

# Pantelis T Nikolaidis

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

342  
papers

3,234  
citations

24  
h-index

34  
g-index

399  
ext. papers

4,666  
ext. citations

3.2  
avg, IF

6.42  
L-index

#	Paper	IF	Citations
342	Physiology and Pathophysiology in Ultra-Marathon Running. <i>Frontiers in Physiology</i> , <b>2018</b> , 9, 634	4.6	131
341	Internal training load and its longitudinal relationship with seasonal player wellness in elite professional soccer. <i>Physiology and Behavior</i> , <b>2017</b> , 179, 262-267	3.5	67
340	Physical Activity Patterns in University Students: Do They Follow the Public Health Guidelines?. <i>PLoS ONE</i> , <b>2016</b> , 11, e0152516	3.7	57
339	Reduced level of physical activity during COVID-19 pandemic is associated with depression and anxiety levels: an internet-based survey. <i>BMC Public Health</i> , <b>2021</b> , 21, 425	4.1	50
338	The "New York City Marathon": participation and performance trends of 1.2M runners during half-century. <i>Research in Sports Medicine</i> , <b>2020</b> , 28, 121-137	3.8	48
337	Match analysis of elite players during paddle tennis competition. <i>International Journal of Performance Analysis in Sport</i> , <b>2015</b> , 15, 1135-1144	1.8	45
336	Anthropometric and physiological characteristics of male soccer players according to their competitive level, playing position and age group: a systematic review. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2019</b> , 59, 141-163	1.4	44
335	Running Performance, Nationality, Sex, and Age in the 10-km, Half-Marathon, Marathon, and the 100-km Ultramarathon IAAF 1999-2015. <i>Journal of Strength and Conditioning Research</i> , <b>2017</b> , 31, 2189-2207	3.2	39
334	Sex Differences in the Age of Peak Marathon Race Time. <i>Chinese Journal of Physiology</i> , <b>2018</b> , 61, 85-91	1.6	34
333	Pacing in age group marathoners in the "New York City Marathon". <i>Research in Sports Medicine</i> , <b>2018</b> , 26, 86-99	3.8	33
332	Effect of age and performance on pacing of marathon runners. <i>Open Access Journal of Sports Medicine</i> , <b>2017</b> , 8, 171-180	2.9	33
331	Physique and body composition in soccer players across adolescence. <i>Asian Journal of Sports Medicine</i> , <b>2011</b> , 2, 75-82	1.4	32
330	Nutrition in the Actual COVID-19 Pandemic. A Narrative Review. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	32
329	Characterization of the Weekly External Load Profile of Professional Soccer Teams from Portugal and the Netherlands. <i>Journal of Human Kinetics</i> , <b>2019</b> , 66, 155-164	2.6	31
328	Validity and Reliability of 10-Hz Global Positioning System to Assess In-line Movement and Change of Direction. <i>Frontiers in Physiology</i> , <b>2018</b> , 9, 228	4.6	29
327	Training/Match External Load Ratios in Professional Soccer Players: A Full-Season Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	29
326	Variations of training load, monotony, and strain and dose-response relationships with maximal aerobic speed, maximal oxygen uptake, and isokinetic strength in professional soccer players. <i>PLoS ONE</i> , <b>2019</b> , 14, e0225522	3.7	29

