

Mariangela Rondanelli

List of Publications by Year in descending order

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Version: 2024-02-01

210
papers

6,986
citations

76196

40
h-index

82410

72
g-index

233
all docs

233
docs citations

233
times ranked

11477
citing authors

#	ARTICLE	IF	CITATIONS
1	Elevated Plasma Vitamin B12 Concentrations Are Independent Predictors of In-Hospital Mortality in Adult Patients at Nutritional Risk. <i>Nutrients</i> , 2017, 9, 1.	1.7	734
2	Nutritional status in older persons according to healthcare setting: A systematic review and meta-analysis of prevalence data using MNA-Å®. <i>Clinical Nutrition</i> , 2016, 35, 1282-1290.	2.3	311
3	Whey protein, amino acids, and vitamin D supplementation with physical activity increases fat-free mass and strength, functionality, and quality of life and decreases inflammation in sarcopenic elderly. <i>American Journal of Clinical Nutrition</i> , 2016, 103, 830-840.	2.2	282
4	Nutritional Supplements with Oral Amino Acid Mixtures Increases Whole-Body Lean Mass and Insulin Sensitivity in Elderly Subjects with Sarcopenia. <i>American Journal of Cardiology</i> , 2008, 101, S69-S77.	0.7	201
5	Cancer prevention in Europe. <i>European Journal of Cancer Prevention</i> , 2013, 22, 90-95.	0.6	196
6	Self-Care for Common Colds: The Pivotal Role of Vitamin D, Vitamin C, Zinc, and Echinacea in Three Main Immune Interactive Clusters (Physical Barriers, Innate and Adaptive Immunity) Involved during an Episode of Common Colds—Practical Advice on Dosages and on the Time to Take These Nutrients/Botanicals in order to Prevent or Treat Common Colds. <i>Evidence-based Complementary and Alternative Medicine</i> , 2018, 2018, 1-36.	0.5	139
7	Inverse relationship between body mass index and mortality in older nursing home residents: a meta-analysis of 19,538 elderly subjects. <i>Obesity Reviews</i> , 2015, 16, 1001-1015.	3.1	138
8	Using probiotics in clinical practice: Where are we now? A review of existing meta-analyses. <i>Gut Microbes</i> , 2017, 8, 521-543.	4.3	131
9	Decreased membrane fluidity and altered susceptibility to peroxidation and lipid composition in overweight and obese female erythrocytes. <i>Journal of Lipid Research</i> , 2004, 45, 1846-1851.	2.0	129
10	Performance of Edmonton Frail Scale on frailty assessment: its association with multi-dimensional geriatric conditions assessed with specific screening tools. <i>BMC Geriatrics</i> , 2017, 17, 2.	1.1	127
11	Effect of Omega-3 Fatty Acids Supplementation on Depressive Symptoms and on Health-Related Quality of Life in the Treatment of Elderly Women with Depression: A Double-Blind, Placebo-Controlled, Randomized Clinical Trial. <i>Journal of the American College of Nutrition</i> , 2010, 29, 55-64.	1.1	96
12	The Long History of Vitamin C: From Prevention of the Common Cold to Potential Aid in the Treatment of COVID-19. <i>Frontiers in Immunology</i> , 2020, 11, 574029.	2.2	94
13	The Effect of Melatonin, Magnesium, and Zinc on Primary Insomnia in Long-Term Care Facility Residents in Italy: A Double-Blind, Placebo-Controlled Clinical Trial. <i>Journal of the American Geriatrics Society</i> , 2011, 59, 82-90.	1.3	88
14	Review on microbiota and effectiveness of probiotics use in older. <i>World Journal of Clinical Cases</i> , 2015, 3, 156.	0.3	88
15	Oxidative stress and a thrombophilic condition in alcoholics without severe liver disease. <i>Haematologica</i> , 2001, 86, 85-91.	1.7	82
16	Nutritional screening and mortality in newly institutionalised elderly: A comparison between the Geriatric Nutritional Risk Index and the Mini Nutritional Assessment. <i>Clinical Nutrition</i> , 2011, 30, 793-798.	2.3	81
17	Effect of essential amino acid supplementation on quality of life, Amino acid profile and strength in institutionalized elderly patients. <i>Clinical Nutrition</i> , 2011, 30, 571-577.	2.3	76
18	Mediterranean Way of Drinking and Longevity. <i>Critical Reviews in Food Science and Nutrition</i> , 2016, 56, 635-640.	5.4	76

