

Dejan Reljic

List of Publications by Year in descending order

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Version: 2024-02-01

20
papers

382
citations

759055

12
h-index

794469

19
g-index

21
all docs

21
docs citations

21
times ranked

582
citing authors

#	ARTICLE	IF	CITATIONS
1	“HIIT the Inflammation” Comparative Effects of Low-Volume Interval Training and Resistance Exercises on Inflammatory Indices in Obese Metabolic Syndrome Patients Undergoing Caloric Restriction. <i>Nutrients</i> , 2022, 14, 1996.	1.7	13
2	Effects of very low volume high intensity versus moderate intensity interval training in obese metabolic syndrome patients: a randomized controlled study. <i>Scientific Reports</i> , 2021, 11, 2836.	1.6	27
3	Iron Beats Electricity: Resistance Training but Not Whole-Body Electromyostimulation Improves Cardiometabolic Health in Obese Metabolic Syndrome Patients during Caloric Restriction” A Randomized-Controlled Study. <i>Nutrients</i> , 2021, 13, 1640.	1.7	8
4	Muscle-Derived Cytokines Reduce Growth, Viability and Migratory Activity of Pancreatic Cancer Cells. <i>Cancers</i> , 2021, 13, 3820.	1.7	12
5	Assessing cachexia in older patients: Different definitions “ But which one is the most practical for clinical routine?. <i>Archives of Gerontology and Geriatrics</i> , 2020, 86, 103943.	1.4	12
6	Assessment of gait parameters and physical function in patients with advanced cancer participating in a 12-week exercise and nutrition programme: A controlled clinical trial. <i>European Journal of Cancer Care</i> , 2020, 29, e13199.	0.7	16
7	Low-volume high-intensity interval training improves cardiometabolic health, work ability and well-being in severely obese individuals: a randomized-controlled trial sub-study. <i>Journal of Translational Medicine</i> , 2020, 18, 419.	1.8	21
8	Physical activity and advanced cancer: evidence of exercise-sensitive genes regulating prostate cancer cell proliferation and apoptosis. <i>Journal of Physiology</i> , 2020, 598, 3871-3889.	1.3	11
9	Effects of whole-body electromyostimulation exercise and caloric restriction on cardiometabolic risk profile and muscle strength in obese women with the metabolic syndrome: a pilot study. <i>Journal of Physiology and Pharmacology</i> , 2020, 71, .	1.1	7
10	Phase angle and vector analysis from multifrequency segmental bioelectrical impedance analysis: new reference data for older adults. <i>Journal of Physiology and Pharmacology</i> , 2020, 71, .	1.1	10
11	Prevalence and predictors of dropout from high-intensity interval training in sedentary individuals: A meta-analysis. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1288-1304.	1.3	50
12	Effects of low-volume high-intensity interval training in a community setting: a pilot study. <i>European Journal of Applied Physiology</i> , 2018, 118, 1153-1167.	1.2	34
13	Whole-Body Electromyostimulation Combined With Individualized Nutritional Support Improves Body Composition in Patients With Hematological Malignancies “ A Pilot Study. <i>Frontiers in Physiology</i> , 2018, 9, 1808.	1.3	22
14	Dietary Effects on Microbiota” New Trends with Gluten-Free or Paleo Diet. <i>Medical Sciences (Basel)</i> , 2020, 9, 1871.	1.3	26
15	A Novel Mobile Phone App (OncoFood) to Record and Optimize the Dietary Behavior of Oncologic Patients: Pilot Study. <i>JMIR Cancer</i> , 2018, 4, e10703.	0.9	17
16	Effects of pre-competitive rapid weight loss on nutrition, vitamin status and oxidative stress in elite boxers. <i>Journal of Sports Sciences</i> , 2015, 33, 437-448.	1.0	21
17	The Enemy of the Feet. <i>Journal of the American Podiatric Medical Association</i> , 2014, 104, 473-478.	0.2	19
18	Rapid Weight Loss and the Body Fluid Balance and Hemoglobin Mass of Elite Amateur Boxers. <i>Journal of Athletic Training</i> , 2013, 48, 109-117.	0.9	50

#	ARTICLE	IF	CITATIONS
19	Gastrointestinal complaints in runners are not due to small intestinal bacterial overgrowth. Journal of Negative Results in BioMedicine, 2011, 10, 8.	1.4	4
20	Supportive Therapie: Ernährung und Sport bei onkologischen Patienten. Deutsches Ärzteblatt International, 0, , .	0.6	2