

# Brad Aisbett

## List of Publications by Year in descending order

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Version: 2024-02-01

102  
papers

2,053  
citations

236833

25  
h-index

345118

36  
g-index

105  
all docs

105  
docs citations

105  
times ranked

1932  
citing authors

#	ARTICLE	IF	CITATIONS
1	Recovery of Cognitive Performance Following Multi-Stressor Military Training. <i>Human Factors</i> , 2024, 66, 389-403.	2.1	5
2	Labour productivity in Australian building construction projects: a roadmap for improvement. <i>International Journal of Construction Management</i> , 2022, 22, 2079-2088.	2.2	12
3	Informal management of health and safety risks associated with alarm response by Australian firefighters. <i>Ergonomics</i> , 2022, 65, 233-241.	1.1	3
4	Sleep duration and quality are associated with nutrient intake in elite female athletes. <i>Journal of Science and Medicine in Sport</i> , 2022, 25, 345-350.	0.6	10
5	Evening Whey Protein Intake, Rich in Tryptophan, and Sleep in Elite Male Australian Rules Football Players on Training and Nontraining Days. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2022, 32, 82-88.	1.0	2
6	Sleep of recruits throughout basic military training and its relationships with stress, recovery, and fatigue. <i>International Archives of Occupational and Environmental Health</i> , 2022, 95, 1331-1342.	1.1	5
7	A profile of the skills, attributes, development, and employment opportunities for sport scientists in Australia. <i>Journal of Science and Medicine in Sport</i> , 2022, 25, 419-424.	0.6	11
8	Quantification of Recruit Training Demands and Subjective Wellbeing during Basic Military Training. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7360.	1.2	7
9	Nutrient intake, meal timing and sleep in elite male Australian football players. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 7-12.	0.6	21
10	Bidirectional associations between emergency nurses' occupational and leisure physical activity: An observational study. <i>Journal of Sports Sciences</i> , 2021, 39, 705-713.	1.0	7
11	The effect of acute sleep deprivation on skeletal muscle protein synthesis and the hormonal environment. <i>Physiological Reports</i> , 2021, 9, e14660.	0.7	35
12	Total testosterone is not associated with lean mass or handgrip strength in pre-menopausal females. <i>Scientific Reports</i> , 2021, 11, 10226.	1.6	8
13	The Sleep of Elite Australian Rules Footballers During Preseason: A Comparison of Men and Women. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 641-646.	1.1	8
14	The impact of a short burst of exercise on sleep inertia. <i>Physiology and Behavior</i> , 2021, 242, 113617.	1.0	5
15	The Impact of Chronotype on the Sleep and Training Responses of Elite Female Australian Footballers. <i>Clocks &amp; Sleep</i> , 2021, 3, 528-535.	0.9	3
16	The impact of anticipating a stressful task on sleep inertia when on-call. <i>Applied Ergonomics</i> , 2020, 82, 102942.	1.7	13
17	Firefighter's Acute Inflammatory Response to Wildfire Suppression. <i>Journal of Occupational and Environmental Medicine</i> , 2020, 62, 145-148.	0.9	18
18	Emergency nurses' activity levels across rotating shifts. <i>Australasian Emergency Care</i> , 2020, 23, 203-210.	0.7	6

