

Mathieu Nedelec

List of Publications by Year in descending order

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Version: 2024-02-01

13
papers

1,170
citations

1163117

8
h-index

1281871

11
g-index

13
all docs

13
docs citations

13
times ranked

1259
citing authors

#	ARTICLE	IF	CITATIONS
1	COVID-19 Lockdowns: A Worldwide Survey of Circadian Rhythms and Sleep Quality in 3911 Athletes from 49 Countries, with Data-Driven Recommendations. <i>Sports Medicine</i> , 2022, 52, 1433-1448.	6.5	45
2	Personality traits, stress appraisals and sleep in young elite athletes: A profile approach. <i>European Journal of Sport Science</i> , 2021, 21, 1299-1305.	2.7	4
3	Effect of the Depth of Cold Water Immersion on Sleep Architecture and Recovery Among Well-Trained Male Endurance Runners. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 659990.	1.8	6
4	Managing Travel Fatigue and Jet Lag in Athletes: A Review and Consensus Statement. <i>Sports Medicine</i> , 2021, 51, 2029-2050.	6.5	40
5	Sleep and the athlete: narrative review and 2021 expert consensus recommendations. <i>British Journal of Sports Medicine</i> , 2021, 55, 356-368.	6.7	208
6	The effect of nighttime exercise on sleep architecture among well-trained male endurance runners. <i>Journal of Sleep Research</i> , 2020, 29, e12964.	3.2	20
7	The influence of playing position in soccer on the recovery kinetics of cognitive and physical performance. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 1812-1819.	0.7	4
8	Stress, Sleep and Recovery in Elite Soccer: A Critical Review of the Literature. <i>Sports Medicine</i> , 2015, 45, 1387-1400.	6.5	181
9	Sleep Hygiene and Recovery Strategies in Elite Soccer Players. <i>Sports Medicine</i> , 2015, 45, 1547-1559.	6.5	79
10	Recovery in Soccer. <i>Sports Medicine</i> , 2013, 43, 9-22.	6.5	231
11	Effect of 2 Soccer Matches in a Week on Physical Performance and Injury Rate. <i>American Journal of Sports Medicine</i> , 2010, 38, 1752-1758.	4.2	317
12	Lockdown Duration and Training Intensity Affect Sleep Behavior in an International Sample of 1,454 Elite Athletes. <i>Frontiers in Physiology</i> , 0, 13, .	2.8	22
13	Ramadan Observance Exacerbated the Negative Effects of COVID-19 Lockdown on Sleep and Training Behaviors: A International Survey on 1,681 Muslim Athletes. <i>Frontiers in Nutrition</i> , 0, 9, .	3.7	13