

# Per Kjaer

## List of Publications by Year in Descending Order

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**Version:** 2024-04-28

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

62

papers

2,568

citations

23

h-index

50

g-index

64

ext. papers

3,152

ext. citations

3

avg, IF

4.91

L-index

#	Paper	IF	Citations
62	Using Intervention Mapping to Develop a Decision Support System-Based Smartphone App (selfBACK) to Support Self-management of Nonspecific Low Back Pain: Development and Usability Study.. <i>Journal of Medical Internet Research</i> , <b>2022</b> , 24, e26555	7.6	0
61	When the picture does not really tell the storyS A qualitative exploration of the MRI report of findings as a means for generating shared diagnostic meaning during the management of patients suffering from persistent spinal pain. <i>Patient Education and Counseling</i> , <b>2022</b> , 105, 221-227	3.1	0
60	Self-management at the core of back pain care: 10 key points for clinicians. <i>Brazilian Journal of Physical Therapy</i> , <b>2021</b> , 25, 396-406	3.7	9
59	Motor performance and back pain in children and adolescents: A systematic review. <i>European Journal of Pain</i> , <b>2021</b> ,	3.7	4
58	Discriminative and convergent validity of strain elastography for detecting tendinopathy within the supraspinatus tendon: a cross-sectional study. <i>JSES International</i> , <b>2020</b> , 4, 310-317	1.2	5
57	Cognitive Functional Therapy for People with Nonspecific Persistent Low Back Pain in a Secondary Care Setting-A Propensity Matched, Case-Control Feasibility Study. <i>Pain Medicine</i> , <b>2020</b> , 21, 2061-2070	2.8	2
56	The Interexaminer Reproducibility and Prevalence of Lumbar and Gluteal Myofascial Trigger Points in Patients With Radiating Low Back Pain. <i>Archives of Rehabilitation Research and Clinical Translation</i> , <b>2020</b> , 2, 100044	1.3	
55	Strain Elastography and Tendon Response to an Exercise Program in Patients With Supraspinatus Tendinopathy: An Exploratory Study. <i>Orthopaedic Journal of Sports Medicine</i> , <b>2020</b> , 8, 2325967120965183	2.5	1
54	Motor performance and back pain in children and adolescents: a systematic review and meta-analysis protocol. <i>Systematic Reviews</i> , <b>2020</b> , 9, 212	3	8
53	An exploratory study of different definitions and thresholds for lumbar disc degeneration assessed by MRI and their associations with low back pain using data from a cohort study of a general population. <i>BMC Musculoskeletal Disorders</i> , <b>2020</b> , 21, 253	2.8	2
52	Ultrasonic strain elastography for detecting abnormalities in the supraspinatus tendon: an intra- and inter-rater reliability study. <i>BMJ Open</i> , <b>2019</b> , 9, e027725	3	12
51	GLA:D Back: group-based patient education integrated with exercises to support self-management of persistent back pain - feasibility of implementing standardised care by a course for clinicians. <i>Pilot and Feasibility Studies</i> , <b>2019</b> , 5, 65	1.9	12
50	The natural course of low back pain from childhood to young adulthood - a systematic review. <i>Chiropractic &amp; Manual Therapies</i> , <b>2019</b> , 27, 10	1.8	20
49	Prevalence of MRI findings in the cervical spine in patients with persistent neck pain based on quantification of narrative MRI reports. <i>Chiropractic &amp; Manual Therapies</i> , <b>2019</b> , 27, 13	1.8	1
48	GLA:D Back: implementation of group-based patient education integrated with exercises to support self-management of back pain - protocol for a hybrid effectiveness-implementation study. <i>BMC Musculoskeletal Disorders</i> , <b>2019</b> , 20, 85	2.8	19
47	An App-Delivered Self-Management Program for People With Low Back Pain: Protocol for the selfBACK Randomized Controlled Trial. <i>JMIR Research Protocols</i> , <b>2019</b> , 8, e14720	2	16
46	Diagnosis and treatment of sciatica. <i>BMJ, The</i> , <b>2019</b> , 367, l6273	5.9	29

