# Pantelis T Nikolaidis

# List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

3,234 24 342 34 h-index g-index citations papers 4,666 6.42 3.2 399 L-index avg, IF ext. citations ext. papers

#	Paper	IF	Citations
342	The beginning of success: Performance trends and cut-off values for junior and the U23 triathlon categories <i>Journal of Exercise Science and Fitness</i> , <b>2022</b> , 20, 16-22	3.1	O
341	Training, psychometric status, biological markers and neuromuscular fatigue in soccer <i>Biology of Sport</i> , <b>2022</b> , 39, 319-327	4.3	2
340	Adolescent female handball players present greater bone mass content than soccer players: A cross-sectional study. <i>Bone</i> , <b>2022</b> , 154, 116217	4.7	2
339	Effects of congested match periods on acceleration and deceleration profiles in professional soccer <i>Biology of Sport</i> , <b>2022</b> , 39, 307-317	4.3	1
338	Body composition adaptations to lower-body plyometric training: a systematic review and meta-analysis <i>Biology of Sport</i> , <b>2022</b> , 39, 273-287	4.3	2
337	EXERCISE SCIENCE IN HIGH SCHOOL BIOLOGY TEXTBOOKS. <i>Revista Brasileira De Medicina Do Esporte</i> , <b>2022</b> , 28, 352-357	0.5	
336	Running in Ironman Triathlon <b>2022</b> , 209-214		
335	Sex Differences Between Women and Men in Running <b>2022</b> , 35-41		0
334	The Performance, Physiology and Morphology of Female and Male Olympic-Distance Triathletes. <i>Healthcare (Switzerland)</i> , <b>2022</b> , 10, 797	3.4	1
333	The Effects of Sex, Age and Performance Level on Pacing in Ultra-Marathon Runners in the 'Spartathlon' <i>Sports Medicine - Open</i> , <b>2022</b> , 8, 69	6.1	0
332	Investigating the Relationship between Big Five Personality Traits and Sports Performance among Disabled Athletes. <i>BioMed Research International</i> , <b>2022</b> , 2022, 1-7	3	
331	The Key Role of Nutritional Elements on Sport Rehabilitation and the Effects of Nutrients Intake. <i>Sports</i> , <b>2022</b> , 10, 84	3	1
330	Development and Validation of Prediction Formula of Wingate Test Peak Power From Force-Velocity Test in Male Soccer Players <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 729247	3.4	1
329	Physical activity and COVID-19. The basis for an efficient intervention in times of COVID-19 pandemic. <i>Physiology and Behavior</i> , <b>2021</b> , 113667	3.5	17
328	Age-related performance determinants of young swimmers in 100- and 400-m events. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2021</b> ,	1.4	1
327	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , <b>2021</b> , 1	10.6	14
326	Analysis of Grip Amplitude on Velocity in Paralympic Powerlifting. <i>Journal of Functional Morphology and Kinesiology</i> , <b>2021</b> , 6,	2.4	1

