

# Zafra Cooper

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

63

papers

9,788

citations

34

h-index

71

g-index

71

ext. papers

11,083

ext. citations

5.1

avg, IF

6.08

L-index

#	Paper	IF	Citations
63	Associations between probable eating disorders and healthcare use among post-9/11 veteran men and women.. <i>Journal of Psychosomatic Research</i> , <b>2022</b> , 157, 110811	4.1	0
62	Digital training for non-specialist health workers to deliver a brief psychological treatment for depression in India: Protocol for a three-arm randomized controlled trial. <i>Contemporary Clinical Trials</i> , <b>2021</b> , 102, 106267	2.3	6
61	Posttraumatic stress disorder and eating disorders: maintaining mechanisms and treatment targets. <i>Eating Disorders</i> , <b>2021</b> , 29, 292-306	3.9	9
60	Cognitive-behavioural therapy for a variety of conditions: an overview of systematic reviews and panoramic meta-analysis. <i>Health Technology Assessment</i> , <b>2021</b> , 25, 1-378	4.4	2
59	Challenges and opportunities for enhanced cognitive behaviour therapy (CBT-E) in light of COVID-19. <i>The Cognitive Behaviour Therapist</i> , <b>2020</b> , 13, e14	2.9	33
58	Effectiveness of enhanced cognitive behavior therapy for bulimia nervosa in Japan: a randomized controlled trial protocol. <i>BioPsychoSocial Medicine</i> , <b>2020</b> , 14, 2	2.8	1
57	Assessing health worker competence to deliver a brief psychological treatment for depression: development and validation of a scalable measure. <i>Journal of Behavioral and Cognitive Therapy</i> , <b>2020</b> , 30, 253-266	1.6	4
56	A common elements approach to the development of a modular cognitive behavioral theory for chronic loneliness. <i>Journal of Consulting and Clinical Psychology</i> , <b>2020</b> , 88, 269-282	6.5	12
55	Mediators of change in cognitive behavior therapy and interpersonal psychotherapy for eating disorders: A secondary analysis of a transdiagnostic randomized controlled trial. <i>International Journal of Eating Disorders</i> , <b>2020</b> , 53, 1928-1940	6.3	7
54	Interrater reliability of the Eating Disorder Examination among postbariatric patients. <i>Surgery for Obesity and Related Diseases</i> , <b>2020</b> , 16, 1988-1993	3	2
53	Controlling binge eating and weight: a treatment for binge eating disorder worth researching?. <i>Eating and Weight Disorders</i> , <b>2020</b> , 25, 1105-1109	3.6	7
52	Physiotherapist-delivered cognitive-behavioural interventions are effective for low back pain, but can they be replicated in clinical practice? A systematic review. <i>Disability and Rehabilitation</i> , <b>2018</b> , 40, 1-9	2.4	72
51	Loss-of-control eating after bariatric/sleeve gastrectomy surgery: Similar to binge-eating disorder despite differences in quantities. <i>General Hospital Psychiatry</i> , <b>2018</b> , 54, 25-30	5.6	24
50	Increasing the Availability of Psychological Treatments: A Multinational Study of a Scalable Method for Training Therapists. <i>Journal of Medical Internet Research</i> , <b>2018</b> , 20, e10386	7.6	7
49	Eating Disorders: Transdiagnostic Theory and Treatment <b>2017</b> , 337-357		3
48	Scaling Up Psychological Treatments: A Countrywide Test of the Online Training of Therapists. <i>Journal of Medical Internet Research</i> , <b>2017</b> , 19, e214	7.6	25
47	Using the Internet to Train Therapists: Randomized Comparison of Two Scalable Methods. <i>Journal of Medical Internet Research</i> , <b>2017</b> , 19, e355	7.6	15

