

MarÃ-a D Ruiz-LÃ³pez

List of Publications by Year in descending order

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55
papers

1,484
citations

361045

20
h-index

344852

36
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59
all docs

59
docs citations

59
times ranked

2522
citing authors

#	ARTICLE	IF	CITATIONS
1	Changes in Dietary Behaviours during the COVID-19 Outbreak Confinement in the Spanish COVIDiet Study. <i>Nutrients</i> , 2020, 12, 1730.	1.7	387
2	Nutritional risk in institutionalized older women determined by the Mini Nutritional Assessment test: what are the main factors?. <i>Nutrition</i> , 2003, 19, 767-771.	1.1	85
3	Impact of COVID-19 confinement on eating behaviours across 16 European countries: The COVIDiet cross-national study. <i>Food Quality and Preference</i> , 2021, 93, 104231.	2.3	54
4	<i>Lactobacillus fermentum</i> CECT 5716 Reduces <i>Staphylococcus</i> Load in the Breastmilk of Lactating Mothers Suffering Breast Pain: A Randomized Controlled Trial. <i>Breastfeeding Medicine</i> , 2015, 10, 425-432.	0.8	49
5	Effect of a Mediterranean Diet Intervention on Dietary Glycemic Load and Dietary Glycemic Index: The PREDIMED Study. <i>Journal of Nutrition and Metabolism</i> , 2014, 2014, 1-10.	0.7	46
6	Cooking at Home and Adherence to the Mediterranean Diet During the COVID-19 Confinement: The Experience From the Croatian COVIDiet Study. <i>Frontiers in Nutrition</i> , 2021, 8, 617721.	1.6	43
7	Levels of Se, Zn, Mg and Ca in commercial goat and cow milk fermented products: Relationship with their chemical composition and probiotic starter culture. <i>Food Chemistry</i> , 2011, 129, 1126-1131.	4.2	42
8	A <i>Lactobacillus plantarum</i> strain isolated from kefir protects against intestinal infection with <i>Yersinia enterocolitica</i> O9 and modulates immunity in mice. <i>Research in Microbiology</i> , 2015, 166, 626-632.	1.0	38
9	Serum copper concentration in HIV-infection patients and relationships with other biochemical indices. <i>Science of the Total Environment</i> , 1998, 217, 21-26.	3.9	30
10	High-performance liquid chromatographic determination of ochratoxin A and its 4R-4-hydroxy metabolite in human urine. <i>Analyst</i> , 1990, 115, 129.	1.7	28
11	Does <i>Lactobacillus plantarum</i> or ultrafiltration process improve Ca, Mg, Zn and P bioavailability from fermented goats' milk?. <i>Food Chemistry</i> , 2015, 187, 314-321.	4.2	28
12	The Probiotic Bacterial Strain <i>Lactobacillus fermentum</i> D3 Increases In Vitro the Bioavailability of Ca, P, and Zn in Fermented Goat Milk. <i>Biological Trace Element Research</i> , 2013, 151, 307-314.	1.9	26
13	Dietary Intake and Associated Factors in Long-Term Care Homes in Southeast Spain. <i>Nutrients</i> , 2019, 11, 266.	1.7	24
14	Energy Intake, Macronutrient Profile and Food Sources of Spanish Children Aged One to <10 Years' Results from the EsNuPI Study. <i>Nutrients</i> , 2020, 12, 893.	1.7	24
15	Lack of correlation between in vitro antibiosis and in vivo protection against enteropathogenic bacteria by probiotic lactobacilli. <i>Research in Microbiology</i> , 2014, 165, 14-20.	1.0	23
16	Glycemic Responses, Appetite Ratings and Gastrointestinal Hormone Responses of Most Common Breads Consumed in Spain. A Randomized Control Trial in Healthy Humans. <i>Nutrients</i> , 2015, 7, 4033-4053.	1.7	23
17	Diagnosis of Sarcopenia in Long-Term Care Homes for the Elderly: The Sensitivity and Specificity of Two Simplified Algorithms with Respect to the EWGSOP Consensus. <i>Journal of Nutrition, Health and Aging</i> , 2018, 22, 796-801.	1.5	22
18	Dietary and Lifestyle Patterns in the Spanish Pediatric Population (One to <10 Years Old): Design, Protocol, and Methodology of the EsNuPI Study. <i>Nutrients</i> , 2019, 11, 3050.	1.7	22

