List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Digital communication, health & wellbeing in universities: a double-edged sword. Journal of Higher Education Policy and Management, 2022, 44, 72-89.	2.3	9
2	Review of practice & policy strategies for managing digital communication and ICT use in Australian universities. Computers in Human Behavior Reports, 2022, 5, 100160.	4.0	6
3	The effect of mobile phone use at night on the sleep of pre-adolescent (8-11 year), early adolescent (12-14 year) and late adolescent (15-18 year) children: A study of 252,195 Australian children. Sleep Health, 2022, 8, 277-282.	2.5	4
4	Short report: Sleep talking and mental health in children with developmental problems and typically developing children. Research in Developmental Disabilities, 2022, 124, 104214.	2.2	1
5	Nutritional status and quality-of-life of older adults in aged care: A systematic review and meta-analysis. Experimental Gerontology, 2022, 162, 111764.	2.8	5
6	Allergic disease, sleep problems, and psychological distress in children recruited from the general community. Annals of Allergy, Asthma and Immunology, 2022, 129, 366-372.	1.0	2
7	Consolidation and generalisation across sleep depend on individual EEG factors and sleep spindle density. Neurobiology of Learning and Memory, 2021, 179, 107384.	1.9	11
8	Quality-of-life but not behavior improves 48-months post-adenotonsillectomy in children with SDB. Sleep Medicine, 2021, 81, 418-429.	1.6	8
9	Sleep disordered breathing in children: which symptoms do parents consider a problem?. Sleep Medicine, 2021, 81, 33-41.	1.6	1
10	Cognitive parameters in children with mild obstructive sleep disordered breathing. Sleep and Breathing, 2021, 25, 1625-1634.	1.7	5
11	Increased Platelet Aggregation in Children and Adolescents with Sleep-disordered Breathing. American Journal of Respiratory and Critical Care Medicine, 2020, 202, 1560-1566.	5.6	8
12	"Air rage― A systematic review of research on disruptive airline passenger behaviour 1985-2020. Journal of Airline and Airport Management, 2020, 10, 31.	0.4	9
13	Female perspectives on housing quality and household characteristics, perceptions and challenges: Evidence from Australia. Habitat International, 2020, 105, 102276.	5.8	4
14	The Inconsistent Nature of Heart Rate Variability During Sleep in Normal Children and Adolescents. Frontiers in Cardiovascular Medicine, 2020, 7, 19.	2.4	13
15	Focused-attention meditation increases cognitive control during motor sequence performance: Evidence from the N2 cortical evoked potential. Behavioural Brain Research, 2020, 384, 112536.	2.2	13
16	Cognition After Early Tonsillectomy for Mild OSA. Pediatrics, 2020, 145, .	2.1	40
17	The microbial abundance dynamics of the paediatric oral cavity before and after sleep. Journal of Oral Microbiology, 2020, 12, 1741254.	2.7	10
18	Establishing norms for mental wellâ€being in young people (7–19 years) using the General Health Questionnaireâ€12. Australian Journal of Psychology, 2019, 71, 117-126.	2.8	3

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19	The relationships between bullying, sleep, and health in a large adolescent sample. Sleep and Biological Rhythms, 2019, 17, 173-182.	1.0	7
20	Changes in growth and sleep across school nights, weekends and a winter holiday period in two Australian schools. Chronobiology International, 2018, 35, 691-704.	2.0	15
21	Ascending aortic blood flow velocity is increased in children with primary snoring/mild sleep-disordered breathing and associated with an increase in CD8 + ÂT cells expressing TNFα and IFNγ. Heart and Vessels, 2018, 33, 537-548.	1.2	9
22	Associations between selfâ€reported sleep measures and dietary behaviours in a large sample of Australian school students (<i>nÂ</i> =Â28,010). Journal of Sleep Research, 2018, 27, e12682.	3.2	27
23	Nonâ€Work Time Activities Predicting Teachers' Workâ€Related Fatigue and Engagement: An Effortâ€Recovery Approach. Australian Psychologist, 2018, 53, 243-252.	1.6	28
24	States of focused attention and sequential action: A comparison of single session meditation and computerised attention task influences on top-down control during sequence learning. Acta Psychologica, 2018, 191, 87-100.	1.5	9
25	Relationship between Vascular Resistance and Sympathetic Nerve Fiber Density in Arterial Vessels in Children With Sleep Disordered Breathing. Journal of the American Heart Association, 2017, 6, .	3.7	12
