Demosthenes B Panagiotakos

List of Publications by Citations

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839 papers	27,181 citations	75 h-index	130 g-index
908 ext. papers	31,856 ext. citations	3.9 avg, IF	7.09 L-index

#	Paper	IF	Citations
839	C-reactive protein, fibrinogen, and cardiovascular disease prediction. *New England Journal of Medicine*, **2012**, 367, 1310-20	59.2	750
838	The effect of Mediterranean diet on metabolic syndrome and its components: a meta-analysis of 50 studies and 534,906 individuals. *Journal of the American College of Cardiology*, **2011**, 57, 1299-313	15.1	740
837	Dietary patterns: a Mediterranean diet score and its relation to clinical and biological markers of cardiovascular disease risk. *Nutrition, Metabolism and Cardiovascular Diseases*, **2006**, 16, 559-68	4.5	551
836	Adherence to the Mediterranean diet attenuates inflammation and coagulation process in healthy adults: The ATTICA Study. *Journal of the American College of Cardiology*, **2004**, 44, 152-8	15.1	545
835	Risk thresholds for alcohol consumption: combined analysis of individual-participant data for 599 912 current drinkers in 83 prospective studies. *Lancet, The*, **2018**, 391, 1513-1523	40	530
834	Interleukin-6 receptor pathways in coronary heart disease: a collaborative meta-analysis of 82 studies. *Lancet, The*, **2012**, 379, 1205-13	40	522
833	Mediterranean diet, stroke, cognitive impairment, and depression: A meta-analysis. *Annals of Neurology*, **2013**, 74, 580-91	9.4	469
832	Adherence to the Mediterranean food pattern predicts the prevalence of hypertension, hypercholesterolemia, diabetes and obesity, among healthy adults; the accuracy of the MedDietScore. *Preventive Medicine*, **2007**, 44, 335-40	4.3	388
831	Olive oil and health: summary of the II international conference on olive oil and health consensus report, Jaén and Córdoba (Spain) 2008. *Nutrition, Metabolism and Cardiovascular Diseases*, **2010**, 20, 284-94	4.5	383
830	A journey into a Mediterranean diet and type 2 diabetes: a systematic review with meta-analyses. *BMJ Open*, **2015**, 5, e008222	3	257
829	The implication of obesity and central fat on markers of chronic inflammation: The ATTICA study. *Atherosclerosis*, **2005**, 183, 308-15	3.1	251
828	Exercise capacity and mortality in older men: a 20-year follow-up study. *Circulation*, **2010**, 122, 790-7	16.7	230
827	Risk factors for thrombosis and primary thrombosis prevention in patients with systemic lupus erythematosus with or without antiphospholipid antibodies. *Arthritis and Rheumatism*, **2009**, 61, 29-36		227
826	Mediterranean diet and weight loss: meta-analysis of randomized controlled trials. *Metabolic Syndrome and Related Disorders*, **2011**, 9, 1-12	2.6	210
825	The epidemic of obesity in children and adolescents in the world. *Central European Journal of Public Health*, **2006**, 14, 151-9	1.2	201
824	Epidemiology of cardiovascular risk factors in Greece: aims, design and baseline characteristics of the ATTICA study. *BMC Public Health*, **2003**, 3, 32	4.1	194
823	Impact of lifestyle habits on the prevalence of the metabolic syndrome among Greek adults from the ATTICA study. *American Heart Journal*, **2004**, 147, 106-12	4.9	193

822	Dietary choline and betaine intakes in relation to concentrations of inflammatory markers in healthy adults: the ATTICA study. *American Journal of Clinical Nutrition*, **2008**, 87, 424-30	7	191
821	Anxiety in relation to inflammation and coagulation markers, among healthy adults: the ATTICA study. *Atherosclerosis*, **2006**, 185, 320-6	3.1	188
820	Lipid-lowering nutraceuticals in clinical practice: position paper from an International Lipid Expert Panel. *Nutrition Reviews*, **2017**, 75, 731-767	6.4	186
