

# Chris Irons

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1439055/publications.pdf>

Version: 2024-02-01

28  
papers

2,281  
citations

394421

19  
h-index

552781

26  
g-index

28  
all docs

28  
docs citations

28  
times ranked

1823  
citing authors

#	ARTICLE	IF	CITATIONS
1	Criticizing and reassuring oneself: An exploration of forms, styles and reasons in female students. <i>British Journal of Clinical Psychology</i> , 2004, 43, 31-50.	3.5	571
2	A pilot exploration of the use of compassionate images in a group of self-critical people. <i>Memory</i> , 2004, 12, 507-516.	1.7	173
3	Self-Criticism and Self-Warmth: An Imagery Study Exploring Their Relation to Depression. <i>Journal of Cognitive Psychotherapy</i> , 2006, 20, 183-200.	0.4	173
4	An exploration of shame, social rank and rumination in relation to depression. <i>Personality and Individual Differences</i> , 2004, 36, 1143-1153.	2.9	151
5	Evolved mechanisms in adolescent anxiety and depression symptoms: the role of the attachment and social rank systems. <i>Journal of Adolescence</i> , 2005, 28, 325-341.	2.4	146
6	Self-Charm in a mixed clinical population: The roles of self-criticism, shame, and social rank. <i>British Journal of Clinical Psychology</i> , 2010, 49, 563-576.	3.5	143
7	Parental recall, attachment relating and self-attacking/self-reassurance: Their relationship with depression. <i>British Journal of Clinical Psychology</i> , 2006, 45, 297-308.	3.5	131
8	The relation of entrapment, shame and guilt to depression, in carers of people with dementia. <i>Aging and Mental Health</i> , 2006, 10, 101-106.	2.8	91
9	The relation of paranoid ideation and social anxiety in a mixed clinical population. <i>Clinical Psychology and Psychotherapy</i> , 2005, 12, 124-133.	2.7	85
10	Life events, entrapments and arrested anger in depression. <i>Journal of Affective Disorders</i> , 2004, 79, 149-160.	4.1	80
11	Development of a striving to avoid inferiority scale. <i>British Journal of Social Psychology</i> , 2007, 46, 633-648.	2.8	75
12	An Exploration into Depression-Focused and Anger-Focused Rumination in Relation to Depression in a Student Population. <i>Behavioural and Cognitive Psychotherapy</i> , 2005, 33, 273-283.	1.2	71
13	Cultural differences in shame-focused attitudes towards mental health problems in Asian and Non-Asian student women. <i>Mental Health, Religion and Culture</i> , 2007, 10, 127-141.	0.9	69
14	Shame, self-criticism, and self-compassion in adolescence. , 2008, , 195-214.		49
15	A compassionate-focused therapy group approach for acute inpatients: Feasibility, initial pilot outcome data, and recommendations. <i>British Journal of Clinical Psychology</i> , 2014, 53, 78-94.	3.5	44
16	Social rank and attachment in people with a bipolar disorder. <i>Clinical Psychology and Psychotherapy</i> , 2007, 14, 48-53.	2.7	43
17	Does Compassion-Focused Therapy Training for Health Care Educators and Providers Increase Self-Compassion and Reduce Self-Persecution and Self-Criticism?. <i>Journal of Continuing Education in the Health Professions</i> , 2016, 36, 4-10.	1.3	42
18	Interpersonal sensitivities: Their links to mood, anger and gender. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2006, 79, 37-51.	2.5	35

#	ARTICLE	IF	CITATIONS
19	Compassionate Mind Training: An 8â€week group for the general public. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2021, 94, 443-463.	2.5	27
20	Exploring the Associations between Social Rank and External Shame with Experiences of Psychosis. <i>Behavioural and Cognitive Psychotherapy</i> , 2016, 44, 527-538.	1.2	21
21	Social rank, interpersonal trust and recall of parental rearing in relation to homesickness. <i>Personality and Individual Differences</i> , 2005, 38, 1813-1822.	2.9	17
22	Experienced stigma and its impacts in psychosis: The role of social rank and external shame. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2017, 90, 419-431.	2.5	10
23	Self-Compassion and Compassion Towards One's Partner Mediate the Negative Association Between Insecure Attachment and Relationship Quality. <i>Journal of Relationships Research</i> , 2019, 10, .	0.6	10
24	Early shaming experiences and psychological distress: The role of experiential avoidance and selfâ€compassion. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2021, 94, 952-972.	2.5	9
25	The influence of selfâ€criticism on depression symptoms among ambulatory patients with inflammatory bowel disease. <i>Clinical Psychology and Psychotherapy</i> , 2019, 26, 743-750.	2.7	5
26	Views and experiences of compassion in Sri Lankan students: An exploratory qualitative study. <i>PLoS ONE</i> , 2021, 16, e0260475.	2.5	5
27	Introducing compassion focused psychosexual therapy. <i>Sexual and Relationship Therapy</i> , 0, , 1-33.	1.2	3
28	Exploring the impact of a compassion-focused therapy training course on healthcare educators. <i>Health Education Journal</i> , 2021, 80, 712-723.	1.2	2