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19	Food pyramid for subjects with chronic pain: foods and dietary constituents as anti-inflammatory and antioxidant agents. <i>Nutrition Research Reviews</i> , 2018, 31, 131-151.	2.1	75
20	Neuroinflammation, immune system and Alzheimer disease: searching for the missing link. <i>Aging Clinical and Experimental Research</i> , 2017, 29, 821-831.	1.4	74
21	Weight cycling is associated with body weight excess and abdominal fat accumulation: A cross-sectional study. <i>Clinical Nutrition</i> , 2011, 30, 718-723.	2.3	73
22	Effects of a diet integration with an oily emulsion of DHA-phospholipids containing melatonin and tryptophan in elderly patients suffering from mild cognitive impairment. <i>Nutritional Neuroscience</i> , 2012, 15, 46-54.	1.5	72
23	Performance of the Attenuation Imaging Technology in the Detection of Liver Steatosis. <i>Journal of Ultrasound in Medicine</i> , 2021, 40, 1325-1332.	0.8	67
24	Body Mass Index and Mortality in Institutionalized Elderly. <i>Journal of the American Medical Directors Association</i> , 2011, 12, 174-178.	1.2	64
25	Long chain omega 3 polyunsaturated fatty acids supplementation in the treatment of elderly depression: Effects on depressive symptoms, on phospholipids fatty acids profile and on health-related quality of life. <i>Journal of Nutrition, Health and Aging</i> , 2011, 15, 37-44.	1.5	62
26	Novel Insights on Nutrient Management of Sarcopenia in Elderly. <i>BioMed Research International</i> , 2015, 2015, 1-14.	0.9	62
27	The effect of Berberine on weight loss in order to prevent obesity: A systematic review. <i>Biomedicine and Pharmacotherapy</i> , 2020, 127, 110137.	2.5	61
28	Energy Balance in Patients with Pressure Ulcers: A Systematic Review and Meta-Analysis of Observational Studies. <i>Journal of the American Dietetic Association</i> , 2011, 111, 1868-1876.	1.3	58
29	Improving rehabilitation in sarcopenia: a randomized controlled trial utilizing a muscle targeted food for special medical purposes. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2020, 11, 1535-1547.	2.9	55
30	Beneficial effects of artichoke leaf extract supplementation on increasing HDL-cholesterol in subjects with primary mild hypercholesterolaemia: a double-blind, randomized, placebo-controlled trial. <i>International Journal of Food Sciences and Nutrition</i> , 2013, 64, 7-15.	1.3	54
31	Liraglutide and obesity in elderly: efficacy in fat loss and safety in order to prevent sarcopenia. A perspective case series study. <i>Aging Clinical and Experimental Research</i> , 2016, 28, 1251-1257.	1.4	54
32	Update on the role of melatonin in the prevention of cancer tumorigenesis and in the management of cancer correlates, such as sleep-wake and mood disturbances: review and remarks. <i>Aging Clinical and Experimental Research</i> , 2013, 25, 499-510.	1.4	52
33	Nutritional risk, functional status and mortality in newly institutionalised elderly. <i>British Journal of Nutrition</i> , 2013, 110, 1903-1909.	1.2	52
34	Sarcopenia and sarcopenic obesity in comparison: prevalence, metabolic profile, and key differences. A cross-sectional study in Italian hospitalized elderly. <i>Aging Clinical and Experimental Research</i> , 2017, 29, 1249-1258.	1.4	51
35	Is There Enough Evidence for Osteosarcopenic Obesity as a Distinct Entity? A Critical Literature Review. <i>Calcified Tissue International</i> , 2019, 105, 109-124.	1.5	51
36	Volatile Organic Compounds as Biomarkers of Gastrointestinal Diseases and Nutritional Status. <i>Journal of Analytical Methods in Chemistry</i> , 2019, 2019, 1-14.	0.7	50