45	National Clinical Guidelines for non-surgical treatment of patients with recent onset low back pain or lumbar radiculopathy. <i>European Spine Journal</i> , <b>2018</b> , 27, 60-75	2.7	247
44	Modic changes-Their associations with low back pain and activity limitation: A systematic literature review and meta-analysis. <i>PLoS ONE</i> , <b>2018</b> , 13, e0200677	3.7	53
43	The association between subgroups of MRI findings identified with latent class analysis and low back pain in 40-year-old Danes. <i>BMC Musculoskeletal Disorders</i> , <b>2018</b> , 19, 62	2.8	7
42	GLA:D Back group-based patient education integrated with exercises to support self-management of back pain development, theories and scientific evidence. <i>BMC Musculoskeletal Disorders</i> , <b>2018</b> , 19, 418	2.8	27
41	Relationships between paraspinal muscle morphology and neurocompressive conditions of the lumbar spine: a systematic review with meta-analysis. <i>BMC Musculoskeletal Disorders</i> , <b>2018</b> , 19, 351	2.8	22
40	Individual courses of low back pain in adult Danes: a cohort study with 4-year and 8-year follow-up. <i>BMC Musculoskeletal Disorders</i> , <b>2017</b> , 18, 28	2.8	8
39	Is the Number of Different MRI Findings More Strongly Associated With Low Back Pain Than Single MRI Findings?. <i>Spine</i> , <b>2017</b> , 42, 1283-1288	3.3	9
38	National clinical guidelines for non-surgical treatment of patients with recent onset neck pain or cervical radiculopathy. <i>European Spine Journal</i> , <b>2017</b> , 26, 2242-2257	2.7	50
37	Clinically acceptable agreement between the ViMove wireless motion sensor system and the Vicon motion capture system when measuring lumbar region inclination motion in the sagittal and coronal planes. <i>BMC Musculoskeletal Disorders</i> , <b>2017</b> , 18, 124	2.8	33
36	Digital Support Interventions for the Self-Management of Low Back Pain: A Systematic Review. <i>Journal of Medical Internet Research</i> , <b>2017</b> , 19, e179	7.6	71
35	Outcomes of Patients With Acute Low Back Pain Stratified by the STarT Back Screening Tool: Secondary Analysis of a Randomized Trial. <i>Physical Therapy</i> , <b>2017</b> , 97, 330-337	3.3	6
34	Predictors of clinical outcome following lumbar disc surgery: the value of historical, physical examination, and muscle function variables. <i>European Spine Journal</i> , <b>2016</b> , 25, 310-317	2.7	10
33	Progression of lumbar disc herniations over an eight-year period in a group of adult Danes from the general population--a longitudinal MRI study using quantitative measures. <i>BMC Musculoskeletal Disorders</i> , <b>2016</b> , 17, 26	2.8	5
32	Do number of days with low back pain and patterns of episodes of pain have similar outcomes in a biopsychosocial prediction model?. <i>European Spine Journal</i> , <b>2016</b> , 25, 2774-87	2.7	1
31	Degenerative Pathways of Lumbar Motion Segments--A Comparison in Two Samples of Patients with Persistent Low Back Pain. <i>PLoS ONE</i> , <b>2016</b> , 11, e0146998	3.7	1
30	In a secondary care setting, differences between neck pain subgroups classified using the Quebec task force classification system were typically small - a longitudinal study. <i>BMC Musculoskeletal Disorders</i> , <b>2015</b> , 16, 150	2.8	6
29	A Danish Version of the Friendship Scale: Translation and Validation of a Brief Measure of Social Isolation. <i>Social Indicators Research</i> , <b>2015</b> , 120, 181-195	2.7	4
28	The relationship of lumbar multifidus muscle morphology to previous, current, and future low back pain: a 9-year population-based prospective cohort study. <i>Spine</i> , <b>2014</b> , 39, 1417-25	3.3	68

