Rhodri S Lloyd

List of Publications by Year
in descending order

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62 papers	3,161 citations	293460 24 h-index	182931 54 g-index
62 all docs	62 docs citations	62 times ranked	2150 citing authors

#	Article	IF	Citations
1	Muscle Architecture and Maturation Influence Sprint and Jump Ability in Young Boys: A Multistudy Approach. Journal of Strength and Conditioning Research, 2022, 36, 2741-2751.	1.0	9
2	A Novel Method to Categorize Stretch-Shortening Cycle Performance Across Maturity in Youth Soccer Players. Journal of Strength and Conditioning Research, 2022, 36, 2573-2580.	1.0	12
3	Effects of Training Frequency During a 6-Month Neuromuscular Training Intervention on Movement Competency, Strength, and Power in Male Youth. Sports Health, 2022, 14, 57-68.	1.3	4
4	Assessing Athletic Motor Skill Competencies in Youths: A Narrative Review of Movement Competency Screens. Strength and Conditioning Journal, 2022, 44, 95-110.	0.7	5
5	Kinetics and Stabilization of the Tuck Jump Assessment. Journal of Sport Rehabilitation, 2022, 31, 524-528.	0.4	2
6	Comparison of Weightlifting, Traditional Resistance Training and Plyometrics on Strength, Power and Speed: A Systematic Review with Meta-Analysis. Sports Medicine, 2022, 52, 1533-1554.	3.1	29
7	Optimising long-term athletic development: An investigation of practitionersâ€™ knowledge, adherence, practices and challenges. PLoS ONE, 2022, 17, e0262995.	1.1	8
8	Relationships between Athletic Motor Skill Competencies and Maturity, Sex, Physical Performance, and Psychological Constructs in Boys and Girls. Children, 2022, 9, 375.	0.6	2
9	Programming Plyometric-Jump Training in Soccer: A Review. Sports, 2022, 10, 94.	0.7	11
10	The Influence of Competitive Level on Stretch-Shortening Cycle Function in Young Female Gymnasts. Sports, 2022, 10, 107.	0.7	3
11	The Effects of a Four-Week Neuromuscular Training Program on Landing Kinematics in Pre- and Post-Peak Height Velocity Male Athletes. Journal of Science in Sport and Exercise, 2021, 3, 37-46.	0.4	3
12	An exploration of the landscape of fundamental movement skills and strength development in UK professional football academies. International Journal of Sports Science and Coaching, 2021, 16, 608-621.	0.7	6
13	Is it Possible to Protect the Adolescent Brain with Internal Mechanisms from Repetitive Head Impacts: Results from a Phase II Single Cohort, Longitudinal, Self-Control Study. Journal of Science in Sport and Exercise, 2021, 3, 56-65.	0.4	1
14	The Influence of Growth, Maturation and Resistance Training on Muscle-Tendon and Neuromuscular Adaptations: A Narrative Review. Sports, 2021, 9, 59.	0.7	18
15	Comparison of fitness levels between elementary school children with autism spectrum disorder and ageâ€matched neurotypically developing children. Autism Research, 2021, 14, 2038-2046.	2.1	7
16	Developing motor competency in youths: Perceptions and practices of strength and conditioning coaches. Journal of Sports Sciences, 2021, 39, 2649-2657.	1.0	9
17	Maturity alters drop vertical jump landing forceâ€time profiles but not performance outcomes in adolescent females. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 2055-2063.	1.3	6
18	The Influence of Biological Maturity on Sprint Speed, Standing Long Jump, and Vaulting Performance in Young Female Gymnasts. International Journal of Sports Physiology and Performance, 2021, 16, 934-941.	1.1	5

