

Crystal F Haskell-Ramsay

List of Publications by Year in descending order

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Version: 2024-02-01

45
papers

939
citations

471371
17
h-index

454834
30
g-index

49
all docs

49
docs citations

49
times ranked

1311
citing authors

#	ARTICLE	IF	CITATIONS
1	Dietary nitrate modulates cerebral blood flow parameters and cognitive performance in humans: A double-blind, placebo-controlled, crossover investigation. <i>Physiology and Behavior</i> , 2015, 149, 149-158.	1.0	110
2	The effects of chronic <i>trans</i> -resveratrol supplementation on aspects of cognitive function, mood, sleep, health and cerebral blood flow in healthy, young humans. <i>British Journal of Nutrition</i> , 2015, 114, 1427-1437.	1.2	80
3	Acute supplementation with blackcurrant extracts modulates cognitive functioning and inhibits monoamine oxidase-B in healthy young adults. <i>Journal of Functional Foods</i> , 2015, 17, 524-539.	1.6	71
4	Cognitive and mood improvements following acute supplementation with purple grape juice in healthy young adults. <i>European Journal of Nutrition</i> , 2017, 56, 2621-2631.	1.8	70
5	Volatile Terpenes and Brain Function: Investigation of the Cognitive and Mood Effects of <i>Mentha</i> Æ— <i>Piperita</i> L. Essential Oil with In Vitro Properties Relevant to Central Nervous System Function. <i>Nutrients</i> , 2018, 10, 1029.	1.7	60
6	A double-blind, placebo-controlled study evaluating the effects of caffeine and L-theanine both alone and in combination on cerebral blood flow, cognition and mood. <i>Psychopharmacology</i> , 2015, 232, 2563-2576.	1.5	59
7	The Acute Effects of Caffeinated Black Coffee on Cognition and Mood in Healthy Young and Older Adults. <i>Nutrients</i> , 2018, 10, 1386.	1.7	49
8	Montmorency Tart cherries (<i>Prunus cerasus</i> L.) modulate vascular function acutely, in the absence of improvement in cognitive performance. <i>British Journal of Nutrition</i> , 2016, 116, 1935-1944.	1.2	42
9	The Impact of Epicatechin on Human Cognition: The Role of Cerebral Blood Flow. <i>Nutrients</i> , 2018, 10, 986.	1.7	42
10	Effects of chronic consumption of specific fruit (berries, citrus and cherries) on CVD risk factors: a systematic review and meta-analysis of randomised controlled trials. <i>European Journal of Nutrition</i> , 2021, 60, 615-639.	1.8	42
11	Effects of acute high-intensity exercise on cognitive performance in trained individuals: A systematic review. <i>Progress in Brain Research</i> , 2017, 234, 161-187.	0.9	30
12	Acute effects of a wild green-oat (<i>Avena sativa</i>) extract on cognitive function in middle-aged adults: A double-blind, placebo-controlled, within-subjects trial. <i>Nutritional Neuroscience</i> , 2017, 20, 135-151.	1.5	27
13	The Effects of Supplementation with a Vitamin and Mineral Complex with Guarana Prior to Fasted Exercise on Affect, Exertion, Cognitive Performance, and Substrate Metabolism: A Randomized Controlled Trial. <i>Nutrients</i> , 2015, 7, 6109-6127.	1.7	24
14	Multivitamins and minerals modulate whole-body energy metabolism and cerebral blood-flow during cognitive task performance: a double-blind, randomised, placebo-controlled trial. <i>Nutrition and Metabolism</i> , 2016, 13, 11.	1.3	23
15	Acute Post-Prandial Cognitive Effects of Brown Seaweed Extract in Humans. <i>Nutrients</i> , 2018, 10, 85.	1.7	23
16	Study protocol: associations between dietary patterns, cognitive function and metabolic syndrome in older adults – a cross-sectional study. <i>BMC Public Health</i> , 2019, 19, 535.	1.2	23
17	Cognitive and Mood Effects of a Nutrient Enriched Breakfast Bar in Healthy Adults: A Randomised, Double-Blind, Placebo-Controlled, Parallel Groups Study. <i>Nutrients</i> , 2017, 9, 1332.	1.7	19
18	A Randomized, Crossover Study of the Acute Cognitive and Cerebral Blood Flow Effects of Phenolic, Nitrate and Botanical Beverages in Young, Healthy Humans. <i>Nutrients</i> , 2020, 12, 2254.	1.7	19