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37	The Role of Glutamine in the Complex Interaction between Gut Microbiota and Health: A Narrative Review. <i>International Journal of Molecular Sciences</i> , 2019, 20, 5232.	1.8	49
38	Clinical trials on pain lowering effect of ginger: A narrative review. <i>Phytotherapy Research</i> , 2020, 34, 2843-2856.	2.8	46
39	Appetite Control and Glycaemia Reduction in Overweight Subjects treated with a Combination of Two Highly Standardized Extracts from <i>Phaseolus vulgaris</i> and <i>Cynara scolymus</i> . <i>Phytotherapy Research</i> , 2011, 25, 1275-1282.	2.8	44
40	Metabolic Management in Overweight Subjects with Naive Impaired Fasting Glycaemia by Means of a Highly Standardized Extract From <i>Cynara scolymus</i> : A Double-blind, Placebo-controlled, Randomized Clinical Trial. <i>Phytotherapy Research</i> , 2014, 28, 33-41.	2.8	43
41	The Effect of Ginger (<i>Zingiber officinalis</i>) and Artichoke (<i>Cynara cardunculus</i>) Extract Supplementation on Functional Dyspepsia: A Randomised, Double-Blind, and Placebo-Controlled Clinical Trial. <i>Evidence-based Complementary and Alternative Medicine</i> , 2015, 2015, 1-9.	0.5	42
42	Effects of Hazelnut Consumption on Blood Lipids and Body Weight: A Systematic Review and Bayesian Meta-Analysis. <i>Nutrients</i> , 2016, 8, 747.	1.7	42
43	Circadian Secretory Pattern of Growth Hormone, Insulin-Like Growth Factor Type I, Cortisol, Adrenocorticotrophic Hormone, Thyroid-Stimulating Hormone, and Prolactin during HIV Infection. <i>AIDS Research and Human Retroviruses</i> , 1997, 13, 1243-1249.	0.5	41
44	Osteosarcopenic Visceral Obesity and Osteosarcopenic Subcutaneous Obesity, Two New Phenotypes of Sarcopenia: Prevalence, Metabolic Profile, and Risk Factors. <i>Journal of Aging Research</i> , 2018, 2018, 1-8.	0.4	41
45	An update on magnesium and bone health. <i>BioMetals</i> , 2021, 34, 715-736.	1.8	41
46	Can nausea and vomiting be treated with ginger extract?. <i>European Review for Medical and Pharmacological Sciences</i> , 2015, 19, 1291-6.	0.5	40
47	Selenium Fortification of an Italian Rice Cultivar via Foliar Fertilization with Sodium Selenate and Its Effects on Human Serum Selenium Levels and on Erythrocyte Glutathione Peroxidase Activity. <i>Nutrients</i> , 2014, 6, 1251-1261.	1.7	39
48	Improvement in insulin resistance and favourable changes in plasma inflammatory adipokines after weight loss associated with two months' consumption of a combination of bioactive food ingredients in overweight subjects. <i>Endocrine</i> , 2013, 44, 391-401.	1.1	37
49	How to Estimate Fat Mass in Overweight and Obese Subjects. <i>International Journal of Endocrinology</i> , 2013, 2013, 1-9.	0.6	37
50	Decreased Release of the Angiogenic Peptide Vascular Endothelial Growth Factor in Alzheimer's Disease: Recovering Effect with Insulin and DHEA Sulfate. <i>Dementia and Geriatric Cognitive Disorders</i> , 2005, 19, 1-10.	0.7	36
51	Administration of a dietary supplement (N-oleyl-phosphatidylethanolamine and Tj ETQq1 1 0.784314 rgBT /Overlock 10 Tf 50 187 Td) in a randomized controlled trial. <i>British Journal of Nutrition</i> , 2009, 101, 457-464.	1.2	35
52	Alcohol and wine in relation to cancer and other diseases. <i>European Journal of Cancer Prevention</i> , 2012, 21, 103-108.	0.6	35
53	Beta-glucan- or rice bran-enriched foods: a comparative crossover clinical trial on lipidic pattern in mildly hypercholesterolemic men. <i>European Journal of Clinical Nutrition</i> , 2011, 65, 864-871.	1.3	34
54	Pivotal role of boron supplementation on bone health: A narrative review. <i>Journal of Trace Elements in Medicine and Biology</i> , 2020, 62, 126577.	1.5	34

