

# UjuÃ© FresÃ¡n

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1504609/publications.pdf>

Version: 2024-02-01

40  
papers

1,179  
citations

430442

18  
h-index

414034

32  
g-index

42  
all docs

42  
docs citations

42  
times ranked

1296  
citing authors

#	ARTICLE	IF	CITATIONS
1	Vegetarian Diets: Planetary Health and Its Alignment with Human Health. <i>Advances in Nutrition</i> , 2019, 10, S380-S388.	2.9	135
2	Does the MIND diet decrease depression risk? A comparison with Mediterranean diet in the SUN cohort. <i>European Journal of Nutrition</i> , 2019, 58, 1271-1282.	1.8	98
3	The Safe and Effective Use of Plant-Based Diets with Guidelines for Health Professionals. <i>Nutrients</i> , 2021, 13, 4144.	1.7	92
4	International Analysis of the Nutritional Content and a Review of Health Benefits of Non-Dairy Plant-Based Beverages. <i>Nutrients</i> , 2021, 13, 842.	1.7	74
5	Ibf1 and Ibf2 are novel CP190-interacting proteins required for insulator function. <i>EMBO Journal</i> , 2014, 33, 637-647.	3.5	63
6	Meat Analogs from Different Protein Sources: A Comparison of Their Sustainability and Nutritional Content. <i>Sustainability</i> , 2019, 11, 3231.	1.6	57
7	Global sustainability (health, environment and monetary costs) of three dietary patterns: results from a Spanish cohort (the SUN project). <i>BMJ Open</i> , 2019, 9, e021541.	0.8	57
8	Environmental Impact of Dietary Choices: Role of the Mediterranean and Other Dietary Patterns in an Italian Cohort. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1468.	1.2	50
9	The Mediterranean diet, an environmentally friendly option: evidence from the Seguimiento Universidad de Navarra (SUN) cohort. <i>Public Health Nutrition</i> , 2018, 21, 1573-1582.	1.1	49
10	Independent Role of Severe Obesity as a Risk Factor for COVID-19 Hospitalization: A Spanish Population-Based Cohort Study. <i>Obesity</i> , 2021, 29, 29-37.	1.5	46
11	Consumption of ultra-processed foods and drinks and colorectal, breast, and prostate cancer. <i>Clinical Nutrition</i> , 2021, 40, 1537-1545.	2.3	44
12	Trends and causes of mortality in a population-based cohort of HIV-infected adults in Spain: comparison with the general population. <i>Scientific Reports</i> , 2020, 10, 8922.	1.6	39
13	Influence of the Socio-Cultural Environment and External Factors in Following Plant-Based Diets. <i>Sustainability</i> , 2020, 12, 9093.	1.6	31
14	Life Cycle Assessment of the Production of a Large Variety of Meat Analogs by Three Diverse Factories. <i>Journal of Hunger and Environmental Nutrition</i> , 2020, 15, 699-711.	1.1	29
15	Influenza Vaccination and Risk of SARS-CoV-2 Infection in a Cohort of Health Workers. <i>Vaccines</i> , 2020, 8, 611.	2.1	29
16	Substitution Models of Water for Other Beverages, and the Incidence of Obesity and Weight Gain in the SUN Cohort. <i>Nutrients</i> , 2016, 8, 688.	1.7	27
17	Water Footprint of Meat Analogs: Selected Indicators According to Life Cycle Assessment. <i>Water (Switzerland)</i> , 2019, 11, 728.	1.2	27
18	Nutritional Quality of Plant-Based Cheese Available in Spanish Supermarkets: How Do They Compare to Dairy Cheese?. <i>Nutrients</i> , 2021, 13, 3291.	1.7	27

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19	Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. PLoS Genetics, 2020, 16, e1008962.	1.5	21
20	Ultra-processed food intake and animal-based food intake and mortality in the Adventist Health Study-2. American Journal of Clinical Nutrition, 2022, 115, 1589-1601.	2.2	20
21	Effect of Influenza Vaccination in Preventing Laboratory-Confirmed Influenza Hospitalization in Patients With Diabetes Mellitus. Clinical Infectious Diseases, 2020, 73, 107-114.	2.9	18
22	Pre-Gestational Consumption of Ultra-Processed Foods and Risk of Gestational Diabetes in a Mediterranean Cohort. The SUN Project. Nutrients, 2021, 13, 2202.	1.7	18
23	Dietary fiber intake and mortality in a Mediterranean population: the "Seguimiento Universidad de Navarra" (SUN) project. European Journal of Nutrition, 2019, 58, 3009-3022.	1.8	17
24	Hypertension and Related Comorbidities as Potential Risk Factors for COVID-19 Hospitalization and Severity: A Prospective Population-Based Cohort Study. Journal of Clinical Medicine, 2021, 10, 1194.	1.0	17
25	Adherence to the 2015 Dietary Guidelines for Americans and mortality risk in a Mediterranean cohort: The SUN project. Preventive Medicine, 2019, 118, 317-324.	1.6	16
26	Does the size matter? A comparative analysis of the environmental impact of several packaged foods. Science of the Total Environment, 2019, 687, 369-379.	3.9	14
27	Nutritional Quality and Health Effects of Low Environmental Impact Diets: The "Seguimiento Universidad de Navarra" (SUN) Cohort. Nutrients, 2020, 12, 2385.	1.7	10
28	A three-dimensional dietary index (nutritional quality, environment and price) and reduced mortality: The "Seguimiento Universidad de Navarra" cohort. Preventive Medicine, 2020, 137, 106124.	1.6	10
29	Quality of life in people living with HIV in Romania and Spain. BMC Infectious Diseases, 2021, 21, 898.	1.3	10
30	Environmental Impacts of Foods in the Adventist Health Study-2 Dietary Questionnaire. Sustainability, 2020, 12, 10267.	1.6	9
31	Low Dietary Magnesium and Overweight/Obesity in a Mediterranean Population: A Detrimental Synergy for the Development of Hypertension. The SUN Project. Nutrients, 2021, 13, 125.	1.7	8
32	The insulator protein CTCF regulates <i>Drosophila</i> steroidogenesis. Biology Open, 2015, 4, 852-857.	0.6	5
33	Altitude and SARS-CoV-2 Infection in the First Pandemic Wave in Spain. International Journal of Environmental Research and Public Health, 2021, 18, 2578.	1.2	5
34	Patient satisfaction with HIV care service in Spain: results from a cross-sectional patient survey. AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV, 2023, 35, 892-898.	0.6	4
35	Replying to "Questions and Concerns Re: Blue Water Footprints Reported in "Water Footprint of Meat Analogs: Selected Indicators According to Life Cycle Assessment" Water (Switzerland), 2020, 12, 1972.	1.2	1
36	Developing a Methodology for Estimating Transport-Related CO2 Emissions for Food Commodities. Journal of Sustainable Development, 2018, 11, 47.	0.1	0

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37	Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. , 2020, 16, e1008962.		0
38	Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. , 2020, 16, e1008962.		0
39	Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. , 2020, 16, e1008962.		0
40	Haspin kinase modulates nuclear architecture and Polycomb-dependent gene silencing. , 2020, 16, e1008962.		0