

# Simon J Sebire

## List of Publications by Year in descending order

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Version: 2024-02-01

86  
papers

2,687  
citations

218592

26  
h-index

206029

48  
g-index

87  
all docs

87  
docs citations

87  
times ranked

3126  
citing authors

#	ARTICLE	IF	CITATIONS
1	Peer-led physical activity intervention for girls aged 13 to 14 years: PLAN-A cluster RCT. Public Health Research, 2022, 10, 1-154.	0.5	1
2	Development and cross-cultural validation of the Goal Content for Weight Maintenance Scale (GCWMS). Eating and Weight Disorders, 2021, 26, 2737-2748.	1.2	3
3	Effectiveness and cost-effectiveness of the PLAN-A intervention, a peer led physical activity program for adolescent girls: results of a cluster randomised controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 63.	2.0	6
4	Considerations for Individual-Level Versus Whole-School Physical Activity Interventions: Stakeholder Perspectives. International Journal of Environmental Research and Public Health, 2021, 18, 7628.	1.2	16
5	Multidimensional motivation for exercise: A latent profile and transition analysis. Psychology of Sport and Exercise, 2020, 47, 101619.	1.1	25
6	Association of BMI category with change in children's physical activity between ages 6 and 11 years: a longitudinal study. International Journal of Obesity, 2020, 44, 104-113.	1.6	74
7	Physical Activity and Psychosocial Characteristics of the Peer Supporters in the PLAN-A Study: A Latent Class Analysis. International Journal of Environmental Research and Public Health, 2020, 17, 7980.	1.2	2
8	Perception of Safety and Its Association With Physical Activity in Adolescents in Mexico. American Journal of Preventive Medicine, 2020, 58, 748-755.	1.6	14
9	Associations of body mass index, physical activity and sedentary time with blood pressure in primary school children from south-west England: A prospective study. PLoS ONE, 2020, 15, e0232333.	1.1	7
10	Using narrative messages to improve parents' experience of learning that a child has overweight. British Journal of Child Health, 2020, 1, 220-230.	0.1	3
11	Title is missing!. , 2020, 15, e0232333.		0
12	Title is missing!. , 2020, 15, e0232333.		0
13	Title is missing!. , 2020, 15, e0232333.		0
14	Title is missing!. , 2020, 15, e0232333.		0
15	Action 3:30R: process evaluation of a cluster randomised feasibility study of a revised teaching assistant-led extracurricular physical activity intervention for 8 to 10-year olds. BMC Public Health, 2019, 19, 1111.	1.2	6
16	Striking a Balance: Physical Activity, Screen-Viewing and Homework during the Transition to Secondary School. International Journal of Environmental Research and Public Health, 2019, 16, 3174.	1.2	8
17	The association of school-related active travel and active after-school clubs with children's physical activity: a cross-sectional study in 11-year-old UK children. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 72.	2.0	13
18	A Longitudinal Study of the Associations of Family Structure with Physical Activity across the Week in Boys and Girls. International Journal of Environmental Research and Public Health, 2019, 16, 4050.	1.2	3