819	Adult height and the risk of cause-specific death and vascular morbidity in 1 million people: individual participant meta-analysis. *International Journal of Epidemiology*, **2012**, 41, 1419-33	7.8	178
818	Adherence to the Mediterranean diet is associated with total antioxidant capacity in healthy adults: the ATTICA study. *American Journal of Clinical Nutrition*, **2005**, 82, 694-699	7	178
817	Adherence to the Mediterranean diet is associated with total antioxidant capacity in healthy adults: the ATTICA study. *American Journal of Clinical Nutrition*, **2005**, 82, 694-9	7	176
816	Olive oil intake is inversely related to cancer prevalence: a systematic review and a meta-analysis of 13,800 patients and 23,340 controls in 19 observational studies. *Lipids in Health and Disease*, **2011**, 10, 127	4.4	175
815	Lipid lowering nutraceuticals in clinical practice: position paper from an International Lipid Expert Panel. *Archives of Medical Science*, **2017**, 13, 965-1005	2.9	173
814	Association between prehypertension status and inflammatory markers related to atherosclerotic disease: The ATTICA Study. *American Journal of Hypertension*, **2004**, 17, 568-73	2.3	162
813	The association between food patterns and the metabolic syndrome using principal components analysis: The ATTICA Study. *Journal of the American Dietetic Association*, **2007**, 107, 979-87; quiz 997		159
812	The Role of Nutraceuticals in Statin Intolerant Patients. *Journal of the American College of Cardiology*, **2018**, 72, 96-118	15.1	157
811	The effect of Mediterranean diet on the development of type 2 diabetes mellitus: a meta-analysis of 10 prospective studies and 136,846 participants. *Metabolism: Clinical and Experimental*, **2014**, 63, 903-11	12.7	155
810	Association between the prevalence of obesity and adherence to the Mediterranean diet: the ATTICA study. *Nutrition*, **2006**, 22, 449-56	4.8	151
809	Adherence to the Mediterranean diet is associated with the gut microbiota pattern and gastrointestinal characteristics in an adult population. *British Journal of Nutrition*, **2017**, 117, 1645-1655	3.6	150
808	Insulin action in adipose tissue and muscle in hypothyroidism. *Journal of Clinical Endocrinology and Metabolism*, **2006**, 91, 4930-7	5.6	148
807	Inflammation, coagulation, and depressive symptomatology in cardiovascular disease-free people; the ATTICA study. *European Heart Journal*, **2004**, 25, 492-9	9.5	146
806	Dietary quality indices and human health: a review. *Maturitas*, **2009**, 62, 1-8	5	144
805	Effect of exposure to secondhand smoke on markers of inflammation: the ATTICA study. *American Journal of Medicine*, **2004**, 116, 145-50	2.4	136

804	Effects of lifestyle interventions on clinical characteristics of patients with non-alcoholic fatty liver disease: A meta-analysis. *Metabolism: Clinical and Experimental*, **2017**, 68, 119-132	12.7	135
803	Associations between coffee consumption and inflammatory markers in healthy persons: the ATTICA study. *American Journal of Clinical Nutrition*, **2004**, 80, 862-7	7	135
802	Fish consumption among healthy adults is associated with decreased levels of inflammatory markers related to cardiovascular disease: the ATTICA study. *Journal of the American College of Cardiology*, **2005**, 46, 120-4	15.1	133
801	Increased local temperature in human coronary atherosclerotic plaques: an independent predictor of clinical outcome in patients undergoing a percutaneous coronary intervention. *Journal of the American College of Cardiology*, **2001**, 37, 1277-83	15.1	132
800	Interactive effects of fitness and statin treatment on mortality risk in veterans with dyslipidaemia: a cohort study. *Lancet, The*, **2013**, 381, 394-9	40	130
799	Responses of blood lipids to aerobic, resistance, and combined aerobic with resistance exercise training: a systematic review of current evidence. *Angiology*, **2009**, 60, 614-32	2.1	130