### (2021-2021)

325	Evaluation of Training with Elastic Bands on Strength and Fatigue Indicators in Paralympic Powerlifting. <i>Sports</i> , <b>2021</b> , 9,	3	1
324	Factors Associated with Reduction in Physical Activity during the COVID-19 Pandemic in SB Paulo, Brazil: An Internet-Based Survey Conducted in June 2020. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	1
323	Participation and Performance in the Oldest Ultramarathon-Comrades Marathon 1921-2019. <i>International Journal of Sports Medicine</i> , <b>2021</b> , 42, 638-644	3.6	3
322	Exergaming and Aquatic Exercises Affect Lung Function and Weight Loss in Obese Children. <i>International Journal of Sports Medicine</i> , <b>2021</b> , 42, 566-572	3.6	1
321	Recommendations on Youth Participation in Ultra-Endurance Running Events: A Consensus Statement. <i>Sports Medicine</i> , <b>2021</b> , 51, 1123-1135	10.6	4
320	COVID-19: It's still time for health professionals, physical activity enthusiasts and sportive leagues not to let guard down. <i>Sports Medicine and Health Science</i> , <b>2021</b> , 3, 49-53	4.5	О
319	The Effect of Psychology Objective Structured Clinical Examination Scenarios Presentation Order on Students Autonomic Stress Response. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 622102	3.4	4
318	Isokinetic Muscle Strength and Postural Sway of Recreationally Active Older Adults vs. Master Road Runners. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 623150	4.6	1
317	Vitamin D and Stress Fractures in Sport: Preventive and Therapeutic Measures-A Narrative Review. <i>Medicina (Lithuania)</i> , <b>2021</b> , 57,	3.1	3
316	Pacing in Time-Limited Ultramarathons from 6 to 24 Hoursâllhe Aspects of Age, Sex and Performance Level. <i>Sustainability</i> , <b>2021</b> , 13, 2705	3.6	1
315	Reduced level of physical activity during COVID-19 pandemic is associated with depression and anxiety levels: an internet-based survey. <i>BMC Public Health</i> , <b>2021</b> , 21, 425	4.1	50
314	Training, Anthropometric, and Physiological Characteristics in Men Recreational Marathon Runners: The Role of Sport Experience. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 666201	4.6	1
313	Impact of training volume and experience on amateur Ironman triathlon performance. <i>Physiology and Behavior</i> , <b>2021</b> , 232, 113344	3.5	0
312	Trends in Weather Conditions and Performance by Age Groups Over the History of the Berlin Marathon. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 654544	4.6	1
311	Physical exercise and COVID-19 pandemic in PubMed: Two months of dynamics and one year of original scientific production. <i>Sports Medicine and Health Science</i> , <b>2021</b> , 3, 80-92	4.5	9
310	What Is the Best Discipline to Predict Overall Triathlon Performance? An Analysis of Sprint, Olympic, Ironman 70.3, and Ironman 140.6. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 654552	4.6	3
309	Knowledge of healthcare professionals about poliomyelitis and postpoliomyelitis: a cross-sectional study. <i>Sao Paulo Medical Journal</i> , <b>2021</b> , 139, 464-475	1.6	
308	From Athens to Sparta-37 Years of Spartathlon. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	1

307	The Role of Environmental Conditions on Master Marathon Running Performance in 1,280,557 Finishers the 'New York City Marathon' From 1970 to 2019. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 665761	4.6	2
306	Nutrition in the Actual COVID-19 Pandemic. A Narrative Review. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	32
305	Setting Objective Clinical Assessment Tools for Circadian Rhythm Sleep-Wake Disorders - A Community-Based Cross-Sectional Epidemiological Study. <i>Nature and Science of Sleep</i> , <b>2021</b> , 13, 791-80	)2 <sup>3.6</sup>	O
304	Isokinetic Muscular Strength and Aerobic Physical Fitness in Recreational Long-Distance Runners: A Cross-Sectional Study. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> ,	3.2	2
303	Increased Participation and Decreased Performance in Recreational Master Athletes in "Berlin Marathon" 1974-2019. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 631237	4.6	1
302	Sleep, Physical Activity, and Diet of Adults during the Second Lockdown of the COVID-19 Pandemic in Greece. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	4
301	Development and Validation of Prediction Equation of "Athens Authentic Marathon" Men's Race Speed. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 682359	4.6	O
300	Age-related differences in torque in angle-specific and peak torque hamstring to quadriceps ratios in female soccer players from 11 to 18 years old: © ross-sectional study. <i>Research in Sports Medicine</i> , <b>2021</b> , 29, 77-89	3.8	2
299	Number of finishers and performance of age group women and men in long-distance running: comparison among 10km, half-marathon and marathon races in Oslo. <i>Research in Sports Medicine</i> , <b>2021</b> , 29, 56-66	3.8	11
298	Physiological Responses to Swimming Repetitive "Ice Miles". <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> , 35, 487-494	3.2	3
297	Participation and Performance Trends in the ITU Duathlon World Championship From 2003 to 2017. Journal of Strength and Conditioning Research, <b>2021</b> , 35, 1127-1133	3.2	3
296	Profile of blood pressure and glycemic responses after interval exercise in older women attending (in) a public health physical activity program. <i>Journal of Bodywork and Movement Therapies</i> , <b>2021</b> , 25, 119-125	1.6	O
295	The effects of two different intensities of aerobic training protocols on pain and serum neuro-biomarkers in women migraineurs: a randomized controlled trail. <i>European Journal of Applied Physiology</i> , <b>2021</b> , 121, 609-620	3.4	4
294	An Analysis of Participation and Performance of 2067 100-km Ultra-Marathons Worldwide. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	5
293	Predictors of Athlete's Performance in Ultra-Endurance Mountain Races. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	3
292	Efficacy of hydrotherapy treatment for the management of chronic low back pain. <i>Irish Journal of Medical Science</i> , <b>2021</b> , 190, 1413-1421	1.9	4
291	Physical Activity Levels and Mental Health during the COVID-19 Pandemic: Preliminary Results of a Comparative Study between Convenience Samples from Brazil and Switzerland. <i>Medicina</i> (Lithuania), <b>2021</b> , 57,	3.1	9
290	The Complex Interaction Between the Major Sleep Symptoms, the Severity of Obstructive Sleep Apnea, and Sleep Quality. <i>Frontiers in Psychiatry</i> , <b>2021</b> , 12, 630162	5	1