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19	The accumulation of, and associations between, nurses' activity levels within their shift in the emergency department. <i>Ergonomics</i> , 2020, 63, 1525-1534.	1.1	3
20	Can an increase in noradrenaline induced by brief exercise counteract sleep inertia?. <i>Chronobiology International</i> , 2020, 37, 1474-1478.	0.9	6
21	Hot, Tired and Hungry: The Snacking Behaviour and Food Cravings of Firefighters during Multi-Day Simulated Wildfire Suppression. <i>Nutrients</i> , 2020, 12, 1160.	1.7	9
22	Exercising Caution Upon Waking—Can Exercise Reduce Sleep Inertia?. <i>Frontiers in Physiology</i> , 2020, 11, 254.	1.3	15
23	Physical Fatigue Detection Using Entropy Analysis of Heart Rate Signals. <i>Sustainability</i> , 2020, 12, 2714.	1.6	18
24	THE EFFECT OF A RHYTHMIC GYMNASTICS-BASED POWER-FLEXIBILITY PROGRAM ON THE LOWER LIMB FLEXIBILITY AND POWER OF CONTEMPORARY DANCERS. <i>International Journal of Sports Physical Therapy</i> , 2020, 15, 343-364.	0.5	3
25	Can stress act as a sleep inertia countermeasure when on-call?. <i>Biological Rhythm Research</i> , 2019, 50, 429-439.	0.4	8
26	Salivary cortisol profiles of on-call from home fire and emergency service personnel. <i>Stress</i> , 2019, 22, 436-445.	0.8	5
27	The inflammatory response to simulated day and night emergency alarm mobilisations. <i>PLoS ONE</i> , 2019, 14, e0218732.	1.1	3
28	Overnight heart rate variability and next day cortisol response during simulated on-call conditions. <i>Psychoneuroendocrinology</i> , 2019, 109, 104406.	1.3	8
29	Effects of total sleep deprivation on endurance cycling performance and heart rate indices used for monitoring athlete readiness. <i>Journal of Sports Sciences</i> , 2019, 37, 2691-2701.	1.0	19
30	The effects of hydration on cognitive performance during a simulated wildfire suppression shift in temperate and hot conditions. <i>Applied Ergonomics</i> , 2019, 77, 9-15.	1.7	13
31	Resistance Training and Skeletal Muscle Protein Metabolism in Eumenorrhic Females: Implications for Researchers and Practitioners. <i>Sports Medicine</i> , 2019, 49, 1637-1650.	3.1	32
32	Extended Sleep Maintains Endurance Performance Better than Normal or Restricted Sleep. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 2516-2523.	0.2	36
33	Adding sleep restriction to the equation: impact on wildland firefighters' work performance and physiology in hot conditions. <i>International Archives of Occupational and Environmental Health</i> , 2018, 91, 601-611.	1.1	9
34	Inadequate sleep and muscle strength: Implications for resistance training. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 959-968.	0.6	72
35	Sleep in wildland firefighters: what do we know and why does it matter?. <i>International Journal of Wildland Fire</i> , 2018, 27, 73.	1.0	27
36	Job task characteristics of Australian emergency services volunteers during search and rescue operations. <i>Ergonomics</i> , 2018, 61, 265-272.	1.1	3

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37	Identifying and characterising the physical demands for an Australian specialist policing unit. <i>Applied Ergonomics</i> , 2018, 68, 197-203.	1.7	21
38	No rest for the women: Understanding the impact of on-call work for women in the emergency services. <i>Chronobiology International</i> , 2018, 35, 827-837.	0.9	19
39	The effect of working on-call on stress physiology and sleep: A systematic review. <i>Sleep Medicine Reviews</i> , 2017, 33, 79-87.	3.8	38
40	Nurses' occupational physical activity levels: A systematic review. <i>International Journal of Nursing Studies</i> , 2017, 73, 52-62.	2.5	61
41	Consensus on measurement properties and feasibility of performance tests for the exercise and sport sciences: a Delphi study. <i>Sports Medicine - Open</i> , 2017, 3, 2.	1.3	45
42	Effect of Heat Exposure and Simulated Physical Firefighting Work on Acute Inflammatory and Cortisol Responses. <i>Annals of Work Exposures and Health</i> , 2017, 61, 600-603.	0.6	7
43	The Pandolf equation under-predicts the metabolic rate of contemporary military load carriage. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, S104-S108.	0.6	18
44	Salivary alpha amylase in on-call from home fire and emergency service personnel. <i>Endocrine Connections</i> , 2017, 6, 637-646.	0.8	4
45	The Effects of Simulated Wildland Firefighting Tasks on Core Temperature and Cognitive Function under Very Hot Conditions. <i>Frontiers in Physiology</i> , 2017, 8, 815.	1.3	24
46	The Impact of Heat Exposure and Sleep Restriction on Firefighters' Work Performance and Physiology during Simulated Wildfire Suppression. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 180.	1.2	22
47	The Impact of Shiftwork on Skeletal Muscle Health. <i>Nutrients</i> , 2017, 9, 248.	1.7	27
48	Fighting fire and fatigue: sleep quantity and quality during multi-day wildfire suppression. <i>Ergonomics</i> , 2016, 59, 1-9.	1.1	39
49	The Injury Profile of an Australian Specialist Policing Unit. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 370.	1.2	16
50	Firefighters' Physical Activity across Multiple Shifts of Planned Burn Work. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 973.	1.2	19
51	On-call work: To sleep or not to sleep? It depends. <i>Chronobiology International</i> , 2016, 33, 678-684.	0.9	39
52	Sleep quantity and quality is not compromised during planned burn shifts of less than 12 h. <i>Chronobiology International</i> , 2016, 33, 657-666.	0.9	21
53	Psychophysiological relationships between a multi-component self-report measure of mood, stress and behavioural signs and symptoms, and physiological stress responses during a simulated firefighting deployment. <i>International Journal of Psychophysiology</i> , 2016, 110, 109-118.	0.5	17
54	Expectation of a loud alarm is not associated with changes in on-call sleep in the laboratory. <i>Sleep and Biological Rhythms</i> , 2016, 14, 279-285.	0.5	9