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19	Clustering of Dietary Patterns and Lifestyles Among Spanish Children in the EsNuPI Study. <i>Nutrients</i> , 2020, 12, 2536.	1.7	22
20	Serum concentration and dietary intake of Zn in healthy institutionalized elderly subjects. <i>Science of the Total Environment</i> , 1997, 205, 159-165.	3.9	21
21	Prevalence and Diagnosis of Sarcopenia in Residential Facilities: A Systematic Review. <i>Advances in Nutrition</i> , 2019, 10, 51-58.	2.9	21
22	The FINUT Healthy Lifestyles Guide: Beyond the Food Pyramid. <i>Advances in Nutrition</i> , 2014, 5, 358S-367S.	2.9	20
23	Usual Dietary Intake, Nutritional Adequacy and Food Sources of Calcium, Phosphorus, Magnesium and Vitamin D of Spanish Children Aged One to 10 Years. Findings from the EsNuPI Study. <i>Nutrients</i> , 2020, 12, 1787.	1.7	20
24	Stability of α -tocopherol in virgin olive oil during microwave heating. <i>LWT - Food Science and Technology</i> , 1995, 28, 644-646.	2.5	19
25	An Enriched, Cereal-Based Bread Affects Appetite Ratings and Glycemic, Insulinemic, and Gastrointestinal Hormone Responses in Healthy Adults in a Randomized, Controlled Trial. <i>Journal of Nutrition</i> , 2015, 145, 231-238.	1.3	19
26	In vitro evaluation of the fermentation properties and potential probiotic activity of <i>Lactobacillus plantarum</i> C4 in batch culture systems. <i>LWT - Food Science and Technology</i> , 2015, 60, 420-426.	2.5	19
27	Exploring Dietary Behavior Changes Due to the COVID-19 Confinement in Colombia: A National and Regional Survey Study. <i>Frontiers in Nutrition</i> , 2021, 8, 644800.	1.6	17
28	Ultrafiltration of skimmed goat milk increases its nutritional value by concentrating nonfat solids such as proteins, Ca, P, Mg, and Zn. <i>Journal of Dairy Science</i> , 2015, 98, 7628-7634.	1.4	16
29	Role of Functional Fortified Dairy Products in Cardiometabolic Health: A Systematic Review and Meta-analyses of Randomized Clinical Trials. <i>Advances in Nutrition</i> , 2019, 10, S251-S271.	2.9	16
30	Nutritional status in chronically-ill elderly patients. Is it related to quality of life?. <i>Journal of Nutrition, Health and Aging</i> , 2014, 18, 192-197.	1.5	15
31	Glycemic index, glycemic load and invasive breast cancer incidence in postmenopausal women: The PREDIMED study. <i>European Journal of Cancer Prevention</i> , 2016, 25, 524-532.	0.6	15
32	Comparative study by gas chromatography-mass spectrometry of methods for the extraction of sulfur compounds in <i>Allium cepa</i> L.. <i>Food Chemistry</i> , 1992, 44, 305-308.	4.2	14
33	Desnutrición en pacientes hospitalizados: prevalencia e impacto económico. <i>Medicina Clínica</i> , 2004, 123, 201-206.	0.3	14
34	A High Dietary Glycemic Index Increases Total Mortality in a Mediterranean Population at High Cardiovascular Risk. <i>PLoS ONE</i> , 2014, 9, e107968.	1.1	13
35	Modification of appetite by bread consumption: A systematic review of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2017, 57, 3035-3050.	5.4	13
36	Determination of SCN ²⁺ in Vegetables by Gas Chromatography in Relation to Endemic Goiter. <i>Journal of Analytical Toxicology</i> , 1988, 12, 307-309.	1.7	12