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19	The Effect of Breakfast Prior to Morning Exercise on Cognitive Performance, Mood and Appetite Later in the Day in Habitually Active Women. <i>Nutrients</i> , 2015, 7, 5712-5732.	1.7	13
20	Dietary Patterns, Their Nutrients, and Associations with Socio-Demographic and Lifestyle Factors in Older New Zealand Adults. <i>Nutrients</i> , 2020, 12, 3425.	1.7	12
21	The Effects of COVID-19 Lockdown on Health and Psychosocial Functioning in Older Adults Aged 70 and Over. <i>Gerontology and Geriatric Medicine</i> , 2021, 7, 233372142110399.	0.8	11
22	The potential nutrition-, physical- and health-related benefits of cow's milk for primary-school-aged children. <i>Nutrition Research Reviews</i> , 2022, 35, 50-69.	2.1	10
23	The pharmacodynamic profile of blackcurrant juice effects upon the monoamine axis in humans: A randomised controlled trial. <i>Nutritional Neuroscience</i> , 2020, 23, 516-525.	1.5	9
24	Effects of chronic consumption of specific fruit (berries, cherries and citrus) on cognitive health: a systematic review and meta-analysis of randomised controlled trials. <i>European Journal of Clinical Nutrition</i> , 2023, 77, 7-22.	1.3	9
25	Effects of Blueberry Consumption on Cardiovascular Health in Healthy Adults: A Cross-Over Randomised Controlled Trial. <i>Nutrients</i> , 2022, 14, 2562.	1.7	9
26	Acute cognitive performance and mood effects of coffee berry and apple extracts: A randomised, double blind, placebo controlled crossover study in healthy humans. <i>Nutritional Neuroscience</i> , 2021, , 1-9.	1.5	8
27	Polyphenol-rich tart cherries (<i>Prunus Cerasus</i> , cv Montmorency) improve sustained attention, feelings of alertness and mental fatigue and influence the plasma metabolome in middle-aged adults: a randomised, placebo-controlled trial. <i>British Journal of Nutrition</i> , 2022, 128, 2409-2420.	1.2	7
28	Detrimental effects on executive function and mood following consecutive days of repeated high-intensity sprint interval exercise in trained male sports players. <i>Journal of Sports Sciences</i> , 2022, 40, 783-796.	1.0	7
29	Associations between dietary patterns and the metabolic syndrome in older adults in New Zealand: the REACH study. <i>British Journal of Nutrition</i> , 2022, 128, 1806-1816.	1.2	6
30	Dietary patterns and cognitive function in older New Zealand adults: the REACH study. <i>European Journal of Nutrition</i> , 2022, 61, 1943-1956.	1.8	6
31	Acute and chronic effects of multivitamin/mineral supplementation on objective and subjective energy measures. <i>Nutrition and Metabolism</i> , 2020, 17, 16.	1.3	4
32	The Effects of Low-Intensity Multimodal Proprioceptive Exercise on Cognitive Function in Older Adults. <i>Journal of Physical Activity and Health</i> , 2021, 18, 2-7.	1.0	4
33	Relative Validity and Reproducibility of a Food Frequency Questionnaire for Assessing Dietary Patterns and Food Group Intake in Older New Zealand Adults: The Researching Eating, Activity, and Cognitive Health Study. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, 121, 2389-2400.e10.	0.4	4
34	The acute effect of baobab fruit on cognitive performance, cerebral blood flow and blood glucose levels.. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	2
35	The effect of iron supplementation on cognition, subjective mood, well-being and fatigue in women of reproductive age: a systematic review. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	1
36	One-Carbon Metabolites, B Vitamin Intake, Apolipoprotein E Genotype, and Their Interactive Effects on Cognitive Performance: Secondary Outcomes of the REACH Cohort. <i>Current Developments in Nutrition</i> , 2021, 5, 16.	0.1	1

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37	Tart Montmorency Cherries (prunus Cerasus L.) Acutely Modulate Vascular Function In The Absence Of Improvements In Cognition.. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 59.	0.2	0
38	Complementary Medicine for the Modification of Risk Factors for Cognitive Impairment. <i>Evidence-based Complementary and Alternative Medicine</i> , 2017, 2017, 1-2.	0.5	0
39	Dietary Patterns and Associations with Socio-Demographic Factors in Older New Zealand Adults: The REACH Study. <i>Proceedings (mdpi)</i> , 2019, 37, .	0.2	0
40	Effects of a multivitamin/mineral supplement on subjective energy ratings and substrate metabolism during demanding exercise and cognitive tasks. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	0
41	The Effects of Repeated, Consecutive High-Intensity Exercise on Cognitive Performance in Well-Trained Team Sports Players. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 217-218.	0.2	0
42	Dietary Patterns and Associations with Macronutrients, Body Fat Percentage and BMI in Older New Zealand Adults: The REACH Study. , 2022, 9, .		0
43	The Effectiveness of Nutritional Education Interventions on Dietary Intake in Young Black Males: A Near-Empty Systematic Review. <i>Nutrients</i> , 2022, 14, 2264.	1.7	0
44	Effect of intensified training on cognitive function, psychological state & performance in trained cyclists. <i>European Journal of Sport Science</i> , 2023, 23, 1334-1344.	1.4	0
45	Plasma nervonic acid levels were negatively associated with attention levels in community-living older adults in New Zealand. <i>Metabolomics</i> , 2022, 18, .	1.4	0