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289	The Hamstrings: Anatomic and Physiologic Variations and Their Potential Relationships With Injury Risk. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 694604	4.6	2
288	Elite Marathoners Run Faster With Increasing Temperatures in Berlin Marathon. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 649898	4.6	1
287	Ghrelin Response to Acute and Chronic Exercise: Insights and Implications from a Systematic Review of the Literature. <i>Sports Medicine</i> , <b>2021</b> , 51, 2389-2410	10.6	4
286	Knowledge and Prevalence of Supplements Used by Brazilian Resistance Training Practitioners Before Coronavirus Outbreak. <i>Open Access Journal of Sports Medicine</i> , <b>2021</b> , 12, 139-146	2.9	
285	Kinematic and Neuromuscular Measures of Intensity During Drop Jumps in Female Volleyball Players. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 724070	3.4	0
284	A Sociodemographic Profile of Mask Use During the COVID-19 Outbreak Among Young and Elderly Individuals in Brazil: Online Survey Study. <i>JMIR Aging</i> , <b>2021</b> , 4, e28989	4.8	
283	The Effect of Simulation-based Training on Athletic Performances among Female Basketball Players. <i>The Open Sports Sciences Journal</i> , <b>2021</b> , 14, 51-57	0.5	
282	Assessment Methods of Body Fat in Recreational Marathon Runners: Bioelectrical Impedance Analysis versus Skinfold Thickness. <i>BioMed Research International</i> , <b>2021</b> , 2021, 3717562	3	O
281	Return to classes impact on mental health of university students during the COVID-19 pandemic. <i>Acta Neuropsychiatrica</i> , <b>2021</b> , 1-6	3.9	0
280	Healthy brain-muscle interface in epilepsy and COVID-19: Increased muscle effort is the alternative. <i>Epilepsy and Behavior</i> , <b>2021</b> , 123, 108267	3.2	1
279	Cut-Off Values in the Prediction of Success in Olympic Distance Triathlon. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	3
278	Sleep During "Lockdown" in the COVID-19 Pandemic. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	20
277	Analysis of Cyclist's Drag on the Aero Position Using Numerical Simulations and Analytical Procedures: A Case Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	4
276	Validity of Recreational Marathon Runners' Self-Reported Anthropometric Data. <i>Perceptual and Motor Skills</i> , <b>2020</b> , 127, 1068-1078	2.2	6
275	Tower Running-Participation, Performance Trends, and Sex Difference. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2
274	Small-Sided Games are More Enjoyable Than High-Intensity Interval Training of Similar Exercise Intensity in Soccer. <i>Open Access Journal of Sports Medicine</i> , <b>2020</b> , 11, 77-84	2.9	11
273	Performance trends in Paralympic athletes in sprint, middle-distance and endurance events. <i>Sport Sciences for Health</i> , <b>2020</b> , 16, 485-490	1.3	0
272	Participation and Performance Analysis in Children and Adolescents Competing in Time-Limited Ultra-Endurance Running Events. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	5