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37	Menus offered in long-term care homes: quality of meal service and nutritional analysis. <i>Nutricion Hospitalaria</i> , 2017, 34, 584.	0.2	11
38	Serum concentration and dietary intake of Mg and Ca in institutionalized elderly people. <i>Science of the Total Environment</i> , 1997, 203, 245-251.	3.9	10
39	Influence of milk ultrafiltration on Ca, Mg, Zn and P levels in fermented goats' milk. <i>Small Ruminant Research</i> , 2015, 124, 95-100.	0.6	10
40	Dietary glycaemic index and glycaemic load in a rural elderly population (60-74 years of age) and their relationship with cardiovascular risk factors. <i>European Journal of Nutrition</i> , 2015, 54, 523-534.	1.8	10
41	Study of the effect of different fermenting microorganisms on the Se, Cu, Cr, and Mn contents in fermented goat and cow milks. <i>Food Chemistry</i> , 2015, 188, 234-239.	4.2	9
42	Dietary Intake, Nutritional Adequacy and Food Sources of Total Fat and Fatty Acids, and Relationships with Personal and Family Factors in Spanish Children Aged One to <10 Years: Results of the EsNuPI Study. <i>Nutrients</i> , 2020, 12, 2467.	1.7	8
43	Association between dietary factors and brown adipose tissue volume/18F-FDG uptake in young adults. <i>Clinical Nutrition</i> , 2021, 40, 1997-2008.	2.3	8
44	Nutritional Status of Vitamin A and E in Institutionalized Elderly People in Granada (Spain).. <i>Journal of Nutritional Science and Vitaminology</i> , 1996, 42, 397-405.	0.2	7
45	Serum copper in institutionalized elderly subjects: relations with dietary intake of energy, specific nutrients and haematological parameters. <i>Science of the Total Environment</i> , 1997, 201, 31-38.	3.9	7
46	Body composition in institutionalized elderly people in Granada (Spain). Relation with other nutritional parameters. <i>International Journal of Food Sciences and Nutrition</i> , 1998, 49, 237-241.	1.3	7
47	Dietary Intake, Nutritional Adequacy, and Food Sources of Protein and Relationships with Personal and Family Factors in Spanish Children Aged One to <10 Years: Findings of the EsNuPI Study. <i>Nutrients</i> , 2021, 13, 1062.	1.7	7
48	A Mineralization Procedure for Determining Magnesium in Milk. <i>LWT - Food Science and Technology</i> , 2000, 33, 397-400.	2.5	6
49	Glycemic index, glycemic load, and metabolic syndrome in Mexican adolescents: a cross-sectional study from the NHNS-2012. <i>BMC Nutrition</i> , 2017, 3, 44.	0.6	5
50	Carbohydrates, Starch, Total Sugar, Fiber Intakes and Food Sources in Spanish Children Aged One to <10 Years"Results from the EsNuPI Study. <i>Nutrients</i> , 2020, 12, 3171.	1.7	5
51	Anthropometric Measurements and Cognitive Impairment Rather Than Nutrition Status Are Associated With Sarcopenia in Long-Term Care Residents. <i>Nutrition in Clinical Practice</i> , 2020, 35, 642-648.	1.1	4
52	Dietary Intake of Individual (Intrinsic and Added) Sugars and Food Sources from Spanish Children Aged One to <10 Years"Results from the EsNuPI Study. <i>Nutrients</i> , 2022, 14, 1667.	1.7	4
53	Determination of total solids in dairy products using the microwave-oven method. <i>International Journal of Food Science and Technology</i> , 2007, 30, 307-310.	1.3	2
54	Study of Food Intake and Physical Activity Patterns in the Working Population of the Uruguayan State Electrical Company (UTE): Design, Protocol and Methodology. <i>Nutrients</i> , 2021, 13, 3545.	1.7	1

#	ARTICLE	IF	CITATIONS
55	INTENTIONAL ERRORS AND GAME-BASED PLATFORMS AS MECHANISMS TO IMPROVE LEARNING AMONG UNIVERSITY STUDENTS: A PILOT STUDY CARRIED OUT IN THE DEGREE IN NUTRITION. EDULEARN Proceedings, 2022, , .	0.0	0