46	Assessing Therapist Competence: Development of a Performance-Based Measure and Its Comparison With a Web-Based Measure. <i>JMIR Mental Health</i> , <b>2017</b> , 4, e51	6	6
45	The Reliability and Validity of the Clinical Perfectionism Questionnaire in Eating Disorder and Community Samples. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2016</b> , 44, 79-91	2.1	36
44	Predictors and moderators of response to enhanced cognitive behaviour therapy and interpersonal psychotherapy for the treatment of eating disorders. <i>Behaviour Research and Therapy</i> , <b>2016</b> , 84, 9-13	5.2	23
43	A transdiagnostic comparison of enhanced cognitive behaviour therapy (CBT-E) and interpersonal psychotherapy in the treatment of eating disorders. <i>Behaviour Research and Therapy</i> , <b>2015</b> , 70, 64-71	5.2	147
42	Disseminating evidence-based psychological treatments for eating disorders. <i>Current Psychiatry Reports</i> , <b>2015</b> , 17, 551	9.1	24
41	The development of an online measure of therapist competence. <i>Behaviour Research and Therapy</i> , <b>2015</b> , 64, 43-8	5.2	17
40	The Effectiveness of Cognitive Behavioural Treatment for Non-Specific Low Back Pain: A Systematic Review and Meta-Analysis. <i>PLoS ONE</i> , <b>2015</b> , 10, e0134192	3.7	117
39	Enhanced cognitive behaviour therapy for adults with anorexia nervosa: a UK-Italy study. <i>Behaviour Research and Therapy</i> , <b>2013</b> , 51, R2-8	5.2	162
38	Interpersonal psychotherapy for eating disorders. <i>Clinical Psychology and Psychotherapy</i> , <b>2012</b> , 19, 150-82.9		51
37	Therapist competence, therapy quality, and therapist training. <i>Behaviour Research and Therapy</i> , <b>2011</b> , 49, 373-8	5.2	207
36	Changes in alcohol intake in response to transdiagnostic cognitive behaviour therapy for eating disorders. <i>Behaviour Research and Therapy</i> , <b>2011</b> , 49, 573-7	5.2	10
35	The Evolution of "Enhanced" Cognitive Behavior Therapy for Eating Disorders: Learning From Treatment Nonresponse. <i>Cognitive and Behavioral Practice</i> , <b>2011</b> , 18, 394-402	2.3	59
34	Eating disorders, DSM-5 and clinical reality. <i>British Journal of Psychiatry</i> , <b>2011</b> , 198, 8-10	5.4	111
33	Cognitive behavioral therapy for eating disorders. <i>Psychiatric Clinics of North America</i> , <b>2010</b> , 33, 611-27	3.1	167
32	Testing a new cognitive behavioural treatment for obesity: A randomized controlled trial with three-year follow-up. <i>Behaviour Research and Therapy</i> , <b>2010</b> , 48, 706-13	5.2	165
31	What does a transdiagnostic approach have to offer the treatment of anxiety disorders?. <i>British Journal of Clinical Psychology</i> , <b>2010</b> , 49, 491-505	3.6	76
30	Transdiagnostic cognitive-behavioral therapy for patients with eating disorders: a two-site trial with 60-week follow-up. <i>American Journal of Psychiatry</i> , <b>2009</b> , 166, 311-9	11.9	533
29	How do psychological treatments work? Investigating mediators of change. <i>Behaviour Research and Therapy</i> , <b>2009</b> , 47, 1-5	5.2	97

