

Meiling Qi

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1440500/publications.pdf>

Version: 2024-02-01

10
papers

183
citations

1684188

5
h-index

1588992

8
g-index

10
all docs

10
docs citations

10
times ranked

258
citing authors

#	ARTICLE	IF	CITATIONS
1	Baduanjin Exercise for Adults Aged 65 Years and Older: A Systematic Review and Meta-Analysis of Randomized Controlled Studies. <i>Journal of Applied Gerontology</i> , 2022, 41, 1244-1256.	2.0	12
2	Healthy Beat Acupunch exercise program: Validation and feasibility study for older adults with reduced physical capacity or probable sarcopenia. <i>Explore: the Journal of Science and Healing</i> , 2021, 17, 498-504.	1.0	3
3	How COVID-19 Affects Health Status of Chinese Immigrants. , 2021, , .		0
4	Research on a Remote and Digital Walking Program During the COVID-19. , 2021, , .		0
5	Physical Activity Participation and Psychological Wellbeing in University Office Workers in China and Australia: An Online Survey. <i>Healthcare (Switzerland)</i> , 2021, 9, 1618.	2.0	3
6	Tai Chi Combined With Resistance Training for Adults Aged 50 Years and Older: A Systematic Review. <i>Journal of Geriatric Physical Therapy</i> , 2020, 43, 32-41.	1.1	18
7	Feasibility of a Tai Chi with Thera-Band Training Program: A Pilot Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8462.	2.6	2
8	Physical Activity, Health-Related Quality of Life, and Stress among the Chinese Adult Population during the COVID-19 Pandemic. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6494.	2.6	129
9	Effects of Tai Chi Combined With Theraband Training on Physical Fitness, Psychological Well-being, and Pain in Older Sedentary Office Workers. <i>Topics in Geriatric Rehabilitation</i> , 2019, 35, 255-265.	0.4	6
10	Physical Activity and Psychological Well-Being in Older University Office Workers: Survey Findings. <i>Workplace Health and Safety</i> , 2019, 67, 123-130.	1.4	10