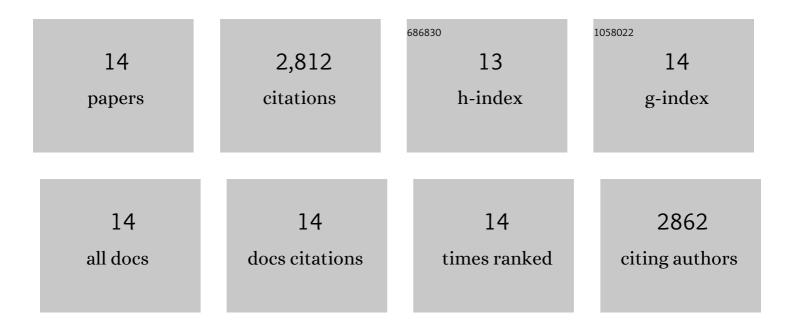
## James Carmody

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/1617941/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Relationships between mindfulness practice and levels of mindfulness, medical and psychological symptoms and well-being in a mindfulness-based stress reduction program. Journal of Behavioral Medicine, 2008, 31, 23-33.	1.1	1,342
2	How long does a mindfulnessâ€based stress reduction program need to be? A review of class contact hours and effect sizes for psychological distress. Journal of Clinical Psychology, 2009, 65, 627-638.	1.0	429
3	An empirical study of the mechanisms of mindfulness in a mindfulnessâ€based stress reduction program. Journal of Clinical Psychology, 2009, 65, 613-626.	1.0	372
4	Mindfulness, spirituality, and health-related symptoms. Journal of Psychosomatic Research, 2008, 64, 393-403.	1.2	309
5	Change in Brainstem Gray Matter Concentration Following a Mindfulness-Based Intervention is Correlated with Improvement in Psychological Well-Being. Frontiers in Human Neuroscience, 2014, 8, 33.	1.0	75
6	A Dietary Intervention for Recurrent Prostate Cancer After Definitive Primary Treatment: Results of a Randomized Pilot Trial. Urology, 2008, 72, 1324-1328.	0.5	63
7	A Pilot Study of the Effects of Mindfulness-Based Stress Reduction on Post-traumatic Stress Disorder Symptoms and Brain Response to Traumatic Reminders of Combat in Operation Enduring Freedom/Operation Iraqi Freedom Combat Veterans with Post-traumatic Stress Disorder. Frontiers in Psychiatry, 2017, 8, 157.	1.3	61
8	A pilot study of mindfulness-based stress reduction for hot flashes. Menopause, 2006, 13, 760-769.	0.8	58
9	Mindfulness-Based Stress Reduction and Change in Health-Related Behaviors. Journal of Evidence-Based Complementary & Alternative Medicine, 2013, 18, 243-247.	1.5	25
10	Yoga as a Complementary Therapy for Smoking Cessation: Results From BreathEasy, a Randomized Clinical Trial. Nicotine and Tobacco Research, 2019, 21, 1517-1523.	1.4	21
11	Cognitive therapy, mindfulness-based stress reduction, and behavior therapy for the treatment of chronic pain: randomized controlled trial. Pain, 2022, 163, 376-389.	2.0	20
12	Testing the efficacy of yoga as a complementary therapy for smoking cessation: Design and methods of the BreathEasy trial. Contemporary Clinical Trials, 2014, 38, 321-332.	0.8	18
13	The Role of Cognitive Content and Cognitive Processes in Chronic Pain. Clinical Journal of Pain, 2018, 34, 391-401.	0.8	18
14	Development and Validation of the Outcome Expectations for Yoga Scale. American Journal of Health Behavior, 2017, 41, 796-802.	0.6	1