

# Denise Zdzieblik

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1743103/publications.pdf>

Version: 2024-02-01

14  
papers

456  
citations

932766

10  
h-index

996533

15  
g-index

15  
all docs

15  
docs citations

15  
times ranked

527  
citing authors

#	ARTICLE	IF	CITATIONS
1	Collagen peptide supplementation in combination with resistance training improves body composition and increases muscle strength in elderly sarcopenic men: a randomised controlled trial. <i>British Journal of Nutrition</i> , 2015, 114, 1237-1245.	1.2	173
2	Specific Collagen Peptides Improve Bone Mineral Density and Bone Markers in Postmenopausal Women – A Randomized Controlled Study. <i>Nutrients</i> , 2018, 10, 97.	1.7	78
3	Improvement of activity-related knee joint discomfort following supplementation of specific collagen peptides. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 588-595.	0.9	45
4	Specific Collagen Peptides in Combination with Resistance Training Improve Body Composition and Regional Muscle Strength in Premenopausal Women: A Randomized Controlled Trial. <i>Nutrients</i> , 2019, 11, 892.	1.7	44
5	Substrate Utilization and Cycling Performance Following Palatinose <sup>®</sup> Ingestion: A Randomized, Double-Blind, Controlled Trial. <i>Nutrients</i> , 2016, 8, 390.	1.7	19
6	Internal Fat and Cardiometabolic Risk Factors Following a Meal-Replacement Regimen vs. Comprehensive Lifestyle Changes in Obese Subjects. <i>Nutrients</i> , 2015, 7, 9825-9833.	1.7	18
7	Improvement of Functional Ankle Properties Following Supplementation with Specific Collagen Peptides in Athletes with Chronic Ankle Instability. <i>Journal of Sports Science and Medicine</i> , 2018, 17, 298-304.	0.7	15
8	Improvement of functional ankle properties following supplementation with specific collagen peptides in athletes with chronic ankle instability. <i>Journal of Bodywork and Movement Therapies</i> , 2018, 22, 858.	0.5	13
9	The Influence of Specific Bioactive Collagen Peptides on Knee Joint Discomfort in Young Physically Active Adults: A Randomized Controlled Trial. <i>Nutrients</i> , 2021, 13, 523.	1.7	12
10	The Influence of Specific Bioactive Collagen Peptides on Body Composition and Muscle Strength in Middle-Aged, Untrained Men: A Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4837.	1.2	12
11	Effects of Blood Flow Restriction Training with Protein Supplementation on Muscle Mass And Strength in Older Men. <i>Journal of Sports Science and Medicine</i> , 2019, 18, 471-478.	0.7	10
12	Specific Bioactive Collagen Peptides in Osteopenia and Osteoporosis: Long-Term Observation in Postmenopausal Women. <i>Journal of Bone Metabolism</i> , 2021, 28, 207-213.	0.5	6
13	Effect of a High Fat Diet vs. High Carbohydrate Diets With Different Glycemic Indices on Metabolic Parameters in Male Endurance Athletes: A Pilot Trial. <i>Frontiers in Nutrition</i> , 2022, 9, 802374.	1.6	4
14	A high carbohydrate diet with a low glycaemic index improves training effects in male endurance athletes. <i>International Journal of Food Sciences and Nutrition</i> , 2022, 73, 965-972.	1.3	2