis: A Randomized, Double-Blind, Placebo-controlled Pilot Study. <i>Archives of Medical Research</i> , 2015, 46, 280-285.	1.5	152
6	The effects of resveratrol supplementation on cardiovascular risk factors in patients with non-alcoholic fatty liver disease: a randomised, double-blind, placebo-controlled study. <i>British Journal of Nutrition</i> , 2015, 114, 796-803.	1.2	138
7	Nonalcoholic Fatty Liver Disease, the Gut Microbiome, and Diet. <i>Advances in Nutrition</i> , 2017, 8, 240-252.	2.9	125
8	Cinnamon may have therapeutic benefits on lipid profile, liver enzymes, insulin resistance, and high-sensitivity C-reactive protein in nonalcoholic fatty liver disease patients. <i>Nutrition Research</i> , 2014, 34, 143-148.	1.3	117
9	Anti-Hyperglycemic and Insulin Sensitizer Effects of Turmeric and Its Principle Constituent Curcumin. <i>International Journal of Endocrinology and Metabolism</i> , 2014, 12, e18081.	0.3	112
10	The effects of curcumin supplementation on high-sensitivity C-reactive protein, serum adiponectin, and lipid profile in patients with type 2 diabetes: A randomized, double-blind, placebo-controlled trial. <i>Phytotherapy Research</i> , 2019, 33, 1374-1383.	2.8	109
11	Resveratrol Supplementation and Oxidative/Anti-Oxidative Status in Patients with Ulcerative Colitis: A Randomized, Double-Blind, Placebo-controlled Pilot Study. <i>Archives of Medical Research</i> , 2016, 47, 304-309.	1.5	99
12	Ginger in gastrointestinal disorders: A systematic review of clinical trials. <i>Food Science and Nutrition</i> , 2019, 7, 96-108.	1.5	95
13	Effects of synbiotic supplementation on insulin resistance in subjects with the metabolic syndrome: a randomised, double-blind, placebo-controlled pilot study. <i>British Journal of Nutrition</i> , 2014, 112, 438-445.	1.2	94
14	Resveratrol and liver: A systematic review. <i>Journal of Research in Medical Sciences</i> , 2015, 20, 797.	0.4	91
15	Curcumin and inflammation in non-alcoholic fatty liver disease: a randomized, placebo controlled clinical trial. <i>BMC Gastroenterology</i> , 2019, 19, 133.	0.8	87
16	Serum uric acid and risk of cardiovascular mortality: a systematic review and dose-response meta-analysis of cohort studies of over a million participants. <i>BMC Cardiovascular Disorders</i> , 2019, 19, 218.	0.7	84
17	Flaxseed supplementation in non-alcoholic fatty liver disease: a pilot randomized, open labeled, controlled study. <i>International Journal of Food Sciences and Nutrition</i> , 2016, 67, 461-469.	1.3	79
18	Adherence to the Dietary Approaches to Stop Hypertension (DASH) and risk of Nonalcoholic Fatty Liver Disease. <i>International Journal of Food Sciences and Nutrition</i> , 2016, 67, 1024-1029.	1.3	76

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19	Association between Maternal Dietary Inflammatory Index (DII) and abortion in Iranian women and validation of DII with serum concentration of inflammatory factors: case-control study. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 511-516.	0.9	67
20	Ginger Supplementation in Nonalcoholic Fatty Liver Disease: A Randomized, Double-Blind, Placebo-Controlled Pilot Study. <i>Hepatitis Monthly</i> , 2016, 16, e34897.	0.1	66
21	The effects of curcumin supplementation on liver enzymes, lipid profile, glucose homeostasis, and hepatic steatosis and fibrosis in patients with non-alcoholic fatty liver disease. <i>European Journal of Clinical Nutrition</i> , 2019, 73, 441-449.	1.3	66
22	Recent advances in dietary supplementation, in treating non-alcoholic fatty liver disease. <i>World Journal of Hepatology</i> , 2014, 7, 204.	0.8	62
23	Dietary intake of minerals and risk of esophageal squamous cell carcinoma: results from the Golestan Cohort Study. <i>American Journal of Clinical Nutrition</i> , 2015, 102, 102-108.	2.2	61
