

paul Gilbert

List of Publications by Year in descending order

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Version: 2024-02-01

255
papers

21,289
citations

10986

71
h-index

12597

132
g-index

266
all docs

266
docs citations

266
times ranked

9500
citing authors

#	ARTICLE	IF	CITATIONS
1	The flows of compassion in adolescents as measured by the compassionate engagement and action scales. <i>Current Psychology</i> , 2023, 42, 7737-7751.	2.8	4
2	A systematic review of compassion-based interventions for individuals struggling with body weight shame. <i>Psychology and Health</i> , 2023, 38, 94-124.	2.2	11
3	Body weight perception outweighs body weight when predicting shame, criticism, depression and anxiety for lower BMI range and higher BMI range adults. <i>Journal of Health Psychology</i> , 2022, 27, 2276-2290.	2.3	5
4	Fear leads to suffering: Fears of compassion predict restriction of the moral boundary. <i>British Journal of Social Psychology</i> , 2022, 61, 345-365.	2.8	8
5	Cultivating the Compassionate Self: an Exploration of the Mechanisms of Change in Compassionate Mind Training. <i>Mindfulness</i> , 2022, 13, 66-79.	2.8	9
6	Compassion Protects Mental Health and Social Safeness During the COVID-19 Pandemic Across 21 Countries. <i>Mindfulness</i> , 2022, 13, 863-880.	2.8	36
7	A randomized controlled feasibility trial of online compassionâ€focussed selfâ€help for psoriasis*. <i>British Journal of Dermatology</i> , 2022, 186, 955-962.	1.5	10
8	SafeSpace: what is the feasibility and acceptability of a codesigned virtual reality intervention, incorporating compassionate mind training, to support people undergoing cancer treatment in a clinical setting?. <i>BMJ Open</i> , 2022, 12, e047626.	1.9	5
9	Nurturing self-compassionate performers. <i>Australian Psychologist</i> , 2022, 57, 77-85.	1.6	5
10	Nurturing compassion in schools: A randomized controlled trial of the effectiveness of a Compassionate Mind Training program for teachers. <i>PLoS ONE</i> , 2022, 17, e0263480.	2.5	15
11	The Compassionate Engagement and Action Scales for Self and Others: Turkish Adaptation, Validity, and Reliability Study. <i>Frontiers in Psychology</i> , 2022, 13, 780077.	2.1	2
12	The Role of Likeability in Discriminating Between Kindness and Compassion. <i>Mindfulness</i> , 2022, 13, 1555-1564.	2.8	4
13	Dimensionality and measurement invariance of the Social Safeness and Pleasure Scale in adolescents from community and residential youth care. <i>Child Abuse and Neglect</i> , 2022, 131, 105690.	2.6	1
14	Unveiling the heart of young offenders: Testing the tripartite model of affect regulation in community and forensic male adolescents. <i>Journal of Criminal Justice</i> , 2022, 82, 101970.	2.3	4
15	Effect of adding a compassion-focused intervention on emotion, eating and weight outcomes in a commercial weight management programme. <i>Journal of Health Psychology</i> , 2021, 26, 1700-1715.	2.3	13
16	Clinical change in psychopathic traits after the PSYCHOPATHY.COMP program: preliminary findings of a controlled trial with male detained youth. <i>Journal of Experimental Criminology</i> , 2021, 17, 397-421.	2.9	11
17	Compassionâ€focussed therapy for body weight shame: A mixed methods pilot trial. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 93-108.	2.7	14
18	Predictors of poor 6-week outcome in a cohort of major depressive disorder patients treated with antidepressant medication: the role of entrapment. <i>Nordic Journal of Psychiatry</i> , 2021, 75, 38-48.	1.3	1

