

Christina-Paulina Lambrinou

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1468925/publications.pdf>

Version: 2024-02-01

52
papers

1,377
citations

361045

20
h-index

360668

35
g-index

54
all docs

54
docs citations

54
times ranked

2188
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 1 | Effect of personalized nutrition on health-related behaviour change: evidence from the Food4me European randomized controlled trial. <i>International Journal of Epidemiology</i> , 2017, 46, dyw186. | 0.9 | 219 |
| 2 | Design and baseline characteristics of the Food4Me study: a web-based randomised controlled trial of personalised nutrition in seven European countries. <i>Genes and Nutrition</i> , 2015, 10, 450. | 1.2 | 134 |
| 3 | A systematic review of vitamin D status in southern European countries. <i>European Journal of Nutrition</i> , 2018, 57, 2001-2036. | 1.8 | 90 |
| 4 | Effect of an Internet-based, personalized nutrition randomized trial on dietary changes associated with the Mediterranean diet: the Food4Me Study. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 288-297. | 2.2 | 77 |
| 5 | A school- and community-based intervention to promote healthy lifestyle and prevent type 2 diabetes in vulnerable families across Europe: design and implementation of the Feel4Diabetes-study. <i>Public Health Nutrition</i> , 2018, 21, 3281-3290. | 1.1 | 77 |
| 6 | Physical activity attenuates the effect of the <i>FTO</i> genotype on obesity traits in European adults: The Food4Me study. <i>Obesity</i> , 2016, 24, 962-969. | 1.5 | 47 |
| 7 | Application of dried blood spots to determine vitamin D status in a large nutritional study with unsupervised sampling: the Food4Me project. <i>British Journal of Nutrition</i> , 2016, 115, 202-211. | 1.2 | 42 |
| 8 | Breastfeeding and postpartum weight loss. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2019, 22, 413-417. | 1.3 | 37 |
| 9 | A Dietary Feedback System for the Delivery of Consistent Personalized Dietary Advice in the Web-Based Multicenter Food4Me Study. <i>Journal of Medical Internet Research</i> , 2016, 18, e150. | 2.1 | 37 |
| 10 | Profile of European adults interested in internet-based personalised nutrition: the Food4Me study. <i>European Journal of Nutrition</i> , 2016, 55, 759-769. | 1.8 | 34 |
| 11 | Effects of a Web-Based Personalized Intervention on Physical Activity in European Adults: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2015, 17, e231. | 2.1 | 34 |
| 12 | Effective strategies for childhood obesity prevention via school based, family involved interventions: a critical review for the development of the Feel4Diabetes-study school based component. <i>BMC Endocrine Disorders</i> , 2020, 20, 52. | 0.9 | 33 |
| 13 | Associations of vitamin D status with dietary intakes and physical activity levels among adults from seven European countries: the Food4Me study. <i>European Journal of Nutrition</i> , 2018, 57, 1357-1368. | 1.8 | 29 |
| 14 | Metabotyping for the development of tailored dietary advice solutions in a European population: the Food4Me study. <i>British Journal of Nutrition</i> , 2017, 118, 561-569. | 1.2 | 28 |
| 15 | Exploring the association of dairy product intake with the fatty acids C15:0 and C17:0 measured from dried blood spots in a multipopulation cohort: Findings from the Food4Me study. <i>Molecular Nutrition and Food Research</i> , 2016, 60, 834-845. | 1.5 | 27 |
| 16 | Evaluation of the Finnish Diabetes Risk Score as a screening tool for undiagnosed type 2 diabetes and dysglycaemia among early middle-aged adults in a large-scale European cohort. The Feel4Diabetes-study. <i>Diabetes Research and Clinical Practice</i> , 2019, 150, 99-110. | 1.1 | 27 |
| 17 | Intra- and inter- observer reliability of anthropometric measurements and blood pressure in primary schoolchildren and adults: the Feel4Diabetes-study. <i>BMC Endocrine Disorders</i> , 2020, 20, 27. | 0.9 | 27 |
| 18 | Mediterranean Diet Adherence and Genetic Background Roles within a Web-Based Nutritional Intervention: The Food4Me Study. <i>Nutrients</i> , 2017, 9, 1107. | 1.7 | 25 |

