

Christina-Paulina Lambrinou

List of Publications by Year in descending order

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52
papers

1,377
citations

361413
20
h-index

361022
35
g-index

54
all docs

54
docs citations

54
times ranked

2188
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of personalized nutrition on health-related behaviour change: evidence from the Food4me European randomized controlled trial. <i>International Journal of Epidemiology</i> , 2017, 46, dyw186.	1.9	219
2	Design and baseline characteristics of the Food4Me study: a web-based randomised controlled trial of personalised nutrition in seven European countries. <i>Genes and Nutrition</i> , 2015, 10, 450.	2.5	134
3	A systematic review of vitamin D status in southern European countries. <i>European Journal of Nutrition</i> , 2018, 57, 2001-2036.	3.9	90
4	Effect of an Internet-based, personalized nutrition randomized trial on dietary changes associated with the Mediterranean diet: the Food4Me Study. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 288-297.	4.7	77
5	A school- and community-based intervention to promote healthy lifestyle and prevent type 2 diabetes in vulnerable families across Europe: design and implementation of the Feel4Diabetes-study. <i>Public Health Nutrition</i> , 2018, 21, 3281-3290.	2.2	77
6	Physical activity attenuates the effect of the <i>FTO</i> genotype on obesity traits in European adults: The Food4Me study. <i>Obesity</i> , 2016, 24, 962-969.	3.0	47
7	Application of dried blood spots to determine vitamin D status in a large nutritional study with unsupervised sampling: the Food4Me project. <i>British Journal of Nutrition</i> , 2016, 115, 202-211.	2.3	42
8	Breastfeeding and postpartum weight loss. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2019, 22, 413-417.	2.5	37
9	A Dietary Feedback System for the Delivery of Consistent Personalized Dietary Advice in the Web-Based Multicenter Food4Me Study. <i>Journal of Medical Internet Research</i> , 2016, 18, e150.	4.3	37
10	Profile of European adults interested in internet-based personalised nutrition: the Food4Me study. <i>European Journal of Nutrition</i> , 2016, 55, 759-769.	3.9	34
11	Effects of a Web-Based Personalized Intervention on Physical Activity in European Adults: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2015, 17, e231.	4.3	34
12	Effective strategies for childhood obesity prevention via school based, family involved interventions: a critical review for the development of the Feel4Diabetes-study school based component. <i>BMC Endocrine Disorders</i> , 2020, 20, 52.	2.2	33
13	Associations of vitamin D status with dietary intakes and physical activity levels among adults from seven European countries: the Food4Me study. <i>European Journal of Nutrition</i> , 2018, 57, 1357-1368.	3.9	29
14	Metabotyping for the development of tailored dietary advice solutions in a European population: the Food4Me study. <i>British Journal of Nutrition</i> , 2017, 118, 561-569.	2.3	28
15	Exploring the association of dairy product intake with the fatty acids C15:0 and C17:0 measured from dried blood spots in a multipopulation cohort: Findings from the Food4Me study. <i>Molecular Nutrition and Food Research</i> , 2016, 60, 834-845.	3.3	27
16	Evaluation of the Finnish Diabetes Risk Score as a screening tool for undiagnosed type 2 diabetes and dysglycaemia among early middle-aged adults in a large-scale European cohort. The Feel4Diabetes-study. <i>Diabetes Research and Clinical Practice</i> , 2019, 150, 99-110.	2.8	27
17	Intra- and inter- observer reliability of anthropometric measurements and blood pressure in primary schoolchildren and adults: the Feel4Diabetes-study. <i>BMC Endocrine Disorders</i> , 2020, 20, 27.	2.2	27
18	Mediterranean Diet Adherence and Genetic Background Roles within a Web-Based Nutritional Intervention: The Food4Me Study. <i>Nutrients</i> , 2017, 9, 1107.	4.1	25

