

# UjuÃ© FresÃ¡n

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1504609/publications.pdf>

Version: 2024-02-01

40  
papers

1,179  
citations

430874  
18  
h-index

414414  
32  
g-index

42  
all docs

42  
docs citations

42  
times ranked

1296  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | Vegetarian Diets: Planetary Health and Its Alignment with Human Health. <i>Advances in Nutrition</i> , 2019, 10, S380-S388.  | 6.4 | 135       |
| 2  | Does the MIND diet decrease depression risk? A comparison with Mediterranean diet in the SUN cohort. <i>European Journal of Nutrition</i> , 2019, 58, 1271-1282.   | 3.9 | 98        |
| 3  | The Safe and Effective Use of Plant-Based Diets with Guidelines for Health Professionals. <i>Nutrients</i> , 2021, 13, 4144.   | 4.1 | 92        |
| 4  | International Analysis of the Nutritional Content and a Review of Health Benefits of Non-Dairy Plant-Based Beverages. <i>Nutrients</i> , 2021, 13, 842.  | 4.1 | 74        |
| 5  | Ibf1 and Ibf2 are novel CP190-interacting proteins required for insulator function. <i>EMBO Journal</i> , 2014, 33, 637-647.   | 7.8 | 63        |
| 6  | Meat Analogs from Different Protein Sources: A Comparison of Their Sustainability and Nutritional Content. <i>Sustainability</i> , 2019, 11, 3231.   | 3.2 | 57        |
| 7  | Global sustainability (health, environment and monetary costs) of three dietary patterns: results from a Spanish cohort (the SUN project). <i>BMJ Open</i> , 2019, 9, e021541.                                 | 1.9 | 57        |
| 8  | Environmental Impact of Dietary Choices: Role of the Mediterranean and Other Dietary Patterns in an Italian Cohort. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1468. | 2.6 | 50        |
| 9  | The Mediterranean diet, an environmentally friendly option: evidence from the Seguimiento Universidad de Navarra (SUN) cohort. <i>Public Health Nutrition</i> , 2018, 21, 1573-1582.                           | 2.2 | 49        |
| 10 | Independent Role of Severe Obesity as a Risk Factor for COVID-19 Hospitalization: A Spanish Population-Based Cohort Study. <i>Obesity</i> , 2021, 29, 29-37.   | 3.0 | 46        |
| 11 | Consumption of ultra-processed foods and drinks and colorectal, breast, and prostate cancer. <i>Clinical Nutrition</i> , 2021, 40, 1537-1545.  | 5.0 | 44        |
| 12 | Trends and causes of mortality in a population-based cohort of HIV-infected adults in Spain: comparison with the general population. <i>Scientific Reports</i> , 2020, 10, 8922.                               | 3.3 | 39        |
| 13 | Influence of the Socio-Cultural Environment and External Factors in Following Plant-Based Diets. <i>Sustainability</i> , 2020, 12, 9093.   | 3.2 | 31        |
| 14 | Life Cycle Assessment of the Production of a Large Variety of Meat Analogs by Three Diverse Factories. <i>Journal of Hunger and Environmental Nutrition</i> , 2020, 15, 699-711.                               | 1.9 | 29        |
| 15 | Influenza Vaccination and Risk of SARS-CoV-2 Infection in a Cohort of Health Workers. <i>Vaccines</i> , 2020, 8, 611.  | 4.4 | 29        |
| 16 | Substitution Models of Water for Other Beverages, and the Incidence of Obesity and Weight Gain in the SUN Cohort. <i>Nutrients</i> , 2016, 8, 688.   | 4.1 | 27        |
| 17 | Water Footprint of Meat Analogs: Selected Indicators According to Life Cycle Assessment. <i>Water (Switzerland)</i> , 2019, 11, 728.   | 2.7 | 27        |
| 18 | Nutritional Quality of Plant-Based Cheese Available in Spanish Supermarkets: How Do They Compare to Dairy Cheese?. <i>Nutrients</i> , 2021, 13, 3291.  | 4.1 | 27        |