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19	Stressed, depressed, and rank obsessed: Individual differences in compassion and neuroticism predispose towards rank-based depressive symptomatology. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2021, 94, 188-211.	2.5	8
20	Psychometric properties of the German version of the fears of compassion scales. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 137-149.	2.7	6
21	Fears of compassion magnify the harmful effects of threat of COVID-19 on mental health and social safeness across 21 countries. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 1317-1333.	2.7	25
22	The efficacy of the PSYCHOPATHY.COMP program in reducing psychopathic traits: A controlled trial with male detained youth.. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 499-513.	2.0	19
23	The experience of loneliness: The role of fears of compassion and social safeness. <i>Personality and Individual Differences</i> , 2021, 183, 111161.	2.9	7
24	Multiple emotions, multiple selves: compassion focused therapy chairwork. <i>The Cognitive Behaviour Therapist</i> , 2021, 14, .	1.0	5
25	HRV patterns associated with different affect regulation systems: Sex differences in adolescents. <i>International Journal of Psychophysiology</i> , 2021, 170, 156-167.	1.0	8
26	The role of social connection on the experience of COVID-19 related post-traumatic growth and stress. <i>PLoS ONE</i> , 2021, 16, e0261384.	2.5	32
27	The development of the Compassion Focused Therapy Therapist Competence Rating Scale. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2020, 93, 387-407.	2.5	5
28	“A definite feel-it moment”: Embodiment, externalisation and emotion during chairwork in compassion-focused therapy. <i>Counselling and Psychotherapy Research</i> , 2020, 20, 143-153.	3.2	25
29	Treating hoarding disorder with compassion-focused therapy: A pilot study examining treatment feasibility, acceptability, and exploring treatment effects. <i>British Journal of Clinical Psychology</i> , 2020, 59, 1-21.	3.5	22
30	Attachment styles modulate neural markers of threat and imagery when engaging in self-criticism. <i>Scientific Reports</i> , 2020, 10, 13776.	3.3	12
31	Compassion: From Its Evolution to a Psychotherapy. <i>Frontiers in Psychology</i> , 2020, 11, 586161.	2.1	137
32	Self-compassion, social rank, and psychological distress in athletes of varying competitive levels. <i>Psychology of Sport and Exercise</i> , 2020, 50, 101733.	2.1	37
33	The compassionate vagus: A meta-analysis on the connection between compassion and heart rate variability. <i>Neuroscience and Biobehavioral Reviews</i> , 2020, 116, 21-30.	6.1	77
34	Engaging with distress: Training in the compassionate approach. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2020, 27, 718-727.	2.1	12
35	The Evolution of Pro-social Behavior. , 2020, , 419-435.		2
36	The development of the Japanese version of the compassionate engagement and action scales. <i>PLoS ONE</i> , 2020, 15, e0230875.	2.5	10

