Aria R Ruggiero

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/1522966/publications.pdf

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	2258059		2053705	
5	79	3	5	
papers	citations	h-index	g-index	
5 all docs	5 docs citations	5 times ranked	122 citing authors	

#	Article	IF	CITATIONS
1	Gender differences affecting the relationship between sleep attitudes, sleep behaviors and sleep outcomes. Cogent Psychology, 2021, 8, .	1.3	1
2	Sleep attitudes as a predictor of sleep outcomes: a secondary data analysis. Health Psychology and Behavioral Medicine, 2020, 8, 623-635.	1.8	3
3	Association of sleep attitudes with sleep hygiene, duration, and quality: a survey exploration of the moderating effect of age, gender, race, and perceived socioeconomic status. Health Psychology and Behavioral Medicine, 2019, 7, 19-44.	1.8	25
4	Direct and Indirect Associations of Sleep Knowledge and Attitudes With Objective and Subjective Sleep Duration and Quality via Sleep Hygiene. Journal of Primary Prevention, 2018, 39, 555-570.	1.6	33
5	The role of sleep in adolescents' daily stress recovery: Negative affect spillover and positive affect bounceâ€back effects ^{â~†} . Journal of Adolescence, 2018, 66, 101-111.	2.4	17