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 19 | Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. PLoS Genetics, 2020, 16, e1008962.   | 3.5 | 21        |
| 20 | Ultra-processed food intake and animal-based food intake and mortality in the Adventist Health Study-2. American Journal of Clinical Nutrition, 2022, 115, 1589-1601.                                    | 4.7 | 20        |
| 21 | Effect of Influenza Vaccination in Preventing Laboratory-Confirmed Influenza Hospitalization in Patients With Diabetes Mellitus. Clinical Infectious Diseases, 2020, 73, 107-114.                        | 5.8 | 18        |
| 22 | Pre-Gestational Consumption of Ultra-Processed Foods and Risk of Gestational Diabetes in a Mediterranean Cohort. The SUN Project. Nutrients, 2021, 13, 2202.   | 4.1 | 18        |
| 23 | Dietary fiber intake and mortality in a Mediterranean population: the "Seguimiento Universidad de Navarra" (SUN) project. European Journal of Nutrition, 2019, 58, 3009-3022.                            | 3.9 | 17        |
| 24 | Hypertension and Related Comorbidities as Potential Risk Factors for COVID-19 Hospitalization and Severity: A Prospective Population-Based Cohort Study. Journal of Clinical Medicine, 2021, 10, 1194.   | 2.4 | 17        |
| 25 | Adherence to the 2015 Dietary Guidelines for Americans and mortality risk in a Mediterranean cohort: The SUN project. Preventive Medicine, 2019, 118, 317-324.   | 3.4 | 16        |
| 26 | Does the size matter? A comparative analysis of the environmental impact of several packaged foods. Science of the Total Environment, 2019, 687, 369-379.  | 8.0 | 14        |
| 27 | Nutritional Quality and Health Effects of Low Environmental Impact Diets: The "Seguimiento Universidad de Navarra" (SUN) Cohort. Nutrients, 2020, 12, 2385.  | 4.1 | 10        |
| 28 | A three-dimensional dietary index (nutritional quality, environment and price) and reduced mortality: The "Seguimiento Universidad de Navarra" cohort. Preventive Medicine, 2020, 137, 106124.           | 3.4 | 10        |
| 29 | Quality of life in people living with HIV in Romania and Spain. BMC Infectious Diseases, 2021, 21, 898.  | 2.9 | 10        |
| 30 | Environmental Impacts of Foods in the Adventist Health Study-2 Dietary Questionnaire. Sustainability, 2020, 12, 10267.   | 3.2 | 9         |
| 31 | Low Dietary Magnesium and Overweight/Obesity in a Mediterranean Population: A Detrimental Synergy for the Development of Hypertension. The SUN Project. Nutrients, 2021, 13, 125.                        | 4.1 | 8         |
| 32 | The insulator protein CTCF regulates<i>Drosophila</i>steroidogenesis. Biology Open, 2015, 4, 852-857.  | 1.2 | 5         |
| 33 | Altitude and SARS-CoV-2 Infection in the First Pandemic Wave in Spain. International Journal of Environmental Research and Public Health, 2021, 18, 2578.  | 2.6 | 5         |
| 34 | Patient satisfaction with HIV care service in Spain: results from a cross-sectional patient survey. AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV, 2023, 35, 892-898.                  | 1.2 | 4         |
| 35 | Replying to "Questions and Concerns Re: Blue Water Footprints Reported in "Water Footprint of Meat Analogs: Selected Indicators According to Life Cycle Assessment" Water (Switzerland), 2020, 12, 1972. | 2.7 | 1         |
| 36 | Developing a Methodology for Estimating Transport-Related CO2 Emissions for Food Commodities. Journal of Sustainable Development, 2018, 11, 47.  | 0.3 | 0         |

| #  | ARTICLE   | IF | CITATIONS |
|----|---|----|-----------|
| 37 | Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. , 2020, 16, e1008962. |    | 0         |
| 38 | Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. , 2020, 16, e1008962. |    | 0         |
| 39 | Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. , 2020, 16, e1008962. |    | 0         |
| 40 | Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. , 2020, 16, e1008962. |    | 0         |