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37	Neurophysiological and behavioural markers of compassion. <i>Scientific Reports</i> , 2020, 10, 6789.	3.3	79
38	Creating a Compassionate World: Addressing the Conflicts Between Sharing and Caring Versus Controlling and Holding Evolved Strategies. <i>Frontiers in Psychology</i> , 2020, 11, 582090.	2.1	22
39	Introduction to Psychological Impacts on Mental Health. , 2020, , 1-3.		0
40	Arts-Based Compassion Skills Training (ABCST): Channelling Compassion Focused Therapy Through Visual Arts for Australia's Indigenous Peoples. <i>Frontiers in Psychology</i> , 2020, 11, 568561.	2.1	2
41	Psychometric validity of the Compassionate Engagement and Action Scale for Adolescents: a Swedish version. <i>Scandinavian Journal of Child and Adolescent Psychiatry and Psychology</i> , 2020, 8, 70-80.	0.6	9
42	Self-compassion, not self-esteem, serves as a buffer between self-criticism and depressive symptoms. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 394-406.	2.5	30
43	The Weight-Focused Forms of Self-Criticising/Attacking and Self-Reassuring Scale: Confirmatory Factor Analysis and associations with control, loss of control of eating and weight in overweight and obese women. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 539-553.	2.5	7
44	Multiple Group IRT Measurement Invariance Analysis of the Forms of Self-Criticising/Attacking and Self-Reassuring Scale in Thirteen International Samples. <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2019, 37, 411-444.	1.7	8
45	Differences in the Semantics of Prosocial Words: an Exploration of Compassion and Kindness. <i>Mindfulness</i> , 2019, 10, 2259-2271.	2.8	59
46	Evaluation of a Compassionate Mind Training Intervention with School Teachers and Support Staff. <i>Mindfulness</i> , 2019, 10, 2245-2258.	2.8	28
47	Improving Well-Being in Higher Education: Adopting a Compassionate Approach. , 2019, , 261-278.		9
48	The Evolution of Prosocial and Antisocial Competitive Behavior and the Emergence of Prosocial and Antisocial Leadership Styles. <i>Frontiers in Psychology</i> , 2019, 10, 610.	2.1	34
49	Evaluation of early life experiences: the eles scale and its clinical use. <i>Anales De Psicologia</i> , 2019, 35, 105-203.	0.7	4
50	Compassionate faces: Evidence for distinctive facial expressions associated with specific prosocial motivations. <i>PLoS ONE</i> , 2019, 14, e0210283.	2.5	18
51	The Role of Compassionate and Self-Image Goals in Predicting Psychological Controlling and Facilitative Parenting Styles. <i>Frontiers in Psychology</i> , 2019, 10, 1041.	2.1	11
52	The Efficacy of a Compassion-Focused Therapy-Based Intervention in Reducing Psychopathic Traits and Disruptive Behavior: A Clinical Case Study With a Juvenile Detainee. <i>Clinical Case Studies</i> , 2019, 18, 323-343.	0.8	13
53	Distinguishing Shame, Humiliation and Guilt: An Evolutionary Functional Analysis and Compassion Focused Interventions. , 2019, , 413-431.		18
54	Compassion Focused Approaches to Working With Distressing Voices. <i>Frontiers in Psychology</i> , 2019, 10, 152.	2.1	52

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55	Psychotherapy for the 21st century: An integrative, evolutionary, contextual, biopsychosocial approach. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 164-189.	2.5	55
56	Building an integrative science for psychotherapy for the 21st century: Preface and introduction. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 151-163.	2.5	19
57	Human evolution and culture in relationship to shame in the parenting role: Implications for psychology and psychotherapy. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 238-260.	2.5	10
58	Commentary Regarding Wilson et al. (2018) "Effectiveness of "Self-Compassion"™ Related Therapies: a Systematic Review and Meta-analysis." All Is Not as It Seems. <i>Mindfulness</i> , 2019, 10, 1006-1016.	2.8	21
59	Self-criticism and self-reassurance as mediators between mental health attitudes and symptoms: Attitudes toward mental health problems in Japanese workers. <i>Asian Journal of Social Psychology</i> , 2019, 22, 183-192.	2.1	32
60	Explorations into the nature and function of compassion. <i>Current Opinion in Psychology</i> , 2019, 28, 108-114.	4.9	118
61	A proof-of-concept pilot randomized comparative trial of brief Internet-based compassionate mind training and cognitive-behavioral therapy for perinatal and intending to become pregnant women. <i>Clinical Psychology and Psychotherapy</i> , 2018, 25, 608-619.	2.7	38
62	Endogenous oxytocin is associated with the experience of compassion and recalled upbringing in Borderline Personality Disorder. <i>Depression and Anxiety</i> , 2018, 35, 50-57.	4.1	31
63	How One Experiences and Embodies Compassionate Mind Training Influences Its Effectiveness. <i>Mindfulness</i> , 2018, 9, 1224-1235.	2.8	26
64	The Factor Structure of the Forms of Self-Criticising/Attacking & Self-Reassuring Scale in Thirteen Distinct Populations. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2018, 40, 736-751.	1.2	50
65	Styles of Leadership, Fears of Compassion, and Competing to Avoid Inferiority. <i>Frontiers in Psychology</i> , 2018, 9, 2460.	2.1	35
66	Development and validation of the forms of Self-Criticizing/Attacking and Self-Reassuring Scale"Short Form.. <i>Psychological Assessment</i> , 2018, 30, 729-743.	1.5	28
67	"Do You Practice What You Preach?"™ A Qualitative Exploration of Therapists' Personal Practice of Compassion Focused Therapy. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 171-185.	2.7	12
68	The physiological and emotional effects of touch: Assessing a hand-massage intervention with high self-critics. <i>Psychiatry Research</i> , 2017, 250, 221-227.	3.3	14
69	Psychological and Physiological Effects of Compassionate Mind Training: a Pilot Randomised Controlled Study. <i>Mindfulness</i> , 2017, 8, 1699-1712.	2.8	133
70	A tailored compassion-focused therapy program for sexual minority young adults with depressive symptomatology: study protocol for a randomized controlled trial. <i>BMC Psychology</i> , 2017, 5, 5.	2.1	29
71	The Early Memories of Warmth and Safeness Scale for adolescents: Cross-Sample Validation of the Complete and Brief Versions. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 793-804.	2.7	12
72	Shame and the vulnerable self in medical contexts: the compassionate solution. <i>Medical Humanities</i> , 2017, 43, 211-217.	1.2	17

