Simon J Sebire

List of Publications by Year
in descending order

86 papers	2,687 citations	218381 26 h-index	205818 48 g-index
87 all docs	87 docs citations	87 times ranked	3126 citing authors

#	Article	IF	Citations
1	A meta-analysis of techniques to promote motivation for health behaviour change from a self-determination theory perspective. Health Psychology Review, 2019, 13, 110-130.	4.4	297
2	Examining Intrinsic versus Extrinsic Exercise Goals: Cognitive, Affective, and Behavioral Outcomes. Journal of Sport and Exercise Psychology, 2009, 31, 189-210.	0.7	222
3	Testing a self-determination theory model of childrenâ€™s physical activity motivation: a cross-sectional study. International Journal of Behavioral Nutrition and Physical Activity, 2013, 10, 111.	2.0	161
4	Does Exercise Motivation Predict Engagement in Objectively Assessed Bouts of Moderate-Intensity Exercise?: A Self-Determination Theory Perspective. Journal of Sport and Exercise Psychology, 2008, 30, 337-352.	0.7	142
5	Development and Validation of the Goal Content for Exercise Questionnaire. Journal of Sport and Exercise Psychology, 2008, 30, 353-377.	0.7	108
6	Cross-sectional associations between the screen-time of parents and young children: differences by parent and child gender and day of the week. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 54.	2.0	105
7	General and Specific Approaches to Media Parenting: A Systematic Review of Current Measures, Associations with Screen-Viewing, and Measurement Implications. Childhood Obesity, 2013, 9, S-51-S-72.	0.8	75
8	Predicting Objectively Assessed Physical Activity From the Content and Regulation of Exercise Goals: Evidence for a Mediational Model. Journal of Sport and Exercise Psychology, 2011, 33, 175-197.	0.7	74
9	Association of BMI category with change in childrenâ€™s physical activity between ages 6 and 11 years: a longitudinal study. International Journal of Obesity, 2020, 44, 104-113.	1.6	74
10	Associations between objectively assessed child and parental physical activity: a cross-sectional study of families with 5â€“6 year old children. BMC Public Health, 2014, 14, 655.	1.2	70
11	Effect and cost of an after-school dance programme on the physical activity of 11â€“12 year old girls: The Bristol Girls Dance Project, a school-based cluster randomised controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 128.	2.0	65
12	â€œHeâ€™s probably more Mr. sport than meâ€•â€“ a qualitative exploration of mothersâ€™ perceptions of fathersâ€™ role in their childrenâ€™s physical activity. BMC Pediatrics, 2015, 15, 101.	0.7	64
13	Change in childrenâ€™s physical activity and sedentary time between Year 1 and Year 4 of primary school in the B-PROACT1V cohort. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 33.	2.0	59
14	"I'm on it 24/7 at the moment": A qualitative examination of multi-screen viewing behaviours among UK 10-11 year olds. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 85.	2.0	54
15	â€œIâ€™ve made this my lifestyle nowâ€• a prospective qualitative study of motivation for lifestyle change among people with newly diagnosed type two diabetes mellitus. BMC Public Health, 2018, 18, 204.	1.2	53
16	Results of a feasibility cluster randomised controlled trial of a peer-led school-based intervention to increase the physical activity of adolescent girls (PLAN-A). International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 50.	2.0	50
17	Adolescent girls' and parents' views on recruiting and retaining girls into an after-school dance intervention: implications for extra-curricular physical activity provision. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 91.	2.0	49
18	Bristol Girls Dance Project Feasibility Trial: outcome and process evaluation results. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 83.	2.0	39