24	How Much Weight Loss is Effective on Nonalcoholic Fatty Liver Disease?. <i>Hepatitis Monthly</i> , 2013, 13, e15227.	0.1	61
25	Zingiber officinale and oxidative stress in patients with ulcerative colitis: A randomized, placebo-controlled, clinical trial. <i>Complementary Therapies in Medicine</i> , 2019, 43, 1-6.	1.3	60
26	Dietary fatty acid intakes and Asthenozoospermia: a case-control study. <i>Fertility and Sterility</i> , 2015, 103, 190-198.	0.5	59
27	Inflammatory Potential of Diet and Risk of Ulcerative Colitis in a Case-Control Study from Iran. <i>Nutrition and Cancer</i> , 2016, 68, 404-409.	0.9	56
28	Hesperidin improves hepatic steatosis, hepatic enzymes, and metabolic and inflammatory parameters in patients with nonalcoholic fatty liver disease: A randomized, placebo-controlled, double-blind clinical trial. <i>Phytotherapy Research</i> , 2019, 33, 2118-2125.	2.8	51
29	Dietary fatty acid intakes are related to the risk of ulcerative colitis: a case-control study. <i>International Journal of Colorectal Disease</i> , 2015, 30, 1255-1260.	1.0	50
30	Dietary supplements and pediatric non-alcoholic fatty liver disease: Present and the future. <i>World Journal of Hepatology</i> , 2015, 7, 2597.	0.8	45
31	The influence of fasting and energy-restricted diets on leptin and adiponectin levels in humans: A systematic review and meta-analysis. <i>Clinical Nutrition</i> , 2021, 40, 1811-1821.	2.3	45
32	Dietary oils modify the host immune response and colonic tissue damage following <i>Citrobacter rodentium</i> infection in mice. <i>American Journal of Physiology - Renal Physiology</i> , 2013, 304, G917-G928.	1.6	44
33	Body mass index and risk of inflammatory bowel disease: A systematic review and dose-response meta-analysis of cohort studies of over a million participants. <i>Obesity Reviews</i> , 2019, 20, 1312-1320.	3.1	43
34	The effects of two vitamin D regimens on ulcerative colitis activity index, quality of life and oxidant/anti-oxidant status. <i>Nutrition Journal</i> , 2019, 18, 16.	1.5	42
35	The effects of <i>Bacillus coagulans</i> supplementation in patients with non-alcoholic fatty liver disease: A randomized, placebo-controlled, clinical trial. <i>Clinical Nutrition ESPEN</i> , 2020, 39, 53-60.	0.5	40
36	Pomegranate juice prevents development of non-alcoholic fatty liver disease in rats by attenuating oxidative stress and inflammation. <i>Journal of the Science of Food and Agriculture</i> , 2017, 97, 2327-2332.	1.7	39

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37	Effects of cereal beta-glucan consumption on body weight, body mass index, waist circumference and total energy intake: A meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2019, 43, 131-139.	1.3	39
38	Nut consumption and total and cause-specific mortality: results from the Golestan Cohort Study. <i>International Journal of Epidemiology</i> , 2017, 46, dyv365.	0.9	38
39	Effects of flaxseed and flaxseed oil supplement on serum levels of inflammatory markers, metabolic parameters and severity of disease in patients with ulcerative colitis. <i>Complementary Therapies in Medicine</i> , 2019, 46, 36-43.	1.3	36
40	The effects of <i>Nigella sativa</i> on quality of life, disease activity index, and some of inflammatory and oxidative stress factors in patients with ulcerative colitis. <i>Phytotherapy Research</i> , 2019, 33, 1027-1032.	2.8	36
41	Effects of supplementation with main coffee components including caffeine and/or chlorogenic acid on hepatic, metabolic, and inflammatory indices in patients with non-alcoholic fatty liver disease and type 2 diabetes: a randomized, double-blind, placebo-controlled, clinical trial. <i>Nutrition Journal</i> , 2021, 20, 35.	1.5	36
