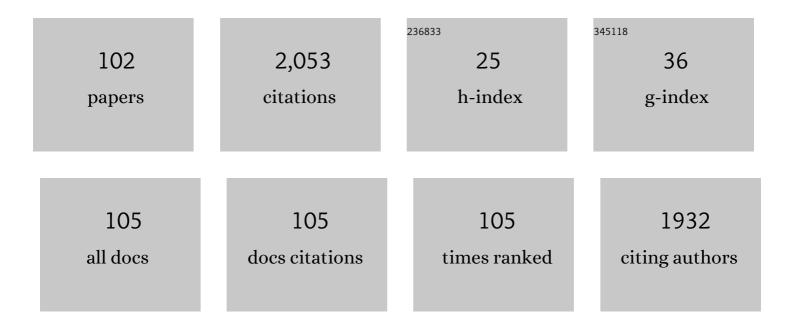
## **Brad Aisbett**

List of Publications by Year in descending order

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RDAD AICRETT

| #  | Article   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | "Awake, smoky, and hot†Providing an evidence-base for managing the risks associated with<br>occupational stressors encountered by wildland firefighters. Applied Ergonomics, 2012, 43, 916-925. | 1.7 | 85        |
| 2  | Inadequate sleep and muscle strength: Implications for resistance training. Journal of Science and Medicine in Sport, 2018, 21, 959-968.  | 0.6 | 72        |
| 3  | The Effect of Body Armor on Performance, Thermal Stress, and Exertion: A Critical Review. Military Medicine, 2011, 176, 1265-1273.  | 0.4 | 64        |
| 4  | Validity of an upper-body-mounted accelerometer to measure peak vertical and resultant force during running and change-of-direction tasks. Sports Biomechanics, 2013, 12, 403-412.              | 0.8 | 64        |
| 5  | Nurses' occupational physical activity levels: A systematic review. International Journal of Nursing Studies, 2017, 73, 52-62.  | 2.5 | 61        |
| 6  | Reliability and variability of day-to-day vault training measures in artistic gymnastics. Sports<br>Biomechanics, 2010, 9, 79-97.   | 0.8 | 51        |
| 7  | Identification of physically demanding tasks performed during bushfire suppression by Australian rural firefighters. Applied Ergonomics, 2012, 43, 435-441.                                     | 1.7 | 47        |
| 8  | Sound the alarm: Health and safety risks associated with alarm response for salaried and retained metropolitan firefighters. Safety Science, 2016, 82, 174-181.                                 | 2.6 | 46        |
| 9  | Consensus on measurement properties and feasibility of performance tests for the exercise and sport sciences: a Delphi study. Sports Medicine - Open, 2017, 3, 2.                               | 1.3 | 45        |
| 10 | Validation of GPS and accelerometer technology in swimming. Journal of Science and Medicine in Sport, 2014, 17, 234-238.  | 0.6 | 40        |
| 11 | Fighting fire and fatigue: sleep quantity and quality during multi-day wildfire suppression.<br>Ergonomics, 2016, 59, 1-9.  | 1.1 | 39        |
| 12 | On-call work: To sleep or not to sleep? It depends. Chronobiology International, 2016, 33, 678-684.   | 0.9 | 39        |
| 13 | Predicting physiological capacity of human load carriage – A review. Applied Ergonomics, 2016, 52,<br>85-94.  | 1.7 | 38        |
| 14 | The effect of working on-call on stress physiology and sleep: AÂsystematic review. Sleep Medicine<br>Reviews, 2017, 33, 79-87.  | 3.8 | 38        |
| 15 | Body Armor, Performance, and Physiology During Repeated High-Intensity Work Tasks. Military<br>Medicine, 2012, 177, 1308-1315.  | 0.4 | 37        |
| 16 | Extended Sleep Maintains Endurance Performance Better than Normal or Restricted Sleep. Medicine and Science in Sports and Exercise, 2019, 51, 2516-2523.  | 0.2 | 36        |
| 17 | The effect of acute sleep deprivation on skeletal muscle protein synthesis and the hormonal environment. Physiological Reports, 2021, 9, e14660.  | 0.7 | 35        |
| 18 | Visual guidance during competition performance and runâ€ŧhrough training in long jumping. Sports<br>Biomechanics, 2006, 5, 1-14.  | 0.8 | 34        |

| #  | Article   | IF  | CITATIONS |
|----|---|-----|-----------|
| 19 | Sleep Restriction during Simulated Wildfire Suppression: Effect on Physical Task Performance. PLoS<br>ONE, 2015, 10, e0115329.  | 1.1 | 32        |
| 20 | Resistance Training and Skeletal Muscle Protein Metabolism in Eumenorrheic Females: Implications for Researchers and Practitioners. Sports Medicine, 2019, 49, 1637-1650.   | 3.1 | 32        |