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55	Whole-body vibration and occupational physical performance: a review. <i>International Archives of Occupational and Environmental Health</i> , 2016, 89, 181-197.	1.1	17
56	Associations between firefighters' physical activity across multiple shifts of wildfire suppression. <i>Ergonomics</i> , 2016, 59, 1-8.	1.1	18
57	Acute Psychophysiological Relationships Between Mood, Inflammatory and Cortisol Changes in Response to Simulated Physical Firefighting Work and Sleep Restriction. <i>Applied Psychophysiology Biofeedback</i> , 2016, 41, 165-180.	1.0	16
58	The impact of sleep restriction while performing simulated physical firefighting work on cortisol and heart rate responses. <i>International Archives of Occupational and Environmental Health</i> , 2016, 89, 461-475.	1.1	23
59	Sound the alarm: Health and safety risks associated with alarm response for salaried and retained metropolitan firefighters. <i>Safety Science</i> , 2016, 82, 174-181.	2.6	46
60	The effects of military body armour on trunk and hip kinematics during performance of manual handling tasks. <i>Ergonomics</i> , 2016, 59, 806-812.	1.1	11
61	Predicting physiological capacity of human load carriage – A review. <i>Applied Ergonomics</i> , 2016, 52, 85-94.	1.7	38
62	The acute physiological stress response to an emergency alarm and mobilization during the day and at night. <i>Noise and Health</i> , 2016, 18, 150.	0.4	21
63	Sleep Restriction during Simulated Wildfire Suppression: Effect on Physical Task Performance. <i>PLoS ONE</i> , 2015, 10, e0115329.	1.1	32
64	The Impact of Sleep Restriction and Simulated Physical Firefighting Work on Acute Inflammatory Stress Responses. <i>PLoS ONE</i> , 2015, 10, e0138128.	1.1	29
65	Simulated Firefighting Task Performance and Physiology Under Very Hot Conditions. <i>Frontiers in Physiology</i> , 2015, 6, 322.	1.3	17
66	Relationships between inflammatory cytokine and cortisol responses in firefighters exposed to simulated wildfire suppression work and sleep restriction. <i>Physiological Reports</i> , 2015, 3, e12604.	0.7	31
67	Fluid intake, hydration, work physiology of wildfire fighters working in the heat over consecutive days. <i>Annals of Occupational Hygiene</i> , 2015, 59, 554-65.	1.9	14
68	Effect of heat on firefighters' work performance and physiology. <i>Journal of Thermal Biology</i> , 2015, 53, 1-8.	1.1	27
69	Effects of work-related sleep restriction on acute physiological and psychological stress responses and their interactions: A review among emergency service personnel. <i>International Journal of Occupational Medicine and Environmental Health</i> , 2015, 28, 183-208.	0.6	30
70	Sleeping at work: not all about location, location, location. <i>Sleep Medicine Reviews</i> , 2015, 19, 59-66.	3.8	15
71	Multiple Days of Heat Exposure on Firefighters' Work Performance and Physiology. <i>PLoS ONE</i> , 2015, 10, e0136413.	1.1	26
72	Task-Specific Effects of Modular Body Armor. <i>Military Medicine</i> , 2014, 179, 428-434.	0.4	11