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19	A process evaluation of the PLAN-A intervention (Peer-Led physical Activity iNtervention for) Tj ETQq1 1 0.784314 rgBT /Overlock 10 T	1.2	19
20	Protocol for a cluster randomised controlled trial of a Peer-Led physical Activity iNtervention for Adolescent girls (PLAN-A). BMC Public Health, 2019, 19, 644.	1.2	9
21	Physical Activity during the School Holidays: Parent Perceptions and Practical Considerations. International Journal of Environmental Research and Public Health, 2019, 16, 1697.	1.2	3
22	Longitudinal associations between parentsâ€™ motivations to exercise and their moderate-to-vigorous physical activity. Psychology of Sport and Exercise, 2019, 43, 343-349.	1.1	9
23	A Multilevel Analysis of Neighbourhood, School, Friend and Individual-Level Variation in Primary School Childrenâ€™s Physical Activity. International Journal of Environmental Research and Public Health, 2019, 16, 4889.	1.2	10
24	Action 3:30R: Results of a Cluster Randomised Feasibility Study of a Revised Teaching Assistant-Led Extracurricular Physical Activity Intervention for 8 to 10 Year Olds. International Journal of Environmental Research and Public Health, 2019, 16, 131.	1.2	10
25	A meta-analysis of techniques to promote motivation for health behaviour change from a self-determination theory perspective. Health Psychology Review, 2019, 13, 110-130.	4.4	297
26	A peer-led physical activity intervention in schools for adolescent girls: a feasibility RCT. Public Health Research, 2019, 7, 1-178.	0.5	4
27	A revised teaching assistant-led extracurricular physical activity programme for 8- to 10-year-olds: the Action 3:30R feasibility cluster RCT. Public Health Research, 2019, 7, 1-128.	0.5	6
28	Roles of mothers and fathers in supporting child physical activity: a cross-sectional mixed-methods study. BMJ Open, 2018, 8, e019732.	0.8	35
29	Examining the challenges posed to parents by the contemporary screen environments of children: a qualitative investigation. BMC Pediatrics, 2018, 18, 129.	0.7	19
30	Parentsâ€™ perspectives of change in child physical activity & screen-viewing between Y1 (5-6) & Y4 (8-9) of primary school: implications for behaviour change. BMC Public Health, 2018, 18, 520.	1.2	9
31	Associations within school-based same-sex friendship networks of childrenâ€™s physical activity and sedentary behaviours: a cross-sectional social network analysis. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 18.	2.0	21
32	â€œIn my dayâ€   â€• Parentsâ€™ Views on Childrenâ€™s Physical Activity and Screen Viewing in Relation to Their Own Childhood. International Journal of Environmental Research and Public Health, 2018, 15, 2547.	1.2	9
33	Association between urbanicity and physical activity in Mexican adolescents: The use of a composite urbanicity measure. PLoS ONE, 2018, 13, e0204739.	1.1	14
34	Profiles of childrenâ€™s physical activity and sedentary behaviour between age 6 and 9: a latent profile and transition analysis. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 103.	2.0	26
35	Results of a feasibility cluster randomised controlled trial of a peer-led school-based intervention to increase the physical activity of adolescent girls (PLAN-A). International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 50.	2.0	50
36	â€œIâ€™ve made this my lifestyle nowâ€: a prospective qualitative study of motivation for lifestyle change among people with newly diagnosed type two diabetes mellitus. BMC Public Health, 2018, 18, 204.	1.2	53