| 21 | Relationships between inflammatory cytokine and cortisol responses in firefighters exposed to simulated wildfire suppression work and sleep restriction. Physiological Reports, 2015, 3, e12604.  | 0.7 | 31        |
| 22 | Effects of work-related sleep restriction on acute physiological and psychological stress responses<br>and their interactions: A review among emergency service personnel. International Journal of<br>Occupational Medicine and Environmental Health, 2015, 28, 183-208. | 0.6 | 30        |
| 23 | Pre-shift fluid intake: Effect on physiology, work and drinking during emergency wildfire fighting.<br>Applied Ergonomics, 2012, 43, 532-540.   | 1.7 | 29        |
| 24 | The Impact of Sleep Restriction and Simulated Physical Firefighting Work on Acute Inflammatory Stress Responses. PLoS ONE, 2015, 10, e0138128.  | 1.1 | 29        |
| 25 | Effect of heat on firefighters' work performance and physiology. Journal of Thermal Biology, 2015, 53, 1-8.   | 1.1 | 27        |
| 26 | The Impact of Shiftwork on Skeletal Muscle Health. Nutrients, 2017, 9, 248.   | 1.7 | 27        |
| 27 | Sleep in wildland firefighters: what do we know and why does it matter?. International Journal of<br>Wildland Fire, 2018, 27, 73.   | 1.0 | 27        |
| 28 | Validity and relevance of the pack hike wildland firefighter work capacity test: a review. Ergonomics, 2010, 53, 1276-1285.   | 1.1 | 26        |
| 29 | Multiple Days of Heat Exposure on Firefighters' Work Performance and Physiology. PLoS ONE, 2015, 10, e0136413.  | 1.1 | 26        |
| 30 | Effects of starting strategy on 5-min cycling time-trial performance. Journal of Sports Sciences, 2009, 27, 1201-1209.  | 1.0 | 24        |
| 31 | Influence of All-Out and Fast Start on 5-min Cycling Time Trial Performance. Medicine and Science in Sports and Exercise, 2009, 41, 1965-1971.  | 0.2 | 24        |
| 32 | The effect of prescribed fluid consumption on physiology and work behavior of wildfire fighters.<br>Applied Ergonomics, 2013, 44, 404-413.  | 1.7 | 24        |
| 33 | The Effects of Simulated Wildland Firefighting Tasks on Core Temperature and Cognitive Function under Very Hot Conditions. Frontiers in Physiology, 2017, 8, 815.   | 1.3 | 24        |
| 34 | The impact of sleep restriction while performing simulated physical firefighting work on cortisol and heart rate responses. International Archives of Occupational and Environmental Health, 2016, 89, 461-475.   | 1.1 | 23        |
| 35 | Pack Hike Test finishing time for Australian firefighters: Pass rates and correlates of performance.<br>Applied Ergonomics, 2011, 42, 411-418.  | 1.7 | 22        |
| 36 | The Impact of Heat Exposure and Sleep Restriction on Firefighters' Work Performance and Physiology<br>during Simulated Wildfire Suppression. International Journal of Environmental Research and Public<br>Health, 2017, 14, 180.   | 1.2 | 22        |

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|----|---|-----|-----------|
| 37 | Sleep quantity and quality is not compromised during planned burn shifts of less than 12 h.<br>Chronobiology International, 2016, 33, 657-666.  | 0.9 | 21        |
| 38 | Identifying and characterising the physical demands for an Australian specialist policing unit. Applied Ergonomics, 2018, 68, 197-203.  | 1.7 | 21        |
| 39 | Nutrient intake, meal timing and sleep in elite male Australian football players. Journal of Science and<br>Medicine in Sport, 2021, 24, 7-12.  | 0.6 | 21        |
| 40 | The acute physiological stress response to an emergency alarm and mobilization during the day and at night. Noise and Health, 2016, 18, 150.  | 0.4 | 21        |
| 41 | Firefighters' Physical Activity across Multiple Shifts of Planned Burn Work. International Journal of<br>Environmental Research and Public Health, 2016, 13, 973.   | 1.2 | 19        |
