

# Aria R Ruggiero

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1522966/publications.pdf>

Version: 2024-02-01

5  
papers

79  
citations

2258059

3  
h-index

2053705

5  
g-index

5  
all docs

5  
docs citations

5  
times ranked

122  
citing authors

#	ARTICLE	IF	CITATIONS
1	Direct and Indirect Associations of Sleep Knowledge and Attitudes With Objective and Subjective Sleep Duration and Quality via Sleep Hygiene. <i>Journal of Primary Prevention</i> , 2018, 39, 555-570.	1.6	33
2	Association of sleep attitudes with sleep hygiene, duration, and quality: a survey exploration of the moderating effect of age, gender, race, and perceived socioeconomic status. <i>Health Psychology and Behavioral Medicine</i> , 2019, 7, 19-44.	1.8	25
3	The role of sleep in adolescents' daily stress recovery: Negative affect spillover and positive affect bounceâ€back effects <sup>†</sup> . <i>Journal of Adolescence</i> , 2018, 66, 101-111.	2.4	17
4	Sleep attitudes as a predictor of sleep outcomes: a secondary data analysis. <i>Health Psychology and Behavioral Medicine</i> , 2020, 8, 623-635.	1.8	3
5	Gender differences affecting the relationship between sleep attitudes, sleep behaviors and sleep outcomes. <i>Cogent Psychology</i> , 2021, 8, .	1.3	1