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73	The Impact of Self-Criticism and Self-Reassurance on Weight-Related Affect and Well-Being in Participants of a Commercial Weight Management Programme. <i>Obesity Facts</i> , 2017, 10, 65-75.	3.4	20
74	Compassion-focused therapy with children and adolescents. <i>BJ Psych Advances</i> , 2017, 23, 240-252.	0.7	17
75	The development of compassionate engagement and action scales for self and others. <i>Journal of Compassionate Health Care</i> , 2017, 4, .	1.2	247
76	Measuring competitive self-focus perspective taking, submissive compassion and compassion goals. <i>Journal of Compassionate Health Care</i> , 2017, 4, .	1.2	3
77	The Current and Future Role of Heart Rate Variability for Assessing and Training Compassion. <i>Frontiers in Public Health</i> , 2017, 5, 40.	2.7	104
78	Compassion Fears, Blocks and Resistances. , 2017, , .		18
79	The Impact of Shame, Self-Criticism and Social Rank on Eating Behaviours in Overweight and Obese Women Participating in a Weight Management Programme. <i>PLoS ONE</i> , 2017, 12, e0167571.	2.5	37
80	The development of fears of compassion scale Japanese version. <i>PLoS ONE</i> , 2017, 12, e0185574.	2.5	23
81	An Evolutionary Approach to Shame-Based Self-Criticism, Self-Forgiveness, and Compassion. , 2017, , 29-41.		19
82	The emergence of the compassion focused therapies. , 2017, , 258-285.		43
83	Compassion as a social mentality. , 2017, , 31-68.		50
84	A Descriptive Study of Feelings of Arrested Escape (Entrapment) and Arrested Anger in People Presenting to an Emergency Department Following an Episode of Self-Harm. <i>Frontiers in Psychiatry</i> , 2016, 7, 155.	2.6	9
85	A pilot feasibility study exploring the practising of compassionate imagery exercises in a nonclinical population. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2016, 89, 239-243.	2.5	32
86	Attitudes towards mental health problems scale: Confirmatory factor analysis and validation in the Portuguese population. <i>American Journal of Psychiatric Rehabilitation</i> , 2016, 19, 206-222.	0.7	3
87	Ability to receive compassion from others buffers the depressogenic effect of self-criticism: A cross-cultural multi-study analysis. <i>Personality and Individual Differences</i> , 2016, 98, 324-332.	2.9	77
88	Dimensionality and measurement invariance of the Other as Shamer Scale across diverse adolescent samples. <i>Personality and Individual Differences</i> , 2016, 98, 289-296.	2.9	10
89	Development of a compassion-focused and contextual behavioural environment and validation of the Therapeutic Environment Scales (TESS). <i>BJPsych Bulletin</i> , 2016, 40, 12-19.	1.1	4
90	Embodying self-compassion within virtual reality and its effects on patients with depression. <i>BJPsych Open</i> , 2016, 2, 74-80.	0.7	190