42	The correlation between serum selenium, zinc, and COVID-19 severity: an observational study. <i>BMC Infectious Diseases</i> , 2021, 21, 899.	1.3	36
43	Co-Administration of Soy Isoflavones and Vitamin D in Management of Irritable Bowel Disease. <i>PLoS ONE</i> , 2016, 11, e0158545.	1.1	35
44	Dietary supplementation in patients with alcoholic liver disease: a review on current evidence. <i>Hepatobiliary and Pancreatic Diseases International</i> , 2016, 15, 348-360.	0.6	35
45	Probiotic Supplementation in Morbid Obese Patients Undergoing One Anastomosis Gastric Bypass-Mini Gastric Bypass (OAGB-MGB) Surgery: a Randomized, Double-Blind, Placebo-Controlled, Clinical Trial. <i>Obesity Surgery</i> , 2018, 28, 2874-2885.	1.1	35
46	The influence of vitamin D supplementation on IGF-1 levels in humans: A systematic review and meta-analysis. <i>Ageing Research Reviews</i> , 2020, 57, 100996.	5.0	35
47	The efficacy of flaxseed and hesperidin on non-alcoholic fatty liver disease: an open-labeled randomized controlled trial. <i>European Journal of Clinical Nutrition</i> , 2021, 75, 99-111.	1.3	35
48	Adherence to the Western Pattern Is Potentially an Unfavorable Indicator of Asthenozoospermia Risk: A Case-Control Study. <i>Journal of the American College of Nutrition</i> , 2016, 35, 50-58.	1.1	33
49	The Effects of Probiotic Supplements on Blood Markers of Endotoxin and Lipid Peroxidation in Patients Undergoing Gastric Bypass Surgery; a Randomized, Double-Blind, Placebo-Controlled, Clinical Trial with 13Months Follow-Up. <i>Obesity Surgery</i> , 2019, 29, 1248-1258.	1.1	33
50	The effect of dietary oils on cecal microflora in experimental colitis in mice. <i>Indian Journal of Gastroenterology</i> , 2008, 27, 186-9.	0.7	33
51	Flaxseed Supplementation in Metabolic Syndrome Management: A Pilot Randomized, Open-Labelled, Controlled Study. <i>Phytotherapy Research</i> , 2016, 30, 1339-1344.	2.8	32
52	Association Between Index of Nutritional Quality and Nonalcoholic Fatty Liver Disease: The Role of Vitamin D and B Group. <i>American Journal of the Medical Sciences</i> , 2019, 358, 212-218.	0.4	30
53	The effect of melatonin on treatment of patients with non-alcoholic fatty liver disease: a randomized double blind clinical trial. <i>Complementary Therapies in Medicine</i> , 2020, 52, 102452.	1.3	30
54	Egg consumption and risk of non-alcoholic fatty liver disease. <i>World Journal of Hepatology</i> , 2017, 9, 503.	0.8	30

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55	The effect of hesperidin supplementation on metabolic profiles in patients with metabolic syndrome: a randomized, double-blind, placebo-controlled clinical trial. <i>European Journal of Nutrition</i> , 2020, 59, 2569-2577.	1.8	29
56	The effects of onion consumption on treatment of metabolic, histologic, and inflammatory features of nonalcoholic fatty liver disease. <i>Journal of Diabetes and Metabolic Disorders</i> , 2015, 15, 25.	0.8	28
57	The Effects of Onion Consumption on Prevention of Nonalcoholic Fatty Liver Disease. <i>Indian Journal of Clinical Biochemistry</i> , 2018, 33, 75-80.	0.9	27
58	The application of six dietary scores to a Middle Eastern population: a comparative analysis of mortality in a prospective study. <i>European Journal of Epidemiology</i> , 2019, 34, 371-382.	2.5	27
59	Red Meat Consumption and Risk of Nonalcoholic Fatty Liver Disease in a Population With Low Meat Consumption: The Golestan Cohort Study. <i>American Journal of Gastroenterology</i> , 2021, 116, 1667-1675.	0.2	27
60	<i>Nigella sativa</i> and inflammatory biomarkers in patients with non-alcoholic fatty liver disease: Results from a randomized, double-blind, placebo-controlled, clinical trial. <i>Complementary Therapies in Medicine</i> , 2019, 44, 204-209.	1.3	26
