

# Francisco E Ramirez

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1398200/publications.pdf>

Version: 2024-02-01

57  
papers

26  
citations

2257263

3  
h-index

2053342

5  
g-index

58  
all docs

58  
docs citations

58  
times ranked

68  
citing authors

#	ARTICLE	IF	CITATIONS
1	Hydrothermotherapy in prevention and treatment of mild to moderate cases of COVID-19. Medical Hypotheses, 2021, 146, 110363.	0.8	10
2	Effect of Diet on Mental Health on Those Suffering With Premenstrual Syndrome. Journal of the Endocrine Society, 2021, 5, A731-A731.	0.1	0
3	Hormonal Effect of High Protein Diets Among Females. Current Developments in Nutrition, 2021, 5, 446.	0.1	0
4	Irregularity In Eating and Sleeping Seems Affect Mental Health. Current Developments in Nutrition, 2021, 5, 473.	0.1	0
5	Abstract P215: Medical Lifestyle Residential Program Reduces Anxiety In 10 Days. Circulation, 2020, 141, .	1.6	0
6	Abstract P214: Emotional Intelligence Increases During 10-Day Intensive Lifestyle Program. Circulation, 2020, 141, .	1.6	0
7	Abstract P523: Effect Of Alcohol And Tobacco Among Those With Thyroid Problems. Circulation, 2020, 141, .	1.6	0
8	Multiple lifestyle interventions reverses hypertension. Cogent Medicine, 2019, 6, 1636534.	0.7	7
9	Emotional Quotient Improves in Autoimmune Disease Participants in 8 weeks. Journal of Allergy and Clinical Immunology, 2019, 143, AB72.	1.5	0
10	Abstract P267: Lifestyle Program Improves Sleep Quality in Participants With a History of Concussion. Circulation, 2019, 139, .	1.6	0
11	Abstract P206: Multiple Sclerosis Risk Factors Improved With Residential Lifestyle Intervention. Circulation, 2019, 139, .	1.6	0
12	Abstract P059: 18-Day Lifestyle Interventions Benefits the Kidney. Circulation, 2019, 139, .	1.6	0
13	Reduction of Anxiety and Benzodiazepines in 10 Days during a Medical Residential Depression Program. American Journal of Geriatric Psychiatry, 2018, 26, S136.	0.6	0
14	Three Week NEWSTART Intervention Improve Laboratories of Patients*. Journal of Clinical Lipidology, 2018, 12, 517.	0.6	0
15	Plant Based Diet and Lifestyle Changes Improve Health Markers of Diabetics*. Journal of Clinical Lipidology, 2018, 12, 522.	0.6	0
16	An 18-Day Lifestyle Program Decreases Cardiovascular Risk Factors in Geriatrics with Depression and Anxiety. American Journal of Geriatric Psychiatry, 2018, 26, S102.	0.6	0
17	Effect of high mercury fish consumption on emotional intelligence. Drug Metabolism and Pharmacokinetics, 2018, 33, S71-S72.	1.1	1
18	143 Sexual Orientation and Depression. Journal of Sexual Medicine, 2018, 15, S38.	0.3	0

#	ARTICLE	IF	CITATIONS
19	8-Week Depression and Anxiety Program Reduces Benzodiazepine Usage among Geriatrics. American Journal of Geriatric Psychiatry, 2018, 26, S137.	0.6	0
20	Exercise Intervention with Lifestyle Improves Mental Health and Decreases Morbid Thoughts. Medicine and Science in Sports and Exercise, 2018, 50, 49-50.	0.2	0
21	Effect of intensive lifestyle interventions on liver transaminases. Hpb, 2018, 20, S144.	0.1	0
22	Benefits of an eight-teen day program on chronic hepatitis. Hpb, 2018, 20, S159.	0.1	0
23	Morbid thoughts decrease on individuals with concussion history after an 8- week educational program. Hpb, 2018, 20, S165.	0.1	0
24	Community Educational Program Decreases Total Cholesterol in 2 weeks*. Journal of Clinical Lipidology, 2018, 12, 552.	0.6	0
25	Does Hypercholesterolemia Relates to Higher Levels of Depression? *. Journal of Clinical Lipidology, 2018, 12, 549.	0.6	0
26	142 Does Sexual Abuse have a Different Effect Depending on the Sexual Orientation?. Journal of Sexual Medicine, 2018, 15, S38.	0.3	0
27	Abstract 191: Plan-Based Diet and Lifestyle Changes Improve Stress Test Induced ST Depression in 18 Days. Arteriosclerosis, Thrombosis, and Vascular Biology, 2018, 38, .	1.1	0
28	Abstract 192: Relation Between Poor Sleep Quality and Hypercholesteremia. Arteriosclerosis, Thrombosis, and Vascular Biology, 2018, 38, .	1.1	0
29	Abstract 429: Exercise and Heart Healthy Lifestyle Program also Improve Mental Health. Arteriosclerosis, Thrombosis, and Vascular Biology, 2018, 38, .	1.1	0
30	Intensive Lifestyle Interventions Improve Isolated Systolic Hypertension. Journal of Clinical Lipidology, 2017, 11, 777-778.	0.6	1
31	Nicotine increases depression and anxiety. Drug Metabolism and Pharmacokinetics, 2017, 32, S107.	1.1	0
32	Effects Of An 8-Week Lifestyle Education Program On Participants with Autoimmune Disease. Journal of Allergy and Clinical Immunology, 2017, 139, AB212.	1.5	0
33	Exercise and Depression in Autoimmune Patients. Journal of Allergy and Clinical Immunology, 2017, 139, AB214.	1.5	0
34	213 Not Growing Up With Both Parents Affects Sexual Behavior Later in Life. Journal of Sexual Medicine, 2017, 14, e90-e91.	0.3	0
35	214 Spiritual Material and Sexual Relationships Outside Marriage. Journal of Sexual Medicine, 2017, 14, e91.	0.3	0
36	220 Effects of an Educational Program on depressed Postmenopausal Participants. Journal of Sexual Medicine, 2017, 14, e94.	0.3	0

