

# Mathieu Nedelec

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1483215/publications.pdf>

Version: 2024-02-01

13  
papers

1,170  
citations

1163117

8  
h-index

1281871

11  
g-index

13  
all docs

13  
docs citations

13  
times ranked

1259  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of 2 Soccer Matches in a Week on Physical Performance and Injury Rate. American Journal of Sports Medicine, 2010, 38, 1752-1758.	4.2	317
2	Recovery in Soccer. Sports Medicine, 2013, 43, 9-22.	6.5	231
3	Sleep and the athlete: narrative review and 2021 expert consensus recommendations. British Journal of Sports Medicine, 2021, 55, 356-368.	6.7	208
4	Stress, Sleep and Recovery in Elite Soccer: A Critical Review of the Literature. Sports Medicine, 2015, 45, 1387-1400.	6.5	181
5	Sleep Hygiene and Recovery Strategies in Elite Soccer Players. Sports Medicine, 2015, 45, 1547-1559.	6.5	79
6	COVID-19 Lockdowns: A Worldwide Survey of Circadian Rhythms and Sleep Quality in 3911 Athletes from 49 Countries, with Data-Driven Recommendations. Sports Medicine, 2022, 52, 1433-1448.	6.5	45
7	Managing Travel Fatigue and Jet Lag in Athletes: A Review and Consensus Statement. Sports Medicine, 2021, 51, 2029-2050.	6.5	40
8	Lockdown Duration and Training Intensity Affect Sleep Behavior in an International Sample of 1,454 Elite Athletes. Frontiers in Physiology, 0, 13, .	2.8	22
9	The effect of nighttime exercise on sleep architecture among well-trained male endurance runners. Journal of Sleep Research, 2020, 29, e12964.	3.2	20
10	Ramadan Observance Exacerbated the Negative Effects of COVID-19 Lockdown on Sleep and Training Behaviors: A International Survey on 1,681 Muslim Athletes. Frontiers in Nutrition, 0, 9, .	3.7	13
11	Effect of the Depth of Cold Water Immersion on Sleep Architecture and Recovery Among Well-Trained Male Endurance Runners. Frontiers in Sports and Active Living, 2021, 3, 659990.	1.8	6
12	Personality traits, stress appraisals and sleep in young elite athletes: A profile approach. European Journal of Sport Science, 2021, 21, 1299-1305.	2.7	4
13	The influence of playing position in soccer on the recovery kinetics of cognitive and physical performance. Journal of Sports Medicine and Physical Fitness, 2019, 59, 1812-1819.	0.7	4