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55	Whey Protein, Leucine- and Vitamin-D-Enriched Oral Nutritional Supplementation for the Treatment of Sarcopenia. <i>Nutrients</i> , 2022, 14, 1524.	1.7	34
56	Association of the bitter taste receptor gene TAS2R38 (polymorphism RS713598) with sensory responsiveness, food preferences, biochemical parameters and body-composition markers. A cross-sectional study in Italy. <i>International Journal of Food Sciences and Nutrition</i> , 2018, 69, 245-252.	1.3	33
57	Interobserver reproducibility of the controlled attenuation parameter (CAP) for quantifying liver steatosis. <i>Hepatology International</i> , 2014, 8, 576-581.	1.9	32
58	The effect and safety of highly standardized Ginger (<i>Zingiber officinale</i>) and Echinacea (<i>Echinacea angustifolia</i>) extract supplementation on inflammation and chronic pain in NSAIDs poor responders. A pilot study in subjects with knee arthrosis. <i>Natural Product Research</i> , 2017, 31, 1309-1313.	1.0	32
59	Micronutrients Dietary Supplementation Advices for Celiac Patients on Long-Term Gluten-Free Diet with Good Compliance: A Review. <i>Medicina (Lithuania)</i> , 2019, 55, 337.	0.8	32
60	Efficacy of bergamot: From anti-inflammatory and anti-oxidative mechanisms to clinical applications as preventive agent for cardiovascular morbidity, skin diseases, and mood alterations. <i>Food Science and Nutrition</i> , 2019, 7, 369-384.	1.5	32
61	Insulin-Like Growth Factor I (IGF-I) and IGF-Binding Protein 3 Response to Growth Hormone Is Impaired in HIV-Infected Children. <i>AIDS Research and Human Retroviruses</i> , 2002, 18, 331-339.	0.5	31
62	Effects of DHA-phospholipids, melatonin and tryptophan supplementation on erythrocyte membrane physico-chemical properties in elderly patients suffering from mild cognitive impairment. <i>Experimental Gerontology</i> , 2012, 47, 974-978.	1.2	30
63	Creatine, L-Carnitine, and ω -3 Polyunsaturated Fatty Acid Supplementation from Healthy to Diseased Skeletal Muscle. <i>BioMed Research International</i> , 2014, 2014, 1-16.	0.9	30
64	Effects of two-months balanced diet in metabolically healthy obesity: lipid correlations with gender and BMI-related differences. <i>Lipids in Health and Disease</i> , 2015, 14, 139.	1.2	30
65	A Systematic Review on the Effects of Botanicals on Skeletal Muscle Health in Order to Prevent Sarcopenia. <i>Evidence-based Complementary and Alternative Medicine</i> , 2016, 2016, 1-23.	0.5	30
66	Polycystic ovary syndrome management: a review of the possible amazing role of berberine. <i>Archives of Gynecology and Obstetrics</i> , 2020, 301, 53-60.	0.8	29
67	Novel Insights on Intake of Fish and Prevention of Sarcopenia: All Reasons for an Adequate Consumption. <i>Nutrients</i> , 2020, 12, 307.	1.7	29
68	Body composition assessment using bioelectrical impedance analysis (BIA) in a wide cohort of patients affected with mild to severe obesity. <i>Clinical Nutrition</i> , 2021, 40, 3973-3981.	2.3	29
69	Hyperviscosity and microproteinuria in central obesity: relevance to cardiovascular risk. <i>International Journal of Obesity</i> , 1997, 21, 417-423.	1.6	28
70	Efficacy of a disease-specific nutritional support for pressure ulcer healing: A systematic review and meta-analysis. <i>Journal of Nutrition, Health and Aging</i> , 2017, 21, 655-661.	1.5	28
71	<i>Acmella oleracea</i> for pain management. <i>FÄ-toterapÄ-tÄç</i> , 2020, 140, 104419.	1.1	28
72	Is Probiotic Supplementation Useful for the Management of Body Weight and Other Anthropometric Measures in Adults Affected by Overweight and Obesity with Metabolic Related Diseases? A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2021, 13, 666.	1.7	28