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91	Comparing Brief Internet-Based Compassionate Mind Training and Cognitive Behavioral Therapy for Perinatal Women: Study Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2016, 5, e65.	1.0	5
92	A New Therapeutic Community: Development of a Compassion-Focused and Contextual Behavioural Environment. <i>Clinical Psychology and Psychotherapy</i> , 2015, 22, 285-303.	2.7	23
93	Do therapeutic imagery practices affect physiological and emotional indicators of threat in high self-critics?. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2015, 88, 270-284.	2.5	34
94	Forms of Self-Criticising/Attacking & Self-Reassuring Scale: Psychometric properties and normative study. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2015, 88, 438-452.	2.5	89
95	The Evolution and Social Dynamics of Compassion. <i>Social and Personality Psychology Compass</i> , 2015, 9, 239-254.	3.7	113
96	Measurement of External Shame: An Inside View. <i>Journal of Personality Assessment</i> , 2015, 97, 81-89.	2.1	35
97	An Evolutionary Approach to Emotion in Mental Health With a Focus on Affiliative Emotions. <i>Emotion Review</i> , 2015, 7, 230-237.	3.4	60
98	Recreational 3,4-methylenedioxy-N-methylamphetamine (MDMA) or "ecstasy" and self-focused compassion: Preliminary steps in the development of a therapeutic psychopharmacology of contemplative practices. <i>Journal of Psychopharmacology</i> , 2015, 29, 961-970.	4.0	30
99	The Other As Shamer Scale "2: Development and validation of a short version of a measure of external shame. <i>Personality and Individual Differences</i> , 2015, 74, 6-11.	2.9	68
100	Negotiating in the World of Mixed Beliefs and Value Systems: A Compassion-Focused Model. , 2015, , 261-277.		1
101	Affiliative and prosocial motives and emotions in mental health. <i>Dialogues in Clinical Neuroscience</i> , 2015, 17, 381-389.	3.7	30
102	Facial Expressions Depicting Compassionate and Critical Emotions: The Development and Validation of a New Emotional Face Stimulus Set. <i>PLoS ONE</i> , 2014, 9, e88783.	2.5	22
103	Fears of Compassion in a Depressed Population Implication for Psychotherapy. <i>Journal of Depression & Anxiety</i> , 2014, S2, .	0.1	36
104	Fears of Negative Emotions in Relation to Fears of Happiness, Compassion, Alexithymia and Psychopathology in a Depressed Population: A Preliminary Study. <i>Journal of Depression & Anxiety</i> , 2014, S2, .	0.1	17
105	Compassion Motivations: Distinguishing Submissive Compassion From Genuine Compassion and its Association With Shame, Submissive Behavior, Depression, Anxiety and Stress. <i>Journal of Social and Clinical Psychology</i> , 2014, 33, 399-412.	0.5	61
106	Shyness, Social Anxiety, and Social Phobia. , 2014, , 95-115.		25
107	Fears of happiness and compassion in relationship with depression, alexithymia, and attachment security in a depressed sample. <i>British Journal of Clinical Psychology</i> , 2014, 53, 228-244.	3.5	98
108	Rank perception and self-evaluation in eating disorders. <i>International Journal of Eating Disorders</i> , 2014, 47, 543-552.	4.0	50