26	The influence of focused-attention meditation states on the cognitive control of sequence learning. Consciousness and Cognition, 2017, 55, 11-25.	1.5	20
27	Teachers' Priorities for Change in Australian Schools to Support Staff Well-Being. Asia-Pacific Education Researcher, 2017, 26, 117-126.	3.7	10
28	Rationale for and design of the "POSTA" study: Evaluation of neurocognitive outcomes after immediate adenotonsillectomy compared to watchful waiting in preschool children. BMC Pediatrics, 2017, 17, 47.	1.7	11
29	Active School Lesson Breaks Increase Daily Vigorous Physical Activity, but Not Daily Moderate to Vigorous Physical Activity in Elementary School Boys. Pediatric Exercise Science, 2017, 29, 145-152.	1.0	14
30	Childhood Sleepwalking and Its Relationship to Daytime and Sleep Related Behaviors. Sleep and Hypnosis, 2017, , 61-69.	0.4	4
31	Assessing insomnia, major depression, or posttraumatic stress disorder?. , 2017, , 98-107.		0
32	The impact of 10â€minute activity breaks outside the classroom on male students' onâ€task behaviour and sustained attention: a randomised crossover design. Acta Paediatrica, International Journal of Paediatrics, 2016, 105, e181-8.	1.5	30
33	Augmented Reality as a Countermeasure for Sleep Deprivation. IEEE Transactions on Visualization and Computer Graphics, 2016, 22, 1396-1405.	4.4	6
34	The Impact of Coaching on Faking-Good/Under-Reporting on the PAI. Psychiatry, Psychology and Law, 2016, 23, 29-36.	1.2	1
35	Cognition, temperament, and cerebral blood flow velocity in toddlers and preschool children with sleep-disordered breathing or behavioral insomnia of childhood. Sleep Medicine, 2016, 21, 77-85.	1.6	9
36	The effect of split sleep schedules (6h-on/6h-off) on neurobehavioural performance, sleep and sleepiness. Applied Ergonomics, 2016, 54, 72-82.	3.1	23

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37	Delayed brachial artery dilation response and increased resting blood flow velocity in young children with mild sleep-disordered breathing. Sleep Medicine, 2015, 16, 1451-1456.	1.6	18
38	Employees' perceptions of email communication, volume and management strategies in an Australian university. Journal of Higher Education Policy and Management, 2015, 37, 159-171.	2.3	30
39	Flowâ€mediated dilatation, using time course data, shows maturation of the brachial artery from young children to midâ€adolescents. Clinical and Experimental Pharmacology and Physiology, 2015, 42, 240-245.	1.9	7
40	Culture, Extracurricular Activity, Sleep Habits, and Mental Health: A Comparison of Senior High School Asian-Australian and Caucasian-Australian Adolescents. International Journal of Mental Health, 2015, 44, 139-157.	1.3	16
41	A systematic review of the sleep, sleepiness, and performance implications of limited wake shift work schedules. Scandinavian Journal of Work, Environment and Health, 2015, 41, 425-440.	3.4	41
42	Psychosocial safety climate moderating the effects of daily job demands and recovery on fatigue and work engagement. Journal of Occupational and Organizational Psychology, 2014, 87, 694-714.	4.5	87
43	Sleep, executive functioning and behaviour in children and adolescents with type 1 diabetes. Sleep Medicine, 2014, 15, 1490-1499.	1.6	43
44	Prevalence and Organisational Factors of Psychological Injury Among Australian School Teachers. Australasian Journal of Organisational Psychology, 2014, 7, .	0.1	13
45	Complex associative memory processing and sleep: A systematic review and meta-analysis of behavioural evidence and underlying EEG mechanisms. Neuroscience and Biobehavioral Reviews, 2014, 47, 646-655.	6.1	30
46	Pediatric Sleep Survey Instrument—a screening tool for sleep disordered breathing. Sleep and Breathing, 2014, 18, 383-390.	1.7	6
47	Movement Distribution: A New Measure of Sleep Fragmentation in Children with Upper Airway Obstruction. Sleep, 2014, 37, 2025-2034.	1.1	16
48	Parent versus teacher report of daytime behavior in snoring children. Sleep and Breathing, 2013, 17, 637-645.	1.7	9
49	Sleep and neurocognitive functioning in children with eczema. International Journal of Psychophysiology, 2013, 89, 265-272.	1.0	62
50	Gender, socioeconomic, and ethnic differences in sleep patterns in school-aged children. Sleep Medicine, 2013, 14, 1304-1309.	1.6	87
51	Postnatal depression mediates the relationship between infant and maternal sleep disruption and family dysfunction. Early Human Development, 2013, 89, 69-74.	1.8	42