61	Effect of resveratrol on menstrual cyclicity, hyperandrogenism and metabolic profile in women with PCOS. <i>Clinical Nutrition</i> , 2021, 40, 4106-4112.	2.3	25
62	Methyltetrahydrofolate vs Folic Acid Supplementation in Idiopathic Recurrent Miscarriage with Respect to Methylenetetrahydrofolate Reductase C677T and A1298C Polymorphisms: A Randomized Controlled Trial. <i>PLoS ONE</i> , 2015, 10, e0143569.	1.1	24
63	The effects of black seed supplementation on cardiovascular risk factors in patients with nonalcoholic fatty liver disease: A randomized, double-blind, placebo-controlled clinical trial. <i>Phytotherapy Research</i> , 2019, 33, 2369-2377.	2.8	24
64	Adherence to the Dietary Approaches to Stop Hypertension (DASH) diet and risk of total and cause-specific mortality: results from the Golestan Cohort Study. <i>International Journal of Epidemiology</i> , 2019, 48, 1824-1838.	0.9	23
65	Dietary fatty acid composition and metabolic syndrome in Tehranian adults. <i>Nutrition</i> , 2011, 27, 1002-1007.	1.1	21
66	Soy isoflavones and cholecalciferol reduce inflammation, and gut permeability, without any effect on antioxidant capacity in irritable bowel syndrome: A randomized clinical trial. <i>Clinical Nutrition ESPEN</i> , 2019, 34, 50-54.	0.5	21
67	Risk factors for non-alcoholic fatty liver disease-associated hepatic fibrosis in type 2 diabetes patients. <i>Acta Diabetologica</i> , 2019, 56, 1199-1207.	1.2	21
68	Inflammatory markers response to citrulline supplementation in patients with non-alcoholic fatty liver disease: a randomized, double blind, placebo-controlled, clinical trial. <i>BMC Research Notes</i> , 2019, 12, 89.	0.6	21
69	Effects of Phytosterols supplementation on blood glucose, glycosylated hemoglobin (HbA1c) and insulin levels in humans: a systematic review and meta-analysis of randomized controlled trials. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020, 19, 625-632.	0.8	21
70	Flaxseed and/or hesperidin supplementation in metabolic syndrome: an open-labeled randomized controlled trial. <i>European Journal of Nutrition</i> , 2021, 60, 287-298.	1.8	21
71	Dietary Inflammatory Index and Odds of Breast Cancer in a Case-Control Study from Iran. <i>Nutrition and Cancer</i> , 2018, 70, 1034-1042.	0.9	20
72	The Influence of Fasting and Energy Restricting Diets on Blood Pressure in Humans: A Systematic Review and Meta-Analysis. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2020, 27, 271-280.	1.0	20

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73	Effects of Vitamin D supplementation in patients with irritable bowel syndrome: A randomized, double-blind, placebo-controlled clinical trial. <i>International Journal of Preventive Medicine</i> , 2019, 10, 16.	0.2	20
74	Dietary Inflammatory Index and Odds of Colorectal Cancer and Colorectal Adenomatous Polyps in a Case-Control Study from Iran. <i>Nutrients</i> , 2019, 11, 1213.	1.7	19
75	Association of Pro-inflammatory Dietary Intake and Non-Alcoholic Fatty Liver Disease: Findings from Iranian case-control study. <i>International Journal for Vitamin and Nutrition Research</i> , 2018, 88, 144-150.	0.6	19
76	Effects of a low free sugar diet on the management of nonalcoholic fatty liver disease: a randomized clinical trial. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 987-994.	1.3	19
77	Dietary food groups intake and cooking methods associations with pancreatic cancer: A case-control study. <i>Indian Journal of Gastroenterology</i> , 2015, 34, 225-232.	0.7	18
78	Dietary intake of polyphenols and risk of colorectal cancer and adenoma: A case-control study from Iran. <i>Complementary Therapies in Medicine</i> , 2019, 45, 269-274.	1.3	18