325	Age- and sex-related differences in force-velocity characteristics of upper and lower limbs of competitive adolescent swimmers. <i>Journal of Human Kinetics</i> , <b>2012</b> , 32, 87-95	2.6	28
324	Physical and physiological characteristics of elite male handball players from teams with a different ranking. <i>Journal of Human Kinetics</i> , <b>2013</b> , 38, 115-24	2.6	27
323	Age of peak performance in 50-km ultramarathoners - is it older than in marathoners?. <i>Open Access Journal of Sports Medicine</i> , <b>2018</b> , 9, 37-45	2.9	27
322	Body mass index and body fat percentage are associated with decreased physical fitness in adolescent and adult female volleyball players. <i>Journal of Research in Medical Sciences</i> , <b>2013</b> , 18, 22-6	1.6	26
321	Performance trends in master freestyle swimmers aged 25-89 years at the FINA World Championships from 1986 to 2014. <i>Age</i> , <b>2016</b> , 38, 18		26
320	Quality of life of female and male vegetarian and vegan endurance runners compared to omnivores - results from the NURMI study (step 2). <i>Journal of the International Society of Sports Nutrition</i> , <b>2018</b> , 15, 33	4.5	24
319	Motivation in the Athens Classic Marathon: The Role of Sex, Age, and Performance Level in Greek Recreational Marathon Runners. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	24
318	Dose-Response Relationship Between External Load Variables, Body Composition, and Fitness Variables in Professional Soccer Players. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 443	4.6	23
317	Who runs the fastest? Anthropometric and physiological correlates of 20 m sprint performance in male soccer players. <i>Research in Sports Medicine</i> , <b>2016</b> , 24, 341-351	3.8	23
316	Half-marathoners are younger and slower than marathoners. <i>SpringerPlus</i> , <b>2016</b> , 5, 76		23
315	Inter-individual Variability in Soccer Players of Different Age Groups Playing Different Positions. <i>Journal of Human Kinetics</i> , <b>2014</b> , 40, 213-25	2.6	23
314	Energetic demand and physical conditioning of table tennis players. A study review. <i>Journal of Sports Sciences</i> , <b>2018</b> , 36, 724-731	3.6	23
313	Repeated Sprint Ability in Young Basketball Players: Multi-direction vs. One-Change of Direction (Part 1). <i>Frontiers in Physiology</i> , <b>2016</b> , 7, 133	4.6	23
312	Nutrition in Ultra-Endurance: State of the Art. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	23
311	Diagnosis of Swimming Induced Pulmonary Edema-A Review. <i>Frontiers in Physiology</i> , <b>2017</b> , 8, 652	4.6	22
310	Performance in 100-km Ultramarathoners-At Which Age, It Reaches Its Peak?. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 1409-1415	3.2	22
309	Physical characteristics and physiological attributes of female volleyball players--the need for individual data. <i>Journal of Strength and Conditioning Research</i> , <b>2012</b> , 26, 2547-57	3.2	21
308	Increased participation and improved performance in age group backstroke master swimmers from 25-29 to 100-104 years at the FINA World Masters Championships from 1986 to 2014. <i>SpringerPlus</i> , <b>2016</b> , 5, 645		21

307	Sex- and age-related differences in half-marathon performance and competitiveness in the world's largest half-marathon - the GÅeborgsVarvet. <i>Research in Sports Medicine</i> , <b>2018</b> , 26, 75-85	3.8	21
306	Sleep During "Lockdown" in the COVID-19 Pandemic. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	20
305	Anthropometric Profile of Soccer Players as a Determinant of Position Specificity and Methodological Issues of Body Composition Estimation. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	20
304	Relationship of body mass status with running and jumping performances in young basketball players. <i>Muscles, Ligaments and Tendons Journal</i> , <b>2015</b> , 5, 187-94	1.9	20
303	Physical and Physiological Characteristics of Judo Athletes: An Update. <i>Sports</i> , <b>2016</b> , 4,	3	20
302	Motivation in ultra-marathon runners. <i>Psychology Research and Behavior Management</i> , <b>2019</b> , 12, 31-37	3.8	20
301	The age of the best ultramarathon performance - the case of the "Comrades Marathon". <i>Research in Sports Medicine</i> , <b>2017</b> , 25, 132-143	3.8	19
300	Reference values for the sprint performance in male football players aged from 9â5 years. <i>Biomedical Human Kinetics</i> , <b>2016</b> , 8, 103-112	0.8	19
299	Pacing Strategies in the 'Athens Classic Marathon': Physiological and Psychological Aspects. <i>Frontiers in Physiology</i> , <b>2018</b> , 9, 1539	4.6	19
298	Do women reduce the gap to men in ultra-marathon running?. <i>SpringerPlus</i> , <b>2016</b> , 5, 672		18
297	Women Reduce the Performance Difference to Men with Increasing Age in Ultra-Marathon Running. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	18
296	Physical fitness is inversely related with body mass index and body fat percentage in soccer players aged 16-18 years. <i>Medicinski Pregled</i> , <b>2012</b> , 65, 470-5	0.1	18
295	Elevated body mass index and body fat percentage are associated with decreased physical fitness in soccer players aged 12-14 years. <i>Asian Journal of Sports Medicine</i> , <b>2012</b> , 3, 168-74	1.4	18
294	Profile of 1-month training load in male and female football and futsal players. <i>SpringerPlus</i> , <b>2016</b> , 5, 694		18
293	Telomere length and redox balance in master endurance runners: The role of nitric oxide. <i>Experimental Gerontology</i> , <b>2019</b> , 117, 113-118	4.5	18
292	Do Fast Older Runners Pace Differently From Fast Younger Runners in the "New York City Marathon"?. <i>Journal of Strength and Conditioning Research</i> , <b>2019</b> , 33, 3423-3430	3.2	18
291	Men's Participation and Performance in the Boston Marathon from 1897 to 2017. <i>International Journal of Sports Medicine</i> , <b>2018</b> , 39, 1018-1027	3.6	18
290	Performance trends in age-group runners from 100 m to marathon-The World Championships from 1975 to 2015. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2017</b> , 27, 1588-1596	4.6	17