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73	Firefighter feedback during active cooling: A useful tool for heat stress management?. Journal of Thermal Biology, 2014, 46, 65-71.	1.1	18
74	Coronary Heart Disease Risk in Volunteer Firefighters in Victoria, Australia. Archives of Environmental and Occupational Health, 2014, 69, 112-120.	0.7	15
75	Trunk postures and upper-body muscle activations during physically demanding wildfire suppression tasks. Ergonomics, 2014, 57, 86-92.	1.1	8
76	Validation of GPS and accelerometer technology in swimming. Journal of Science and Medicine in Sport, 2014, 17, 234-238.	0.6	40
77	The effectiveness of health interventions in cardiovascular risk reduction among emergency service personnel. International Archives of Occupational and Environmental Health, 2013, 86, 245-260.	1.1	10
78	The effect of prescribed fluid consumption on physiology and work behavior of wildfire fighters. Applied Ergonomics, 2013, 44, 404-413.	1.7	24
79	A survey to identify physically demanding tasks performed during storm damage operations by Australian State Emergency Services personnel. Applied Ergonomics, 2013, 44, 128-133.	1.7	6
80	Muscle activation during the Pack Hike test and a critical wildfire fighting task. Applied Ergonomics, 2013, 44, 274-277.	1.7	1
81	Validity of an upper-body-mounted accelerometer to measure peak vertical and resultant force during running and change-of-direction tasks. Sports Biomechanics, 2013, 12, 403-412.	0.8	64
82	Body Armor, Performance, and Physiology During Repeated High-Intensity Work Tasks. Military Medicine, 2012, 177, 1308-1315.	0.4	37
83	Subjective job task analyses for physically demanding occupations: What is best practice?. Ergonomics, 2012, 55, 1266-1277.	1.1	16
84	Performance score variation between days at Australian national and Olympic women's artistic gymnastics competition. Journal of Sports Sciences, 2012, 30, 191-199.	1.0	6
85	Predicting Neck Pain in Royal Australian Air Force Fighter Pilots. Military Medicine, 2012, 177, 444-450.	0.4	12
86	Validating "fit for duty" tests for Australian volunteer fire fighters suppressing bushfires. Applied Ergonomics, 2012, 43, 191-197.	1.7	10
87	Identification of physically demanding tasks performed during bushfire suppression by Australian rural firefighters. Applied Ergonomics, 2012, 43, 435-441.	1.7	47
88	Pre-shift fluid intake: Effect on physiology, work and drinking during emergency wildfire fighting. Applied Ergonomics, 2012, 43, 532-540.	1.7	29
89	"Awake, smoky, and hot" Providing an evidence-base for managing the risks associated with occupational stressors encountered by wildland firefighters. Applied Ergonomics, 2012, 43, 916-925.	1.7	85
90	Management of Neck Pain in Royal Australian Air Force Fast Jet Aircrew. Military Medicine, 2011, 176, 106-109.	0.4	12

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91	The Effect of Body Armor on Performance, Thermal Stress, and Exertion: A Critical Review. <i>Military Medicine</i> , 2011, 176, 1265-1273.	0.4	64
92	Pack Hike Test finishing time for Australian firefighters: Pass rates and correlates of performance. <i>Applied Ergonomics</i> , 2011, 42, 411-418.	1.7	22
93	Neck strength recovery after a single bout of specific strengthening exercise. <i>Physical Therapy in Sport</i> , 2010, 11, 75-80.	0.8	2
94	Reliability and variability of day-to-day vault training measures in artistic gymnastics. <i>Sports Biomechanics</i> , 2010, 9, 79-97.	0.8	51
95	Validity and relevance of the pack hike wildland firefighter work capacity test: a review. <i>Ergonomics</i> , 2010, 53, 1276-1285.	1.1	26
96	Effects of starting strategy on 5-min cycling time-trial performance. <i>Journal of Sports Sciences</i> , 2009, 27, 1201-1209.	1.0	24
97	Influence of All-Out and Fast Start on 5-min Cycling Time Trial Performance. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 1965-1971.	0.2	24
98	The Aerobic Energy Demands Of Simulated Tanker- Based Wildfire Fighting Tasks. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, S354.	0.2	5
99	Fighting with fire—how bushfire suppression can impact on fire fighters' health. <i>Australian Family Physician</i> , 2007, 36, 994-7.	0.5	6
100	Visual guidance during competition performance and run-through training in long jumping. <i>Sports Biomechanics</i> , 2006, 5, 1-14.	0.8	34
101	Estimating the total energy demand for supra-maximal exercise using the $\dot{V}\ddot{O}_2$ -power regression from an incremental exercise test. <i>Journal of Science and Medicine in Sport</i> , 2003, 6, 343-347.	0.6	4
102	The influence of pacing during 6-minute supramaximal cycle ergometer performance. <i>Journal of Science and Medicine in Sport</i> , 2003, 6, 187-198.	0.6	15