

Teresa Arora

List of Publications by Year in descending order

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Version: 2024-02-01

45
papers

2,175
citations

448610

19
h-index

325983

40
g-index

48
all docs

48
docs citations

48
times ranked

3890
citing authors

#	ARTICLE	IF	CITATIONS
1	Generalized Anxiety Mediates the Relationship Between Loneliness and Sleep Quality Amongst Young Adults During the COVID-19 Pandemic. <i>Psychological Reports</i> , 2023, 126, 2141-2157.	0.9	5
2	The prevalence of psychological consequences of COVID-19: A systematic review and meta-analysis of observational studies. <i>Journal of Health Psychology</i> , 2022, 27, 805-824.	1.3	124
3	Complementary feeding practices and the associated risk of childhood obesity among ethnic minority groups living in high-income countries: protocol for a systematic review and meta-analysis. <i>BMJ Open</i> , 2022, 12, e053821.	0.8	1
4	Boosting Student Wellbeing Despite a Pandemic: Positive Psychology Interventions and the Impact of Sleep in the United Arab Emirates. <i>International Journal of Applied Positive Psychology</i> , 2022, 7, 271-300.	1.2	2
5	Comparison of commonly used screening tools for determining obstructive sleep apnea amongst aviation employees. <i>Sleep Medicine</i> , 2021, 77, 332-336.	0.8	6
6	Poor sleep quality and physical performance in older adults. <i>Sleep Health</i> , 2021, 7, 205-211.	1.3	23
7	A mysterious sensation about sleep and health: the role of interoception. <i>BMC Public Health</i> , 2021, 21, 1584.	1.2	5
8	Early screening for post-stroke depression, and the effect on functional outcomes, quality of life and mortality: a protocol for a systematic review and meta-analysis. <i>BMJ Open</i> , 2021, 11, e050451.	0.8	3
9	Looking within: Interoceptive sensibility in young adults with psychotic-like experiences. <i>Microbial Biotechnology</i> , 2021, 15, 1705-1712.	0.9	7
10	Psychosocial Correlates of Depression and Anxiety in the United Arab Emirates During the COVID-19 Pandemic. <i>Frontiers in Psychiatry</i> , 2020, 11, 564172.	1.3	33
11	Perceived Risk and Protection From Infection and Depressive Symptoms Among Healthcare Workers in Mainland China and Hong Kong During COVID-19. <i>Frontiers in Psychiatry</i> , 2020, 11, 686.	1.3	54
12	Poor sleep efficiency and daytime napping are risk factors of depersonalization disorder in female university students. <i>Neurobiology of Sleep and Circadian Rhythms</i> , 2020, 9, 100059.	1.4	6
13	The role of perceived social support on depression and sleep during the COVID-19 pandemic. <i>Psychiatry Research</i> , 2020, 293, 113452.	1.7	321
14	Prescribing laughter to ameliorate mental health, sleep, and wellbeing in university students: A protocol for a feasibility study of a randomised controlled trial. <i>Contemporary Clinical Trials Communications</i> , 2020, 20, 100676.	0.5	4
15	Health behaviour changes during COVID-19 and the potential consequences: A mini-review. <i>Journal of Health Psychology</i> , 2020, 25, 1155-1163.	1.3	240
16	The relationship between sleep duration and mood in adolescents: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2020, 52, 101311.	3.8	101
17	0444 Comparison of Commonly Used Questionnaires to Identify Obstructive Sleep Apnea in Pilots. <i>Sleep</i> , 2019, 42, A179-A179.	0.6	0
18	Sleep, obesity and cardiometabolic disease in children and adolescents. , 2019, , 421-433.		0