289	The role of weather conditions on running performance in the Boston Marathon from 1972 to 2018. <i>PLoS ONE</i> , <b>2019</b> , 14, e0212797	3.7	17
288	Differences in anthropometry, somatotype, body composition and physiological characteristics of female volleyball players by competition level. <i>Sport Sciences for Health</i> , <b>2015</b> , 11, 29-35	1.3	17
287	Age-Predicted Maximal Heart Rate in Recreational Marathon Runners: A Cross-Sectional Study on Fox's and Tanaka's Equations. <i>Frontiers in Physiology</i> , <b>2018</b> , 9, 226	4.6	17
286	The Effect of a 100-km Ultra-Marathon under Freezing Conditions on Selected Immunological and Hematological Parameters. <i>Frontiers in Physiology</i> , <b>2017</b> , 8, 638	4.6	17
285	The effect of age on positional differences in anthropometry, body composition, physique and anaerobic power of elite basketball players. <i>Sport Sciences for Health</i> , <b>2014</b> , 10, 225-233	1.3	17
284	Physical activity and COVID-19. The basis for an efficient intervention in times of COVID-19 pandemic. <i>Physiology and Behavior</i> , <b>2021</b> , 113667	3.5	17
283	What Motivates Successful Marathon Runners? The Role of Sex, Age, Education, and Training Experience in Polish Runners. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 1671	3.4	16
282	The Effect of Plyometric Training in Volleyball Players: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	16
281	Performance and age of African and non-African runners in World Marathon Majors races 2000-2014. <i>Journal of Sports Sciences</i> , <b>2017</b> , 35, 1012-1024	3.6	16
280	Sex differences in pacing during half-marathon and marathon race. <i>Research in Sports Medicine</i> , <b>2020</b> , 28, 111-120	3.8	16
279	A Brief Review of Personality in Marathon Runners: The Role of Sex, Age and Performance Level. <i>Sports</i> , <b>2018</b> , 6,	3	16
278	Exercise-Associated Hyponatremia in Endurance and Ultra-Endurance Performance-Aspects of Sex, Race Location, Ambient Temperature, Sports Discipline, and Length of Performance: A Narrative Review. <i>Medicina (Lithuania)</i> , <b>2019</b> , 55,	3.1	15
277	Clinical Characteristics of Obstructive Sleep Apnea in Psychiatric Disease. <i>Journal of Clinical Medicine</i> , <b>2019</b> , 8,	5.1	15
276	The Age-Related Performance Decline in Ironman Triathlon Starts Earlier in Swimming Than in Cycling and Running. <i>Journal of Strength and Conditioning Research</i> , <b>2018</b> , 32, 379-395	3.2	15
275	Who jumps the highest? Anthropometric and physiological correlations of vertical jump in youth elite female volleyball players. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2017</b> , 57, 802-810	1.4	15
274	Positive pacing in elite IRONMAN triathletes. <i>Chinese Journal of Physiology</i> , <b>2016</b> , 59, 305-314	1.6	15
273	Maximal heart rate in soccer players: measured versus age-predicted. <i>Biomedical Journal</i> , <b>2015</b> , 38, 84-97.1	7.1	15
272	The effect of vitamin D supplementation on serum total 25(OH) levels and biochemical markers of skeletal muscles in runners. <i>Journal of the International Society of Sports Nutrition</i> , <b>2020</b> , 17, 18	4.5	15