798	The implication of obesity on total antioxidant capacity in apparently healthy men and women: the ATTICA study. *Nutrition, Metabolism and Cardiovascular Diseases*, **2007**, 17, 590-7	4.5	126
797	Very high childhood obesity prevalence and low adherence rates to the Mediterranean diet in Greek children: the GRECO study. *Atherosclerosis*, **2011**, 217, 525-30	3.1	118
796	Colorectal cancer association with metabolic syndrome and its components: a systematic review with meta-analysis. *Endocrine*, **2013**, 44, 634-47	4	114
795	Healthy indexes in public health practice and research: a review. *Critical Reviews in Food Science and Nutrition*, **2008**, 48, 317-27	11.5	113
794	The associations between leisure-time physical activity and inflammatory and coagulation markers related to cardiovascular disease: the ATTICA Study. *Preventive Medicine*, **2005**, 40, 432-7	4.3	112
793	Unsaturated fatty acids are inversely associated and n-6/n-3 ratios are positively related to inflammation and coagulation markers in plasma of apparently healthy adults. *Clinica Chimica Acta*, **2010**, 411, 584-91	6.2	109
792	Natriuretic peptides and integrated risk assessment for cardiovascular disease: an individual-participant-data meta-analysis. *Lancet Diabetes and Endocrinology,the*, **2016**, 4, 840-9	18.1	108
791	Climatological variations in daily hospital admissions for acute coronary syndromes. *International Journal of Cardiology*, **2004**, 94, 229-33	3.2	106
790	Evaluation of the efficacy of six nutritional screening tools to predict malnutrition in the elderly. *Clinical Nutrition*, **2012**, 31, 378-85	5.9	104
789	Smoking and caffeine have a synergistic detrimental effect on aortic stiffness and wave reflections. *Journal of the American College of Cardiology*, **2004**, 44, 1911-7	15.1	103
788	Diet, exercise and the metabolic syndrome. *Review of Diabetic Studies*, **2006**, 3, 118-26	3.6	99
787	Status and management of hypertension in Greece: role of the adoption of a Mediterranean diet: the Attica study. *Journal of Hypertension*, **2003**, 21, 1483-9	1.9	97

786	Exercise capacity and all-cause mortality in African American and Caucasian men with type 2 diabetes. *Diabetes Care*, **2009**, 32, 623-8	14.6	93
785	The role of Mediterranean type of diet on the development of cancer and cardiovascular disease, in the elderly: a systematic review. *Maturitas*, **2010**, 65, 122-30	5	92
784	Association Between Low-Grade Systemic Inflammation and Type 2 Diabetes Mellitus Among Men and Women from the ATTICA Study. *Review of Diabetic Studies*, **2007**, 4, 98-104	3.6	92
783	Home blood pressure normalcy in children and adolescents: the Arsakeion School study. *Journal of Hypertension*, **2007**, 25, 1375-9	1.9	91
782	Influence of Mediterranean diet on asthma in children: a systematic review and meta-analysis. *Pediatric Allergy and Immunology*, **2013**, 24, 330-8	4.2	90
781	Increased temperature of malignant urinary bladder tumors in vivo: the application of a new method based on a catheter technique. *Journal of Clinical Oncology*, **2001**, 19, 676-81	2.2	90
780	Development, repeatability and validity regarding energy and macronutrient intake of a semi-quantitative food frequency questionnaire: methodological considerations. *Nutrition, Metabolism and Cardiovascular Diseases*, **2012**, 22, 659-67	4.5	89
779	Ten-year (2002-2012) cardiovascular disease incidence and all-cause mortality, in urban Greek population: the ATTICA Study. *International Journal of Cardiology*, **2015**, 180, 178-84	3.2	88
778	Epidemiology of overweight and obesity in a Greek adult population: the ATTICA Study. *Obesity*, **2004**, 12, 1914-20		88
777	Prevention of type 2 diabetes by dietary patterns: a systematic review of prospective studies and meta-analysis. *Metabolic Syndrome and Related Disorders*, **2010**, 8, 471-6	2.6	87
