

# Stefano Bernardi

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1460986/publications.pdf>

Version: 2024-02-01

10  
papers

506  
citations

1478505

6  
h-index

1372567

10  
g-index

10  
all docs

10  
docs citations

10  
times ranked

772  
citing authors

#	ARTICLE	IF	CITATIONS
1	Systematic Review on Polyphenol Intake and Health Outcomes: Is there Sufficient Evidence to Define a Health-Promoting Polyphenol-Rich Dietary Pattern?. <i>Nutrients</i> , 2019, 11, 1355.	4.1	235
2	Polyphenols and Intestinal Permeability: Rationale and Future Perspectives. <i>Journal of Agricultural and Food Chemistry</i> , 2020, 68, 1816-1829.	5.2	101
3	A polyphenol-rich dietary pattern improves intestinal permeability, evaluated as serum zonulin levels, in older subjects: The MaPLE randomised controlled trial. <i>Clinical Nutrition</i> , 2021, 40, 3006-3018.	5.0	59
4	Exploring the Molecular Pathways Behind the Effects of Nutrients and Dietary Polyphenols on Gut Microbiota and Intestinal Permeability: A Perspective on the Potential of Metabolomics and Future Clinical Applications. <i>Journal of Agricultural and Food Chemistry</i> , 2020, 68, 1780-1789.	5.2	47
5	Effect of a polyphenol-rich dietary pattern on intestinal permeability and gut and blood microbiomics in older subjects: study protocol of the MaPLE randomised controlled trial. <i>BMC Geriatrics</i> , 2020, 20, 77.	2.7	39
6	Estimated Intakes of Nutrients and Polyphenols in Participants Completing the MaPLE Randomised Controlled Trial and Its Relevance for the Future Development of Dietary Guidelines for the Older Subjects. <i>Nutrients</i> , 2020, 12, 2458.	4.1	9
7	The relevance of urolithins-based metabotyping for assessing the effects of a polyphenol-rich dietary intervention on intestinal permeability: A post-hoc analysis of the MaPLE trial. <i>Food Research International</i> , 2022, 159, 111632.	6.2	6
8	Higher bacterial DNAemia can affect the impact of a polyphenol-rich dietary pattern on biomarkers of intestinal permeability and cardiovascular risk in older subjects. <i>European Journal of Nutrition</i> , 2022, 61, 1209-1220.	3.9	5
9	Association between Food Intake, Clinical and Metabolic Markers and DNA Damage in Older Subjects. <i>Antioxidants</i> , 2021, 10, 730.	5.1	4
10	Role of a Polyphenol-Rich Dietary Pattern in the Modulation of Intestinal Permeability in Older Subjects: The MaPLE Study. <i>Proceedings (mdpi)</i> , 2019, 11, .	0.2	1