

# Maria Raquel Silva

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1518808/publications.pdf>

Version: 2024-02-01

31  
papers

350  
citations

932766

10  
h-index

887659

17  
g-index

33  
all docs

33  
docs citations

33  
times ranked

396  
citing authors

#	ARTICLE	IF	CITATIONS
1	Low energy availability and low body fat of female gymnasts before an international competition. <i>European Journal of Sport Science</i> , 2015, 15, 591-599.	1.4	66
2	Poor precompetitive sleep habits, nutrientsâ€™ deficiencies, inappropriate body composition and athletic performance in elite gymnasts. <i>European Journal of Sport Science</i> , 2016, 16, 726-735.	1.4	56
3	Sleep duration, body composition, dietary profile and eating behaviours among children and adolescents: a comparison between Portuguese acrobatic gymnasts. <i>European Journal of Pediatrics</i> , 2018, 177, 815-825.	1.3	28
4	Comparison of body composition and nutrientsâ€™ deficiencies between Portuguese rink-hockey players. <i>European Journal of Pediatrics</i> , 2017, 176, 41-50.	1.3	19
5	Social inequalities in traditional and emerging screen devices among Portuguese children: a cross-sectional study. <i>BMC Public Health</i> , 2020, 20, 902.	1.2	19
6	Sleep and Awakening Quality during COVID-19 Confinement: Complexity and Relevance for Health and Behavior. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3506.	1.2	18
7	The environment contribution to gender differences in childhood obesity and organized sports engagement. <i>American Journal of Human Biology</i> , 2020, 32, e23322.	0.8	16
8	Influence of parental perceived environment on physical activity, TV viewing, active play and Body Mass Index among Portuguese children: A mediation analysis. <i>American Journal of Human Biology</i> , 2020, 32, e23400.	0.8	15
9	Risk factors for precompetitive sleep behavior in elite female athletes. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 708-716.	0.4	13
10	Home vs. bedroom media devices: socioeconomic disparities and association with childhood screen- and sleep-time. <i>Sleep Medicine</i> , 2021, 83, 230-234.	0.8	12
11	Assessing sleep, travelling habits and jet lag in kite surfers according to competition level. <i>Biological Rhythm Research</i> , 2016, 47, 677-689.	0.4	10
12	The elite athlete as a special risk traveler and the jet lag's effect: lessons learned from the past and how to be prepared for the next Olympic Games 2020 Tokyo. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 1420-1429.	0.4	10
13	Influence of Body Composition on Gait Kinetics throughout Pregnancy and Postpartum Period. <i>Scientifica</i> , 2016, 2016, 1-12.	0.6	9
14	Socioeconomic inequalities in children's health-related quality of life according to weight status. <i>American Journal of Human Biology</i> , 2021, 33, e23453.	0.8	9
15	Genomic profile in association with sport-type, sex, ethnicity, psychological traits and sport injuries of elite athletes. <i>Journal of Sports Medicine and Physical Fitness</i> , 2022, 62, .	0.4	8
16	Self-reported symptoms of depression, anxiety and stress in Portuguese primary school-aged children. <i>BMC Psychiatry</i> , 2020, 20, 87.	1.1	7
17	Screen media use by Portuguese children in 2009 and 2016: a repeated cross-sectional study. <i>Annals of Human Biology</i> , 2021, 48, 1-7.	0.4	7
18	Overweight Risk and Food Habits in Portuguese Pre-school Children. <i>Journal of Epidemiology and Global Health</i> , 2018, 8, 106.	1.1	6

#	ARTICLE	IF	CITATIONS
19	Physical Activity Practice and Healthy Lifestyles Related to Resting Heart Rate in Health Sciences First-Year Students. <i>American Journal of Lifestyle Medicine</i> , 2022, 16, 101-108.	0.8	4
20	Cardiovascular and metabolic risk factors in physically active and inactive Portuguese middle-aged adults: A cross-sectional study. <i>Science and Sports</i> , 2020, 35, e91-e98.	0.2	3
21	The Great Recession weighted on Portuguese children: A structural equation modeling approach considering eating patterns. <i>American Journal of Human Biology</i> , 2021, , e23692.	0.8	3
22	Sleep, energy disturbances and pre-competitive stress in female traveller athletes. <i>Sleep Science</i> , 2019, 12, 279-286.	0.4	3
23	Objectively measured sedentary time and physical activity levels in a sample of pre-school children: amounts and obesity risk. <i>Minerva Pediatrics</i> , 2021, , .	0.2	3
24	Is the consumption of beverages and food associated to dental erosion? A cross-sectional study in Portuguese athletes. <i>Science and Sports</i> , 2021, 36, 477.e1-477.e1.	0.2	2
25	The economic crisis impact on the body mass index of children living in distinct urban environments. <i>Public Health</i> , 2021, 196, 29-34.	1.4	2
26	The Impact of Sports and Energy Drinks in Performance. , 2019, , 183-204.		1
27	Socioeconomic inequalities in the prevalence of overweight and obesity among Portuguese preschool-aged children: Changes from 2009 to 2016. <i>American Journal of Human Biology</i> , 2022, 34, e23582.	0.8	1
28	Estresse Ocupacional, qualidade do sono e obesidade em Policiais Militares - Revisão narrativa. <i>Research, Society and Development</i> , 2021, 10, e36510313485.	0.0	0
29	Household Food Security and Associated Factors among Portuguese Children. <i>Ecology of Food and Nutrition</i> , 2022, 61, 407-421.	0.8	0
30	Estado nutricional e cáries dentárias em crianças e adolescentes cambojanas vulneráveis que vivem em Phnom Penh. <i>Antropologia Portuguesa</i> , 2021, , 63-77.	0.2	0
31	Repeated cross-sectional studies found sex inequalities in childhood obesity by socioeconomic vulnerability. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2022, , .	0.7	0