271	The Age-Related Performance Decline in Ironman 70.3. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2	
270	Participation and Performance Trends in the Oldest 100-km Ultramarathon in the World.  International Journal of Environmental Research and Public Health, 2020, 17,	4.6	8	
269	Performance Differences Between the Sexes in the Boston Marathon From 1972 to 2017. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 566-576	3.2	14	
268	Pacing in World-Class Age Group Swimmers in 100 and 200 m Freestyle, Backstroke, Breaststroke, and Butterfly. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	6	
267	Variations of estimated maximal aerobic speed in children soccer players and its associations with the accumulated training load: Comparisons between non, low and high responders. <i>Physiology and Behavior</i> , <b>2020</b> , 224, 113030	3.5	4	
266	Age-related participation and performance trends of children and adolescents in ultramarathon running. <i>Research in Sports Medicine</i> , <b>2020</b> , 28, 507-517	3.8	4	
265	Acute Responses to Low and High Intensity Exercise in Type 1 Diabetic Adolescents in Relation to Their Level of Serum 25(OH)D. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	2	
264	Self-Selected Pacing During a World Record Attempt in 40 Ironman-Distance Triathlons in 40 Days. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2	
263	The Effect of Vitamin D Supplementation on Hepcidin, Iron, and IL-6 Responses after a 100 km Ultra-Marathon. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	7	
262	Skinfold Thickness Distribution in Recreational Marathon Runners. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	4	
261	Can the Performance Gap between Women and Men be Reduced in Ultra-Cycling?. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	1	
260	Effect of Angle of View and Partial Sleep Deprivation on Distance Perception. <i>Frontiers in Psychology</i> , <b>2020</b> , 11, 201	3.4	4	
259	Longitudinal Performance Analysis in Ultra-Triathlon of the World's 2 Best Master Triathletes. <i>International Journal of Sports Physiology and Performance</i> , <b>2020</b> , 15, 1480-1484	3.5	3	
258	Breaking the athletics world record in the 100 and 400 meters: an alternative method for assessment. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2020</b> , 60, 1317-1321	1.4		
257	Occlusion Training During Specific Futsal Training Improves Aspects of Physiological and Physical Performance. <i>Journal of Sports Science and Medicine</i> , <b>2020</b> , 19, 374-382	2.7	3	
256	Effects of Plyometric Jump Training on Vertical Jump Height of Volleyball Players: A Systematic Review with Meta-Analysis of Randomized-Controlled Trial. <i>Journal of Sports Science and Medicine</i> , <b>2020</b> , 19, 489-499	2.7	6	
255	A descriptive study on health, training and social aspects of adults that participated in ultra endurance running as youth athletes. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2020</b> ,	1.4	4	
254	Sex Differences in Swimming Disciplines-Can Women Outperform Men in Swimming?. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	10	