52	Interdisciplinarity and Undergraduate Psychology Education. Psychology Learning and Teaching, 2013, 12, 159-167.	2.0	4
53	Sleep Spindle Activity and Cognitive Performance in Healthy Children. Sleep, 2013, 36, 237-243.	1.1	94
54	The Role of NREM Sleep Instability in Child Cognitive Performance. Sleep, 2012, 35, 649-56.	1.1	32

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55	Psychometric properties of an omnibus sleep problems questionnaire for school-aged children. Sleep Medicine, 2012, 13, 390-395.	1.6	25
56	How Natural Therapists enhance positive expectations of patients. Complementary Therapies in Clinical Practice, 2012, 18, 99-105.	1.7	2
57	Prevalence of snoring and associated factors in infancy. Sleep Medicine, 2011, 12, 787-792.	1.6	33
58	Inconsistent sleep schedules and daytime behavioral difficulties in school-aged children. Sleep Medicine, 2011, 12, 780-786.	1.6	96
59	Snoring and cognitive development in infancy. Sleep Medicine, 2011, 12, 981-987.	1.6	40
60	Parental-reported snoring from the first month of life and cognitive development at 12 months of age. Sleep Medicine, 2011, 12, 975-980.	1.6	14
61	Lessons in Primate Heat Tolerance: A Commentary Based on the "Human Zoo―Experience. Journal of Applied Animal Welfare Science, 2011, 14, 162-169.	1.0	5
62	Reliability of the 5-min psychomotor vigilance task in a primary school classroom setting. Behavior Research Methods, 2010, 42, 754-758.	4.0	13
63	Central mechanisms of stress-induced headache. Cephalalgia, 2010, 30, 285-295.	3.9	62
64	Noxious Inhibition of Temporal Summation is Impaired in Chronic Tensionâ€Type Headache. Headache, 2010, 50, 403-412.	3.9	83
65	Acute sleep restriction does not affect declarative memory in 10-year-old girls. Sleep and Biological Rhythms, 2010, 8, 222-225.	1.0	13
66	Eczema, Sleep, and Behavior in Children. Journal of Clinical Sleep Medicine, 2010, 06, 581-588.	2.6	54
67	Neurocognitive performance and behavior before and after treatment for sleep-disordered breathing in children. Nature and Science of Sleep, 2010, 2, 159.	2.7	48
68	Stress and tension-type headache mechanisms. Cephalalgia, 2010, 30, 1250-1267.	3.9	82
69	Differences in Parental Attitudes Towards Sleep and Associations With Sleep–Wake Patterns in Caucasian and Southeast Asian School-Aged Children in Australia. Behavioral Sleep Medicine, 2010, 8, 207-218.	2.1	19
70	Eczema and sleep and its relationship to daytime functioning in children. Sleep Medicine Reviews, 2010, 14, 359-369.	8.5	119
71	Eczema, sleep, and behavior in children. Journal of Clinical Sleep Medicine, 2010, 6, 581-8.	2.6	27
72	Reliability of Temporal Summation and Diffuse Noxious Inhibitory Control. Pain Research and Management, 2009, 14, 433-438.	1.8	123

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73	Factors associated with foster carer well-being, satisfaction and intention to continue providing out-of-home care. Children and Youth Services Review, 2009, 31, 752-760.	1.9	114
74	Effect of mental stress on cold pain in chronic tension-type headache sufferers. Journal of Headache and Pain, 2009, 10, 367-373.	6.0	15
75	When does nursing burnout begin? An investigation of the fatigue experience of Australian nursing students. Journal of Nursing Management, 2009, 17, 886-897.	3.4	58
76	The sensitivity of a PDAâ€based psychomotor vigilance task to sleep restriction in 10â€yearâ€old girls. Journal of Sleep Research, 2009, 18, 173-177.	3.2	28
77	Adenotonsillectomy and Neurocognitive Deficits in Children with Sleep Disordered Breathing. PLoS ONE, 2009, 4, e7343.	2.5	97
78	Differences in the Association Between Obesity and Obstructive Sleep Apnea Among Children and Adolescents. Journal of Clinical Sleep Medicine, 2009, 05, 506-511.	2.6	76
79	â€~The Book of Beyond'. International Journal of the Book, 2009, 6, 85-94.	0.2	0
80	The relationship between insomnia and body temperatures. Sleep Medicine Reviews, 2008, 12, 307-317.	8.5	209
81	Prader Willi Syndrome and excessive daytime sleepiness. Sleep Medicine Reviews, 2008, 12, 65-75.	8.5	71
82	Thermoregulatory changes around the time of sleep onset. Physiology and Behavior, 2007, 90, 643-647.	2.1	16
83	Further Development and Validation of the Occupational Fatigue Exhaustion Recovery (OFER) Scale. Journal of Occupational and Environmental Medicine, 2006, 48, 381-389.	1.7	118
84	Work-related fatigue and recovery: the contribution of age, domestic responsibilities and shiftwork. Journal of Advanced Nursing, 2006, 56, 438-449.	3.3	165