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19	Feasibility trial evaluation of a physical activity and screen-viewing course for parents of 6 to 8Âyear-old children: Teamplay. International Journal of Behavioral Nutrition and Physical Activity, 2013, 10, 31.	2.0	39
20	Using self-determination theory to promote adolescent girls' physical activity: Exploring the theoretical fidelity of the Bristol Girls Dance Project. Psychology of Sport and Exercise, 2016, 24, 100-110.	1.1	37
21	Roles of mothers and fathers in supporting child physical activity: a cross-sectional mixed-methods study. BMJ Open, 2018, 8, e019732.	0.8	35
22	Adherence to the Mediterranean diet among employees in South West England: Formative research to inform a web-based, work-place nutrition intervention. Preventive Medicine Reports, 2015, 2, 223-228.	0.8	34
23	Bristol girls dance project (BGDP): protocol for a cluster randomised controlled trial of an after-school dance programme to increase physical activity among 11â€“12Âyear old girls. BMC Public Health, 2013, 13, 1003.	1.2	31
24	Parental modelling, media equipment and screen-viewing among young children: cross-sectional study. BMJ Open, 2013, 3, e002593.	0.8	30
25	Associations between participation in organised physical activity in the school or community outside school hours and neighbourhood play with child physical activity and sedentary time: a cross-sectional analysis of primary school-aged children from the UK. BMJ Open, 2017, 7, e017588.	0.8	30
26	Randomised feasibility trial of a teaching assistant led extracurricular physical activity intervention for 9 to 11 year olds: Action 3:30. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 114.	2.0	29
27	Profiles of childrenâ€™s physical activity and sedentary behaviour between age 6 and 9: a latent profile and transition analysis. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 103.	2.0	26
28	Multidimensional motivation for exercise: A latent profile and transition analysis. Psychology of Sport and Exercise, 2020, 47, 101619.	1.1	25
29	Employees' Expectations of Internet-Based, Workplace Interventions Promoting the Mediterranean Diet: A Qualitative Study. Journal of Nutrition Education and Behavior, 2016, 48, 706-715.e1.	0.3	22
30	Protocol for a feasibility cluster randomised controlled trial of a peer-led school-based intervention to increase the physical activity of adolescent girls (PLAN-A). Pilot and Feasibility Studies, 2016, 2, 2.	0.5	22
31	Examining a conceptual model of parental nurturance, parenting practices and physical activity among 5â€“6 year olds. Social Science and Medicine, 2016, 148, 18-24.	1.8	22
32	Associations within school-based same-sex friendship networks of childrenâ€™s physical activity and sedentary behaviours: a cross-sectional social network analysis. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 18.	2.0	21
33	Are parentsâ€™ motivations to exercise and intention to engage in regular family-based activity associated with both adult and child physical activity?. BMJ Open Sport and Exercise Medicine, 2017, 2, e000137.	1.4	20
34	Associations between children's social functioning and physical activity participation are not mediated by social acceptance: a cross-sectional study. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 106.	2.0	19
35	Examining the challenges posed to parents by the contemporary screen environments of children: a qualitative investigation. BMC Pediatrics, 2018, 18, 129.	0.7	19
36	A process evaluation of the PLAN-A intervention (Peer-Led physical Activity iNtervention for) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 62 Td	1.2	19