| 42 | No rest for the women: Understanding the impact of on-call work for women in the emergency services. Chronobiology International, 2018, 35, 827-837.  | 0.9 | 19        |
| 43 | Effects of total sleep deprivation on endurance cycling performance and heart rate indices used for monitoring athlete readiness. Journal of Sports Sciences, 2019, 37, 2691-2701.  | 1.0 | 19        |
| 44 | Firefighter feedback during active cooling: A useful tool for heat stress management?. Journal of<br>Thermal Biology, 2014, 46, 65-71.  | 1.1 | 18        |
| 45 | Associations between firefighters' physical activity across multiple shifts of wildfire suppression.<br>Ergonomics, 2016, 59, 1-8.  | 1.1 | 18        |
| 46 | The Pandolf equation under-predicts the metabolic rate of contemporary military load carriage.<br>Journal of Science and Medicine in Sport, 2017, 20, S104-S108.  | 0.6 | 18        |
| 47 | Firefighter's Acute Inflammatory Response to Wildfire Suppression. Journal of Occupational and Environmental Medicine, 2020, 62, 145-148.   | 0.9 | 18        |
| 48 | Physical Fatigue Detection Using Entropy Analysis of Heart Rate Signals. Sustainability, 2020, 12, 2714.  | 1.6 | 18        |
| 49 | Simulated Firefighting Task Performance and Physiology Under Very Hot Conditions. Frontiers in Physiology, 2015, 6, 322.  | 1.3 | 17        |
| 50 | Psychophysiological relationships between a multi-component self-report measure of mood, stress<br>and behavioural signs and symptoms, and physiological stress responses during a simulated<br>firefighting deployment. International Journal of Psychophysiology, 2016, 110, 109-118. | 0.5 | 17        |
| 51 | Whole-body vibration and occupational physical performance: a review. International Archives of Occupational and Environmental Health, 2016, 89, 181-197.   | 1.1 | 17        |
| 52 | Subjective job task analyses for physically demanding occupations: What is best practice?. Ergonomics, 2012, 55, 1266-1277.   | 1.1 | 16        |
| 53 | The Injury Profile of an Australian Specialist Policing Unit. International Journal of Environmental Research and Public Health, 2016, 13, 370.   | 1.2 | 16        |
| 54 | Acute Psychophysiological Relationships Between Mood, Inflammatory and Cortisol Changes in<br>Response to Simulated Physical Firefighting Work and Sleep Restriction. Applied Psychophysiology<br>Biofeedback, 2016, 41, 165-180.   | 1.0 | 16        |

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|----|---|-----|-----------|
| 55 | The influence of pacing during 6-minute supramaximal cycle ergometer performance. Journal of<br>Science and Medicine in Sport, 2003, 6, 187-198.  | 0.6 | 15        |
| 56 | Coronary Heart Disease Risk in Volunteer Firefighters in Victoria, Australia. Archives of<br>Environmental and Occupational Health, 2014, 69, 112-120.  | 0.7 | 15        |
| 57 | Sleeping at work: not all about location, location, location. Sleep Medicine Reviews, 2015, 19, 59-66.  | 3.8 | 15        |
| 58 | Exercising Caution Upon Waking–Can Exercise Reduce Sleep Inertia?. Frontiers in Physiology, 2020, 11,<br>254.   | 1.3 | 15        |
| 59 | Fluid intake, hydration, work physiology of wildfire fighters working in the heat over consecutive days. Annals of Occupational Hygiene, 2015, 59, 554-65.  | 1.9 | 14        |
| 60 | The effects of hydration on cognitive performance during a simulated wildfire suppression shift in temperate and hot conditions. Applied Ergonomics, 2019, 77, 9-15.  | 1.7 | 13        |
| 61 | The impact of anticipating a stressful task on sleep inertia when on-call. Applied Ergonomics, 2020, 82, 102942.  | 1.7 | 13        |
| 62 | Management of Neck Pain in Royal Australian Air Force Fast Jet Aircrew. Military Medicine, 2011, 176,<br>106-109.   | 0.4 | 12        |