#	ARTICLE	IF	CITATIONS
19	Changes in Physical Activity Following a Genetic-Based Internet-Delivered Personalized Intervention: Randomized Controlled Trial (Food4Me). <i>Journal of Medical Internet Research</i> , 2016, 18, e30.	4.3	25
20	Reproducibility of the Online Food4Me Food-Frequency Questionnaire for Estimating Dietary Intakes across Europe. <i>Journal of Nutrition</i> , 2016, 146, 1068-1075.	2.9	24
21	Fat mass- and obesity-associated genotype, dietary intakes and anthropometric measures in European adults: the Food4Me study. <i>British Journal of Nutrition</i> , 2016, 115, 440-448.	2.3	22
22	Correlates of overall and central obesity in adults from seven European countries: findings from the Food4Me Study. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 207-219.	2.9	20
23	Objectively Measured Physical Activity in European Adults: Cross-Sectional Findings from the Food4Me Study. <i>PLoS ONE</i> , 2016, 11, e0150902.	2.5	19
24	Perinatal, sociodemographic and lifestyle correlates of increased total and visceral fat mass levels in schoolchildren in Greece: the Healthy Growth Study. <i>Public Health Nutrition</i> , 2017, 20, 660-670.	2.2	18
25	Interplay between the Mediterranean diet and C-reactive protein genetic polymorphisms towards inflammation in adolescents. <i>Clinical Nutrition</i> , 2020, 39, 1919-1926.	5.0	16
26	Within-person reproducibility and sensitivity to dietary change of C15:0 and C17:0 levels in dried blood spots: Data from the European Food4Me Study. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1700142.	3.3	13
27	Socioeconomically Disadvantaged Groups and Metabolic Syndrome in European Adolescents: The HELENA Study. <i>Journal of Adolescent Health</i> , 2021, 68, 146-154.	2.5	13
28	The impact of MTHFR 677C>T risk knowledge on changes in folate intake: findings from the Food4Me study. <i>Genes and Nutrition</i> , 2016, 11, 25.	2.5	12
29	Capturing health and eating status through a nutritional perception screening questionnaire (NPSQ9) in a randomised internet-based personalised nutrition intervention: the Food4Me study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 168.	4.6	12
30	Associations between REV-ERB α , sleep duration and body mass index in European adolescents. <i>Sleep Medicine</i> , 2018, 46, 56-60.	1.6	12
31	Two-stage, school and community-based population screening successfully identifies individuals and families at high-risk for type 2 diabetes: the Feel4Diabetes-study. <i>BMC Endocrine Disorders</i> , 2020, 20, 12.	2.2	12
32	Conceptual framework of a simplified multi-dimensional model presenting the environmental and personal determinants of cardiometabolic risk behaviors in childhood. <i>Expert Review of Cardiovascular Therapy</i> , 2015, 13, 673-692.	1.5	11
33	The effect of early feeding practices on growth indices and obesity at preschool children from four European countries and UK schoolchildren and adolescents. <i>European Journal of Pediatrics</i> , 2017, 176, 1181-1192.	2.7	11
34	Higher vegetable protein consumption, assessed by an isoenergetic macronutrient exchange model, is associated with a lower presence of overweight and obesity in the web-based Food4me European study. <i>International Journal of Food Sciences and Nutrition</i> , 2019, 70, 240-253.	2.8	11
35	Mediators of the effectiveness of a kindergarten-based, family-involved intervention on pre-schoolers' snacking behaviour: the ToyBox-study. <i>Public Health Nutrition</i> , 2019, 22, 157-163.	2.2	11
36	Clustering of adherence to personalised dietary recommendations and changes in healthy eating index within the Food4Me study. <i>Public Health Nutrition</i> , 2016, 19, 3296-3305.	2.2	10

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37	Lifestyle Changes Observed among Adults Participating in a Family- and Community-Based Intervention for Diabetes Prevention in Europe: The 1st Year Results of the Feel4Diabetes-Study. <i>Nutrients</i> , 2020, 12, 1949.	4.1	10
38	Predicting fatty acid profiles in blood based on food intake and the FADS1 rs174546 SNP. <i>Molecular Nutrition and Food Research</i> , 2015, 59, 2565-2573.	3.3	9
39	Weekday sunlight exposure, but not vitamin D intake, influences the association between vitamin D receptor genotype and circulating concentration 25-hydroxyvitamin D in a pan-European population: the Food4Me study. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1600476.	3.3	9
40	Characteristics of European adults who dropped out from the Food4Me Internet-based personalised nutrition intervention. <i>Public Health Nutrition</i> , 2017, 20, 53-63.	2.2	8
41	Feel4Diabetes healthy diet score: development and evaluation of clinical validity. <i>BMC Endocrine Disorders</i> , 2020, 20, 46.	2.2	7
42	Postprandial glucose and insulin levels in type 2 diabetes mellitus patients after consumption of ready-to-eat mixed meals. <i>European Journal of Nutrition</i> , 2017, 56, 1359-1367.	3.9	6
43	Methodology of the health economic evaluation of the Feel4Diabetes-study. <i>BMC Endocrine Disorders</i> , 2020, 20, 14.	2.2	5
44	Association between lipoprotein lipase gene polymorphisms and cardiovascular disease risk factors in European adolescents: The Healthy Lifestyle in Europe by Nutrition in Adolescence study. <i>Pediatric Diabetes</i> , 2020, 21, 747-757.	2.9	5
45	Attention capacity in European adolescents: role of different health-related factors. The HELENA study. <i>European Journal of Pediatrics</i> , 2017, 176, 1433-1437.	2.7	4
46	Infantile growth velocity and later asthma/wheeze: GENESIS and the Healthy Growth Study. <i>European Respiratory Journal</i> , 2014, 43, 1790-1793.	6.7	3
47	Single nucleotide polymorphisms of ADIPOQ gene associated with cardiovascular disease risk factors in European adolescents: the Healthy Lifestyle in Europe by Nutrition in Adolescence study. <i>Journal of Hypertension</i> , 2020, 38, 1971-1979.	0.5	3
48	Mediators of the Effectiveness of an Intervention Promoting Water Consumption in Preschool Children: The ToyBox Study. <i>Journal of School Health</i> , 2018, 88, 877-885.	1.6	2
49	Association between CNTF Polymorphisms and Adiposity Markers in European Adolescents. <i>Journal of Pediatrics</i> , 2020, 219, 23-30.e1.	1.8	2
50	Interactions of Carbohydrate Intake and Physical Activity with Regulatory Genes Affecting Glycaemia: A Food4Me Study Analysis. <i>Lifestyle Genomics</i> , 2021, 14, 63-72.	1.7	2
51	Interplay of physical activity and genetic variants of the endothelial lipase on cardiovascular disease risk factors. <i>Pediatric Research</i> , 2022, 91, 929-936.	2.3	2
52	Social Environment and Food and Beverage Intake in European Adolescents: The Helena Study. , 2022, , 1-13.		2