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73	The Potential Roles of Very Low Calorie, Very Low Calorie Ketogenic Diets and Very Low Carbohydrate Diets on the Gut Microbiota Composition. <i>Frontiers in Endocrinology</i> , 2021, 12, 662591.	1.5	28
74	Update on nutrients involved in maintaining healthy bone. <i>Endocrinologia Y Nutricion: Organo De La Sociedad Espanola De Endocrinologia Y Nutricion</i> , 2013, 60, 197-210.	0.8	27
75	Twenty-four-week effects of liraglutide on body composition, adherence to appetite, and lipid profile in overweight and obese patients with type 2 diabetes mellitus. <i>Patient Preference and Adherence</i> , 2016, 10, 407.	0.8	27
76	MediterrAsian Diet Products That Could Raise HDL-Cholesterol: A Systematic Review. <i>BioMed Research International</i> , 2016, 2016, 1-15.	0.9	27
77	Multidimensional evaluation of endogenous and health factors affecting food preferences, taste and smell perception. <i>Journal of Nutrition, Health and Aging</i> , 2016, 20, 971-981.	1.5	27
78	Nutrition, Physical Activity, and Dietary Supplementation to Prevent Bone Mineral Density Loss: A Food Pyramid. <i>Nutrients</i> , 2022, 14, 74.	1.7	27
79	Defect of a subpopulation of natural killer immune cells in Gravesâ€™ disease and Hashimotoâ€™s thyroiditis: normalizing effect of dehydroepiandrosterone sulfate. <i>European Journal of Endocrinology</i> , 2005, 152, 703-712.	1.9	26
80	Combining pain therapy with lifestyle: the role of personalized nutrition and nutritional supplements according to the SIMPAR Feed Your Destiny approach. <i>Journal of Pain Research</i> , 2016, Volume 9, 1179-1189.	0.8	26
81	Erythrocyte membrane alterations during ageing affect β -glucuronidase and neutral sialidase in elderly healthy subjects. <i>Experimental Gerontology</i> , 2005, 40, 219-225.	1.2	25
82	Effects of weight loss on erythrocyte membrane composition and fluidity in overweight and moderately obese women. <i>Journal of Nutritional Biochemistry</i> , 2011, 22, 388-392.	1.9	25
83	Beyond Body Mass Index. Is the Body Cell Mass Index (BCMI) a useful prognostic factor to describe nutritional, inflammation and muscle mass status in hospitalized elderly?. <i>Clinical Nutrition</i> , 2018, 37, 934-939.	2.3	25
84	Evidence-Based Role of Nutrients and Antioxidants for Chronic Pain Management in Musculoskeletal Frailty and Sarcopenia in Aging. <i>Geriatrics (Switzerland)</i> , 2020, 5, 16.	0.6	25
85	Focus on metabolic and nutritional correlates of polycystic ovary syndrome and update on nutritional management of these critical phenomena. <i>Archives of Gynecology and Obstetrics</i> , 2014, 290, 1079-1092.	0.8	24
86	Ideal food pyramid for patients with rheumatoid arthritis: A narrative review. <i>Clinical Nutrition</i> , 2021, 40, 661-689.	2.3	24
87	Promising Effects of 3-Month Period of Quercetin Phytosome® Supplementation in the Prevention of Symptomatic COVID-19 Disease in Healthcare Workers: A Pilot Study. <i>Life</i> , 2022, 12, 66.	1.1	24
88	Health-promoting properties of artichoke in preventing cardiovascular disease by its lipidic and glycemic-reducing action. <i>Monaldi Archives for Chest Disease</i> , 2013, 80, 17-26.	0.3	23
89	A bibliometric study of scientific literature in Scopus on botanicals for treatment of androgenetic alopecia. <i>Journal of Cosmetic Dermatology</i> , 2016, 15, 120-130.	0.8	23
90	Effects of 12 Weeks of Essential Amino Acids (EAA)-Based Multi-Ingredient Nutritional Supplementation on Muscle Mass, Muscle Strength, Muscle Power and Fatigue in Healthy Elderly Subjects: A Randomized Controlled Double-Blind Study. <i>Journal of Nutrition, Health and Aging</i> , 2019, 23, 414-424.	1.5	23