271	Effects of Small-Sided Soccer Games on Internal and External Load and Lower Limb Power: A Pilot Study in Collegiate Players. <i>Human Movement</i> , <b>2017</b> , 18,	0.8	14
270	The Age-Related Performance Decline in Marathon Running: The Paradigm of the Berlin Marathon. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	14
269	Anthropometric characteristics and neuromuscular function in young judo athletes by sex, age and weight category. <i>Sport Sciences for Health</i> , <b>2015</b> , 11, 117-124	1.3	14
268	Performance Differences Between the Sexes in the Boston Marathon From 1972 to 2017. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 566-576	3.2	14
267	Male and female Ethiopian and Kenyan runners are the fastest and the youngest in both half and full marathon. <i>SpringerPlus</i> , <b>2016</b> , 5, 223		14
266	Weight status and physical fitness in female soccer players: is there an optimal BMI?. <i>Sport Sciences for Health</i> , <b>2014</b> , 10, 41-48	1.3	14
265	Determinants of acceleration and maximum speed phase of repeated sprint ability in soccer players: A cross-sectional study. <i>Science and Sports</i> , <b>2015</b> , 30, e7-e16	0.8	14
264	Core stability of male and female football players. <i>Biomedical Human Kinetics</i> , <b>2010</b> , 2, 30-33	0.8	14
263	Performance trends in age group breaststroke swimmers in the FINA World Championships 1986-2014. <i>Chinese Journal of Physiology</i> , <b>2016</b> , 59, 247-259	1.6	14
262	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , <b>2021</b> , 1	10.6	14
261	Multidisciplinary Analysis of Differences Between Finisher and Non-finisher Ultra-Endurance Mountain Athletes. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 1507	4.6	14
260	Acute Responses of Novel Cardiac Biomarkers to a 24-h Ultra-Marathon. <i>Journal of Clinical Medicine</i> , <b>2019</b> , 8,	5.1	14
259	The Role of Environmental Conditions on Marathon Running Performance in Men Competing in Boston Marathon from 1897 to 2018. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	13
258	Pacing in age-group freestyle swimmers at The XV FINA World Masters Championships in Montreal 2014. <i>Journal of Sports Sciences</i> , <b>2017</b> , 35, 1165-1172	3.6	13
257	Performance trends in 3000 m open-water age group swimmers from 25 to 89 years competing in the FINA World Championships from 1992 to 2014. <i>Research in Sports Medicine</i> , <b>2017</b> , 25, 67-77	3.8	13
256	A Comprehensive Mapping of High-Level Men's Volleyball Gameplay through Social Network Analysis: Analysing Serve, Side-Out, Side-Out Transition and Transition. <i>Montenegrin Journal of Sports Science and Medicine</i> , <b>2017</b> , 6, 35-41	1.7	13
255	Differences in age of peak marathon performance between mountain and city marathon running - The 'Jungfrau Marathon' in Switzerland. <i>Chinese Journal of Physiology</i> , <b>2017</b> , 60, 11-22	1.6	13
254	The effect of sex, age and performance level on pacing of Ironman triathletes. <i>Research in Sports Medicine</i> , <b>2019</b> , 27, 99-111	3.8	13

253	Use of Bioimpedanciometer as Predictor of Mountain Marathon Performance. <i>Journal of Medical Systems</i> , <b>2017</b> , 41, 73	5.1	12
252	Training Load, Aerobic Capacity and Their Relationship With Wellness Status in Recreational Trail Runners. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 1189	4.6	12
251	Performance and Pacing of Age Groups in Half-Marathon and Marathon. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	12
250	Performance Trends in Master Butterfly Swimmers Competing in the FINA World Championships. <i>Journal of Human Kinetics</i> , <b>2017</b> , 57, 199-211	2.6	12
249	Sex difference in long-distance open-water swimming races - does nationality play a role?. <i>Research in Sports Medicine</i> , <b>2018</b> , 26, 332-344	3.8	12
248	The Age of Peak Marathon Performance in Cross-Country Skiing-The "Engadin Ski Marathon". <i>Journal of Strength and Conditioning Research</i> , <b>2018</b> , 32, 1131-1136	3.2	12
247	Performance Trends in Age Group Triathletes in the Olympic Distance Triathlon at the World Championships 2009-2014. <i>Chinese Journal of Physiology</i> , <b>2017</b> , 60, 137-150	1.6	12
246	Physical Activity and Sociodemographic Profile of Brazilian People during COVID-19 Outbreak: An Online and Cross-Sectional Survey. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	12
245	Weekly physical activity patterns of university students: Are athletes more active than non-athletes?. <i>SpringerPlus</i> , <b>2016</b> , 5, 1808		12
244	An integrative perspective of the anaerobic threshold. <i>Physiology and Behavior</i> , <b>2019</b> , 205, 29-32	3.5	12
243	Pacing of Women and Men in Half-Marathon and Marathon Races. <i>Medicina (Lithuania)</i> , <b>2019</b> , 55,	3.1	11
242	Blood Flow Restriction During Futsal Training Increases Muscle Activation and Strength. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 614	4.6	11
241	Celebrating 40 Years of Ironman: How the Champions Perform. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	11
240	Small-Sided Games are More Enjoyable Than High-Intensity Interval Training of Similar Exercise Intensity in Soccer. <i>Open Access Journal of Sports Medicine</i> , <b>2020</b> , 11, 77-84	2.9	11
239	Age-predicted vs. measured maximal heart rate in young team sport athletes. <i>Nigerian Medical Journal</i> , <b>2014</b> , 55, 314-20	0.6	11
238	Relationship between aerobic and anaerobic power, and Special Judo Fitness Test (SJFT) in elite Iranian male judokas. <i>Apunts Medicine De LřBsport</i> , <b>2014</b> , 49, 25-29	0.6	11
237	Hydration Status After an Ironman Triathlon: A Meta-Analysis. <i>Journal of Human Kinetics</i> , <b>2019</b> , 70, 93-102	6	11
236	Age- and sex-related differences in the anthropometry and neuromuscular fitness of competitive taekwondo athletes. <i>Open Access Journal of Sports Medicine</i> , <b>2016</b> , 7, 177-186	2.9	11