#### (2020-2020)

253	Even Pacing Is Associated with Faster Finishing Times in Ultramarathon Distance Trail Running-The "Ultra-Trail du Mont Blanc" 2008-2019. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	7	
252	Core Stability and Symmetry of Youth Female Volleyball Players: A Pilot Study on Anthropometric and Physiological Correlates. <i>Symmetry</i> , <b>2020</b> , 12, 249	2.7		
251	Anxiety and Depression Affect Early Postoperative Pain Dimensions after Bariatric Surgery. <i>Journal of Clinical Medicine</i> , <b>2020</b> , 10,	5.1	3	
250	Ultra-triathlon-Pacing, performance trends, the role of nationality, and sex differences in finishers and non-finishers. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2020</b> , 30, 556-563	4.6	7	
249	Prediction of Somatotype from Bioimpedance Analysis in Elite Youth Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2	
248	Cold Water Swimming-Benefits and Risks: A Narrative Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	8	
247	Predictive Performance Models in Long-Distance Runners: A Narrative Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	4	
246	Effects of kettlebell training and detraining on mood status and sleep and life quality of healthy women. <i>Journal of Bodywork and Movement Therapies</i> , <b>2020</b> , 24, 344-353	1.6	2	
245	Physical Activity and Sociodemographic Profile of Brazilian People during COVID-19 Outbreak: An Online and Cross-Sectional Survey. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	12	
244	High-Flow Oxygen through Nasal Cannula vs. Non-Invasive Ventilation in Hypercapnic Respiratory Failure: A Randomized Clinical Trial. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	10	
243	Pacing strategy of a wheelchair athlete in a 5x and 10x Ironman ultra triathlon: a case study. <i>Disability and Rehabilitation: Assistive Technology</i> , <b>2020</b> , 1-7	1.8		
242	Performance in 100-km Ultramarathoners-At Which Age, It Reaches Its Peak?. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 1409-1415	3.2	22	
241	The effect of aerobic training and vitamin D supplements on the neurocognitive functions of elderly women with sleep disorders. <i>Biological Rhythm Research</i> , <b>2020</b> , 51, 727-734	0.8	4	
240	Force-velocity characteristics and maximal anaerobic power in male recreational marathon runners. <i>Research in Sports Medicine</i> , <b>2020</b> , 28, 99-110	3.8	4	
239	The "New York City Marathon": participation and performance trends of 1.2M runners during half-century. <i>Research in Sports Medicine</i> , <b>2020</b> , 28, 121-137	3.8	48	
238	Sex differences in pacing during half-marathon and marathon race. <i>Research in Sports Medicine</i> , <b>2020</b> , 28, 111-120	3.8	16	
237	Risk Factors for Upper Limb Injury in Tennis Players: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	5	
236	The effect of vitamin D supplementation on serum total 25(OH) levels and biochemical markers of skeletal muscles in runners. <i>Journal of the International Society of Sports Nutrition</i> , <b>2020</b> , 17, 18	4.5	15	

235	Pacing in World-Class Age Group Swimmers in 200 and 400 m Individual Medley. <i>Frontiers in Physiology</i> , <b>2020</b> , 11, 629738	4.6	
234	Variations of Internal and External Load Variables between Intermittent Small-Sided Soccer Game Training Regimens. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	5
233	Exercise-Associated Hyponatremia in Endurance and Ultra-Endurance Performance-Aspects of Sex, Race Location, Ambient Temperature, Sports Discipline, and Length of Performance: A Narrative Review. <i>Medicina (Lithuania)</i> , <b>2019</b> , 55,	3.1	15
232	The Dependence of Running Speed and Muscle Strength on the Serum Concentration of Vitamin D in Young Male Professional Football Players Residing in the Russian Federation. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	3
231	Quality of Life, Depression, Anxiety Symptoms and Mood State of Wheelchair Athletes and Non-athletes: A Preliminary Study. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 1848	3.4	4
230	Session-To-Session Variations of External Load Measures of Youth Soccer Players in Medium-Sided Games. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	4
229	Self-Selected Pacing during a 24 h Track Cycling World Record. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	0
228	Effect of Time-of-Day-Exercise in Group Settings on Level of Mood and Depression of Former Elite Male Athletes. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	3
227	Training Load, Aerobic Capacity and Their Relationship With Wellness Status in Recreational Trail Runners. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 1189	4.6	12
226	What Motivates Successful Marathon Runners? The Role of Sex, Age, Education, and Training Experience in Polish Runners. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 1671	3.4	16
225	Effect of Coach Encouragement on the Psychophysiological and Performance Responses of Young Tennis Players. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	6
224	Human Development Index and the frequency of nations in Athletics World Rankings. <i>Sport Sciences for Health</i> , <b>2019</b> , 15, 393-398	1.3	1
223	Pacing of Women and Men in Half-Marathon and Marathon Races. <i>Medicina (Lithuania)</i> , <b>2019</b> , 55,	3.1	11
222	Cycling as the Best Sub-8-Hour Performance Predictor in Full Distance Triathlon. <i>Sports</i> , <b>2019</b> , 7,	3	7
221	Performance and Pacing of Age Groups in Half-Marathon and Marathon. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	12
220	Anthropometric and Physiological Profile of Mixed Martial Art Athletes: A Brief Review. <i>Sports</i> , <b>2019</b> , 7,	3	7
219	Effects of Blood Flow Restriction and Exercise Intensity on Aerobic, Anaerobic, and Muscle Strength Adaptations in Physically Active Collegiate Women. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 810	4.6	10
218	Different Predictor Variables for Women and Men in Ultra-Marathon Running-The Wellington Urban Ultramarathon 2018. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	10

