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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

36 13 475 21 h-index g-index citations papers 835 4.63 42 5.2 avg, IF L-index ext. citations ext. papers

#	Paper	IF	Citations
36	Does the MIND diet decrease depression risk? A comparison with Mediterranean diet in the SUN cohort. <i>European Journal of Nutrition</i> , 2019 , 58, 1271-1282	5.2	74
35	Vegetarian Diets: Planetary Health and Its Alignment with Human Health. <i>Advances in Nutrition</i> , 2019 , 10, S380-S388	10	49
34	Ibf1 and Ibf2 are novel CP190-interacting proteins required for insulator function. <i>EMBO Journal</i> , 2014 , 33, 637-47	13	47
33	Global sustainability (health, environment and monetary costs) of three dietary patterns: results from a Spanish cohort (the SUN project). <i>BMJ Open</i> , 2019 , 9, e021541	3	33
32	The Mediterranean diet, an environmentally friendly option: evidence from the Seguimiento Universidad de Navarra (SUN) cohort. <i>Public Health Nutrition</i> , 2018 , 21, 1573-1582	3.3	22
31	Substitution Models of Water for Other Beverages, and the Incidence of Obesity and Weight Gain in the SUN Cohort. <i>Nutrients</i> , 2016 , 8,	6.7	22
30	Environmental Impact of Dietary Choices: Role of the Mediterranean and Other Dietary Patterns in an Italian Cohort. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	20
29	International Analysis of the Nutritional Content and a Review of Health Benefits of Non-Dairy Plant-Based Beverages. <i>Nutrients</i> , 2021 , 13,	6.7	20
28	Independent Role of Severe Obesity as a Risk Factor for COVID-19 Hospitalization: A Spanish Population-Based Cohort Study. <i>Obesity</i> , 2021 , 29, 29-37	8	20
27	Meat Analogs from Different Protein Sources: A Comparison of Their Sustainability and Nutritional Content. <i>Sustainability</i> , 2019 , 11, 3231	3.6	18
26	Trends and causes of mortality in a population-based cohort of HIV-infected adults in Spain: comparison with the general population. <i>Scientific Reports</i> , 2020 , 10, 8922	4.9	15
25	Water Footprint of Meat Analogs: Selected Indicators According to Life Cycle Assessment. <i>Water</i> (Switzerland), 2019 , 11, 728	3	14
24	The Safe and Effective Use of Plant-Based Diets with Guidelines for Health Professionals. <i>Nutrients</i> , 2021 , 13,	6.7	13
23	Influenza Vaccination and Risk of SARS-CoV-2 Infection in a Cohort of Health Workers. <i>Vaccines</i> , 2020 , 8,	5.3	13
22	Life Cycle Assessment of the Production of a Large Variety of Meat Analogs by Three Diverse Factories. <i>Journal of Hunger and Environmental Nutrition</i> , 2020 , 15, 699-711	1.5	12
21	Influence of the Socio-Cultural Environment and External Factors in Following Plant-Based Diets. <i>Sustainability</i> , 2020 , 12, 9093	3.6	11
20	Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. <i>PLoS Genetics</i> , 2020 , 16, e1008962	6	9

(2020-2019)

19	Does the size matter? A comparative analysis of the environmental impact of several packaged foods. <i>Science of the Total Environment</i> , 2019 , 687, 369-379	10.2	8
18	Consumption of ultra-processed foods and drinks and colorectal, breast, and prostate cancer. <i>Clinical Nutrition</i> , 2021 , 40, 1537-1545	5.9	8
17	Adherence to the 2015 Dietary Guidelines for Americans and mortality risk in a Mediterranean cohort: The SUN project. <i>Preventive Medicine</i> , 2019 , 118, 317-324	4.3	8
16	Dietary fiber intake and mortality in a Mediterranean population: the "Seguimiento Universidad de Navarra" (SUN) project. <i>European Journal of Nutrition</i> , 2019 , 58, 3009-3022	5.2	7
15	Nutritional Quality of Plant-Based Cheese Available in Spanish Supermarkets: How Do They Compare to Dairy Cheese?. <i>Nutrients</i> , 2021 , 13,	6.7	7
14	Hypertension and Related Comorbidities as Potential Risk Factors for COVID-19 Hospitalization and Severity: A Prospective Population-Based Cohort Study. <i>Journal of Clinical Medicine</i> , 2021 , 10,	5.1	5
13	The insulator protein CTCF regulates Drosophila steroidogenesis. <i>Biology Open</i> , 2015 , 4, 852-7	2.2	3
12	Nutritional Quality and Health Effects of Low Environmental Impact Diets: The "Seguimiento Universidad de Navarra" (SUN) Cohort. <i>Nutrients</i> , 2020 , 12,	6.7	3
11	Effect of Influenza Vaccination in Preventing Laboratory-Confirmed Influenza Hospitalization in Patients With Diabetes Mellitus. <i>Clinical Infectious Diseases</i> , 2021 , 73, 107-114	11.6	3
10	Environmental Impacts of Foods in the Adventist Health Study-2 Dietary Questionnaire. <i>Sustainability</i> , 2020 , 12, 10267	3.6	2
9	A three-dimensional dietary index (nutritional quality, environment and price) and reduced mortality: The "Seguimiento Universidad de Navarra" cohort. <i>Preventive Medicine</i> , 2020 , 137, 106124	4.3	2
8	Pre-Gestational Consumption of Ultra-Processed Foods and Risk of Gestational Diabetes in a Mediterranean Cohort. The SUN Project. <i>Nutrients</i> , 2021 , 13,	6.7	2
7	Replying to Questions and Concerns Re: Blue Water Footprints Reported in Water Footprint of Meat Analogs: Selected Indicators According to Life Cycle Assessment (Switzerland), 2020 , 12, 1972	3	1
6	Quality of life in people living with HIV in Romania and Spain. <i>BMC Infectious Diseases</i> , 2021 , 21, 898	4	1
5	Patient satisfaction with HIV care service in Spain: results from a cross-sectional patient survey <i>AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV</i> , 2022 , 1-7	2.2	0
4	Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing 2020 , 16, e100	8962	
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