85	Disentangling the effects of psychological and physical work demands on sleep, recovery and maladaptive chronic stress outcomes within a large sample of Australian nurses. Journal of Advanced Nursing, 2006, 56, 679-689.	3.3	116
86	Obstructive Sleep Apnea Syndrome in Prader-Willi Syndrome: An Unrecognized and Untreated Cause of Cognitive and Behavioral Deficits?. Neuropsychology Review, 2006, 16, 123-129.	4.9	23
87	Nonlinear aspects of the EEG during sleep in children. , 2005, 5841, 40.		2
88	Development and Validation of a Scale to Measure Work-Related Fatigue and Recovery: The Occupational Fatigue Exhaustion/Recovery Scale (OFER). Journal of Occupational and Environmental Medicine, 2005, 47, 594-606.	1.7	212
89	Neuropsychological and Psychosocial Function in Children with a History of Snoring or Behavioral Sleep Problems. Journal of Pediatrics, 2005, 146, 780-786.	1.8	114
90	Sleep-Disordered Breathing in Prader-Willi Syndrome and its Association with Neurobehavioral Abnormalities. Journal of Pediatrics, 2005, 147, 823-829.	1.8	65

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91	Are sleep problems under-recognised in general practice?. Archives of Disease in Childhood, 2004, 89, 708-712.	1.9	160
92	Reduced neurocognition in children who snore. Pediatric Pulmonology, 2004, 37, 330-337.	2.0	173
93	Symptoms of Sleep Breathing Disorders in Children Are Underreported by Parents at General Practice Visits. Sleep and Breathing, 2003, 7, 167-176.	1.7	51
94	Extraocular Light Exposure Does Not Phase Shift Saliva Melatonin Rhythms in Sleeping Subjects. Journal of Biological Rhythms, 2002, 17, 377-386.	2.6	17
95	Chronobiology and insomnia: pathophysiology and treatment of circadian rhythm sleep disorders. Expert Review of Neurotherapeutics, 2002, 2, 249-260.	2.8	9
96	Non-pharmacological treatments of insomnia. Israel Journal of Psychiatry and Related Sciences, 2002, 39, 36-49.	0.5	3
97	Cognitive and behavioural performance in children with sleep-related obstructive breathing disorders. Sleep Medicine Reviews, 2001, 5, 447-461.	8.5	82
98	Social Worker and Counsellor Perceptions of Singapore's Domestic Violence Prevention System. Asia Pacific Journal of Social Work and Development, 2001, 11, 85-108.	1.0	0
99	Core Body Temperature is Elevated During Constant Wakefulness in Elderly Poor Sleepers. Sleep, 2000, 23, 1-7.	1.1	73
100	Behavior and Neurocognitive Performance in Children Aged 5-10 Years Who Snore Compared to Controls. Journal of Clinical and Experimental Neuropsychology, 2000, 22, 554-568.	1.3	306
101	The relationship between 6â€sulphatoxymelatonin and polysomnographic sleep in good sleeping controls and wake maintenance insomniacs, aged 55–80 years. Journal of Sleep Research, 1999, 8, 57-64.	3.2	31
102	Urinary 6-sulfatoxymelatonin excretion and aging: New results and a critical review of the literature. Journal of Pineal Research, 1999, 27, 210-220.	7.4	128
103	The relationship between 6-sulphatoxymelatonin rhythm phase and age in self-reported good sleeping controls and sleep maintenance insomniacs aged 55-80 years. Psychopharmacology, 1999, 147, 111-112.	3.1	12
104	6â€Sulfatoxymelatonin excretion and selfâ€reported sleep in good sleeping controls and 55–80â€yearâ€old insomniacs. Journal of Sleep Research, 1998, 7, 75-83.	3.2	30
105	Changes in sleepiness and body temperature precede nocturnal sleep onset: Evidence from a polysomnographic study in young men. Journal of Sleep Research, 1998, 7, 159-166.	3.2	60
106	Effect of Sustained Nocturnal Transbuccal Melatonin Administration on Sleep and Temperature in Elderly Insomniacs. Journal of Biological Rhythms, 1998, 13, 532-538.	2.6	47
107	Daytime Melatonin Administration in Elderly Good and Poor Sleepers: Effects on Core Body Temperature and Sleep Latency. Sleep, 1997, 20, 1135-1144.	1.1	30
108	Urinary 6-Sulfatoxymelatonin Cycle-To-Cycle Variability. Chronobiology International, 1996, 13, 411-421.	2.0	20

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109	The rhythms of human sleep propensity and core body temperature. Journal of Sleep Research, 1996, 5, 1-11.	3.2	141
110	Improving Adaptation to Simulated Night Shift: Timed Exposure to Bright Light Versus Daytime Melatonin Administration. Sleep, 1995, 18, 11-21.	1.1	150
111	The Variability in Circadian Phase and Amplitude Estimates Derived from Sequential Constant Routines. Chronobiology International, 1992, 9, 362-370.	2.0	25