776	Exercise capacity and mortality in hypertensive men with and without additional risk factors. *Hypertension*, **2009**, 53, 494-9	8.5	87
775	Which diet for prevention of type 2 diabetes? A meta-analysis of prospective studies. *Endocrine*, **2014**, 47, 107-16	4	86
774	Exercise capacity and progression from prehypertension to hypertension. *Hypertension*, **2012**, 60, 333-8	8.5	83
773	Mediterranean diet and metabolic syndrome: an updated systematic review. *Reviews in Endocrine and Metabolic Disorders*, **2013**, 14, 255-63	10.5	82
772	Dietary supplementation with flaxseed oil lowers blood pressure in dyslipidaemic patients. *European Journal of Clinical Nutrition*, **2007**, 61, 1201-6	5.2	81
771	Association between dietary patterns and indices of bone mass in a sample of Mediterranean women. *Nutrition*, **2009**, 25, 165-71	4.8	79
770	The association between adherence to the Mediterranean diet and fasting indices of glucose homoeostasis: the ATTICA Study. *Journal of the American College of Nutrition*, **2007**, 26, 32-8	3.5	79
769	Socio-economic status, dietary habits and health-related outcomes in various parts of the world: a review. *Central European Journal of Public Health*, **2009**, 17, 55-63	1.2	79

768	Diet, lifestyle factors and hypercholesterolemia in elderly men and women from Cyprus. *Lipids in Health and Disease*, **2010**, 9, 107	4.4	78
767	Dairy products consumption is associated with decreased levels of inflammatory markers related to cardiovascular disease in apparently healthy adults: the ATTICA study. *Journal of the American College of Nutrition*, **2010**, 29, 357-64	3.5	75
766	Dietary patterns and prevention of type 2 diabetes: from research to clinical practice; a systematic review. *Current Diabetes Reviews*, **2009**, 5, 221-7	2.7	75
765	Adherence to Mediterranean diet and 10-year incidence (2002-2012) of diabetes: correlations with inflammatory and oxidative stress biomarkers in the ATTICA cohort study. *Diabetes/Metabolism Research and Reviews*, **2016**, 32, 73-81	7.5	75
764	Application of non-HDL cholesterol for population-based cardiovascular risk stratification: results from the Multinational Cardiovascular Risk Consortium. *Lancet, The*, **2019**, 394, 2173-2183	40	75
763	The effects of grape and red wine polyphenols on gut microbiota - A systematic review. *Food Research International*, **2018**, 113, 277-287	7	74
762	The J-shaped effect of coffee consumption on the risk of developing acute coronary syndromes: the CARDIO2000 case-control study. *Journal of Nutrition*, **2003**, 133, 3228-32	4.1	74
761	Adherence to the Mediterranean type of diet is associated with lower prevalence of asthma symptoms, among 10-12 years old children: the PANACEA study. *Pediatric Allergy and Immunology*, **2011**, 22, 283-9	4.2	73
760	Air temperature and inflammatory responses in myocardial infarction survivors. *Epidemiology*, **2008** , 19, 391-400	3.1	73
759	Maternal lifestyle characteristics during pregnancy, and the risk of obesity in the offspring: a study of 5,125 children. *BMC Pregnancy and Childbirth*, **2015**, 15, 66	3.2	72
758	Eating habits in relations to anxiety symptoms among apparently healthy adults. A pattern analysis from the ATTICA Study. *Appetite*, **2008**, 51, 519-25	4.5	72
757	The epidemiology of Type 2 diabetes mellitus in Greek adults: the ATTICA study. *Diabetic Medicine*, **2005**, 22, 1581-8	3.5	72
756	The effects of the Mediterranean diet on rheumatoid arthritis prevention and treatment: a systematic review of human prospective studies. *Rheumatology International*, **2018**, 38, 737-747	3.6	71
755	Olive oil consumption and human health: A narrative review. *Maturitas*, **2018**, 118, 60-66	5	71
754	The mediterranean diet in cancer prevention: a review. *Journal of Medicinal Food*, **2011**, 14, 1065-78	2.8	70