27	Absence of low back pain in the general population followed fortnightly over one year with automated text messages. <i>Chiropractic &amp; Manual Therapies</i> , <b>2014</b> , 22, 1	1.8	14
26	Can pathoanatomical pathways of degeneration in lumbar motion segments be identified by clustering MRI findings. <i>BMC Musculoskeletal Disorders</i> , <b>2013</b> , 14, 198	2.8	8
25	Vitamin D levels appear to be normal in Danish patients attending secondary care for low back pain and a weak positive correlation between serum level Vitamin D and Modic changes was demonstrated: a cross-sectional cohort study of consecutive patients with non-specific low back pain. <i>BMC Musculoskeletal Disorders</i> , <b>2013</b> , 14, 78	2.8	22
24	Stability of low back pain reporting over 8 years in a general population aged 40/41 years at base-line: data from three consecutive cross-sectional surveys. <i>BMC Musculoskeletal Disorders</i> , <b>2013</b> , 14, 270	2.8	7
23	A method for quantitative measurement of lumbar intervertebral disc structures: an intra- and inter-rater agreement and reliability study. <i>Chiropractic &amp; Manual Therapies</i> , <b>2013</b> , 21, 26	1.8	15
22	Evidence-based classification of low back pain in the general population: one-year data collected with SMS Track. <i>Chiropractic &amp; Manual Therapies</i> , <b>2013</b> , 21, 30	1.8	20
21	Interpretation of subgroup effects in published trials. <i>Physical Therapy</i> , <b>2013</b> , 93, 852-9	3.3	13
20	The efficacy of targeted interventions for modifiable psychosocial risk factors of persistent nonspecific low back pain - a systematic review. <i>Manual Therapy</i> , <b>2012</b> , 17, 385-401		37
19	Genetic association studies in lumbar disc degeneration: a systematic review. <i>PLoS ONE</i> , <b>2012</b> , 7, e49995	3.7	67
18	Lumbar sagittal shape variation vis-à-vis sex during growth: a 3-year follow-up magnetic resonance imaging study in children from the general population. <i>Spine</i> , <b>2012</b> , 37, 501-7	3.3	8
17	Gender difference in genetic association between IL1A variant and early lumbar disc degeneration: a three-year follow-up. <i>International Journal of Molecular Epidemiology and Genetics</i> , <b>2012</b> , 3, 195-204	0.9	8
16	Low pressure pain thresholds are associated with, but does not predispose for, low back pain. <i>European Spine Journal</i> , <b>2011</b> , 20, 2120-5	2.7	55
15	Inter-examiner reproducibility of tests for lumbar motor control. <i>BMC Musculoskeletal Disorders</i> , <b>2011</b> , 12, 114	2.8	36
14	Prevalence and tracking of back pain from childhood to adolescence. <i>BMC Musculoskeletal Disorders</i> , <b>2011</b> , 12, 98	2.8	77
13	Predictors of new vertebral endplate signal (Modic) changes in the general population. <i>European Spine Journal</i> , <b>2010</b> , 19, 129-35	2.7	73
12	Genetic risk factors of disc degeneration among 12-14-year-old Danish children: a population study. <i>International Journal of Molecular Epidemiology and Genetics</i> , <b>2010</b> , 1, 158-65	0.9	41
11	Characteristics and natural course of vertebral endplate signal (Modic) changes in the Danish general population. <i>BMC Musculoskeletal Disorders</i> , <b>2009</b> , 10, 81	2.8	77
10	High-level physical activity in childhood seems to protect against low back pain in early adolescence. <i>Spine Journal</i> , <b>2009</b> , 9, 134-41	4	68

9	Lumbar facet and interfacet shape variation during growth in children from the general population: a three-year follow-up MRI study. <i>Spine</i> , <b>2009</b> , 34, 408-12	3.3	13
8	Self-reported hard physical work combined with heavy smoking or overweight may result in so-called Modic changes. <i>BMC Musculoskeletal Disorders</i> , <b>2008</b> , 9, 5	2.8	38
7	Modic changes, possible causes and relation to low back pain. <i>Medical Hypotheses</i> , <b>2008</b> , 70, 361-8	3.8	223
6	Burned-out discs stop hurting: fact or fiction?. <i>Spine</i> , <b>2008</b> , 33, E962-7	3.3	19
5	Reply to the letter to the editor of João Luiz Pinheiro Franco. <i>European Spine Journal</i> , <b>2008</b> , 17, 1769-1770.	0.7	1
4	Are MRI-defined fat infiltrations in the multifidus muscles associated with low back pain?. <i>BMC Medicine</i> , <b>2007</b> , 5, 2	11.4	244
3	Modic changes and their associations with clinical findings. <i>European Spine Journal</i> , <b>2006</b> , 15, 1312-9	2.7	210
2	Magnetic resonance imaging and low back pain in adults: a diagnostic imaging study of 40-year-old men and women. <i>Spine</i> , <b>2005</b> , 30, 1173-80	3.3	304
1	An epidemiologic study of MRI and low back pain in 13-year-old children. <i>Spine</i> , <b>2005</b> , 30, 798-806	3.3	102