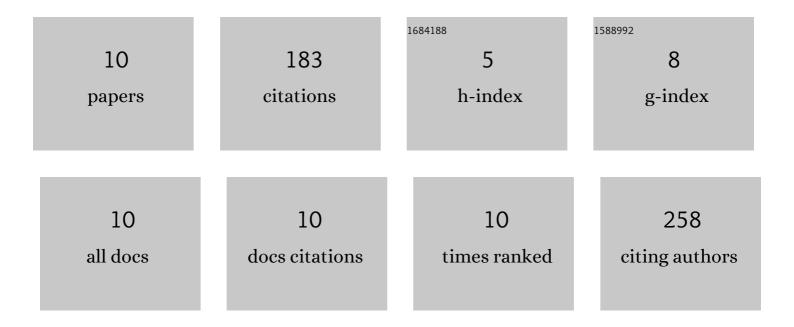
Meiling Qi

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/1440500/publications.pdf Version: 2024-02-01



MELLING OL

#	Article	IF	CITATIONS
1	Physical Activity, Health-Related Quality of Life, and Stress among the Chinese Adult Population during the COVID-19 Pandemic. International Journal of Environmental Research and Public Health, 2020, 17, 6494.	2.6	129
2	Tai Chi Combined With Resistance Training for Adults Aged 50 Years and Older: A Systematic Review. Journal of Geriatric Physical Therapy, 2020, 43, 32-41.	1.1	18
3	Baduanjin Exercise for Adults Aged 65 Years and Older: A Systematic Review and Meta-Analysis of Randomized Controlled Studies. Journal of Applied Gerontology, 2022, 41, 1244-1256.	2.0	12
4	Physical Activity and Psychological Well-Being in Older University Office Workers: Survey Findings. Workplace Health and Safety, 2019, 67, 123-130.	1.4	10
5	Effects of Tai Chi Combined With Theraband Training on Physical Fitness, Psychological Well-being, and Pain in Older Sedentary Office Workers. Topics in Geriatric Rehabilitation, 2019, 35, 255-265.	0.4	6
6	Healthy Beat Acupunch exercise program: Validation and feasibility study for older adults with reduced physical capacity or probable sarcopenia. Explore: the Journal of Science and Healing, 2021, 17, 498-504.	1.0	3
7	Physical Activity Participation and Psychological Wellbeing in University Office Workers in China and Australia: An Online Survey. Healthcare (Switzerland), 2021, 9, 1618.	2.0	3
8	Feasibility of a Tai Chi with Thera-Band Training Program: A Pilot Study. International Journal of Environmental Research and Public Health, 2020, 17, 8462.	2.6	2
9	How COVID-19 Affects Health Status of Chinese Immigrants. , 2021, , .		0
10	Research on a Remote and Digital Walking Program During the COVID-19. , 2021, , .		0