753	Eleven-year prevalence trends of obesity in Greek children: first evidence that prevalence of obesity is leveling off. *Obesity*, **2010**, 18, 161-6	8	70
752	Inflammatory markers and in-hospital mortality in acute ischaemic stroke. *Atherosclerosis*, **2006**, 189, 193-7	3.1	70
751	Mediterranean diet for type 2 diabetes: cardiometabolic benefits. *Endocrine*, **2017**, 56, 27-32	4	66

750	Mediterranean diet and insulin sensitivity, lipid profile and blood pressure levels, in overweight and obese people; the Attica study. *Lipids in Health and Disease*, **2007**, 6, 22	4.4	66
749	Risk stratification of coronary heart disease in Greece: final results from the CARDIO2000 Epidemiological Study. *Preventive Medicine*, **2002**, 35, 548-56	4.3	66
748	Repeatability and validation of a short, semi-quantitative food frequency questionnaire designed for older adults living in Mediterranean areas: the MEDIS-FFQ. *Journal of Nutrition in Gerontology and Geriatrics*, **2010**, 29, 311-24		65
747	Mediterranean diet and inflammatory response in myocardial infarction survivors. *International Journal of Epidemiology*, **2009**, 38, 856-66	7.8	64
746	Level of adherence to the Mediterranean diet among children from Cyprus: the CYKIDS study. *Public Health Nutrition*, **2009**, 12, 991-1000	3.3	63
745	Incidence and prevalence of major central nervous system involvement in systemic lupus erythematosus: a 3-year prospective study of 370 patients. *PLoS ONE*, **2013**, 8, e55843	3.7	63
744	Dietary habits and cardiovascular disease risk in middle-aged and elderly populations: a review of evidence. *Clinical Interventions in Aging*, **2009**, 4, 319-30	4	62
743	Chronic coffee consumption has a detrimental effect on aortic stiffness and wave reflections. *American Journal of Clinical Nutrition*, **2005**, 81, 1307-12	7	62
742	Dietary patterns and 5-year incidence of cardiovascular disease: a multivariate analysis of the ATTICA study. *Nutrition, Metabolism and Cardiovascular Diseases*, **2009**, 19, 253-63	4.5	61
741	Relationship between meat intake and the development of acute coronary syndromes: the CARDIO2000 case-control study. *European Journal of Clinical Nutrition*, **2008**, 62, 171-7	5.2	61
740	Association of leisure-time physical activity on inflammation markers (C-reactive protein, white cell blood count, serum amyloid A, and fibrinogen) in healthy subjects (from the ATTICA study). *American Journal of Cardiology*, **2003**, 91, 368-70	3	61
739	The adoption of Mediterranean diet attenuates the development of acute coronary syndromes in people with the metabolic syndrome. *Nutrition Journal*, **2003**, 2, 1	4.3	61
738	Urban environment, physical inactivity and unhealthy dietary habits correlate to depression among elderly living in eastern Mediterranean islands: the MEDIS (MEDiterranean ISlands Elderly) study. *Journal of Nutrition, Health and Aging*, **2010**, 14, 449-55	5.2	60
737	Epidemiology of leisure-time physical activity in socio-demographic, lifestyle and psychological characteristics of men and women in Greece: the ATTICA Study. *BMC Public Health*, **2005**, 5, 37	4.1	60
736	The association between adherence to the Mediterranean diet and adiponectin levels among healthy adults: the ATTICA study. *Journal of Nutritional Biochemistry*, **2010**, 21, 285-9	6.3	59
735	Successful aging, dietary habits and health status of elderly individuals: a k-dimensional approach within the multi-national MEDIS study. *Experimental Gerontology*, **2014**, 60, 57-63	4.5	58
734	Visceral adiposity index and 10-year cardiovascular disease incidence: The ATTICA study. *Nutrition, Metabolism and Cardiovascular Diseases*, **2017**, 27, 881-889	4.5	58
