Sarah J Hardcastle

List of Publications by Year in descending order

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74 papers

3,091 citations

32 h-index 198040 52 g-index

76 all docs

76 docs citations

76 times ranked 4237 citing authors

#	Article	IF	CITATIONS
1	Predicting physical activity change in cancer survivors: an application of the Health Action Process Approach. Journal of Cancer Survivorship, 2022, 16, 1176-1183.	1.5	6
2	Psychological correlates of physical activity and exercise preferences in metropolitan and nonmetropolitan cancer survivors. Psycho-Oncology, 2021, 30, 221-230.	1.0	6
3	"To be there for my family―and "Keep my independence― Metropolitan and Non-Metropolitan Cancer Survivors' Health Behaviour Motives. Supportive Care in Cancer, 2021, 29, 1969-1976.	1.0	2
4	Factors influencing physical activity in adults with cystic fibrosis. BMC Pulmonary Medicine, 2021, 21, 113.	0.8	16
5	Pulmonary hypertension and home-based (PHAHB) exercise intervention: protocol for a feasibility study. BMJ Open, 2021, 11, e045460.	0.8	5
6	The role of foodbanks in the context of food insecurity: Experiences and eating behaviours amongst users. Appetite, 2021, 163, 105208.	1.8	12
7	The wearable activity technology and action-planning trial in cancer survivors: Physical activity maintenance post-intervention. Journal of Science and Medicine in Sport, 2021, 24, 902-907.	0.6	13
8	"lt is the fear of exercise that stops me―– attitudes and dimensions influencing physical activity in pulmonary hypertension patients. Pulmonary Circulation, 2021, 11, 1-9.	0.8	2
9	Psychological and behavioural factors of unintentional doping: A preliminary systematic review. International Journal of Sport and Exercise Psychology, 2020, 18, 273-295.	1.1	10
10	Fitbit wear-time and patterns of activity in cancer survivors throughout a physical activity intervention and follow-up: Exploratory analysis from a randomised controlled trial. PLoS ONE, 2020, 15, e0240967.	1.1	26
11	â€`If I Had Someone Looking Over My Shoulder…': Exploration of Advice Received and Factors Influencing Physical Activity Among Non-metropolitan Cancer Survivors. International Journal of Behavioral Medicine, 2019, 26, 551-561.	0.8	18
12	Predicting intention to participate in self-management behaviors in patients with Familial Hypercholesterolemia: A cross-national study. Social Science and Medicine, 2019, 242, 112591.	1.8	13
13	Promoting physical activity in regional and remote cancer survivors (PPARCS) using wearables and health coaching: randomised controlled trial protocol. BMJ Open, 2019, 9, e028369.	0.8	11
14	A randomized controlled trial of WATAAP to promote physical activity in colorectal and endometrial cancer survivors. Psycho-Oncology, 2019, 28, 1420-1429.	1.0	40
15	Short-Term Psychological and Physiological Effects of Varying the Volume of High-Intensity Interval Training in Healthy Men. Perceptual and Motor Skills, 2019, 126, 119-142.	0.6	3
16	Psychological responses, muscle damage, inflammation, and delayed onset muscle soreness to high-intensity interval and moderate-intensity continuous exercise in overweight men. Physiology and Behavior, 2019, 199, 200-209.	1.0	23
17	Exploration of young adults' influences on, and consequences of, avoiding alcohol consumption. Substance Use and Misuse, 2019, 54, 831-840.	0.7	8
18	Poorer positive affect in response to self-paced exercise among the obese. Physiology and Behavior, 2018, 189, 32-39.	1.0	9