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37	Change in children's physical activity and sedentary time between Year 1 and Year 4 of primary school in the B-PROACTIV cohort. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 33.	2.0	59
38	Are parents' motivations to exercise and intention to engage in regular family-based activity associated with both adult and child physical activity?. <i>BMJ Open Sport and Exercise Medicine</i> , 2017, 2, e000137.	1.4	20
39	Associations between participation in organised physical activity in the school or community outside school hours and neighbourhood play with child physical activity and sedentary time: a cross-sectional analysis of primary school-aged children from the UK. <i>BMJ Open</i> , 2017, 7, e017588.	0.8	30
40	Exploring parents' screen-viewing behaviours and sedentary time in association with their attitudes toward their young child's screen-viewing. <i>Preventive Medicine Reports</i> , 2017, 7, 198-205.	0.8	10
41	How parents perceive screen viewing in their 5-6 year old child within the context of their own screen viewing time: a mixed-methods study. <i>BMC Public Health</i> , 2017, 17, 471.	1.2	17
42	Association of parents' and children's physical activity and sedentary time in Year 4 (8-9) and change between Year 1 (5-6) and Year 4: a longitudinal study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 110.	2.0	15
43	Action 3:30R: protocol for a cluster randomised feasibility study of a revised teaching assistant-led extracurricular physical activity intervention for 8- to 10-year-olds. <i>Pilot and Feasibility Studies</i> , 2017, 3, 69.	0.5	5
44	A longitudinal study of the associations of children's body mass index and physical activity with blood pressure. <i>PLoS ONE</i> , 2017, 12, e0188618.	1.1	13
45	Update to a protocol for a feasibility cluster randomised controlled trial of a peer-led school-based intervention to increase the physical activity of adolescent girls (PLAN-A). <i>Pilot and Feasibility Studies</i> , 2016, 2, 68.	0.5	10
46	Using self-determination theory to promote adolescent girls' physical activity: Exploring the theoretical fidelity of the Bristol Girls Dance Project. <i>Psychology of Sport and Exercise</i> , 2016, 24, 100-110.	1.1	37
47	Employees' Expectations of Internet-Based, Workplace Interventions Promoting the Mediterranean Diet: A Qualitative Study. <i>Journal of Nutrition Education and Behavior</i> , 2016, 48, 706-715.e1.	0.3	22
48	Delivery and Receipt of a Self-Determination-Theory-Based Extracurricular Physical Activity Intervention: Exploring Theoretical Fidelity in Action 3:30. <i>Journal of Sport and Exercise Psychology</i> , 2016, 38, 381-395.	0.7	17
49	Lessons learnt from the Bristol Girls Dance Project cluster RCT: implications for designing and implementing after-school physical activity interventions. <i>BMJ Open</i> , 2016, 6, e010036.	0.8	10
50	Protocol for a feasibility cluster randomised controlled trial of a peer-led school-based intervention to increase the physical activity of adolescent girls (PLAN-A). <i>Pilot and Feasibility Studies</i> , 2016, 2, 2.	0.5	22
51	Examining a conceptual model of parental nurturance, parenting practices and physical activity among 5-6 year olds. <i>Social Science and Medicine</i> , 2016, 148, 18-24.	1.8	22
52	Bristol Girls Dance Project: a cluster randomised controlled trial of an after-school dance programme to increase physical activity among 11- to 12-year-old girls. <i>Public Health Research</i> , 2016, 4, 1-176.	0.5	11
53	Associations between parenting partners' objectively-assessed physical activity and Body Mass Index: A cross-sectional study. <i>Preventive Medicine Reports</i> , 2015, 2, 473-477.	0.8	5
54	Understanding the Accuracy of Parental Perceptions of Child Physical Activity: A Mixed Methods Analysis. <i>Journal of Physical Activity and Health</i> , 2015, 12, 1529-1535.	1.0	17

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55	Effect and cost of an after-school dance programme on the physical activity of 11–12 year old girls: The Bristol Girls Dance Project, a school-based cluster randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 128.	2.0	65
56	Adherence to the Mediterranean diet among employees in South West England: Formative research to inform a web-based, work-place nutrition intervention. <i>Preventive Medicine Reports</i> , 2015, 2, 223-228.	0.8	34
57	Sedentary time among spouses: a cross-sectional study exploring associations in sedentary time and behaviour in parents of 5 and 6-year old children. <i>BMC Research Notes</i> , 2015, 8, 787.	0.6	8
58	Associations between rule-based parenting practices and child screen viewing: A cross-sectional study. <i>Preventive Medicine Reports</i> , 2015, 2, 84-89.	0.8	14
59	Increasing children's physical activity through a teaching-assistant led extracurricular intervention: process evaluation of the action 3:30 randomised feasibility trial. <i>BMC Public Health</i> , 2015, 15, 156.	1.2	18
60	Mothers probably more Mr. sport than me: a qualitative exploration of mothers' perceptions of fathers' role in their children's physical activity. <i>BMC Pediatrics</i> , 2015, 15, 101.	0.7	64
61	Randomised feasibility trial of a teaching assistant led extracurricular physical activity intervention for 9 to 11 year olds: Action 3:30. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 114.	2.0	29
62	Associations between objectively assessed child and parental physical activity: a cross-sectional study of families with 5–6 year old children. <i>BMC Public Health</i> , 2014, 14, 655.	1.2	70
63	Cross-sectional associations between the screen-time of parents and young children: differences by parent and child gender and day of the week. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 54.	2.0	105
64	Associations Between Physical Activity Parenting Practices and Adolescent Girls' Self-Perceptions and Physical Activity Intentions. <i>Journal of Physical Activity and Health</i> , 2014, 11, 734-740.	1.0	10
65	Feasibility trial evaluation of a physical activity and screen-viewing course for parents of 6 to 8-year-old children: Teamplay. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 31.	2.0	39
66	Action 3:30: protocol for a randomized feasibility trial of a teaching assistant led extracurricular physical activity intervention. <i>Trials</i> , 2013, 14, 122.	0.7	9
67	Process evaluation of the Teamplay parenting intervention pilot: implications for recruitment, retention and course refinement. <i>BMC Public Health</i> , 2013, 13, 1102.	1.2	10
68	Bristol girls dance project (BGDP): protocol for a cluster randomised controlled trial of an after-school dance programme to increase physical activity among 11–12-year old girls. <i>BMC Public Health</i> , 2013, 13, 1003.	1.2	31
69	Parenting quality and television viewing among 10-year old children. <i>Preventive Medicine</i> , 2013, 56, 348-350.	1.6	9
70	Bristol girls dance project feasibility study: using a pilot economic evaluation to inform design of a full trial. <i>BMJ Open</i> , 2013, 3, e003726.	0.8	8
71	Parental modelling, media equipment and screen-viewing among young children: cross-sectional study. <i>BMJ Open</i> , 2013, 3, e002593.	0.8	30
72	General and Specific Approaches to Media Parenting: A Systematic Review of Current Measures, Associations with Screen-Viewing, and Measurement Implications. <i>Childhood Obesity</i> , 2013, 9, S-51-S-72.	0.8	75