733	Arrhythmogenic right ventricular cardiomyopathy caused by deletions in plakophilin-2 and plakoglobin (Naxos disease) in families from Greece and Cyprus: genotype-phenotype relations, diagnostic features and prognosis. *European Heart Journal*, **2006**, 27, 2208-16	9.5	58

732	The association between pre-hypertension status and oxidative stress markers related to atherosclerotic disease: the ATTICA study. *Atherosclerosis*, **2007**, 192, 169-76	3.1	58
731	Association between exposure to environmental tobacco smoke and the development of acute coronary syndromes: the CARDIO2000 case-control study. *Tobacco Control*, **2002**, 11, 220-5	5.3	58
730	SCORE2 risk prediction algorithms: new models to estimate 10-year risk of cardiovascular disease in Europe. *European Heart Journal*, **2021**, 42, 2439-2454	9.5	58
729	Genes, diet and type 2 diabetes mellitus: a review. *Review of Diabetic Studies*, **2007**, 4, 13-24	3.6	57
728	The effect of diet enriched with alpha-linolenic acid on soluble cellular adhesion molecules in dyslipidaemic patients. *Atherosclerosis*, **2004**, 174, 127-32	3.1	57
727	The associations between physical activity, inflammation, and coagulation markers, in people with metabolic syndrome: the ATTICA study. *European Journal of Cardiovascular Prevention and Rehabilitation*, **2005**, 12, 151-158		57
726	Cognitive impairment and dietary habits among elders: the Velestino Study. *Journal of Medicinal Food*, **2013**, 16, 343-50	2.8	55
725	Mediterranean diet and coronary heart disease: is obesity a link? - A systematic review. *Nutrition, Metabolism and Cardiovascular Diseases*, **2010**, 20, 536-51	4.5	55
724	Long-term fish intake is associated with less severe depressive symptoms among elderly men and women: the MEDIS (MEDiterranean ISlands Elderly) epidemiological study. *Journal of Aging and Health*, **2009**, 21, 864-80	2.6	55
723	Statin treatment is associated with reduced thermal heterogeneity in human atherosclerotic plaques. *European Heart Journal*, **2002**, 23, 1664-9	9.5	55
722	Dietary antioxidant capacity is inversely associated with diabetes biomarkers: the ATTICA study. *Nutrition, Metabolism and Cardiovascular Diseases*, **2011**, 21, 561-7	4.5	54
721	Effects of flaxseed oil supplementation on plasma adiponectin levels in dyslipidemic men. *European Journal of Nutrition*, **2007**, 46, 315-20	5.2	54
720	Physical activity, obesity status, and glycemic control: The ATTICA study. *Medicine and Science in Sports and Exercise*, **2007**, 39, 606-11	1.2	54
719	Minor salivary gland inflammatory lesions in Sjǧren syndrome: do they evolve?. *Journal of Rheumatology*, **2013**, 40, 1566-71	4.1	53
718	Eating frequency and overweight and obesity in children and adolescents: a meta-analysis. *Pediatrics*, **2013**, 131, 958-67	7.4	52
717	Cigar smoking has an acute detrimental effect on arterial stiffness. *American Journal of Hypertension*, **2004**, 17, 299-303	2.3	52
716	The association between educational status and risk factors related to cardiovascular disease in healthy individuals: The ATTICA study. *Annals of Epidemiology*, **2004**, 14, 188-94	6.4	52
715	Can a Mediterranean diet moderate the development and clinical progression of coronary heart disease? A systematic review. *Medical Science Monitor*, **2004**, 10, RA193-8	3.2	52

714	Dietary patterns in relation to socio-economic and lifestyle characteristics among Greek adolescents: a multivariate analysis. *Public Health Nutrition*, **2009**, 12, 1366-72	3.3	51
713	MedDietScore: a computer program that evaluates the adherence to the Mediterranean dietary pattern and its relation to cardiovascular disease risk. *Computer Methods and Programs in Biomedicine*, **2006**, 83, 73-7	6.9	51
712	Transition from metabolically benign to metabolically unhealthy obesity and 10-year cardiovascular disease incidence: The ATTICA cohort study. *Metabolism: Clinical and Experimental*, **2019**, 93, 18-24	12.7	51