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109	A qualitative study of the understanding and use of "compassion focused coping strategies"™ in people who suffer from serious weight difficulties. <i>Journal of Compassionate Health Care</i> , 2014, 1, .	1.2	10
110	The design of compassionate care. <i>Journal of Clinical Nursing</i> , 2014, 23, 3589-3599.	3.0	100
111	An Evaluation of the Impact of Introducing Compassion Focused Therapy to a Standard Treatment Programme for People with Eating Disorders. <i>Clinical Psychology and Psychotherapy</i> , 2014, 21, 1-12.	2.7	154
112	The origins and nature of compassion focused therapy. <i>British Journal of Clinical Psychology</i> , 2014, 53, 6-41.	3.5	843
113	Compassion-focused therapy: Preface and introduction for special section. <i>British Journal of Clinical Psychology</i> , 2014, 53, 1-5.	3.5	31
114	Predictors of Painkiller Dependence among People with Pain in the General Population. <i>Pain Medicine</i> , 2014, 15, 613-624.	1.9	27
115	Practical compassions: repertoires of practice and compassion talk in acute mental healthcare. <i>Sociology of Health and Illness</i> , 2014, 36, 383-399.	2.1	35
116	Body dysmorphic disorder: The functional and evolutionary context in phenomenology and a compassionate mind. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2014, 3, 150-160.	1.5	30
117	Embodying Compassion: A Virtual Reality Paradigm for Overcoming Excessive Self-Criticism. <i>PLoS ONE</i> , 2014, 9, e111933.	2.5	102
118	The Effect of Shame and Shame Memories on Paranoid Ideation and Social Anxiety. <i>Clinical Psychology and Psychotherapy</i> , 2013, 20, 334-349.	2.7	109
119	The Italian version of the Social Comparison Rating Scale and the Submissive Behaviour Scale: Reliability and validity in a sample of adolescents. <i>European Journal of Developmental Psychology</i> , 2013, 10, 752-763.	1.8	2
120	Entrapment and Defeat Perceptions in Depressive Symptomatology: Through an Evolutionary Approach. <i>Psychiatry (New York)</i> , 2013, 76, 53-67.	0.7	31
121	The Language of Compassion in Acute Mental Health Care. <i>Qualitative Health Research</i> , 2013, 23, 719-727.	2.1	65
122	Exploring change processes in compassion focused therapy in psychosis: Results of a feasibility randomized controlled trial. <i>British Journal of Clinical Psychology</i> , 2013, 52, 199-214.	3.5	213
123	An Exploration of Group-Based Compassion Focused Therapy for a Heterogeneous Range of Clients Presenting to a Community Mental Health Team. <i>International Journal of Cognitive Therapy</i> , 2012, 5, 420-429.	2.2	97
124	The Relationship between Self-Concealment and Disclosure, Early Experiences, Attachment, and Social Comparison. <i>International Journal of Cognitive Therapy</i> , 2012, 5, 28-37.	2.2	10
125	An exploration of competitiveness and caring in relation to psychopathology. <i>British Journal of Clinical Psychology</i> , 2012, 51, 19-36.	3.5	22
126	Social Safeness, Received Social Support, and Maladjustment: Testing a Tripartite Model of Affect Regulation. <i>Cognitive Therapy and Research</i> , 2012, 36, 815-826.	1.9	80