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19	Investigating barriers to genetic counseling and germline mutation testing in women with suspected hereditary breast and ovarian cancer syndrome and Lynch syndrome. Patient Education and Counseling, 2018, 101, 938-944.	1.0	22
20	Influences on Satisfaction with Reconstructed Breasts and Intimacy in Younger Women Following Bilateral Prophylactic Mastectomy: a Qualitative Analysis. International Journal of Behavioral Medicine, 2018, 25, 390-398.	0.8	11
21	Health literacy in familial hypercholesterolemia: A cross-national study. European Journal of Preventive Cardiology, 2018, 25, 936-943.	0.8	36
22	Exploration of information and support needs in relation to health concerns, diet and physical activity in colorectal cancer survivors. European Journal of Cancer Care, 2018, 27, e12679.	0.7	34
23	Heightened perception of breast cancer risk in young women at risk of familial breast cancer. Familial Cancer, 2018, 17, 15-22.	0.9	17
24	Perceived influence of psychological consultation on psychological wellâ€being, body image, and intimacy following bilateral prophylactic mastectomy: A qualitative analysis. Psycho-Oncology, 2018, 27, 633-639.	1.0	9
25	Influences on decision-making for young women undergoing bilateral prophylactic mastectomy. Patient Education and Counseling, 2018, 101, 318-323.	1.0	13
26	Factors influencing non-participation in an exercise program and attitudes towards physical activity amongst cancer survivors. Supportive Care in Cancer, 2018, 26, 1289-1295.	1.0	85
27	Reply to S.C. Adams et al, C. Lopez et al, and R.U. Newton et al. Journal of Clinical Oncology, 2018, 36, 928-930.	0.8	11
28	Acceptability and utility of, and preference for wearable activity trackers amongst non-metropolitan cancer survivors. PLoS ONE, 2018, 13, e0210039.	1.1	31
29	Effects of medication, treatment, and behavioral beliefs on intentions to take medication in patients with familial hypercholesterolemia. Atherosclerosis, 2018, 277, 493-501.	0.4	18
30	Community Gardening: Basic Psychological Needs as Mechanisms to Enhance Individual and Community Well-Being. Ecopsychology, 2018, 10, 173-180.	0.8	12
31	Patients' perspectives and experiences concerning barriers to accessing information about bilateral prophylactic mastectomy. Breast, 2018, 40, 116-122.	0.9	2
32	Knowledge, attitudes, and practice of oncologists and oncology health care providers in promoting physical activity to cancer survivors: an international survey. Supportive Care in Cancer, 2018, 26, 3711-3719.	1.0	78
33	Wearable Activity Technology And Action-Planning (WATAAP) to promote physical activity in cancer survivors: Randomised controlled trial protocol. International Journal of Clinical and Health Psychology, 2018, 18, 124-132.	2.7	25
34	Identifying content-based and relational techniques to change behaviour in motivational interviewing. Health Psychology Review, 2017, 11, 1-16.	4.4	200
35	A qualitative study exploring health perceptions and factors influencing participation in health behaviors in colorectal cancer survivors. Psycho-Oncology, 2017, 26, 199-205.	1.0	44
36	Let's Walk Outdoors! Self-Paced Walking Outdoors Improves Future Intention to Exercise in Women With Obesity. Journal of Sport and Exercise Psychology, 2017, 39, 145-157.	0.7	36

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37	Factors influencing participation in health behaviors in endometrial cancer survivors. Psycho-Oncology, 2017, 26, 1099-1104.	1.0	40
38	Commentary: Bilateral risk-reducing mastectomy is the safest strategy in BRCA1 carriers. Frontiers in Psychology, 2017, 8, 121.	1.1	2
39	Effective Physical Activity Promotion to Survivors of Cancer Is Likely to Be Home Based and to Require Oncologist Participation. Journal of Clinical Oncology, 2017, 35, 3635-3637.	0.8	70
40	Barriers to physical activity participation in colorectal cancer survivors at high risk of cardiovascular disease. Psycho-Oncology, 2017, 26, 808-814.	1.0	32
41	Commentary: Interpersonal style should be included in taxonomies of behavior change techniques. Frontiers in Psychology, 2016, 7, 894.	1.1	4
42	Attitudes and beliefs towards alcohol minimum pricing in Western Australia. Health Promotion International, 2016, 33, daw092.	0.9	7
43	Applying the integrated trans-contextual model to mathematics activities in the classroom and homework behavior and attainment. Learning and Individual Differences, 2016, 45, 166-175.	1.5	67
44	Predicting Self-Management Behaviors in Familial Hypercholesterolemia Using an Integrated Theoretical Model: the Impact of Beliefs About Illnesses and Beliefs About Behaviors. International Journal of Behavioral Medicine, 2016, 23, 282-294.	0.8	38
45	Influences underlying family food choices in mothers from an economically disadvantaged community. Eating Behaviors, 2016, 20, 1-8.	1.1	38
46	What if it really was an accident? The psychology of unintentional doping. British Journal of Sports Medicine, 2016, 50, 898-899.	3.1	22
47	Exploring the attitudes towards and experiences of geocaching amongst families in the community. International Journal of Environmental Health Research, 2016, 26, 187-197.	1.3	8
48	Larger and More Prominent Graphic Health Warnings on Plain-Packaged Tobacco Products and Avoidant Responses in Current Smokers: a Qualitative Study. International Journal of Behavioral Medicine, 2016, 23, 94-101.	0.8	14
49	Equal prioritisation does not yield lower levels of participation in physical activities than higher prioritisation. Psychology of Sport and Exercise, 2016, 22, 123-130.	1.1	1
50	Feeling of Pleasure to High-Intensity Interval Exercise Is Dependent of the Number of Work Bouts and Physical Activity Status. PLoS ONE, 2016, 11, e0152752.	1.1	84
51	Food Choice and Nutrition: A Social Psychological Perspective. Nutrients, 2015, 7, 8712-8715.	1.7	59
52	Motivating the unmotivated: how can health behavior be changed in those unwilling to change?. Frontiers in Psychology, 2015, 6, 835.	1.1	127
53	Perceived autonomy support and autonomous motivation toward mathematics activities in educational and out-of-school contexts is related to mathematics homework behavior and attainment. Contemporary Educational Psychology, 2015, 41, 111-123.	1.6	122
54	Self-Control Self-Regulation, and Doping in Sport: A Test of the Strength-Energy Model. Journal of Sport and Exercise Psychology, 2015, 37, 199-206.	0.7	29

