

Bum-Jin Park

List of Publications by Year in descending order

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Version: 2024-02-01

40
papers

3,908
citations

257450

24
h-index

243625

44
g-index

47
all docs

47
docs citations

47
times ranked

2069
citing authors

#	ARTICLE	IF	CITATIONS
1	The physiological effects of Shinrin-yoku (taking in the forest atmosphere or forest bathing): evidence from field experiments in 24 forests across Japan. <i>Environmental Health and Preventive Medicine</i> , 2010, 15, 18-26.	3.4	724
2	Physiological Effects of Shinrin-yoku (Taking in the Atmosphere of the Forest)â€”Using Salivary Cortisol and Cerebral Activity as Indicatorsâ€”. <i>Journal of Physiological Anthropology</i> , 2007, 26, 123-128.	2.6	308
3	Physiological and psychological effects of viewing urban forest landscapes assessed by multiple measurements. <i>Landscape and Urban Planning</i> , 2013, 113, 90-93.	7.5	302
4	Trends in research related to â€œShinrin-yokuâ€•(taking in the forest atmosphere or forest bathing) in Japan. <i>Environmental Health and Preventive Medicine</i> , 2010, 15, 27-37.	3.4	271
5	Restorative effects of viewing real forest landscapes, based on a comparison with urban landscapes. <i>Scandinavian Journal of Forest Research</i> , 2009, 24, 227-234.	1.4	226
6	Relationship between psychological responses and physical environments in forest settings. <i>Landscape and Urban Planning</i> , 2011, 102, 24-32.	7.5	226
7	Physiological Effects of Shinrin-yoku (Taking in the Atmosphere of the Forest) in an Old-Growth Broadleaf Forest in Yamagata Prefecture, Japan. <i>Journal of Physiological Anthropology</i> , 2007, 26, 135-142.	2.6	221
8	Emotional, Restorative and Vitalizing Effects of Forest and Urban Environments at Four Sites in Japan. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 7207-7230.	2.6	182
9	Influence of Forest Therapy on Cardiovascular Relaxation in Young Adults. <i>Evidence-based Complementary and Alternative Medicine</i> , 2014, 2014, 1-7.	1.2	182
10	Physiological effects of forest recreation in a young conifer forest in Hinokage Town, Japan. <i>Silva Fennica</i> , 2009, 43, .	1.3	139
11	Physiological effects of Shinrin-yoku (taking in the atmosphere of the forest) in a mixed forest in Shinano Town, Japan. <i>Scandinavian Journal of Forest Research</i> , 2008, 23, 278-283.	1.4	133
12	Physiological and psychological effects of walking on young males in urban parks in winter. <i>Journal of Physiological Anthropology</i> , 2013, 32, 18.	2.6	126
13	Interaction with indoor plants may reduce psychological and physiological stress by suppressing autonomic nervous system activity in young adults: a randomized crossover study. <i>Journal of Physiological Anthropology</i> , 2015, 34, 21.	2.6	76
14	Psychological Benefits of Walking through Forest Areas. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2804.	2.6	69
15	Normative references of heart rate variability and salivary alpha-amylase in a healthy young male population. <i>Journal of Physiological Anthropology</i> , 2012, 31, 9.	2.6	67
16	The Prefrontal Cortex Activity and Psychological Effects of Viewing Forest Landscapes in Autumn Season. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 7235-7243.	2.6	67
17	The Effects of a Campus Forest-Walking Program on Undergraduate and Graduate Studentsâ€™ Physical and Psychological Health. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 728.	2.6	57
18	Forest Walking Affects Autonomic Nervous Activity: A Population-Based Study. <i>Frontiers in Public Health</i> , 2018, 6, 278.	2.7	49

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19	Acute Effects of Exposure to a Traditional Rural Environment on Urban Dwellers: A Crossover Field Study in Terraced Farmland. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 1874-1893.	2.6	41
20	Individual differences in the physiological effects of forest therapy based on Type A and Type B behavior patterns. <i>Journal of Physiological Anthropology</i> , 2013, 32, 14.	2.6	40
21	The Effect of Garden Designs on Mood and Heart Output in Older Adults Residing in an Assisted Living Facility. <i>Herd</i> , 2013, 6, 27-42.	1.5	39
22	Physiologically Relaxing Effect of a Hospital Rooftop Forest on Older Women Requiring Care. <i>Journal of the American Geriatrics Society</i> , 2011, 59, 2162-2163.	2.6	38
23	Population-Based Study on the Effect of a Forest Environment on Salivary Cortisol Concentration. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 931.	2.6	33
24	Evaluation of dried-wood odors: comparison between analytical and sensory data on odors from dried sugi (<i>Cryptomeria japonica</i>) wood. <i>Journal of Wood Science</i> , 2009, 55, 144-148.	1.9	22
25	Effects of Forest Therapy on Health Promotion among Middle-Aged Women: Focusing on Physiological Indicators. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4348.	2.6	20
26	Combined Effect of Walking and Forest Environment on Salivary Cortisol Concentration. <i>Frontiers in Public Health</i> , 2019, 7, 376.	2.7	19
27	The Comfortableness of the Light/Thermal Environment for Bathing in the Forest Atmosphere. <i>Journal of the Japanese Institute of Landscape Architecture</i> , 2005, 68, 819-824.	0.1	18
28	Nature Therapy and Preventive Medicine. , 0, , .		18
29	Physiological relaxation induced by horticultural activity: transplanting work using flowering plants. <i>Journal of Physiological Anthropology</i> , 2013, 32, 15.	2.6	16
30	Measures to Promote Rural Healthcare Tourism with a Scientific Evidence-Based Approach. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3266.	2.6	16
31	Antinociceptive and anti-inflammatory effects of essential oil extracted from <i>Chamaecyparis obtusa</i> in mice. <i>International Immunopharmacology</i> , 2015, 29, 320-325.	3.8	15
32	Diurnal Changes in Distribution Characteristics of Salivary Cortisol and Immunoglobulin A Concentrations. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 987.	2.6	15
33	Evidence-based Field Research on Health Benefits of Urban Green Area. <i>Journal of the Korean Institute of Landscape Architecture</i> , 2011, 39, 111-118.	0.6	13
34	Association between the Psychological Effects of Viewing Forest Landscapes and Trait Anxiety Level. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5479.	2.6	12
35	Relation between Light/Thermal Environment in the Forest Walking Road and Subjective Estimations for Taking in the Atmosphere of the Forest. <i>Journal of the Japanese Institute of Landscape Architecture</i> , 2008, 71, 713-716.	0.1	10
36	Influences of Casein Hydrolysate Ingestion on Cerebral Activity, Autonomic Nerve Activity, and Anxiety. <i>Journal of Physiological Anthropology</i> , 2010, 29, 103-108.	2.6	6

#	ARTICLE	IF	CITATIONS
37	Physiological Effects of Walking and Viewing on Human at a Urban Arboretums. Hangug Nimhag Hoi Ji, 2014, 103, 664-669.	0.1	3
38	The Influence of User's Personality to Evaluate the Images of On-site Forest Environment. Journal of the Japanese Institute of Landscape Architecture, 2010, 73, 531-536.	0.1	2
39	Effects of using Natural and Artificial Flowers in Flower Arrangement on Psychological and Physiological Relaxation. Journal of People, Plants, and Environment, 2022, 25, 39-48.	0.6	2
40	Development of Sensibility Vocabulary Classification System for Sensibility Evaluation of Visitors According to Forest Environment. Journal of People, Plants, and Environment, 2019, 22, 209-217.	0.6	0