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127	Fears of compassion and happiness in relation to alexithymia, mindfulness, and self-criticism. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2012, 85, 374-390.	2.5	169
128	The crisis of psychiatry – insights and prospects from evolutionary theory. <i>World Psychiatry</i> , 2012, 11, 55-57.	10.4	51
129	Compassion-Focused Therapy. , 2012, , 140-165.		15
130	Mentalizing, motivation, and social mentalities: Theoretical considerations and implications for psychotherapy. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2011, 84, 9-25.	2.5	166
131	Effects of intranasal oxytocin on 'compassion focused imagery'.. <i>Emotion</i> , 2011, 11, 1388-1396.	1.8	110
132	Problems in identifying predictors and correlates of weight loss and maintenance: implications for weight control therapies based on behaviour change. <i>Obesity Reviews</i> , 2011, 12, 688-708.	6.5	159
133	Fears of compassion: Development of three self-report measures. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2011, 84, 239-255.	2.5	622
134	Compassion Focused Therapy After Traumatic Brain Injury: Theoretical Foundations and a Case Illustration. <i>Brain Impairment</i> , 2011, 12, 128-139.	0.7	67
135	International Negotiations, Evolution, and the Value of Compassion. , 2011, , 15-35.		4
136	A Compassion Focused Model of Recovery after Psychosis. <i>International Journal of Cognitive Therapy</i> , 2010, 3, 186-201.	2.2	82
137	Self-harm in a mixed clinical population: The roles of self-criticism, shame, and social rank. <i>British Journal of Clinical Psychology</i> , 2010, 49, 563-576.	3.5	143
138	An Introduction to Compassion Focused Therapy in Cognitive Behavior Therapy. <i>International Journal of Cognitive Therapy</i> , 2010, 3, 97-112.	2.2	195
139	Compassion Focused Therapy: A Special Section. <i>International Journal of Cognitive Therapy</i> , 2010, 3, 95-96.	2.2	51
140	Testing a German Adaption of the Entrapment Scale and Assessing the Relation to Depression. <i>Depression Research and Treatment</i> , 2010, 2010, 1-10.	1.3	26
141	Who Benefits from Training in Self-Compassionate Self-Regulation? A Study of Smoking Reduction. <i>Journal of Social and Clinical Psychology</i> , 2010, 29, 727-755.	0.5	120
142	Having a word with yourself: Neural correlates of self-criticism and self-reassurance. <i>NeuroImage</i> , 2010, 49, 1849-1856.	4.2	297
143	Emotional Memory, Mindfulness and Compassion. , 2009, , 99-110.		19
144	Striving and Competing and its Relationship to Self-Harm in Young Adults. <i>International Journal of Cognitive Therapy</i> , 2009, 2, 282-291.	2.2	6

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145	Introducing compassion-focused therapy. <i>Advances in Psychiatric Treatment</i> , 2009, 15, 199-208.	0.5	888
146	The dark side of competition: How competitive behaviour and striving to avoid inferiority are linked to depression, anxiety, stress and self-harm. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2009, 82, 123-136.	2.5	153
147	Development of an early memories of warmth and safeness scale and its relationship to psychopathology. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2009, 82, 171-184.	2.5	98
148	Compassionate mind training with people who hear malevolent voices: a case series report. <i>Clinical Psychology and Psychotherapy</i> , 2008, 15, 113-138.	2.7	193
149	Psychotherapies. <i>Medicine</i> , 2008, 36, 496-498.	0.4	2
150	Feeling safe and content: A specific affect regulation system? Relationship to depression, anxiety, stress, and self-criticism. <i>Journal of Positive Psychology</i> , 2008, 3, 182-191.	4.0	188
151	Shame, self-criticism, and self-compassion in adolescence. , 2008, , 195-214.		49
152	Cultural differences in shame-focused attitudes towards mental health problems in Asian and Non-Asian student women. <i>Mental Health, Religion and Culture</i> , 2007, 10, 127-141.	0.9	69
153	Social anxiety and the shame of psychosis: A study in first episode psychosis. <i>Behaviour Research and Therapy</i> , 2007, 45, 1025-1037.	3.1	190
154	Social rank and attachment in people with a bipolar disorder. <i>Clinical Psychology and Psychotherapy</i> , 2007, 14, 48-53.	2.7	43
155	Paranoid beliefs and self-criticism in students. <i>Clinical Psychology and Psychotherapy</i> , 2007, 14, 358-364.	2.7	78
156	Development of a striving to avoid inferiority scale. <i>British Journal of Social Psychology</i> , 2007, 46, 633-648.	2.8	75
157	Eating Attitudes and Striving to Avoid Inferiority. <i>Eating Disorders</i> , 2006, 14, 313-322.	3.0	32
158	Parental recall, attachment relating and self-attacking/self-reassurance: Their relationship with depression. <i>British Journal of Clinical Psychology</i> , 2006, 45, 297-308.	3.5	131
159	Interpersonal sensitivities: Their links to mood, anger and gender. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2006, 79, 37-51.	2.5	35
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