79	Effects of coadministration of DHA and vitamin E on spermatogram, seminal oxidative stress, and sperm phospholipids in asthenozoospermic men: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2020, 112, 707-719.	2.2	18
80	The association between index of nutritional quality and ulcerative colitis: A case-control study. <i>Journal of Research in Medical Sciences</i> , 2018, 23, 67.	0.4	18
81	Systematic review of zinc biomarkers and esophageal cancer risk. <i>Middle East Journal of Digestive Diseases</i> , 2014, 6, 177-85.	0.2	18
82	Effects of ginger supplementation on anthropometric, glycemic and metabolic parameters in subjects with metabolic syndrome: A randomized, double-blind, placebo-controlled study. <i>Journal of Diabetes and Metabolic Disorders</i> , 2019, 18, 119-125.	0.8	17
83	Legume intake and risk of nonalcoholic fatty liver disease. <i>Indian Journal of Gastroenterology</i> , 2019, 38, 55-60.	0.7	17
84	Is <i>Bacillus coagulans</i> supplementation plus low FODMAP diet superior to low FODMAP diet in irritable bowel syndrome management?. <i>European Journal of Nutrition</i> , 2020, 59, 2111-2117.	1.8	17
85	An Accessible and Pragmatic Experimental Model of Nonalcoholic Fatty Liver Disease. <i>Middle East Journal of Digestive Diseases</i> , 2016, 8, 109-115.	0.2	17
86	The Effect of Gluten Free Diet on Components of Metabolic Syndrome: A Randomized Clinical Trial. <i>Asian Pacific Journal of Cancer Prevention</i> , 2018, 19, 2979-2984.	0.5	17
87	Systematic review of zinc biochemical indicators and risk of coronary heart disease. <i>ARYA Atherosclerosis</i> , 2015, 11, 357-65.	0.4	17
88	Toenail mineral concentration and risk of esophageal squamous cell carcinoma, results from the Golestan Cohort Study. <i>Cancer Medicine</i> , 2017, 6, 3052-3059.	1.3	16
89	Effects of Pretreatments on Patulin Removal from Apple Juices Using Lactobacilli: Binding Stability in Simulated Gastrointestinal Condition and Modeling. <i>Probiotics and Antimicrobial Proteins</i> , 2021, 13, 135-145.	1.9	16
90	Association between Healthy Eating Index-2015 and Breast Cancer Risk: A Case-Control Study. <i>Asian Pacific Journal of Cancer Prevention</i> , 2020, 21, 1363-1367.	0.5	16

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91	Adherence to Mediterranean dietary pattern and depression, anxiety and stress among high-school female adolescents. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2018, 11, 73-83.	0.2	15
92	Effects of synbiotic supplementation on microbiota-derived protein-bound uremic toxins, systemic inflammation, and biochemical parameters in patients on hemodialysis: A double-blind, placebo-controlled, randomized clinical trial. <i>Nutrition</i> , 2020, 73, 110713.	1.1	15
93	MIND Diet Adherence Might be Associated with a Reduced Odds of Multiple Sclerosis: Results from a Caseâ€“Control Study. <i>Neurology and Therapy</i> , 2022, 11, 397-412.	1.4	15
94	The effect of low FODMAP diet with and without gluten on irritable bowel syndrome: A double blind, placebo controlled randomized clinical trial. <i>Clinical Nutrition ESPEN</i> , 2022, 47, 45-50.	0.5	15
95	Dietary ω -3 fatty acids and their influence on inflammation via Toll-like receptor pathways. <i>Nutrition</i> , 2021, 85, 111070.	1.1	14
96	Short term effects of coffee components consumption on gut microbiota in patients with non-alcoholic fatty liver and diabetes: A pilot randomized placebo-controlled, clinical trial. <i>EXCLI Journal</i> , 2020, 19, 241-250.	0.5	14
97	Polyunsaturated Fatty Acids, Microflora and Colitis. <i>Annals of Nutrition and Metabolism</i> , 2009, 55, 325-325.	1.0	13
98	The association between dietary tryptophan intake and migraine. <i>Neurological Sciences</i> , 2019, 40, 2349-2355.	0.9	13
99	Dietary polyphenols and the odds of non-alcoholic fatty liver disease: A case-control study. <i>Clinical Nutrition ESPEN</i> , 2021, 41, 429-435.	0.5	13