#### (2019-2019)

217	The Age-Related Performance Decline in Marathon Running: The Paradigm of the Berlin Marathon.  International Journal of Environmental Research and Public Health, 2019, 16,	4.6	14
216	Physical and Physiological Responses during the Stop-Ball Rule During Small-Sided Games in Soccer Players. <i>Sports</i> , <b>2019</b> , 7,	3	8
215	Left Ventricular Systolic Function Assessed by Speckle Tracking Echocardiography in Athletes with and without Left Ventricle Hypertrophy. <i>Journal of Clinical Medicine</i> , <b>2019</b> , 8,	5.1	5
214	Blood Flow Restriction During Futsal Training Increases Muscle Activation and Strength. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 614	4.6	11
213	Validity of Self-Reported Body Mass, Height, and Body Mass Index in Female Students: The Role of Physical Activity Level, Menstrual Cycle Phase, and Time of Day. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	1
212	Shorter Small-Sided Game Sets May Increase the Intensity of Internal and External Load Measures: A Study in Amateur Soccer Players. <i>Sports</i> , <b>2019</b> , 7,	3	4
211	Dose-Response Relationship Between External Load Variables, Body Composition, and Fitness Variables in Professional Soccer Players. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 443	4.6	23
210	Clinical Characteristics of Obstructive Sleep Apnea in Psychiatric Disease. <i>Journal of Clinical Medicine</i> , <b>2019</b> , 8,	5.1	15
209	The Relationship of Age and BMI with Physical Fitness in Futsal Players. Sports, 2019, 7,	3	6
208	Changes in Jumping and Throwing Performances in Age-Group Athletes Competing in the European Masters Athletics Championships between 1978 and 2017. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	8
207	Performance and Participation in the 'Vasaloppet' Cross-Country Skiing Race during a Century. <i>Sports</i> , <b>2019</b> , 7,	3	1
206	The Effect of Aging on Pacing Strategies in Short and Long Distance Duathlon. <i>Experimental Aging Research</i> , <b>2019</b> , 45, 223-233	1.7	1
205	Prevention of Sudden Death Related to Sport: The Science of Basic Life Support-from Theory to Practice. <i>Journal of Clinical Medicine</i> , <b>2019</b> , 8,	5.1	3
204	Celebrating 40 Years of Ironman: How the Champions Perform. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	11
203	The Combined Effect of Aging and Performance Level on Pacing in Duathlon - the "ITU Powerman Long Distance Duathlon World Championships". <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 296	3.4	1
202	The role of weather conditions on running performance in the Boston Marathon from 1972 to 2018. <i>PLoS ONE</i> , <b>2019</b> , 14, e0212797	3.7	17
201	Exercise-Associated Hyponatremia During a Self-Paced Marathon Attempt in a 15-Year-Old Male Teenager. <i>Medicina (Lithuania)</i> , <b>2019</b> , 55,	3.1	1
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199	Subjective and Objective Outcomes in Patients With COPD After Pulmonary Rehabilitation - The Impact of Comorbidities. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 286	4.6	7
198	The Role of Environmental Conditions on Marathon Running Performance in Men Competing in Boston Marathon from 1897 to 2018. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	13
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196	Anthropometric and physiological characteristics of male soccer players according to their competitive level, playing position and age group: a systematic review. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2019</b> , 59, 141-163	1.4	44
195	The Effect of Static and Dynamic Stretching Exercises on Sprint Ability of Recreational Male Volleyball Players. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	3
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192	Age Differences in Pacing in Endurance Running: Comparison between Marathon and Half-MarathonMen and Women. <i>Medicina (Lithuania)</i> , <b>2019</b> , 55,	3.1	7
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188	The Effect of Plyometric Training in Volleyball Players: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	16
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185	Women Reduce the Performance Difference to Men with Increasing Age in Ultra-Marathon Running. International Journal of Environmental Research and Public Health, 2019, 16,	4.6	18
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182	Motivation in the Athens Classic Marathon: The Role of Sex, Age, and Performance Level in Greek Recreational Marathon Runners. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	24