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19	Sleep Routines in Children. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 821-822.	1.4	1
20	The associations among objectively estimated sleep and obesity indicators in elementary schoolchildren. <i>Sleep Medicine</i> , 2018, 47, 25-31.	0.8	13
21	The Prospective Association Between Electronic Device Use Before Bedtime and Academic Attainment in Adolescents. <i>Journal of Adolescent Health</i> , 2018, 63, 451-458.	1.2	8
22	How Many Sleep Diary Entries Are Needed to Reliably Estimate Adolescent Sleep?. <i>Sleep</i> , 2017, 40, .	0.6	44
23	Investigating physiological glucose excursions before, during, and after Ramadan in adults without diabetes mellitus. <i>Physiology and Behavior</i> , 2017, 179, 110-115.	1.0	13
24	Is sleep education an effective tool for sleep improvement and minimizing metabolic disturbance and obesity in adolescents?. <i>Sleep Medicine Reviews</i> , 2017, 36, 3-12.	3.8	16
25	The Impact of Sleep Debt on Excess Adiposity and Insulin Sensitivity in Patients with Early Type 2 Diabetes Mellitus. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 673-680.	1.4	34
26	Robust Automated Human Activity Recognition and Its Application to Sleep Research. , 2016, , .		13
27	Assessment for the possibility of a first night effect for wrist actigraphy in adolescents. <i>BMJ Open</i> , 2016, 6, e012172.	0.8	5
28	An investigation of the associations among sleep duration and quality, body mass index and insulin resistance in newly diagnosed type 2 diabetes mellitus patients. <i>Therapeutic Advances in Endocrinology and Metabolism</i> , 2016, 7, 3-11.	1.4	14
29	How Do Qataris Source Health Information?. <i>PLoS ONE</i> , 2016, 11, e0166250.	1.1	16
30	Sleep Quality Prediction From Wearable Data Using Deep Learning. <i>JMIR MHealth and UHealth</i> , 2016, 4, e125.	1.8	133
31	Sleep Optimization and Diabetes Control: A Review of the Literature. <i>Diabetes Therapy</i> , 2015, 6, 425-468.	1.2	27
32	The Relationships Among Sleep, Nutrition, and Obesity. <i>Current Sleep Medicine Reports</i> , 2015, 1, 218-225.	0.7	6
33	Sleep Doesn't Waste Time, It's Good for the Waist Line. <i>Sleep</i> , 2015, 38, 1159-60.	0.6	1
34	Description and preliminary results from a structured specialist behavioural weight management group intervention: Specialist Lifestyle Management (SLiM) programme. <i>BMJ Open</i> , 2015, 5, e007217-e007217.	0.8	19
35	Early Bed for Early Birds: Curbing the Evening Calories. <i>Journal of Adolescent Health</i> , 2015, 57, 5-6.	1.2	0
36	Associations among late chronotype, body mass index and dietary behaviors in young adolescents. <i>International Journal of Obesity</i> , 2015, 39, 39-44.	1.6	196

#	ARTICLE	IF	CITATIONS
37	Associations between specific technologies and adolescent sleep quantity, sleep quality, and parasomnias. <i>Sleep Medicine</i> , 2014, 15, 240-247.	0.8	188
38	Obesity can no longer be solely attributed to energy disparity: sleep also fits the equation. <i>Clinical Practice (London, England)</i> , 2014, 11, 247-249.	0.1	4
39	Exploring the complex pathways among specific types of technology, self-reported sleep duration and body mass index in UK adolescents. <i>International Journal of Obesity</i> , 2013, 37, 1254-1260.	1.6	78
40	The Potential Association between Obstructive Sleep Apnea and Diabetic Retinopathy in Severe Obesityâ€”The Role of Hypoxemia. <i>PLoS ONE</i> , 2013, 8, e79521.	1.1	52
41	The Prevalence and Severity of Obstructive Sleep Apnea in Severe Obesity: The Impact of Ethnicity. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 853-858.	1.4	51
42	An Investigation into the Strength of the Association and Agreement Levels between Subjective and Objective Sleep Duration in Adolescents. <i>PLoS ONE</i> , 2013, 8, e72406.	1.1	128
43	Sleep and Immunity in Older Age. , 2013, , 201-219.		0
44	Self-Reported Long Total Sleep Duration Is Associated With Metabolic Syndrome. <i>Diabetes Care</i> , 2011, 34, 2317-2319.	4.3	83
45	Napping Is Associated with Increased Risk of Type 2 Diabetes: The Guangzhou Biobank Cohort Study. <i>Sleep</i> , 2010, 33, 402-407.	0.6	88