#	ARTICLE	IF	CITATIONS
37	241 Postmenopausal Women improve Health Makers after Intensive Lifestyle Intervention. Journal of Sexual Medicine, 2017, 14, e104.	0.3	0
38	Intensive Lifestyle Interventions Decrease Stroke Risk Factors In 18 Days In Patients With Carotid Stenosis. Journal of Clinical Lipidology, 2017, 11, 825.	0.6	2
39	Eight-week community based program improves anxiety of hepatitis C positive individuals. Hpb, 2017, 19, S153.	0.1	0
40	Abstract P018: Lifestyle Interventions that Benefit the Heart Also Improve Depression Among Geriatrics. Circulation, 2017, 135, .	1.6	0
41	Abstract 361: Plant-Based Diet and Lifestyle Changes Improve Lipids Among Angina Patients. Arteriosclerosis, Thrombosis, and Vascular Biology, 2017, 37, .	1.1	0
42	087 Sexual Behavior Seems to Influence Depression. Journal of Sexual Medicine, 2016, 13, S42.	0.3	0
43	089 Emotional Intelligence in Persons Involved in Sexual Relationships Outside Marriage. Journal of Sexual Medicine, 2016, 13, S43.	0.3	0
44	088 Sexual Abuse Increases Risk of Addictive Behaviors. Journal of Sexual Medicine, 2016, 13, S42-S43.	0.3	0
45	Tu1691 Exercise Therapy Improves Depression on Individuals With Hepatitis C. Gastroenterology, 2016, 150, S926.	0.6	0
46	Nedley Depression Hit Hypothesis. American Journal of Lifestyle Medicine, 2016, 10, 422-428.	0.8	5
47	Abstract 471: Lifestyle Interventions Stop Metabolic Syndrome. Arteriosclerosis, Thrombosis, and Vascular Biology, 2016, 36, .	1.1	0
48	Abstract 272: Depressed Individuals May Not be Aware of Their Own Dyslipidemia. Arteriosclerosis, Thrombosis, and Vascular Biology, 2016, 36, .	1.1	0
49	Abstract 470: Outpatient Community Based Educational Program Reduces Lipids in Two Weeks. Arteriosclerosis, Thrombosis, and Vascular Biology, 2016, 36, .	1.1	0
50	Abstract 469: Residential Lifestyle Interventions Reduce Blood Pressure in 18 Days. Arteriosclerosis, Thrombosis, and Vascular Biology, 2016, 36, .	1.1	0
51	Intensive Lifestyle Interventions Improve Exercise Tolerance Of All Participants. Medicine and Science in Sports and Exercise, 2016, 48, 1084.	0.2	0
52	Abstract 271: Animal Products Tend to Increase Hemoglobin A1c Among Depressed Individuals. Arteriosclerosis, Thrombosis, and Vascular Biology, 2016, 36, .	1.1	0
53	Abstract 270: Plant Based Diet Improves Glucose Metabolism in 18 Days. Arteriosclerosis, Thrombosis, and Vascular Biology, 2016, 36, .	1.1	0
54	Sa1450 Nurse-Administered Propofol in a Small Community GI Lab Is Associated With Short Procedure Times, Safety and High Cecum Intubation RATES. Gastrointestinal Endoscopy, 2015, 81, AB221.	0.5	0

#	ARTICLE	IF	CITATIONS
55	Su1409 Eight-Week Community Based Program Is Associated With at Least Some Improvement of Depression in the Vast Majority of Individuals With Hepatitis C. Gastroenterology, 2015, 148, S-501.	0.6	0
56	Su1602 A Change in Anesthesia Protocol for GI Endoscopic Procedures Decreased the Workload of a GI Lab. Gastrointestinal Endoscopy, 2014, 79, AB336.	0.5	0
57	Tu1418 Nurse-Administered Propofol Sedation Without an Anesthesiologist Was Safe in 1,233 Endoscopic Cases in a Small Community Hospital in Ardmore, Oklahoma. Gastrointestinal Endoscopy, 2013, 77, AB533.	0.5	0