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180	Prevalence and Treatment of Vitamin D Deficiency in Young Male Russian Soccer Players in Winter. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	9	
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171	The Effect of Aquatic Exercise on Postural Mobility of Healthy Older Adults with Endomorphic Somatotype. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	6	
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168	Which Presentation Speed Is Better for Learning Basketball Tactical Actions Through Video Modeling Examples? The Influence of Content Complexity. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 2356	3.4	7	
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	The greater the number of wins the greater the peak torque levels of shoulder internal rotators	9 7.1	
27	The greater the number of wins the greater the peak torque levels of shoulder internal rotators power of dominant hand in amateur boxing athletes. <i>Biology of Exercise</i> , <b>2015</b> , 11, 65-67  Weight status and physical fitness in female soccer players: is there an optimal BMI?. <i>Sport Sciences</i>		3
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27 26 25	The greater the number of wins the greater the peak torque levels of shoulder internal rotators power of dominant hand in amateur boxing athletes. <i>Biology of Exercise</i> , <b>2015</b> , 11, 65-67  Weight status and physical fitness in female soccer players: is there an optimal BMI?. <i>Sport Sciences for Health</i> , <b>2014</b> , 10, 41-48  Estimating Maximal Heart Rate with the âØ20-AgeâlFormula in Adolescent Female Volleyball Players: A Preliminary Study. <i>Human Movement</i> , <b>2014</b> , 15,  Inter-individual Variability in Soccer Players of Different Age Groups Playing Different Positions.	0.8	3 14 1
27 26 25 24	The greater the number of wins the greater the peak torque levels of shoulder internal rotators power of dominant hand in amateur boxing athletes. <i>Biology of Exercise</i> , <b>2015</b> , 11, 65-67  Weight status and physical fitness in female soccer players: is there an optimal BMI?. <i>Sport Sciences for Health</i> , <b>2014</b> , 10, 41-48  Estimating Maximal Heart Rate with the â\(\textit{2}\)20-Age\(\textit{a}\)IFormula in Adolescent Female Volleyball Players: A Preliminary Study. <i>Human Movement</i> , <b>2014</b> , 15,  Inter-individual Variability in Soccer Players of Different Age Groups Playing Different Positions. <i>Journal of Human Kinetics</i> , <b>2014</b> , 40, 213-25  Age-predicted vs. measured maximal heart rate in young team sport athletes. <i>Nigerian Medical</i>	1.3 0.8	3 14 1 23
<ul><li>27</li><li>26</li><li>25</li><li>24</li><li>23</li></ul>	The greater the number of wins the greater the peak torque levels of shoulder internal rotators power of dominant hand in amateur boxing athletes. <i>Biology of Exercise</i> , <b>2015</b> , 11, 65-67  Weight status and physical fitness in female soccer players: is there an optimal BMI?. <i>Sport Sciences for Health</i> , <b>2014</b> , 10, 41-48  Estimating Maximal Heart Rate with the â\(\textit{2}\)20-Age\(\textit{a}\)Erormula in Adolescent Female Volleyball Players: A Preliminary Study. <i>Human Movement</i> , <b>2014</b> , 15,  Inter-individual Variability in Soccer Players of Different Age Groups Playing Different Positions. <i>Journal of Human Kinetics</i> , <b>2014</b> , 40, 213-25  Age-predicted vs. measured maximal heart rate in young team sport athletes. <i>Nigerian Medical Journal</i> , <b>2014</b> , 55, 314-20  Physical Fitness in Female Soccer Players by Player Position: A Focus on Anaerobic Power. <i>Human</i>	1.3 0.8 2.6 0.6	3 14 1 23

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#### LIST OF PUBLICATIONS

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