235	Systemic Mapping of High-Level Women's Volleyball using Social Network Analysis: The Case of Serve (K0), Side-out (K1), Side-out Transition (KII) and Transition (KIII). <i>International Journal of Performance Analysis in Sport</i> , <b>2016</b> , 16, 695-710	1.8	11
234	Number of finishers and performance of age group women and men in long-distance running: comparison among 10km, half-marathon and marathon races in Oslo. <i>Research in Sports Medicine</i> , <b>2021</b> , 29, 56-66	3.8	11
233	Effects of Blood Flow Restriction and Exercise Intensity on Aerobic, Anaerobic, and Muscle Strength Adaptations in Physically Active Collegiate Women. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 810	4.6	10
232	Different Predictor Variables for Women and Men in Ultra-Marathon Running-The Wellington Urban Ultramarathon 2018. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	10
231	Russians are the fastest 100-km ultra-marathoners in the world. <i>PLoS ONE</i> , <b>2018</b> , 13, e0199701	3.7	10
230	How much further for the sub-2-hour marathon?. <i>Open Access Journal of Sports Medicine</i> , <b>2018</b> , 9, 139-145	9	10
229	Attack Coverage in High-Level Men's Volleyball: Organization on the Edge of Chaos?. <i>Journal of Human Kinetics</i> , <b>2015</b> , 47, 249-57	2.6	10
228	Physical Fitness in Female Soccer Players by Player Position: A Focus on Anaerobic Power. <i>Human Movement</i> , <b>2014</b> , 15,	0.8	10
227	Sex Differences in Swimming Disciplines-Can Women Outperform Men in Swimming?. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	10
226	Sex differences in pacing during 'Ultraman Hawaii'. <i>PeerJ</i> , <b>2016</b> , 4, e2509	3.1	10
225	High-Flow Oxygen through Nasal Cannula vs. Non-Invasive Ventilation in Hypercapnic Respiratory Failure: A Randomized Clinical Trial. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	10
224	Vertical Jumping Tests Wingate Anaerobic Test in Female Volleyball Players: The Role of Age. <i>Sports</i> , <b>2016</b> , 4,	3	10
223	Force-Velocity Characteristics, Muscle Strength, and Flexibility in Female Recreational Marathon Runners. <i>Frontiers in Physiology</i> , <b>2018</b> , 9, 1563	4.6	10
222	Vitamin D Supplementation and Physical Activity of Young Soccer Players during High-Intensity Training. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	9
221	Post-resistance training detraining: time-of-day effects on training and testing outcomes. <i>Biological Rhythm Research</i> , <b>2015</b> , 46, 897-907	0.8	9
220	The effect of a short-term training period on physiological parameters and running performance: intensity distribution versus constant-intensity exercise. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2018</b> , 58, 1-7	1.4	9
219	Prevalence and Treatment of Vitamin D Deficiency in Young Male Russian Soccer Players in Winter. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	9
218	Pacing Profiles in Age Group Cross-Country Skiers in the Vasaloppet 2012-2016. <i>Chinese Journal of Physiology</i> , <b>2017</b> , 60, 293-300	1.6	9