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 19 | Changes in Physical Activity Following a Genetic-Based Internet-Delivered Personalized Intervention: Randomized Controlled Trial (Food4Me). <i>Journal of Medical Internet Research</i> , 2016, 18, e30. | 2.1 | 25 |
| 20 | Reproducibility of the Online Food4Me Food-Frequency Questionnaire for Estimating Dietary Intakes across Europe. <i>Journal of Nutrition</i> , 2016, 146, 1068-1075. | 1.3 | 24 |
| 21 | Fat mass- and obesity-associated genotype, dietary intakes and anthropometric measures in European adults: the Food4Me study. <i>British Journal of Nutrition</i> , 2016, 115, 440-448. | 1.2 | 22 |
| 22 | Correlates of overall and central obesity in adults from seven European countries: findings from the Food4Me Study. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 207-219. | 1.3 | 20 |
| 23 | Objectively Measured Physical Activity in European Adults: Cross-Sectional Findings from the Food4Me Study. <i>PLoS ONE</i> , 2016, 11, e0150902. | 1.1 | 19 |
| 24 | Perinatal, sociodemographic and lifestyle correlates of increased total and visceral fat mass levels in schoolchildren in Greece: the Healthy Growth Study. <i>Public Health Nutrition</i> , 2017, 20, 660-670. | 1.1 | 18 |
| 25 | Interplay between the Mediterranean diet and C-reactive protein genetic polymorphisms towards inflammation in adolescents. <i>Clinical Nutrition</i> , 2020, 39, 1919-1926. | 2.3 | 16 |
| 26 | Within-person reproducibility and sensitivity to dietary change of C15:0 and C17:0 levels in dried blood spots: Data from the European Food4Me Study. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1700142. | 1.5 | 13 |
| 27 | Socioeconomically Disadvantaged Groups and Metabolic Syndrome in European Adolescents: The HELENA Study. <i>Journal of Adolescent Health</i> , 2021, 68, 146-154. | 1.2 | 13 |
| 28 | The impact of MTHFR 677C>T risk knowledge on changes in folate intake: findings from the Food4Me study. <i>Genes and Nutrition</i> , 2016, 11, 25. | 1.2 | 12 |
| 29 | Capturing health and eating status through a nutritional perception screening questionnaire (NPSQ9) in a randomised internet-based personalised nutrition intervention: the Food4Me study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 168. | 2.0 | 12 |
| 30 | Associations between REV-ERB α , sleep duration and body mass index in European adolescents. <i>Sleep Medicine</i> , 2018, 46, 56-60. | 0.8 | 12 |
| 31 | Two-stage, school and community-based population screening successfully identifies individuals and families at high-risk for type 2 diabetes: the Feel4Diabetes-study. <i>BMC Endocrine Disorders</i> , 2020, 20, 12. | 0.9 | 12 |
| 32 | Conceptual framework of a simplified multi-dimensional model presenting the environmental and personal determinants of cardiometabolic risk behaviors in childhood. <i>Expert Review of Cardiovascular Therapy</i> , 2015, 13, 673-692. | 0.6 | 11 |
| 33 | The effect of early feeding practices on growth indices and obesity at preschool children from four European countries and UK schoolchildren and adolescents. <i>European Journal of Pediatrics</i> , 2017, 176, 1181-1192. | 1.3 | 11 |
| 34 | Higher vegetable protein consumption, assessed by an isoenergetic macronutrient exchange model, is associated with a lower presence of overweight and obesity in the web-based Food4me European study. <i>International Journal of Food Sciences and Nutrition</i> , 2019, 70, 240-253. | 1.3 | 11 |
| 35 | Mediators of the effectiveness of a kindergarten-based, family-involved intervention on pre-schoolers' snacking behaviour: the ToyBox-study. <i>Public Health Nutrition</i> , 2019, 22, 157-163. | 1.1 | 11 |
| 36 | Clustering of adherence to personalised dietary recommendations and changes in healthy eating index within the Food4Me study. <i>Public Health Nutrition</i> , 2016, 19, 3296-3305. | 1.1 | 10 |