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37	Publishing pilot and feasibility evaluations of behavioural interventions: Implications for Preventive Medicine. Preventive Medicine, 2012, 55, 548-549.	1.6	18
38	Increasing childrenâ€™s physical activity through a teaching-assistant led extracurricular intervention: process evaluation of the action 3:30 randomised feasibility trial. BMC Public Health, 2015, 15, 156.	1.2	18
39	Understanding the Accuracy of Parental Perceptions of Child Physical Activity: A Mixed Methods Analysis. Journal of Physical Activity and Health, 2015, 12, 1529-1535.	1.0	17
40	Delivery and Receipt of a Self-Determination-Theory-Based Extracurricular Physical Activity Intervention: Exploring Theoretical Fidelity in Action 3:30. Journal of Sport and Exercise Psychology, 2016, 38, 381-395.	0.7	17
41	How parents perceive screen viewing in their 5â€“6Âyear old child within the context of their own screen viewing time: a mixed-methods study. BMC Public Health, 2017, 17, 471.	1.2	17
42	â€œIf there wasn't the technology then I would probably be out everydayâ€¦ A qualitative study of children's strategies to reduce their screen viewing. Preventive Medicine, 2011, 53, 303-308.	1.6	16
43	Considerations for Individual-Level Versus Whole-School Physical Activity Interventions: Stakeholder Perspectives. International Journal of Environmental Research and Public Health, 2021, 18, 7628.	1.2	16
44	â€œCoveting Thy Neighbourâ€™s Legsâ€¦ A Qualitative Study of Exercisersâ€™ Experiences of Intrinsic and Extrinsic Goal Pursuit. Journal of Sport and Exercise Psychology, 2013, 35, 308-321.	0.7	15
45	Association of parentsâ€™ and childrenâ€™s physical activity and sedentary time in Year 4 (8â€“9) and change between Year 1 (5â€“6) and Year 4: a longitudinal study. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 110.	2.0	15
46	Associations between rule-based parenting practices and child screen viewing: A cross-sectional study. Preventive Medicine Reports, 2015, 2, 84-89.	0.8	14
47	Association between urbanicity and physical activity in Mexican adolescents: The use of a composite urbanicity measure. PLoS ONE, 2018, 13, e0204739.	1.1	14
48	Perception of Safety and Its Association With Physical Activity in Adolescents in Mexico. American Journal of Preventive Medicine, 2020, 58, 748-755.	1.6	14
49	The association of school-related active travel and active after-school clubs with childrenâ€™s physical activity: a cross-sectional study in 11-year-old UK children. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 72.	2.0	13
50	A longitudinal study of the associations of children's body mass index and physical activity with blood pressure. PLoS ONE, 2017, 12, e0188618.	1.1	13
51	Bristol Girls Dance Project: a cluster randomised controlled trial of an after-school dance programme to increase physical activity among 11- to 12-year-old girls. Public Health Research, 2016, 4, 1-176.	0.5	11
52	Designing extra-curricular dance programs: UK physical education and dance teachersâ€™ perspectives. Open Journal of Preventive Medicine, 2013, 03, 111-117.	0.2	11
53	Process evaluation of the Teamplay parenting intervention pilot: implications for recruitment, retention and course refinement. BMC Public Health, 2013, 13, 1102.	1.2	10
54	Associations Between Physical Activity Parenting Practices and Adolescent Girlsâ€™ Self-Perceptions and Physical Activity Intentions. Journal of Physical Activity and Health, 2014, 11, 734-740.	1.0	10