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73	â€œCoveting Thy Neighbourâ€™s Legsâ€ A Qualitative Study of Exercisersâ€™ Experiences of Intrinsic and Extrinsic Goal Pursuit. Journal of Sport and Exercise Psychology, 2013, 35, 308-321.	0.7	15
74	Testing a self-determination theory model of childrenâ€™s physical activity motivation: a cross-sectional study. International Journal of Behavioral Nutrition and Physical Activity, 2013, 10, 111.	2.0	161
75	Designing extra-curricular dance programs: UK physical education and dance teachersâ€™ perspectives. Open Journal of Preventive Medicine, 2013, 03, 111-117.	0.2	11
76	Publishing pilot and feasibility evaluations of behavioural interventions: Implications for Preventive Medicine. Preventive Medicine, 2012, 55, 548-549.	1.6	18
77	Bristol Girls Dance Project Feasibility Trial: outcome and process evaluation results. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 83.	2.0	39
78	"I'm on it 24/7 at the moment": A qualitative examination of multi-screen viewing behaviours among UK 10-11 year olds. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 85.	2.0	54
79	Adolescent girls' and parents' views on recruiting and retaining girls into an after-school dance intervention: implications for extra-curricular physical activity provision. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 91.	2.0	49
80	Predicting Objectively Assessed Physical Activity From the Content and Regulation of Exercise Goals: Evidence for a Mediatonal Model. Journal of Sport and Exercise Psychology, 2011, 33, 175-197.	0.7	74
81	â€œIf there wasn't the technology then I would probably be out everydayâ€ A qualitative study of children's strategies to reduce their screen viewing. Preventive Medicine, 2011, 53, 303-308.	1.6	16
82	Associations between children's social functioning and physical activity participation are not mediated by social acceptance: a cross-sectional study. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 106.	2.0	19
83	Examining Intrinsic versus Extrinsic Exercise Goals: Cognitive, Affective, and Behavioral Outcomes. Journal of Sport and Exercise Psychology, 2009, 31, 189-210.	0.7	222
84	Development and Validation of the Goal Content for Exercise Questionnaire. Journal of Sport and Exercise Psychology, 2008, 30, 353-377.	0.7	108
85	Does Exercise Motivation Predict Engagement in Objectively Assessed Bouts of Moderate-Intensity Exercise?: A Self-Determination Theory Perspective. Journal of Sport and Exercise Psychology, 2008, 30, 337-352.	0.7	142
86	â€œI feel proper self-conscious all the timeâ€ A qualitative study of adolescent girlsâ€™ views of menstruation and physical activity.. Wellcome Open Research, 0, 5, 279.	0.9	4