711	Adherence to the Mediterranean diet is associated with renal function among healthy adults: the ATTICA study. *Journal of Renal Nutrition*, **2010**, 20, 176-84	3	50
710	A 6-month follow-up of intermittent levosimendan administration effect on systolic function, specific activity questionnaire, and arrhythmia in advanced heart failure. *Journal of Cardiac Failure*, **2007**, 13, 556-9	3.3	50
709	Mediterranean diet and prevention of coronary heart disease in the elderly. *Clinical Interventions in Aging*, **2007**, 2, 109-15	4	50
708	Flaxseed oil does not affect inflammatory markers and lipid profile compared to olive oil, in young, healthy, normal weight adults. *Metabolism: Clinical and Experimental*, **2013**, 62, 686-93	12.7	49
707	Long-term fish consumption is associated with protection against arrhythmia in healthy persons in a Mediterranean region--the ATTICA study. *American Journal of Clinical Nutrition*, **2007**, 85, 1385-91	7	49
706	The relation between pulse pressure and cardiovascular mortality in 12,763 middle-aged men from various parts of the world: a 25-year follow-up of the seven countries study. *Archives of Internal Medicine*, **2005**, 165, 2142-7		49
705	The association of Mediterranean diet with lower risk of acute coronary syndromes in hypertensive subjects. *International Journal of Cardiology*, **2002**, 82, 141-7	3.2	49
704	Advanced analytical methodologies for measuring healthy ageing and its determinants, using factor analysis and machine learning techniques: the ATHLOS project. *Scientific Reports*, **2017**, 7, 43955	4.9	48
703	Population prevalence of edentulism and its association with depression and self-rated health. *Scientific Reports*, **2016**, 6, 37083	4.9	48
702	The Mediterranean diet contributes to the preservation of left ventricular systolic function and to the long-term favorable prognosis of patients who have had an acute coronary event. *American Journal of Clinical Nutrition*, **2010**, 92, 47-54	7	48
701	Implication of socio-economic status on the prevalence of overweight and obesity in Greek adults: the ATTICA study. *Health Policy*, **2005**, 74, 224-32	3.2	48
700	Comparison of effectiveness of carvedilol versus bisoprolol for maintenance of sinus rhythm after cardioversion of persistent atrial fibrillation. *American Journal of Cardiology*, **2003**, 92, 1116-9	3	48
699	The relationship between dietary habits, blood glucose and insulin levels among people without cardiovascular disease and type 2 diabetes; the ATTICA study. *Review of Diabetic Studies*, **2005**, 2, 208-15	3.6	48
698	Long-term fish intake is associated with better lipid profile, arterial blood pressure, and blood glucose levels in elderly people from Mediterranean islands (MEDIS epidemiological study). *Medical Science Monitor*, **2007**, 13, CR307-12	3.2	48
697	The associations between smoking, physical activity, dietary habits and plasma homocysteine levels in cardiovascular disease-free people: the 'ATTICA' study. *Vascular Medicine*, **2004**, 9, 117-23	3.3	47

696	Background diet influences the anti-inflammatory effect of alpha-linolenic acid in dyslipidaemic subjects. *British Journal of Nutrition*, **2004**, 92, 649-55	3.6	47
695	Diet and breast cancer: a systematic review. *International Journal of Food Sciences and Nutrition*, **2015**, 66, 1-42	3.7	46
694	Dietary patterns and stroke: a systematic review and re-meta-analysis. *Maturitas*, **2014**, 79, 41-7	5	46
693	Benefits of combined aerobic/resistance/inspiratory training in patients with chronic heart failure. A complete exercise model? A prospective randomised study. *International Journal of Cardiology*, **2013**, 167, 1967-72	3.2	46
692	Neck circumference is correlated with triglycerides and inversely related with HDL cholesterol beyond BMI and waist circumference. *Diabetes/Metabolism Research and Reviews*, **2013**, 29, 90-7	7.5	46