100	Antioxidant vitamin intakes and risk of depression, anxiety and stress among female adolescents. <i>Clinical Nutrition ESPEN</i> , 2020, 40, 257-262.	0.5	12
101	Low advanced Glycation end product diet improves the central obesity, insulin resistance and inflammatory profiles in Iranian patients with metabolic syndrome: a randomized clinical trial. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020, 19, 1129-1138.	0.8	12
102	The association between dietary antioxidant index (DAI) and nonalcoholic fatty liver disease (NAFLD) onset; new findings from an incident case-control study. <i>Clinical Nutrition ESPEN</i> , 2021, 41, 360-364.	0.5	12
103	Dietary acid load and mortality from all causes, CVD and cancer: results from the Golestan Cohort Study. <i>British Journal of Nutrition</i> , 2022, 128, 237-243.	1.2	12
104	Nut consumption and the risk of oesophageal squamous cell carcinoma in the Golestan Cohort Study. <i>British Journal of Cancer</i> , 2018, 119, 176-181.	2.9	11
105	Circulating plasma fatty acids and risk of pancreatic cancer: Results from the Golestan Cohort Study. <i>Clinical Nutrition</i> , 2021, 40, 1897-1904.	2.3	11
106	Administration of hydro-alcoholic extract of spinach improves oxidative stress and inflammation in high-fat diet-induced NAFLD rats. <i>BMC Complementary Medicine and Therapies</i> , 2021, 21, 221.	1.2	11
107	The Nail as a Biomonitor of Trace Element Status in Golestan Cohort Study. <i>Middle East Journal of Digestive Diseases</i> , 2016, 8, 19-23.	0.2	11
108	Artificial sweeteners are related to non-alcoholic fatty liver disease: Microbiota dysbiosis as a novel potential mechanism. <i>EXCLI Journal</i> , 2020, 19, 620-626.	0.5	11

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109	Dietary total antioxidant capacity and risk of ulcerative colitis: A case-control study. <i>Journal of Digestive Diseases</i> , 2019, 20, 636-641.	0.7	10
110	The association between nutrition knowledge and adherence to a Mediterranean dietary pattern in Iranian female adolescents. <i>International Journal of Adolescent Medicine and Health</i> , 2021, 33, .	0.6	10
111	Fatty liver index and risk of diabetes incidence: A systematic review and dose-response meta-analysis of cohort studies. <i>Primary Care Diabetes</i> , 2020, 14, 577-583.	0.9	10
112	The effect of yogurt co-fortified with probiotic and vitamin D on lipid profile, anthropometric indices and serum 25-hydroxy vitamin D in obese adult: A Double-blind Randomized-Controlled Trial. <i>Food Science and Nutrition</i> , 2021, 9, 303-312.	1.5	10
113	Dietary sodium intake in relation to non-alcoholic fatty liver disease risk: a case-control study. <i>Nutrition and Food Science</i> , 2021, 51, 541-550.	0.4	10
114	Healthy Eating Index-2015 as a predictor of ulcerative colitis risk in a case-control cohort. <i>Journal of Digestive Diseases</i> , 2019, 20, 649-655.	0.7	9
115	Effects of low fructose diet on glycemic control, lipid profile and systemic inflammation in patients with type 2 diabetes: A single-blind randomized controlled trial. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2020, 14, 849-855.	1.8	9
116	Dietary intake of fatty acids and risk of pancreatic cancer: Golestan cohort study. <i>Nutrition Journal</i> , 2021, 20, 69.	1.5	9
117	The Association between Nuts Intake and Non-Alcoholic Fatty Liver Disease (NAFLD) Risk: a Case-Control Study. <i>Clinical Nutrition Research</i> , 2020, 9, 195.	0.5	9
118	Major Dietary Protein Sources in Relation to Pancreatic Cancer: a Large Prospective Study. <i>Archives of Iranian Medicine</i> , 2016, 19, 248-56.	0.2	9