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91	Effects of Daily Low-Dose Date Consumption on Glycemic Control, Lipid Profile, and Quality of Life in Adults with Pre- and Type 2 Diabetes: A Randomized Controlled Trial. <i>Nutrients</i> , 2020, 12, 217.	1.7	23
92	A multinational consensus on dysphagia in Parkinson's disease: screening, diagnosis and prognostic value. <i>Journal of Neurology</i> , 2022, 269, 1335-1352.	1.8	23
93	Consensus on the treatment of dysphagia in Parkinson's disease. <i>Journal of the Neurological Sciences</i> , 2021, 430, 120008.	0.3	23
94	Fish oil and treatment of cancer cachexia. <i>Genes and Nutrition</i> , 2008, 3, 25-28.	1.2	22
95	A path model of sarcopenia on bone mass loss in elderly subjects. <i>Journal of Nutrition, Health and Aging</i> , 2014, 18, 15-21.	1.5	22
96	Focus on Pivotal Role of Dietary Intake (Diet and Supplement) and Blood Levels of Tocopherols and Tocotrienols in Obtaining Successful Aging. <i>International Journal of Molecular Sciences</i> , 2015, 16, 23227-23249.	1.8	22
97	Randomized Placebo-Controlled Trials of Omega-3 Polyunsaturated Fatty Acids in Psychiatric Disorders: A Review of the Current Literature. <i>Current Drug Discovery Technologies</i> , 2013, 10, 245-253.	0.6	21
98	NOVEL INSIGHTS ON INTAKE OF MEAT AND PREVENTION OF SARCOPENIA: ALL REASONS FOR AN ADEQUATE CONSUMPTION. <i>Nutricion Hospitalaria</i> , 2015, 32, 2136-43.	0.2	21
99	No effect of atypical antipsychotic drugs on weight gain and risk of developing type II diabetes or lipid abnormalities among nursing home elderly patients with Alzheimer's disease. <i>Minerva Medica</i> , 2006, 97, 147-51.	0.3	20
100	Serum glucagon concentration and hyperinsulinaemia influence renal haemodynamics and urinary protein loss in normotensive patients with central obesity. <i>International Journal of Obesity</i> , 1999, 23, 997-1003.	1.6	19
101	Key points for maximum effectiveness and safety for cholesterol-lowering properties of plant sterols and use in the treatment of metabolic syndrome. <i>Journal of the Science of Food and Agriculture</i> , 2013, 93, 2605-2610.	1.7	19
102	Association between muscle mass and adipo-metabolic profile: a cross-sectional study in older subjects. <i>Clinical Interventions in Aging</i> , 2015, 10, 499.	1.3	19
103	Effectiveness of a Short-Term Treatment of Oxygen-Ozone Therapy into Healing in a Posttraumatic Wound. <i>Case Reports in Medicine</i> , 2016, 2016, 1-5.	0.3	19
104	Effect of a multistrain probiotic (Lactoflorene® Plus) on inflammatory parameters and microbiota composition in subjects with stress-related symptoms. <i>Neurobiology of Stress</i> , 2019, 10, 100138.	1.9	19
105	Copper as Dietary Supplement for Bone Metabolism: A Review. <i>Nutrients</i> , 2021, 13, 2246.	1.7	19
106	Retrospective analysis of long-term hemorheologic effects of pentoxifylline in diabetic patients with angiopathic complications. <i>Acta Diabetologica</i> , 1997, 34, 67-74.	1.2	18
107	The Domains of Human Nutrition: The Importance of Nutrition Education in Academia and Medical Schools. <i>Frontiers in Nutrition</i> , 2017, 4, 2.	1.6	18
108	Is vitamin D-fortified yogurt a value-added strategy for improving human health? A systematic review and meta-analysis of randomized trials. <i>Journal of Dairy Science</i> , 2019, 102, 8587-8603.	1.4	18