| 63 | Predicting Neck Pain in Royal Australian Air Force Fighter Pilots. Military Medicine, 2012, 177, 444-450.   | 0.4 | 12        |
| 64 | Labour productivity in Australian building construction projects: a roadmap for improvement.<br>International Journal of Construction Management, 2022, 22, 2079-2088.  | 2.2 | 12        |
| 65 | Task-Specific Effects of Modular Body Armor. Military Medicine, 2014, 179, 428-434.   | 0.4 | 11        |
| 66 | The effects of military body armour on trunk and hip kinematics during performance of manual handling tasks. Ergonomics, 2016, 59, 806-812.   | 1.1 | 11        |
| 67 | A profile of the skills, attributes, development, and employment opportunities for sport scientists in<br>Australia. Journal of Science and Medicine in Sport, 2022, 25, 419-424.                                 | 0.6 | 11        |
| 68 | Validating â€~fit for duty' tests for Australian volunteer fire fighters suppressing bushfires. Applied<br>Ergonomics, 2012, 43, 191-197.   | 1.7 | 10        |
| 69 | The effectiveness of health interventions in cardiovascular risk reduction among emergency service personnel. International Archives of Occupational and Environmental Health, 2013, 86, 245-260.                 | 1.1 | 10        |
| 70 | Sleep duration and quality are associated with nutrient intake in elite female athletes. Journal of<br>Science and Medicine in Sport, 2022, 25, 345-350.  | 0.6 | 10        |
| 71 | Expectation of a loud alarm is not associated with changes in on-call sleep in the laboratory. Sleep and Biological Rhythms, 2016, 14, 279-285.   | 0.5 | 9         |
| 72 | Adding sleep restriction to the equation: impact on wildland firefighters' work performance and physiology in hot conditions. International Archives of Occupational and Environmental Health, 2018, 91, 601-611. | 1.1 | 9         |

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|----|--|-----|-----------|
| 73 | Hot, Tired and Hungry: The Snacking Behaviour and Food Cravings of Firefighters during Multi-Day<br>Simulated Wildfire Suppression. Nutrients, 2020, 12, 1160.                                       | 1.7 | 9         |
| 74 | Trunk postures and upper-body muscle activations during physically demanding wildfire suppression tasks. Ergonomics, 2014, 57, 86-92.  | 1.1 | 8         |
| 75 | Can stress act as a sleep inertia countermeasure when on-call?. Biological Rhythm Research, 2019, 50, 429-439.   | 0.4 | 8         |
| 76 | Overnight heart rate variability and next day cortisol response during simulated on-call conditions.<br>Psychoneuroendocrinology, 2019, 109, 104406.   | 1.3 | 8         |
| 77 | Total testosterone is not associated with lean mass or handgrip strength in pre-menopausal females.<br>Scientific Reports, 2021, 11, 10226.  | 1.6 | 8         |
| 78 | The Sleep of Elite Australian Rules Footballers During Preseason: A Comparison of Men and Women.<br>International Journal of Sports Physiology and Performance, 2021, 16, 641-646.                   | 1.1 | 8         |
| 79 | Effect of Heat Exposure and Simulated Physical Firefighting Work on Acute Inflammatory and Cortisol Responses. Annals of Work Exposures and Health, 2017, 61, 600-603.                               | 0.6 | 7         |
| 80 | Bidirectional associations between emergency nurses' occupational and leisure physical activity: An observational study. Journal of Sports Sciences, 2021, 39, 705-713.                              | 1.0 | 7         |
| 81 | Quantification of Recruit Training Demands and Subjective Wellbeing during Basic Military Training.<br>International Journal of Environmental Research and Public Health, 2022, 19, 7360.            | 1.2 | 7         |