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 37 | Lifestyle Changes Observed among Adults Participating in a Family- and Community-Based Intervention for Diabetes Prevention in Europe: The 1st Year Results of the Feel4Diabetes-Study. <i>Nutrients</i> , 2020, 12, 1949. | 1.7 | 10 |
| 38 | Predicting fatty acid profiles in blood based on food intake and the FADS1 rs174546 SNP. <i>Molecular Nutrition and Food Research</i> , 2015, 59, 2565-2573. | 1.5 | 9 |
| 39 | Weekday sunlight exposure, but not vitamin D intake, influences the association between vitamin D receptor genotype and circulating concentration 25-hydroxyvitamin D in a pan-European population: the Food4Me study. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1600476. | 1.5 | 9 |
| 40 | Characteristics of European adults who dropped out from the Food4Me Internet-based personalised nutrition intervention. <i>Public Health Nutrition</i> , 2017, 20, 53-63. | 1.1 | 8 |
| 41 | Feel4Diabetes healthy diet score: development and evaluation of clinical validity. <i>BMC Endocrine Disorders</i> , 2020, 20, 46. | 0.9 | 7 |
| 42 | Postprandial glucose and insulin levels in type 2 diabetes mellitus patients after consumption of ready-to-eat mixed meals. <i>European Journal of Nutrition</i> , 2017, 56, 1359-1367. | 1.8 | 6 |
| 43 | Methodology of the health economic evaluation of the Feel4Diabetes-study. <i>BMC Endocrine Disorders</i> , 2020, 20, 14. | 0.9 | 5 |
| 44 | Association between lipoprotein lipase gene polymorphisms and cardiovascular disease risk factors in European adolescents: The Healthy Lifestyle in Europe by Nutrition in Adolescence study. <i>Pediatric Diabetes</i> , 2020, 21, 747-757. | 1.2 | 5 |
| 45 | Attention capacity in European adolescents: role of different health-related factors. The HELENA study. <i>European Journal of Pediatrics</i> , 2017, 176, 1433-1437. | 1.3 | 4 |
| 46 | Infantile growth velocity and later asthma/wheeze: GENESIS and the Healthy Growth Study. <i>European Respiratory Journal</i> , 2014, 43, 1790-1793. | 3.1 | 3 |
| 47 | Single nucleotide polymorphisms of ADIPOQ gene associated with cardiovascular disease risk factors in European adolescents: the Healthy Lifestyle in Europe by Nutrition in Adolescence study. <i>Journal of Hypertension</i> , 2020, 38, 1971-1979. | 0.3 | 3 |
| 48 | Mediators of the Effectiveness of an Intervention Promoting Water Consumption in Preschool Children: The ToyBox Study. <i>Journal of School Health</i> , 2018, 88, 877-885. | 0.8 | 2 |
| 49 | Association between CNTF Polymorphisms and Adiposity Markers in European Adolescents. <i>Journal of Pediatrics</i> , 2020, 219, 23-30.e1. | 0.9 | 2 |
| 50 | Interactions of Carbohydrate Intake and Physical Activity with Regulatory Genes Affecting Glycaemia: A Food4Me Study Analysis. <i>Lifestyle Genomics</i> , 2021, 14, 63-72. | 0.6 | 2 |
| 51 | Interplay of physical activity and genetic variants of the endothelial lipase on cardiovascular disease risk factors. <i>Pediatric Research</i> , 2022, 91, 929-936. | 1.1 | 2 |
| 52 | Social Environment and Food and Beverage Intake in European Adolescents: The Helena Study. , 2022, , 1-13. | | 2 |