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19	External Cueing Influences Drop Jump Performance in Trained Young Soccer Players. Journal of Strength and Conditioning Research, 2021, 35, 1700-1706.	1.0	21
20	A Coaching Session Framework to Facilitate Long-Term Athletic Development. Strength and Conditioning Journal, 2021, 43, 43-55.	0.7	14
21	Influence of Muscle Architecture on Maximal Rebounding in Young Boys. Journal of Strength and Conditioning Research, 2021, 35, 3378-3385.	1.0	3
22	Does motor coordination influence perceptual-cognitive and physical factors of agility in young soccer players in a sport-specific agility task?. Sports Biomechanics, 2021, , 1-14.	0.8	2
23	The effect of subconcussive head impact exposure and jugular vein compression on behavioral and cognitive outcomes after a single season of high-school football: A prospective longitudinal trial.. Journal of Neurotrauma, 2021, , .	1.7	1
24	Maturity Has a Greater Association than Relative Age with Physical Performance in English Male Academy Soccer Players. Sports, 2021, 9, 171.	0.7	22
25	Effects of a 12-Week Training Program on Isometric and Dynamic Force-Time Characteristics in Preâ€“ and Postâ€“Peak Height Velocity Male Athletes. Journal of Strength and Conditioning Research, 2020, 34, 653-662.	1.0	11
26	Seasonal variation in neuromuscular control in young male soccer players. Physical Therapy in Sport, 2020, 42, 33-39.	0.8	6
27	The Effects of Strength and Conditioning in Physical Education on Athletic Motor Skill Competencies and Psychological Attributes of Secondary School Children: A Pilot Study. Sports, 2020, 8, 138.	0.7	15
28	Movement competency and measures of isometric and dynamic strength and power in boys of different maturity status. Scandinavian Journal of Medicine and Science in Sports, 2020, 30, 2143-2153.	1.3	8
29	The Influence of Biological Maturity on Dynamic Forceâ€“Time Variables and Vaulting Performance in Young Female Gymnasts. Journal of Science in Sport and Exercise, 2020, 2, 319-329.	0.4	5
30	Individual hop analysis and reactive strength ratios provide better discrimination of ACL reconstructed limb deficits than triple hop for distance scores in athletes returning to sport. Knee, 2020, 27, 1357-1364.	0.8	12
31	Effects of Plyometric Jump Training on Jump and Sprint Performance in Young Male Soccer Players: A Systematic Review and Meta-analysis. Sports Medicine, 2020, 50, 2125-2143.	3.1	47
32	Seven Pillars of Prevention: Effective Strategies for Strength and Conditioning Coaches to Reduce Injury Risk and Improve Performance in Young Athletes. Strength and Conditioning Journal, 2020, 42, 120-128.	0.7	4
33	Developing Athletic Motor Skill Competencies in Youth. Strength and Conditioning Journal, 2020, 42, 54-70.	0.7	20
34	Youth sports participation and health status in early adulthood: A 12-year follow-up. Preventive Medicine Reports, 2020, 19, 101107.	0.8	23
35	Using machine learning to improve our understanding of injury risk and prediction in elite male youth football players. Journal of Science and Medicine in Sport, 2020, 23, 1044-1048.	0.6	43
36	Utility of the anterior reach Y-BALANCE test as an injury risk screening tool in elite male youth soccer players. Physical Therapy in Sport, 2020, 45, 103-110.	0.8	15