691	Lifestyle factors are determinants of children's blood pressure levels: the CYKIDS study. *Journal of Human Hypertension*, **2009**, 23, 456-63	2.6	46
690	Physical activity mediates the protective effect of the Mediterranean diet on children's obesity status: The CYKIDS study. *Nutrition*, **2010**, 26, 61-7	4.8	46
689	Effects of black and green tea consumption on blood glucose levels in non-obese elderly men and women from Mediterranean Islands (MEDIS epidemiological study). *European Journal of Nutrition*, **2008**, 47, 10-6	5.2	46
688	Dietary antioxidant capacity and concentration of adiponectin in apparently healthy adults: the ATTICA study. *European Journal of Clinical Nutrition*, **2010**, 64, 161-8	5.2	45
687	Five-year incidence of cardiovascular disease and its predictors in Greece: the ATTICA study. *Vascular Medicine*, **2008**, 13, 113-21	3.3	45
686	Beta-blockade mitigates exercise blood pressure in hypertensive male patients. *Journal of the American College of Cardiology*, **2006**, 47, 794-8	15.1	45
685	High sodium intake of children through 'hidden' food sources and its association with the Mediterranean diet: the GRECO study. *Journal of Hypertension*, **2011**, 29, 1069-76	1.9	44
684	Socio-economic status, place of residence and dietary habits among the elderly: the Mediterranean islands study. *Public Health Nutrition*, **2010**, 13, 1614-21	3.3	44
683	Immune response to inspiratory muscle training in patients with chronic heart failure. *European Journal of Cardiovascular Prevention and Rehabilitation*, **2007**, 14, 679-85		44
682	Physical activity, high density lipoprotein cholesterol and other lipids levels, in men and women from the ATTICA study. *Lipids in Health and Disease*, **2003**, 2, 3	4.4	44
681	The effect of Mediterranean diet on the risk of the development of acute coronary syndromes in hypercholesterolemic people: a case-control study (CARDIO2000). *Coronary Artery Disease*, **2002**, 13, 295-300	1.4	44
680	Validation of a urine color scale for assessment of urine osmolality in healthy children. *European Journal of Nutrition*, **2016**, 55, 907-15	5.2	43
679	Adherence to the Mediterranean diet in relation to acute coronary syndrome or stroke nonfatal events: a comparative analysis of a case/case-control study. *American Heart Journal*, **2011**, 162, 717-24	4.9	43

678	Sociodemographic and lifestyle statistics of oldest old people (>80 years) living in ikaria island: the ikaria study. *Cardiology Research and Practice*, **2011**, 2011, 679187	1.9	43
677	Abdominal obesity and inflammation predicts hypertension among prehypertensive men and women: the ATTICA Study. *Heart and Vessels*, **2008**, 23, 96-103	2.1	43
676	Dietary and other lifestyle characteristics of Cypriot school children: results from the nationwide CYKIDS study. *BMC Public Health*, **2009**, 9, 147	4.1	42
675	An inverse relationship between cumulating components of the metabolic syndrome and serum magnesium levels. *Nutrition Research*, **2008**, 28, 659-63	4	42
674	Cigarette smoking and myocardial infarction in young men and women: a case-control study. *International Journal of Cardiology*, **2007**, 116, 371-5	3.2	42
673	The emerging anti-inflammatory role of HDL-cholesterol, illustrated in cardiovascular disease free population; the ATTICA study. *International Journal of Cardiology*, **2007**, 122, 29-33	3.2	41
672	Exercise capacity and 24-h blood pressure in prehypertensive men and women. *American Journal of Hypertension*, **2006**, 19, 251-8	2.3	41
671	Epidemiology of acute coronary syndromes in a Mediterranean country; aims, design and baseline characteristics of the Greek study of acute coronary syndromes (GREECS). *BMC Public Health*, **2005**, 5, 23	4.1	41
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