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55	Update to a protocol for a feasibility cluster randomised controlled trial of a peer-led school-based intervention to increase the physical activity of adolescent girls (PLAN-A). Pilot and Feasibility Studies, 2016, 2, 68.	0.5	10
56	Lessons learnt from the Bristol Girls Dance Project cluster RCT: implications for designing and implementing after-school physical activity interventions. BMJ Open, 2016, 6, e010036.	0.8	10
57	Exploring parents' screen-viewing behaviours and sedentary time in association with their attitudes toward their young child's screen-viewing. Preventive Medicine Reports, 2017, 7, 198-205.	0.8	10
58	A Multilevel Analysis of Neighbourhood, School, Friend and Individual-Level Variation in Primary School Childrenâ€™s Physical Activity. International Journal of Environmental Research and Public Health, 2019, 16, 4889.	1.2	10
59	Action 3:30R: Results of a Cluster Randomised Feasibility Study of a Revised Teaching Assistant-Led Extracurricular Physical Activity Intervention for 8 to 10 Year Olds. International Journal of Environmental Research and Public Health, 2019, 16, 131.	1.2	10
60	Action 3:30: protocol for a randomized feasibility trial of a teaching assistant led extracurricular physical activity intervention. Trials, 2013, 14, 122.	0.7	9
61	Parenting quality and television viewing among 10year old children. Preventive Medicine, 2013, 56, 348-350.	1.6	9
62	Parentsâ€™ perspectives of change in child physical activity & screen-viewing between Y1 (5-6) & Y4 (8-9) of primary school: implications for behaviour change. BMC Public Health, 2018, 18, 520.	1.2	9
63	â€œIn my dayâ€¦â€• Parentsâ€™ Views on Childrenâ€™s Physical Activity and Screen Viewing in Relation to Their Own Childhood. International Journal of Environmental Research and Public Health, 2018, 15, 2547.	1.2	9
64	Protocol for a cluster randomised controlled trial of a Peer-Led physical Activity iNtervention for Adolescent girls (PLAN-A). BMC Public Health, 2019, 19, 644.	1.2	9
65	Longitudinal associations between parentsâ€™ motivations to exercise and their moderate-to-vigorous physical activity. Psychology of Sport and Exercise, 2019, 43, 343-349.	1.1	9
66	Bristol girls dance project feasibility study: using a pilot economic evaluation to inform design of a full trial. BMJ Open, 2013, 3, e003726.	0.8	8
67	Sedentary time among spouses: a cross-sectional study exploring associations in sedentary time and behaviour in parents of 5 and 6Âyear old children. BMC Research Notes, 2015, 8, 787.	0.6	8
68	Striking a Balance: Physical Activity, Screen-Viewing and Homework during the Transition to Secondary School. International Journal of Environmental Research and Public Health, 2019, 16, 3174.	1.2	8
69	Associations of body mass index, physical activity and sedentary time with blood pressure in primary school children from south-west England: A prospective study. PLoS ONE, 2020, 15, e0232333.	1.1	7
70	Action 3:30R: process evaluation of a cluster randomised feasibility study of a revised teaching assistant-led extracurricular physical activity intervention for 8 to 10â€‰year olds. BMC Public Health, 2019, 19, 1111.	1.2	6
71	Effectiveness and cost-effectiveness of the PLAN-A intervention, a peer led physical activity program for adolescent girls: results of a cluster randomised controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 63.	2.0	6
72	A revised teaching assistant-led extracurricular physical activity programme for 8- to 10-year-olds: the Action 3:30R feasibility cluster RCT. Public Health Research, 2019, 7, 1-128.	0.5	6

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73	Associations between parenting partners' objectively-assessed physical activity and Body Mass Index: A cross-sectional study. Preventive Medicine Reports, 2015, 2, 473-477.	0.8	5
74	Action 3:30R: protocol for a cluster randomised feasibility study of a revised teaching assistant-led extracurricular physical activity intervention for 8- to 10-year-olds. Pilot and Feasibility Studies, 2017, 3, 69.	0.5	5
75	A peer-led physical activity intervention in schools for adolescent girls: a feasibility RCT. Public Health Research, 2019, 7, 1-178.	0.5	4
76	â€œI feel proper self-conscious all the timeâ€¦ A qualitative study of adolescent girlsâ€™ views of menstruation and physical activity.. Wellcome Open Research, 0, 5, 279.	0.9	4
77	A Longitudinal Study of the Associations of Family Structure with Physical Activity across the Week in Boys and Girls. International Journal of Environmental Research and Public Health, 2019, 16, 4050.	1.2	3
78	Physical Activity during the School Holidays: Parent Perceptions and Practical Considerations. International Journal of Environmental Research and Public Health, 2019, 16, 1697.	1.2	3
79	Development and cross-cultural validation of the Goal Content for Weight Maintenance Scale (GCWMS). Eating and Weight Disorders, 2021, 26, 2737-2748.	1.2	3
80	Using narrative messages to improve parents' experience of learning that a child has overweight. British Journal of Child Health, 2020, 1, 220-230.	0.1	3
81	Physical Activity and Psychosocial Characteristics of the Peer Supporters in the PLAN-A Studyâ€”A Latent Class Analysis. International Journal of Environmental Research and Public Health, 2020, 17, 7980.	1.2	2
82	Peer-led physical activity intervention for girls aged 13 to 14 years: PLAN-A cluster RCT. Public Health Research, 2022, 10, 1-154.	0.5	1
83	Title is missing!. , 2020, 15, e0232333.		0
84	Title is missing!. , 2020, 15, e0232333.		0
85	Title is missing!. , 2020, 15, e0232333.		0
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