| 82 | Performance score variation between days at Australian national and Olympic women's artistic gymnastics competition. Journal of Sports Sciences, 2012, 30, 191-199.                                  | 1.0 | 6         |
| 83 | A survey to identify physically demanding tasks performed during storm damage operations by<br>Australian State Emergency Services personnel. Applied Ergonomics, 2013, 44, 128-133.                 | 1.7 | 6         |
| 84 | Emergency nurses' activity levels across rotating shifts. Australasian Emergency Care, 2020, 23,<br>203-210.   | 0.7 | 6         |
| 85 | Can an increase in noradrenaline induced by brief exercise counteract sleep inertia?. Chronobiology<br>International, 2020, 37, 1474-1478.   | 0.9 | 6         |
| 86 | Fighting with firehow bushfire suppression can impact on fire fighters' health. Australian Family<br>Physician, 2007, 36, 994-7.   | 0.5 | 6         |
| 87 | Salivary cortisol profiles of on-call from home fire and emergency service personnel. Stress, 2019, 22, 436-445.   | 0.8 | 5         |
| 88 | The impact of a short burst of exercise on sleep inertia. Physiology and Behavior, 2021, 242, 113617.  | 1.0 | 5         |
| 89 | The Aerobic Energy Demands Of Simulated Tanker- Based Wildfire Fighting Tasks. Medicine and Science<br>in Sports and Exercise, 2008, 40, S354.   | 0.2 | 5         |
| 90 | Sleep of recruits throughout basic military training and its relationships with stress, recovery, and fatigue. International Archives of Occupational and Environmental Health, 2022, 95, 1331-1342. | 1.1 | 5         |

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|-----|---|-----|-----------|
| 91  | Recovery of Cognitive Performance Following Multi-Stressor Military Training. Human Factors, 2024, 66, 389-403.   | 2.1 | 5         |
| 92  | Estimating the total energy demand for supra-maximal exercise using the V̇O2-power regression from an incremental exercise test. Journal of Science and Medicine in Sport, 2003, 6, 343-347.  | 0.6 | 4         |
| 93  | Salivary alpha amylase in on-call from home fire and emergency service personnel. Endocrine Connections, 2017, 6, 637-646.  | 0.8 | 4         |
| 94  | Job task characteristics of Australian emergency services volunteers during search and rescue operations. Ergonomics, 2018, 61, 265-272.  | 1.1 | 3         |
| 95  | The inflammatory response to simulated day and night emergency alarm mobilisations. PLoS ONE, 2019, 14, e0218732.   | 1.1 | 3         |
| 96  | The accumulation of, and associations between, nurses' activity levels within their shift in the emergency department. Ergonomics, 2020, 63, 1525-1534.   | 1.1 | 3         |
| 97  | Informal management of health and safety risks associated with alarm response by Australian firefighters. Ergonomics, 2022, 65, 233-241.  | 1.1 | 3         |
| 98  | The Impact of Chronotype on the Sleep and Training Responses of Elite Female Australian Footballers.<br>Clocks & Sleep, 2021, 3, 528-535.   | 0.9 | 3         |
| 99  | THE EFFECT OF A RHYTHMIC GYMNASTICS-BASED POWER-FLEXIBILITY PROGRAM ON THE LOWER LIMB<br>FLEXIBILITY AND POWER OF CONTEMPORARY DANCERS. International Journal of Sports Physical Therapy,<br>2020, 15, 343-364.                       | 0.5 | 3         |
| 100 | Neck strength recovery after a single bout of specific strengthening exercise. Physical Therapy in Sport, 2010, 11, 75-80.  | 0.8 | 2         |
| 101 | Evening Whey Protein Intake, Rich in Tryptophan, and Sleep in Elite Male Australian Rules Football<br>Players on Training and Nontraining Days. International Journal of Sport Nutrition and Exercise<br>Metabolism, 2022, 32, 82-88. | 1.0 | 2         |
| 102 | Muscle activation during the Pack Hike test and a critical wildfire fighting task. Applied Ergonomics, 2013, 44, 274-277.   | 1.7 | 1         |