28	Management of bulimia nervosa and other binge eating problems. <i>Advances in Psychiatric Treatment</i> , <b>2009</b> , 15, 129-136		3
27	The measurement of impairment due to eating disorder psychopathology. <i>Behaviour Research and Therapy</i> , <b>2008</b> , 46, 1105-10	5.2	273
26	Cognitive Behaviour Therapy for Eating Disorders. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2008</b> , 36, 713-722	2.1	12
25	Effect of psychological treatment on attentional bias in eating disorders. <i>International Journal of Eating Disorders</i> , <b>2008</b> , 41, 348-54	6.3	55
24	Attentional bias in eating disorders. <i>International Journal of Eating Disorders</i> , <b>2007</b> , 40, 369-80	6.3	169
23	Thinking afresh about the classification of eating disorders. <i>International Journal of Eating Disorders</i> , <b>2007</b> , 40 Suppl, S107-10	6.3	50
22	A randomised controlled trial of cognitive-behaviour therapy for clinical perfectionism: a preliminary study. <i>Behaviour Research and Therapy</i> , <b>2007</b> , 45, 2221-31	5.2	107
21	The severity and status of eating disorder NOS: implications for DSM-V. <i>Behaviour Research and Therapy</i> , <b>2007</b> , 45, 1705-15	5.2	187
20	Identifying dieters who will develop an eating disorder: a prospective, population-based study. <i>American Journal of Psychiatry</i> , <b>2005</b> , 162, 2249-55	11.9	63
19	Psychological predictors of weight regain in obesity. <i>Behaviour Research and Therapy</i> , <b>2004</b> , 42, 1341-56	5.2	101
18	Understanding persistence in bulimia nervosa: A 5-year naturalistic study.. <i>Journal of Consulting and Clinical Psychology</i> , <b>2003</b> , 71, 103-109	6.5	107
17	Relapse in bulimia nervosa. <i>Archives of General Psychiatry</i> , <b>2003</b> , 60, 850; author reply 850-1		5
16	Refining the definition of binge eating disorder and nonpurging bulimia nervosa. <i>International Journal of Eating Disorders</i> , <b>2003</b> , 34 Suppl, S89-95	6.3	58
15	Cognitive behaviour therapy for eating disorders: a "transdiagnostic" theory and treatment. <i>Behaviour Research and Therapy</i> , <b>2003</b> , 41, 509-28	5.2	1940
14	Understanding persistence in bulimia nervosa: a 5-year naturalistic study. <i>Journal of Consulting and Clinical Psychology</i> , <b>2003</b> , 71, 103-9	6.5	30
13	Clinical perfectionism: a cognitive-behavioural analysis. <i>Behaviour Research and Therapy</i> , <b>2002</b> , 40, 773-91	5.2	573
12	A new cognitive behavioural approach to the treatment of obesity. <i>Behaviour Research and Therapy</i> , <b>2001</b> , 39, 499-511	5.2	173
11	Risk factors for anorexia nervosa: three integrated case-control comparisons. <i>Archives of General Psychiatry</i> , <b>1999</b> , 56, 468-76		414

10	A cognitive behavioural theory of anorexia nervosa. <i>Behaviour Research and Therapy</i> , <b>1999</b> , 37, 1-13	5.2	431
9	Depressive thinking: Shifts in construct accessibility or in schematic mental models?. <i>Journal of Abnormal Psychology</i> , <b>1995</b> , 104, 500-507	7	59
8	The validity of the eating disorder examination and its subscales. <i>British Journal of Psychiatry</i> , <b>1989</b> , 154, 807-12	5.4	497
7	Behavioral treatment of Bulimia nervosa. <i>International Journal of Eating Disorders</i> , <b>1989</b> , 8, 87-92	6.3	14
6	The effects of depression on structural aspects of the recall of prose.. <i>Journal of Abnormal Psychology</i> , <b>1989</b> , 98, 150-153	7	15
5	The eating disorder examination: A semi-structured interview for the assessment of the specific psychopathology of eating disorders. <i>International Journal of Eating Disorders</i> , <b>1987</b> , 6, 1-8	6.3	889
4	The development and validation of the body shape questionnaire. <i>International Journal of Eating Disorders</i> , <b>1987</b> , 6, 485-494	6.3	1274
3	A note on explanation and understanding in psychology. <i>The British Journal of Medical Psychology</i> , <b>1985</b> , 58 ( Pt 1), 19-24		0
2	The specificity of the Eating Disorder Inventory. <i>British Journal of Clinical Psychology</i> , <b>1985</b> , 24 ( Pt 2), 129-30	3.6	51
1	Development of the CBT-E Components Checklist: A tool for measuring therapist self-rated adherence to CBT-E. <i>Ijedo</i> , <b>4</b> , 6-10		