119	Polyphenol intakes and risk of impaired lipid profile, elevated hepatic enzymes and nonalcoholic fatty liver disease. <i>Nutrition and Food Science</i> , 2019, 49, 903-910.	0.4	8
120	Habitual dietary intake of flavonoids and all-cause and cause-specific mortality: Golestan cohort study. <i>Nutrition Journal</i> , 2020, 19, 108.	1.5	8
121	Effects of L-arginine supplementation on glycemic profile: Evidence from a systematic review and meta-analysis of clinical trials. <i>Journal of Integrative Medicine</i> , 2020, 18, 284-291.	1.4	8
122	Inflammatory biomarkers response to two dosages of vitamin D supplementation in patients with ulcerative colitis: A randomized, double-blind, placebo-controlled pilot study. <i>Clinical Nutrition ESPEN</i> , 2020, 36, 76-81.	0.5	8
123	Dietary total antioxidant capacity and colorectal cancer and colorectal adenomatous polyps: a case-control study. <i>European Journal of Cancer Prevention</i> , 2021, 30, 40-45.	0.6	8
124	Food Security and Its Association with Social Support in the Rural Households: A Cross-Sectional Study. <i>Preventive Nutrition and Food Science</i> , 2020, 25, 146-152.	0.7	8
125	Dietary Total Antioxidant Capacity and Risk of Non-Alcoholic Fatty Liver Disease: A Case-Control Study. <i>Journal of Research in Health Sciences</i> , 2020, 20, e00486-e00486.	0.9	8
126	Nutrient Patterns and Risk of Polycystic Ovary Syndrome. <i>Journal of Reproduction and Infertility</i> , 2019, 20, 161-168.	1.0	8

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127	Red and Processed Meat Intake in Relation to Non-Alcoholic Fatty Liver Disease Risk: Results from a Case-Control Study. <i>Clinical Nutrition Research</i> , 2022, 11, 42.	0.5	8
128	Glutamine Supplementation Enhances the Effects of a Low FODMAP Diet in Irritable Bowel Syndrome Management. <i>Frontiers in Nutrition</i> , 2021, 8, 746703.	1.6	8
129	The effects of hydroalcoholic extract of spinach on prevention and treatment of some metabolic and histologic features in a rat model of nonalcoholic fatty liver disease. <i>Journal of the Science of Food and Agriculture</i> , 2020, 100, 1787-1796.	1.7	7
130	The effect of egg and its derivatives on vascular function: A systematic review of interventional studies. <i>Clinical Nutrition ESPEN</i> , 2020, 39, 15-21.	0.5	7
131	Association of allium vegetables intake and non-alcoholic fatty liver disease risk. <i>Nutrition and Food Science</i> , 2020, 50, 1075-1083.	0.4	7
132	The effect of propolis on anthropometric indices and lipid profile: a systematic review and meta-analysis of randomized controlled trials. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020, 19, 1835-1843.	0.8	7
133	Energy-dense nutrient-poor snacks and risk of non-alcoholic fatty liver disease: a case-control study in Iran. <i>BMC Research Notes</i> , 2020, 13, 221.	0.6	7
134	Calcium to magnesium intake ratio and non-alcoholic fatty liver disease development: a case-control study. <i>BMC Endocrine Disorders</i> , 2021, 21, 51.	0.9	7
135	Comparing different non-invasive methods in assessment of the effects of curcumin on hepatic fibrosis in patients with non-alcoholic fatty liver disease. <i>Gastroenterology and Hepatology From Bed To Bench</i> , 2018, 11, S8-S13.	0.6	7
136	Carbohydrate Intake, Glycemic Index, and Glycemic Load and the Risk of Breast Cancer among Iranian Women. <i>Nutrition and Cancer</i> , 2021, 73, 785-793.	0.9	6
137	Role of dietary approaches to stop hypertension diet in risk of metabolic syndrome: Evidence from observational and interventional studies. <i>International Journal of Preventive Medicine</i> , 2021, 12, 24.	0.2	6
138	Macronutrients Intake and Stomach Cancer Risk in Iran: A Hospital-based Case-Control Study. <i>Journal of Research in Health Sciences</i> , 2021, 21, e00507-e00507.	0.9	6
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