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55	Young athletes' awareness and monitoring of antiâ€doping in daily life: Does motivation matter?. Scandinavian Journal of Medicine and Science in Sports, 2015, 25, e655-63.	1.3	27
56	Exploring the perceived effectiveness of a life skills development program for high-performance athletes. Psychology of Sport and Exercise, 2015, 16, 139-149.	1.1	50
57	Modal salient belief and social cognitive variables of anti-doping behaviors in sport: Examining an extended model of the theory of planned behavior. Psychology of Sport and Exercise, 2015, 16, 164-174.	1.1	99
58	Patients' Perceptions and Experiences of Familial Hypercholesterolemia, Cascade Genetic Screening and Treatment. International Journal of Behavioral Medicine, 2015, 22, 92-100.	0.8	63
59	Self-determined motivation in sport predicts anti-doping motivation and intention: A perspective from the trans-contextual model. Journal of Science and Medicine in Sport, 2015, 18, 315-322.	0.6	57
60	Psychographic Profiling for Effective Health Behavior Change Interventions. Frontiers in Psychology, 2015, 6, 1988.	1,1	38
61	Using Visual Methods to Understand Physical Activity Maintenance following Cardiac Rehabilitation. PLoS ONE, 2015, 10, e0138218.	1.1	14
62	Western Australian Public Opinions of a Minimum Pricing Policy for Alcohol: Study Protocol. JMIR Research Protocols, 2015, 4, e127.	0.5	3
63	Interpersonal style should be included in taxonomies of behavior change techniques. Frontiers in Psychology, 2014, 5, 254.	1.1	88
64	Why sprint interval training is inappropriate for a largely sedentary population. Frontiers in Psychology, 2014, 5, 1505.	1.1	148
65	Autonomous and controlled motivational regulations for multiple health-related behaviors: between- and within-participants analyses. Health Psychology and Behavioral Medicine, 2014, 2, 565-601.	0.8	120
66	Athletes' beliefs about and attitudes towards taking banned performance-enhancing substances: A qualitative study Sport, Exercise, and Performance Psychology, 2014, 3, 241-257.	0.6	23
67	Effectiveness of a motivational interviewing intervention on weight loss, physical activity and cardiovascular disease risk factors: a randomised controlled trial with a 12-month post-intervention follow-up. International Journal of Behavioral Nutrition and Physical Activity, 2013, 10, 40.	2.0	191
68	A minimum price per unit of alcohol: A focus group study to investigate public opinion concerning UK government proposals to introduce new price controls to curb alcohol consumption. BMC Public Health, 2012, 12, 1023.	1.2	40
69	The effectiveness of a motivational interviewing primary-care based intervention on physical activity and predictors of change in a disadvantaged community. Journal of Behavioral Medicine, 2012, 35, 318-333.	1.1	65
70	Health and doping in eliteâ€level cycling. Scandinavian Journal of Medicine and Science in Sports, 2012, 22, 596-606.	1.3	49
71	"You Can't Do It on Your Own― Experiences of a motivational interviewing intervention on physical activity and dietary behaviour. Psychology of Sport and Exercise, 2011, 12, 314-323.	1.1	54
72	A randomised controlled trial on the effectiveness of a primary health care based counselling intervention on physical activity, diet and CHD risk factors. Patient Education and Counseling, 2008, 70, 31-39.	1.0	180

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73	Finding an exercise identity in an older body: "lt's redefining yourself and working out who you are― Psychology of Sport and Exercise, 2005, 6, 173-188.	1.1	51
74	Looking for More than Weight Loss and Fitness Gain: Psychosocial Dimensions among Older Women in a Primary-Care Exercise-Referral Program. Journal of Aging and Physical Activity, 2001, 9, 313-328.	0.5	50