217	Physical exercise and COVID-19 pandemic in PubMed: Two months of dynamics and one year of original scientific production. <i>Sports Medicine and Health Science</i> , <b>2021</b> , 3, 80-92	4.5	9
216	Physical Activity Levels and Mental Health during the COVID-19 Pandemic: Preliminary Results of a Comparative Study between Convenience Samples from Brazil and Switzerland. <i>Medicina (Lithuania)</i> , <b>2021</b> , 57,	3.1	9
215	Sex difference in open-water swimming-The Triple Crown of Open Water Swimming 1875-2017. <i>PLoS ONE</i> , <b>2018</b> , 13, e0202003	3.7	9
214	Physical and Physiological Responses during the Stop-Ball Rule During Small-Sided Games in Soccer Players. <i>Sports</i> , <b>2019</b> , 7,	3	8
213	Changes in Jumping and Throwing Performances in Age-Group Athletes Competing in the European Masters Athletics Championships between 1978 and 2017. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	8
212	Morning caffeine ingestion increases cognitive function and short-term maximal performance in footballer players after partial sleep deprivation. <i>Biological Rhythm Research</i> , <b>2015</b> , 46, 617-629	0.8	8
211	Participation and Performance Trends in the Oldest 100-km Ultramarathon in the World. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	8
210	The effect of myofascial release and microwave diathermy combined with acupuncture versus acupuncture therapy in tension-type headache patients: A pragmatic randomized controlled trial. <i>Physiotherapy Research International</i> , <b>2018</b> , 23, e1700	1.8	8
209	The effect of aging on pacing strategies of cross-country skiers and the role of performance level. <i>European Review of Aging and Physical Activity</i> , <b>2018</b> , 15, 4	6.5	8
208	The age-related performance decline in marathon cross-country skiing - the Engadin Ski Marathon. <i>Journal of Sports Sciences</i> , <b>2018</b> , 36, 599-604	3.6	8
207	A Systematic Review of Meta-Analyses Comparing Periodized and Non-periodized Exercise Programs: Why We Should Go Back to Original Research. <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 1023	4.6	8
206	Effect of a Six-Week Preparation Period on Acute Physiological Responses to a Simulated Combat in Young National-Level Taekwondo Athletes. <i>Journal of Human Kinetics</i> , <b>2015</b> , 47, 115-25	2.6	8
205	Is Empirical Research on Periodization Trustworthy? A Comprehensive Review of Conceptual and Methodological Issues. <i>Journal of Sports Science and Medicine</i> , <b>2017</b> , 16, 27-34	2.7	8
204	Cold Water Swimming-Benefits and Risks: A Narrative Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	8
203	Jumping and throwing performance in the World Masters' Athletic Championships 1975-2016. <i>Research in Sports Medicine</i> , <b>2019</b> , 27, 374-411	3.8	8
202	Performance trends in individual medley events during FINA World Master Championships from 1986 to 2014. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2018</b> , 58, 690-698	1.4	8
201	The Effect of Body Mass Index on Acute Cardiometabolic Responses to Graded Exercise Testing in Children: A Narrative Review. <i>Sports</i> , <b>2018</b> , 6,	3	8
200	Measuring the force of punches and kicks among combat sport athletes using a modified punching bag with an embedded accelerometer. <i>Acta of Bioengineering and Biomechanics</i> , <b>2016</b> , 18, 47-54	0.6	8

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84	Kettlebell Exercise as an Alternative to Improve Aerobic Power and Muscle Strength. <i>Journal of Human Kinetics</i> , <b>2019</b> , 66, 5-6	2.6	2
83	Prediction of Somatotype from Bioimpedance Analysis in Elite Youth Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2
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80	Isokinetic Muscular Strength and Aerobic Physical Fitness in Recreational Long-Distance Runners: A Cross-Sectional Study. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> ,	3.2	2
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76	The Hamstrings: Anatomic and Physiologic Variations and Their Potential Relationships With Injury Risk. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 694604	4.6	2
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72	The effects of anthropometry and leg muscle power on drive and transition phase of acceleration: a longitudinal study on young soccer players. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2016</b> , 56, 1156-1162 <sup>2</sup>	1.4	1
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64	Exercise-Associated Hyponatremia During a Self-Paced Marathon Attempt in a 15-Year-Old Male Teenager. <i>Medicina (Lithuania)</i> , <b>2019</b> , 55,	3.1	1
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61	Measuring the force of punches using an accelerometric punching bag - Relationship between force of punches and power of jump - An example of application of the modern information technology in sport <b>2017</b> ,		1
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