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109	Anodal transcranial direct current stimulation and intermittent theta burst stimulation improve deglutition and swallowing reproducibility in elderly patients with dysphagia. <i>Neurogastroenterology and Motility</i> , 2020, 32, e13791.	1.6	18
110	Silicon: A neglected micronutrient essential for bone health. <i>Experimental Biology and Medicine</i> , 2021, 246, 1500-1511.	1.1	18
111	Relationship among nutritional status, pro/antioxidant balance and cognitive performance in a group of free-living healthy elderly. <i>Minerva Medica</i> , 2007, 98, 639-45.	0.3	18
112	Altered oxidative stress in healthy old subjects. <i>Aging Clinical and Experimental Research</i> , 1997, 9, 221-223.	1.4	17
113	12-month effects of incretins versus SGLT2-Inhibitors on cognitive performance and metabolic profile. A randomized clinical trial in the elderly with Type-2 diabetes mellitus. <i>Clinical Pharmacology: Advances and Applications</i> , 2018, Volume 10, 141-151.	0.8	17
114	Current opinion on dietary advice in order to preserve fat-free mass during a low-calorie diet. <i>Nutrition</i> , 2020, 72, 110667.	1.1	17
115	The Metabolic Effects of Cynara Supplementation in Overweight and Obese Class I Subjects with Newly Detected Impaired Fasting Glycemia: A Double-Blind, Placebo-Controlled, Randomized Clinical Trial. <i>Nutrients</i> , 2020, 12, 3298.	1.7	17
116	Endocrine Pancreatic Dysfunction in HIV-Infected Children: Association with Growth Alterations. <i>Journal of Infectious Diseases</i> , 2004, 190, 908-912.	1.9	16
117	Acute Effect on Satiety, Resting Energy Expenditure, Respiratory Quotient, Glucagon-Like Peptide-1, Free Fatty Acids, and Glycerol Following Consumption of a Combination of Bioactive Food Ingredients in Overweight Subjects. <i>Journal of the American College of Nutrition</i> , 2013, 32, 41-49.	1.1	16
118	Nutritional advantages of sous-vide cooking compared to boiling on cereals and legumes: Determination of ashes and metals content in ready-to-eat products. <i>Food Science and Nutrition</i> , 2017, 5, 827-833.	1.5	16
119	In Vitro and In Vivo Anticancer Activity of Basil (<i>Ocimum spp.</i>): Current Insights and Future Prospects. <i>Cancers</i> , 2022, 14, 2375.	1.7	16
120	Increased Erythrocyte Glutathione Peroxidase Activity and Serum Tumor Necrosis Factor- α in HIV-Infected Patients: Relationship to On-Going Prothrombotic State. <i>Journal of Hematotherapy and Stem Cell Research</i> , 2002, 11, 369-375.	1.8	15
121	Sarcopenic obesity: time to target the phenotypes. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2019, 10, 710-711.	2.9	15
122	The Use of a New Food-Grade Lecithin Formulation of Highly Standardized Ginger (<i>Zingiber officinale</i>) and <i>Acmella oleracea</i> Extracts for the Treatment of Pain and Inflammation in a Group of Subjects with Moderate Knee Osteoarthritis. <i>Journal of Pain Research</i> , 2020, Volume 13, 761-770.	0.8	15
123	Bergamot phytosome improved visceral fat and plasma lipid profiles in overweight and obese class I subject with mild hypercholesterolemia: A randomized placebo controlled trial. <i>Phytotherapy Research</i> , 2021, 35, 2045-2056.	2.8	15
124	Effectiveness of Non-Animal Chondroitin Sulfate Supplementation in the Treatment of Moderate Knee Osteoarthritis in a Group of Overweight Subjects: A Randomized, Double-Blind, Placebo-Controlled Pilot Study. <i>Nutrients</i> , 2019, 11, 2027.	1.7	14
125	Berberine Phospholipid Is an Effective Insulin Sensitizer and Improves Metabolic and Hormonal Disorders in Women with Polycystic Ovary Syndrome: A One-Group Pretest-Post-Test Explanatory Study. <i>Nutrients</i> , 2021, 13, 3665.	1.7	14
126	Update on nutrients involved in maintaining healthy bone. <i>Endocrinologia e Nutrizione (English)</i> 10 Tf 50 6	0.5	13

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127	Second edition of SIMPAR’s “Feed Your Destiny” workshop: the role of lifestyle in improving pain management. <i>Journal of Pain Research</i> , 2018, Volume 11, 1627-1636.	0.8	13
128	Involvement of hormonal circadian secretion in the growth of HIV-infected children. <i>Aids</i> , 1998, 12, 1845-1850.	1.0	12
129	Decreased Immunosuppressive Effect of Cortisol on Natural Killer Cytotoxic Activity in Senile Dementia of the Alzheimer Type. <i>Dementia and Geriatric Cognitive Disorders</i> , 1998, 9, 149-156.	0.7	12
130	Association between Dietary Patterns of Meat and Fish Consumption with Bone Mineral Density or Fracture Risk: A Systematic Literature. <i>Nutrients</i> , 2017, 9, 1029.	1.7	12
131	Rice germ macro- and micronutrients: a new opportunity for the nutraceuticals. <i>Natural Product Research</i> , 2021, 35, 1532-1536.	1.0	12
132	Novel insights on anti-obesity potential of the miracle tree, <i>Moringa oleifera</i> : A systematic review. <i>Journal of Functional Foods</i> , 2021, 84, 104600.	1.6	12
133	The Ketogenic Diet: Is It an Answer for Sarcopenic Obesity?. <i>Nutrients</i> , 2022, 14, 620.	1.7	12
134	Effectiveness of an Innovative Pulsed Electromagnetic Fields Stimulation in Healing of Untreatable Skin Ulcers in the Frail Elderly: Two Case Reports. <i>Case Reports in Dermatological Medicine</i> , 2015, 2015, 1-6.	0.1	11
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