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37	The Influence of Maturity Status on Muscle Architecture in School-Aged Boys. Pediatric Exercise Science, 2020, 32, 89-96.	0.5	25
38	The Influence of Maturity Offset, Strength, and Movement Competency on Motor Skill Performance in Adolescent Males. Sports, 2019, 7, 168.	0.7	19
39	Effects of a 4-Week Neuromuscular Training Program on Movement Competency During the Back-Squat Assessment in Preâ€“ and Postâ€“Peak Height Velocity Male Athletes. Journal of Strength and Conditioning Research, 2019, Publish Ahead of Print, 2698-2705.	1.0	10
40	Motor skill training for young athletes. , 2019, , 103-130.		1
41	Landing Kinematics in Elite Male Youth Soccer Players of Different Chronologic Ages and Stages of Maturation. Journal of Athletic Training, 2018, 53, 372-378.	0.9	33
42	Within- and Between-Session Reliability of the Isometric Midthigh Pull in Young Female Athletes. Journal of Strength and Conditioning Research, 2018, 32, 1892-1901.	1.0	33
43	The Influence of Growth and Maturation on Stretch-Shortening Cycle Function in Youth. Sports Medicine, 2018, 48, 57-71.	3.1	138
44	Individual Responses to an 8-Week Neuromuscular Training Intervention in Trained Pre-Pubescent Female Artistic Gymnasts. Sports, 2018, 6, 128.	0.7	16
45	Influence of Age, Maturity, and Body Size on the Spatiotemporal Determinants of Maximal Sprint Speed in Boys. Journal of Strength and Conditioning Research, 2017, 31, 1009-1016.	1.0	40
46	Bio-banding in Sport: Applications to Competition, Talent Identification, and Strength and Conditioning of Youth Athletes. Strength and Conditioning Journal, 2017, 39, 34-47.	0.7	182
47	Changes in Sprint and Jump Performances After Traditional, Plyometric, and Combined Resistance Training in Male Youth Pre- and Post-Peak Height Velocity. Journal of Strength and Conditioning Research, 2016, 30, 1239-1247.	1.0	110
48	Reliability of the Tuck Jump Injury Risk Screening Assessment in Elite Male Youth Soccer Players. Journal of Strength and Conditioning Research, 2016, 30, 1510-1516.	1.0	50
49	The Influence of Maturation on Sprint Performance in Boys over a 21-Month Period. Medicine and Science in Sports and Exercise, 2016, 48, 2555-2562.	0.2	28
50	National Strength and Conditioning Association Position Statement on Long-Term Athletic Development. Journal of Strength and Conditioning Research, 2016, 30, 1491-1509.	1.0	263
51	Citius, Altius, Fortius: beneficial effects of resistance training for young athletes: Narrative review. British Journal of Sports Medicine, 2016, 50, 3-7.	3.1	103
52	Maximal Sprint Speed in Boys of Increasing Maturity. Pediatric Exercise Science, 2015, 27, 85-94.	0.5	69
53	Long-Term Athletic Development- Part 1. Journal of Strength and Conditioning Research, 2015, 29, 1439-1450.	1.0	164
54	Long-Term Athletic Development, Part 2. Journal of Strength and Conditioning Research, 2015, 29, 1451-1464.	1.0	86

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55	Relationships between functional movement screen scores, maturation and physical performance in young soccer players. Journal of Sports Sciences, 2015, 33, 11-19.	1.0	110
56	Altered neuromuscular control of leg stiffness following soccer-specific exercise. European Journal of Applied Physiology, 2014, 114, 2241-2249.	1.2	35
57	Position statement on youth resistance training: the 2014 International Consensus. British Journal of Sports Medicine, 2014, 48, 498-505.	3.1	339
58	Chronological Age vs. Biological Maturation. Journal of Strength and Conditioning Research, 2014, 28, 1454-1464.	1.0	226
59	The Youth Physical Development Model. Strength and Conditioning Journal, 2012, 34, 61-72.	0.7	369
60	The Effects of 4-Weeks of Plyometric Training on Reactive Strength Index and Leg Stiffness in Male Youths. Journal of Strength and Conditioning Research, 2012, 26, 2812-2819.	1.0	87
61	Age-related differences in the neural regulation of stretchâ€“shortening cycle activities in male youths during maximal and sub-maximal hopping. Journal of Electromyography and Kinesiology, 2012, 22, 37-43.	0.7	73
62	Reliability and validity of field-based measures of leg stiffness and reactive strength index in youths. Journal of Sports Sciences, 2009, 27, 1565-1573.	1.0	140