

Sarah Benson

List of Publications by Year in Descending Order

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Version: 2024-04-11

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

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|-------------------|-----------------------|----------------|---------------|
| 29 papers | 404 citations | 13 h-index | 18 g-index |
| 42 ext. papers | 573 ext. citations | 4.5 avg, IF | 4 L-index |

| # | Paper | IF | Citations |
|----|--|-----|-----------|
| 29 | Alcohol Hangover Across the Lifespan: Impact Of Sex and Age. <i>Alcohol and Alcoholism</i> , 2021 , 56, 589-598, | 3.5 | 1 |
| 28 | The effects of alcohol intoxication on cognitive functions critical for driving: A systematic review. <i>Accident Analysis and Prevention</i> , 2021 , 154, 106052 | 6.1 | 3 |
| 27 | L-cysteine and the Treatment of Alcohol Hangover: A Commentary on Eriksson et al. (2020). <i>Alcohol and Alcoholism</i> , 2021 , 56, 628-629 | 3.5 | 1 |
| 26 | Immune Fitness and the Psychosocial and Health Consequences of the COVID-19 Pandemic Lockdown in The Netherlands: Methodology and Design of the CLOFIT Study. <i>European Journal of Investigation in Health, Psychology and Education</i> , 2021 , 11, 199-218 | 1.9 | 13 |
| 25 | Mood and Changes in Alcohol Consumption in Young Adults during COVID-19 Lockdown: A Model Explaining Associations with Perceived Immune Fitness and Experiencing COVID-19 Symptoms. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18, | 4.6 | 2 |
| 24 | The Assessment of Overall Hangover Severity. <i>Journal of Clinical Medicine</i> , 2020 , 9, | 5.1 | 22 |
| 23 | Updating the Definition of the Alcohol Hangover. <i>Journal of Clinical Medicine</i> , 2020 , 9, | 5.1 | 32 |
| 22 | Sensitivity to Experiencing Alcohol Hangovers: Reconsideration of the 0.11% Blood Alcohol Concentration (BAC) Threshold for Having a Hangover. <i>Journal of Clinical Medicine</i> , 2020 , 9, | 5.1 | 18 |
| 21 | Consumption Patterns of Alcohol and Alcohol mixed with Energy Drinks in Australian Students and Non-Students. <i>Nutrients</i> , 2020 , 12, | 6.7 | 5 |
| 20 | Effects of Rapid Recovery on Alcohol Hangover Severity: A Double-Blind, Placebo-Controlled, Randomized, Balanced Crossover Trial. <i>Journal of Clinical Medicine</i> , 2020 , 9, | 5.1 | 5 |
| 19 | Prevalence of Hangover Resistance According to Two Methods for Calculating Estimated Blood Alcohol Concentration (eBAC). <i>Journal of Clinical Medicine</i> , 2020 , 9, | 5.1 | 2 |
| 18 | The Impact of Mood and Subjective Intoxication on Hangover Severity. <i>Journal of Clinical Medicine</i> , 2020 , 9, | 5.1 | 6 |
| 17 | Oxygen Administration and Acute Human Cognitive Enhancement: Higher Cognitive Demand Leads to a More Rapid Decay of Transient Hyperoxia. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2020 , 4, 94-99 | 2.4 | 2 |
| 16 | Alcohol Hangover and Multitasking: Effects on Mood, Cognitive Performance, Stress Reactivity, and Perceived Effort. <i>Journal of Clinical Medicine</i> , 2020 , 9, | 5.1 | 5 |
| 15 | The Association between Alcohol Hangover Frequency and Severity: Evidence for Reverse Tolerance?. <i>Journal of Clinical Medicine</i> , 2019 , 8, | 5.1 | 10 |
| 14 | Effects of Alcohol Hangover on Cognitive Performance: Findings from a Field/Internet Mixed Methodology Study. <i>Journal of Clinical Medicine</i> , 2019 , 8, | 5.1 | 16 |
| 13 | Advantages and Limitations of Naturalistic Study Designs and their Implementation in Alcohol Hangover Research. <i>Journal of Clinical Medicine</i> , 2019 , 8, | 5.1 | 19 |

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| 12 | Attentional and working memory performance following alcohol and energy drink: A randomised, double-blind, placebo-controlled, factorial design laboratory study. <i>PLoS ONE</i> , 2019 , 14, e0209239 | 3.7 | 8 |
| 11 | Alcohol mixed with energy drink (AMED): A critical review and meta-analysis. <i>Human Psychopharmacology</i> , 2018 , 33, e2650 | 2.3 | 27 |
| 10 | Why meta is better: A reply to Linden-Carmichael et al. (2018). <i>Human Psychopharmacology</i> , 2018 , 33, e2663 | 2.3 | 1 |
| 9 | Exploring the Effect of Lactium and Zizyphus Complex on Sleep Quality: A Double-Blind, Randomized Placebo-Controlled Trial. <i>Nutrients</i> , 2017 , 9, | 6.7 | 15 |
| 8 | A Review of the Physiological Factors Associated with Alcohol Hangover. <i>Current Drug Abuse Reviews</i> , 2016 , 9, 93-98 | | 21 |
| 7 | Consumption of caffeinated beverages and the awareness of their caffeine content among Dutch students. <i>Appetite</i> , 2016 , 103, 353-357 | 4.5 | 17 |
| 6 | Mixing alcohol with energy drink (AMED) and total alcohol consumption: a systematic review and meta-analysis. <i>Human Psychopharmacology</i> , 2016 , 31, 2-10 | 2.3 | 23 |
| 5 | Effects of mixing alcohol with caffeinated beverages on subjective intoxication: a systematic review and meta-analysis. <i>Neuroscience and Biobehavioral Reviews</i> , 2014 , 47, 16-21 | 9 | 33 |
| 4 | Effects of resveratrol and alcohol on mood and cognitive function in older individuals. <i>Nutrition and Aging (Amsterdam, Netherlands)</i> , 2014 , 2, 133-138 | | 6 |
| 3 | Motives for mixing alcohol with energy drinks and other nonalcoholic beverages, and consequences for overall alcohol consumption. <i>International Journal of General Medicine</i> , 2014 , 7, 285-93 | 2.3 | 14 |
| 2 | Effects of alcohol and energy drink on mood and subjective intoxication: a double-blind, placebo-controlled, crossover study. <i>Human Psychopharmacology</i> , 2014 , 29, 360-9 | 2.3 | 13 |
| 1 | An acute, double-blind, placebo-controlled cross-over study of 320 mg and 640 mg doses of Bacopa monnieri (CDRI 08) on multitasking stress reactivity and mood. <i>Phytotherapy Research</i> , 2014 , 28, 551-9 | 6.7 | 47 |