Yu Wang

List of Publications by Year
in descending order

10	54	1936888 4	1872312 6
papers	citations	h-index	g-index

10	10	10	55
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	Protein Intake Greater than the RDA Differentially Influences Whole-Body Lean Mass Responses to Purposeful Catabolic and Anabolic Stressors: A Systematic Review and Meta-analysis. Advances in Nutrition, 2020, 11, 548-558.	2.9	23
2	Systematic Review and Meta-Analysis on the Effect of Portion Size and Ingestive Frequency on Energy Intake and Body Weight among Adults in Randomized Controlled Feeding Trials. Advances in Nutrition, 2022, 13, 248-268.	2.9	12
3	Plant- and Animal-Based Protein-Rich Foods and Cardiovascular Health. Current Atherosclerosis Reports, 2022, 24, 197-213.	2.0	8
4	Adopting a Mediterranean-style eating pattern with low, but not moderate, unprocessed, lean red meat intake reduces fasting serum trimethylamine N-oxide (TMAO) in adults who are overweight or obese. British Journal of Nutrition, 2022, 128, 1738-1746.	1.2	6
5	Red Meat Intake and Cardiometabolic Disease Risk: An Assessment of Causality Using The Bradford Hill Criteria. Current Developments in Nutrition, 2020, 4, nzaa040_031.	0.1	3
6	Systematic Review and Meta-analysis of the Effect of Portion Size and Ingestive Frequency on Energy Intake and Body Weight Among Adults in Randomized Controlled Trials (P08-007-19). Current Developments in Nutrition, 2019, 3, nzz044.P08-007-19.	0.1	2
7	Protein Intakes Greater Than vs. at the RDA Differentially Affect Lean Body Mass Change to Purposeful Catabolic and Anabolic Stressors: A Systematic Review and Meta-analysis (P08-075-19). Current Developments in Nutrition, 2019, 3, nzz044.P08-075-19.	0.1	0
8	A Mediterranean-style Eating Pattern Lower in Lean Red Meat Reduced Plasma Trimethylamine N-Oxide in Adults Classified as Overweight or Obese (P08-030-19). Current Developments in Nutrition, 2019, 3, nzz044.P08-030-19.	0.1	0
9	The Protein Recommended Dietary Allowance Is Adequate to Retain Lean Body Mass: A Systematic Review and Meta-Analysis of Randomized Controlled Trials (P08-065-19). Current Developments in Nutrition, 2019, 3, nzz044.P08-065-19.	0.1	0
10	Adding Unprocessed Lean Red Meat to A Healthy Vegetarian Eating Pattern Does Not Impact Short-Term Improvements in Cardiometabolic Health in Young Adults. Current Developments in Nutrition, 2020, 4, nzaa046_075.	0.1	0